

# MESSAGE FROM YOUR CLUB: CORONAVIRUS



OCEAN REEF CLUB®

A UNIQUE WAY OF LIFE

KEY LARGO, FLORIDA

March 12, 2020

Your Club, ORCA and the Medical Center continue to be in constant communication on the Coronavirus and share best practices for preventative measures. We also continue communicating with all of our associates on the importance of staying home if they are not feeling well, and implementing steps as recommended by the Federal Government, including the CDC (Center for Disease Control). The list of precautions below continues to be the most updated CDC advice for all of us to follow:

Stay home when you are sick, except when seeking medical care  
Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing or sneezing  
If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol  
Disinfect high-touch surfaces like doorknobs, bathroom fixtures, counters, tabletops, toilets, mobile devices, keyboards, and handrails regularly  
Cough and sneeze into your upper arm or elbow, or into a tissue and throw it in the trash  
Avoid touching your eyes, nose, and mouth  
Avoid close contact with individuals who are sick  
Drink plenty of water

As a way to further protect the safety and health of your fellow members and the Ocean Reef community, the Club is recommending the following additional steps be taken by all Members:

Should you, family members or guests feel ill or have symptoms as outlined by the CDC including fever, cough, or shortness of breath - we urge you to call the Medical Center, download the Baptist Health Care On Demand app, connect with the Florida Health live hotline (866-779-6121) and / or reach out to your doctor.

In the event that you test positive for Coronavirus, we respectfully request that you DO NOT COME to Ocean Reef. If you are here already, we urge you to follow the CDC guideline of self-quarantine and refrain from using the Club restaurants, outlets and amenities. We also encourage you to immediately inform those people that you have been in contact with during the period that your doctor indicates you may have been exposed to the virus. If there are associates involved, please let us know immediately so we can contact them and coordinate appropriate action.

These are all preventative measures to limit the potential spread in case of an exposure.

Please note that tomorrow's in person event with Dr. Braden at the Cultural Center has been canceled out of an abundance of caution (limiting crowds). Dr. Braden will record his presentation and it will be available for viewing tomorrow afternoon at [oceanreef.com/presentation](http://oceanreef.com/presentation).

As always, as new information becomes available we will immediately update you appropriately. In the interim, the below federal and state government websites contain the most updated important information.

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>  
<http://www.floridahealth.gov/diseases-and-conditions/COVID-19/index.html>

Sincerely,

Alex Tonarelli  
Ocean Reef Club President

Bob Manzo  
Chairman

Ray Larkin  
Vice Chairman