

Monday -Saturday 7:00 - 11:00am Sunday • 7:00am - 12:00pm

TO ORDER: 305-367-5898

Please view current This Week at The Reef as hours of operation are subject to change.

All items from Reef Eats are prepared and delivered by the Reef Eats team. Menu items from individual Club restaurants are not available through Reef Eats.

JUICES & SMOOTHIES

BEVERAGES _____

earl grey, jasmine, mint, rooibos citrus

MORNING SPIRITS		JUICES & SMOOTHIES	
OCEAN ROOM BLOODY MARY spicy tomato juice, Tito's vodka, citrus, celery	15	FLORIDA ORANGE OR GRAPEFRUIT JUICE (V)	7
MIMOSA champagne, Florida orange juice	15	V-8, APPLE, CRANBERRY, TOMATO, OR PINEAPPLE (V)	4
BELLINI prosecco, peach puree	15	IMMUNITY SHOT (GF) (V) ginger, lemon, turmeric, cayenne	6
IRISH COFFEE hot coffee, Irish Whiskey, whipped cream	15	GREEN JUICE (GF) (V) cucumber, kale, celery, apple, parsley, ginger,	11
APEROL SPRITZ Aperol, prosecco, soda	15	lemon KEY WEST SUNRISE JUICE (GF) (V) orange, carrot, tangerine, pineapple, turmeric	11
COLD BREW MARTINI cold brew coffee, Tito's, Kahlua	15	RUBY SUNRISE ELIXIR (GF) (V) raw beet, carrot, apple, celery, ginger	11
COFFEE & TEA			
LA COLOMBE COFFEE	4	BLUEBERRY ALMOND SMOOTHIE (GF) (V) blueberry, banana, almond milk,	11
ESPRESSO		raw almond butter, flax & chia seeds	
CAPPUCCINO		PEANUT BUTTER PROTEIN SHAKE (GF) (V) raw peanut butter, banana, almond milk,	11
LA VIA DEL TÈ SELECT TEAS four fruits rouge, breakfast, chai, chamomile,	4	local honey, vegan chocolate or vanilla pea protein	

23 jumbo lump crabcake, two eggs, avocado, roasted heirloom tomato, radish sprouts 21 two eggs, chicken-apple sausage. sweet potato hash, roasted brussels sprouts, 19 two eggs, za'atar labneh, grilled asparagus, zucchini, roasted peppers, mushroom, black barley, arugula, basil, lemon 12 multi-grain bread, smashed avocado, radish + smoked salmon 9 + two eggs 5 20 whipped cream cheese, sliced tomato, cucumber, caper, chive, everything bagel 16 acai sorbet, blueberry, strawberry, kiwi, 15 Greek yogurt, Nutella, banana, mango, toasted coconut, hazelnut-cacao granola, 13 almond milk, raw almond butter, strawberry, blueberry, kiwi, lavender granola 13 almond butter, oat milk, blueberry, chia seed, DATE-ALMOND BUTTER ENERGY BITES 8 Served with Vermont maple syrup 14 thick-cut challah, cinnamon, vanilla 14 (GF) = Gluten Free: (V) = Vegetarian Prepared in our kicthen that commonly handles wheat product and other grains. *Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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OCEAN ROOM CAPTAINS' BREAKFAST 21 two eggs any style, challah French toast, Nueske's smoked bacon, sausage links, skillet potatoes, juice, coffee, or tea **STEAK & EGGS** 32 grilled skirt steak, two eggs, skillet potatoes, choice of toast TWO EGGS ANY STYLE 15 two eggs any style, choice of Nueske's smoked bacon, ham or sausage, skillet potatoes, choice of toast **EGGS BENEDICT** 16 Canadian bacon, English muffin, hollandaise, skillet potatoes **BREAKFAST BURRITO** 20 scrambled eggs, sausage, Nueske's bacon, cheddar cheese, avocado, fresh salsa, skillet potatoes "OLD FASHIONED" 18 CORNED BEEF HASH (GF) two eggs your style, house-made corned beef, hashbrowns, horseradish-mustard sauce **CROISSANT SANDWICH** 15 two eggs any style, pepperiack cheese. Nueske's smoked bacon, Canadian bacon or sausage

FRESH START

MARINER BOWL

MORNING POWER BOWL

kale, avocado, guinoa

HARVEST BOWL

AVOCADO TOAST

SMOKED SALMON

ACAI BOWL (V)

local honeycomb

sprouts, cucumber, tomato

almond butter, lavender granola

SUNSHINE YOGURT BOWL

CHIA SEED PARFAIT (V)

apricot-pistachio granola

(GF) (V) choice of flavor:

gingerbread-carrot-oat

FROM THE GRIDDLE

BUTTERMILK PANCAKES

malted honey waffle, blueberry

whipped butter, berries

FRENCH TOAST

BELGIAN WAFFLE

blueberry-apricot-lavender nutella-hazelnut-cherry

AB & J OVERNIGHT OATS (V)

STEEL CUT IRISH OATMEAL (GF) (V) 8 brown sugar, gold raisin, goji berry, cinnamon, Vermont maple syrup

CREATE YOUR OWN OMELETTE 18

Served With Skillet Potatoes

three eggs stuffed with your choice of: bacon • sausage • smoked ham • bell pepper spinach • onion • tomato • cheese Swiss cheese • American cheese

ACCOMPANIMENTS

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croissant	3
half avocado	3
Nueske's smoked bacon	7
Nueske's Canadian bacon	7
housemade chicken & apple sausage	7
sage & fennel sausage links or patties	7
hash brown or skillet potatoes	7
creamy grits	7
seasonal fruit & berries	9