Breakfast

SAUSAGE EGG & CHEESE 6.50
Bagel, Croissant, Biscuit -or- English Muffin

BACON EGG & CHEESE 7.00
Bagel, Croissant, Biscuit -or- English Muffin

HAM EGG & CHEESE 6.00
Bagel, Croissant, Biscuit -or- English Muffin

HAM & CHEESE 5.00
Bagel, Croissant, Biscuit -or- English Muffin

EGG & CHEESE 5.00
Bagel, Croissant, Biscuit -or- English Muffin

BREAKFAST BURRITO 8.00
Scrambled Egg, Canadian Bacon or Chorizo & Cheddar Cheese

***SMOKED SALMON ON TOASTED BAGEL** 11.00
Cream Cheese, Onion, Tomato & Capers

EGG WHITE, SPINACH & SWISS CHEESE BAGEL 6.50
Toasted Wheat Bagel

EGG WHITE, SPINACH & SWISS ENGLISH MUFFIN 4.00
Toasted English Muffin

AVOCADO TOAST 4.50
Sourdough Bread, Avocado, Sliced Boiled Egg, Sliced Tomato

TOASTED BAGELS 3.50
Plain, Whole Wheat, Everything, Sesame,Cinnamon Raisin

TOASTED BISCUIT OR SLICE BREAD 1.50
Butter, Jam or Peanut Butter

TOASTED GLUTEN-FREE SLICE BREAD 2.75
Butter, Jam or Peanut Butter

EGG WHITE OMELET 4.00
Swiss Cheese & Side of Tomato

EGG WHITE & SPINACH OMELET 4.00
Swiss Cheese & Side of Tomato

HARD BOILED EGG 1.75

HOT OATMEAL 3.00
Raisins, Mix Berries, Brown Sugar

OVERNIGHT OATS 3.00
Oats, Almond Milk, Honey, Cinnamon & Dried Fruit

FRESH BERRIES & YOGURT PARFAIT 5.75

Lunch

TURKEY CLUB WRAP 12.00
Sliced Turkey, Bacon, Swiss Cheese, Lettuce, Tomato

CHICKEN SALAD CROISSANT SANDWICH 11.50
Croissant, ORC Chicken Salad, Lettuce, Avocado

CAPRESE SANDWICH 12.50
Sourdough Bread, Buffalo Mozzarella, Tomato, Basil Pesto

PEANUT BACON JAM SANDWICH 10.00
Sourdough Bread, Creamy Peanut Butter, Jelly, Bacon

CUBAN SANDWICH 12.00
Sweet Bread, Sliced Ham, Roasted Pork, Swiss Cheese, Pickle

PROTEIN BOX 12.00

**Consuming Raw Or Undercooked Meats, Poultry, Seafood, Shellfish, Or Eggs May Increase Your Risk Of Foodborne Illness, Especially If You Have Certain Medical Conditions.*

Hot Drinks

	12oz.	16oz.	20oz.
LAVAZZA COFFEE French Roast, Dark Roast, or Decaf	2.00	3.00	3.75
MORNING SPECIAL *Before 11:00am*	1.00	2.00	2.75
CAFÉ AMERICANO	3.00	3.50	4.25
CAPPUCCINO	5.00	6.00	6.75
CAFÉ LATTE	5.00	6.00	6.75
CAFÉ MOCHA	5.75	6.50	7.25
CHAI LATTE	5.50	6.25	7.00
HOT TEA	3.00	3.00	3.75
HOT COCOA	3.00	4.50	5.35

MACCHIATO	SINGLE 2.50	DOUBLE 3.25
ESPRESSO	SINGLE 2.00	DOUBLE 3.00
	TRIPLE 4.50	QUAD 5.50

Cold Drinks

	20oz.
PLAIN FRAPPÉ	6.00
FLAVORED FRAPPÉ Caramel, Mocha, Oreo	7.00
COLD BREWED ICED COFFEE	4.00
FLAVORED ICE COFFEE French Vanilla -or- Hazelnut	3.50
ICED LATTE	5.50
ICED MOCHA OR WHITE MOCHA LATTE	6.50
ICED CHAI LATTE	4.00
ICED TEA / ICED GREEN TEA	2.50
ICED AMERICANO	4.50
SODA FROM THE FOUNTAIN	2.50
FLORIDA ORANGE JUICE	4.00
SMOOTHIE Strawberry/Banana or Banana Berry	8.00
ADD PROTEIN TO SMOOTHIES	1.50
ADD FLAVOR OR TOPPING	0.75

Ice Cream

CUP, CAKE CONE OR SUGAR CONE
ANY FLAVOR.....SM 3.50.....MED 4.00 ..... LG 4.50

WAFFLE CONE .....MED 5.00 ..... LG 5.50

PINT OF YOUR SELECTION 6.75

MALT SHAKE 6.00

BANANA SPLIT 7.50

BROWNIE OR COOKIE SUNDAE 7.00

WENKE FLOAT 4.50

SODA FLOAT 4.50

SHAKE SPECIAL 6.75

SUNDAE ..... SM 4.50.....MED 5.00 ..... LG 5.50

BROWNIE.....$3.50

TART.....$6.00

Gelato

CUP, CAKE CONE OR SUGAR CONE
ANY FLAVOR.....SM 4.25.....MED 5.25 .....LG 6.25

WAFFLE CONE ..... MED 6.25 ..... LG 7.25

PINT OF YOUR GELATO SELECTION.....8.00

GELATO SHAKE 6.75

GELATO BANANA SPLIT 9.50

EXTRA CONE.....0.95

REEF TREATS
ice cream & treatery