- MORNING SPIRITS -- VEGAN, RAW & ORGANIC OCEAN ROOM BLOODY MARY 13 FLORIDA ORANGE OR GRAPEFRUIT JUICE (V) spicy tomato juice, Tito's vodka, citrus, celery V-8, APPLE, CRANBERRY, TOMATO, OR PINEAPPLE (V) 4 12 champagne, Florida orange juice **GREEN JUICE** (GF) (V) 11 cucumber, kale, celery, apple, parsley, ginger, lemon – COFFEE & TEA -**KEY WEST SUNRISE JUICE (GF) (V)** 11 orange, carrot, tangerine, pineapple, turmeric LA COLOMBE COFFEE 4 **BLUEBERRY ALMOND SMOOTHIE (GF) (V)** 11 **ESPRESSO** 4 blueberry, banana, almond milk, raw almond butter, 7 **CAPPUCCINO** flax & chia seeds LA VIA DEL TÈ SELECT TEAS GREEN MACHINE SMOOTHIE (GF) (V) four fruits rouge, breakfast, chai, chamomile, earl grey, jasmine, kale, spinach, avocado, oat milk, banana, raw almond butter, mint, rooibos citrus honey, chia seed PEANUT BUTTER PROTEIN SHAKE (GF) (V) 11 – FARM FRESH EGGS *–* raw peanut butter, banana, almond milk, local honey, vegan chocolate or vanilla pea protein OCEAN ROOM CAPTAINS' BREAKFAST two eggs any style, challah French toast, Nueske's smoked bacon, **GRANOLA & GREEK YOGURT BOWL (GF)** 12 vegan house made granola, Greek yogurt, local honey skillet potatoes, juice, coffee, or tea ACAI BOWL (GF) (V) 13 TWO EGGS ANY STYLE 15 acai yogurt, strawberry, banana, kiwi, raw almond butter, two eggs any style, choice of Nueske's smoked bacon, ham or sausage, skillet potatoes, choice of toast whole grain oats STEEL CUT IRISH OATMEAL (GF) (V) 8 **AVOCADO TOAST** 12 multi-grain bread, smashed avocado, radish sprouts, cucumber, brown sugar, banana, cinnamon, Vermont maple syrup tomato + smoked salmon 9 + two eggs 5 **CLASSIC EGGS BENEDICT** 16 - LITTLE FOODIE'S NOOK Canadian bacon, English muffin, hollandaise, skillet potatoes MINI CAPTAIN'S BREAKFAST 13 "OLD FASHIONED" CORNED BEEF HASH (GF) 15 one egg any style, challah French toast, Nueske's bacon, two eggs your style, house-made corned beef, skillet potatoes horseradish-mustard sauce **SILVER DOLLAR PANCAKES BREAKFAST BURRITO** 16 strawberry, banana scrambled eggs, sausage, Nueske's bacon, cheddar cheese, avocado, fresh salsa, skillet potatoes JUNIOR EGG SANDWICH one egg any style, choice of bacon, sausage or ham, TWO EGG SANDWICH 15 English muffin your choice croissant, English muffin or bagel, pepperjack cheese, Nueske's smoked bacon, ham or sausage **AVOCADO TOAST (V)** 10 multi-grain bread, smashed avocado, sprouts, cucumber, tomato **CREATE YOUR OWN OMELETTE 16** MINI BLUEBERRY SMOOTHIE (GF) (V) 8 blueberry, banana, almond milk, raw almond butter, Served With Skillet Potatoes flax & chia seeds

three eggs stuffed with your choice of:
bacon • sausage • smoked ham • bell pepper
spinach onion • tomato • cheese • Swiss cheese
American cheese

FROM THE GRIDDLE

served with Vermont maple syrup

BUTTERMILK PANCAKES whipped butter, berries	14
FRENCH TOAST thick-cut challah, cinnamon, vanilla	14
BELGIAN WAFFLE malted honey waffle, blueberry compote	14

SMOKED SALMON 20
whipped cream cheese, sliced tomato, cucumber, caper, chive, everything bagel

ACCOMPANIMENTS

ACCOMPANIMENTS		
croissant	3	
half avocado	3	
Nueske's smoked bacon	7	
Nueske's Canadian bacon	7	
sage & fennel sausage links or patties	7	
hash brown or skillet potatoes	7	
creamy grits	7	
seasonal fruit & berries	9	

(GF) = Gluten Free: Prepared in our kicthen that commonly handles wheat product and other grains. (V) = vegetarian *Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.