MESSAGE FROM YOUR CLUB: CORONAVIRUS



Friday, July 10, 2020

Dear Member,

The Medical Center has received confirmation that a member has tested POSITIVE. The Medical Center has provided the member with quarantine protocols. In addition, the member has been instructed to contact those individuals who they may have been in contact with. The Department of Health, Monroe County will be overseeing contact tracing.

Total

The Medical Center has updated the tracking grid accordingly.

COVID-19 Dashboard as of: 07/10/20 5:00PM

Pending Lab Results	8
Negative Lab Results	24
Positive Lab Results	4
Confirmed by Dept. of Health	4

All positive tests must be confirmed by the Dept. of Health

The Florida Department of Health/Monroe County has confirmed four previous positives have successfully completed their respective quarantine period and the new positive is under quarantine.

In a continuing effort to maintain the safety and wellness of Ocean Reef, we strongly urge you to self-report any testing activity. In collaboration with The Medical Center, ORC, ORCA/Public Safety, we are imploring all community members who have submitted a sample for testing inside or outside of the gates to voluntarily agree to the following:

If you have submitted a sample for the testing of COVID-19, please provide your address to the Medical Center. This information will only be used to ensure the safety of our First Responders, Medical Personnel and Food Services. This information will not be shared with the community. If your testing is confirmed positive for COVID-19, as others have demonstrated by example, allow for the sharing of this information to all within our gates. Important reminders for all:

WASH YOUR HANDS OFTEN

Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry. Avoid touching your eyes, nose, and mouth with unwashed hands.

AVOID CLOSE CONTACT

Avoid close contact with people who are sick, even inside your home. If possible, maintain 6 feet between the person who is sick and other household members.

Put distance between yourself and other people outside of your home.

Remember that some people without symptoms may be able to spread virus.

Stay at least 6 feet (about 2 arms' length) from other people.

Keeping distance from others is especially important for people who are at higher risk of getting very sick.

COVER YOUR MOUTH AND NOSE WITH A CLOTH FACE COVERING WHEN AROUND OTHERS

You could spread COVID-19 to others even if you do not feel sick.

Everyone should wear a cloth face cover when they have to go out in public, for example to the grocery store or to pick up other necessities. Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask

without assistance.

The cloth face cover is meant to protect other people in case you are infected.

Do NOT use a facemask meant for a healthcare worker.

Continue to keep about 6 feet between yourself and others. The cloth face cover is not a substitute for social distancing.

COVER COUGHS AND SNEEZES

If you are around others and do not have on your cloth face covering, remember to always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow and do not spit.

Throw used tissues in the trash.

Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

CLEAN AND DISINFECT

Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks. If surfaces are dirty, clean them. Use detergent or soap and water prior to disinfection.

Then, use a household disinfectant. Most common EPA-registered household disinfectants will work.

MONITOR YOUR HEALTH

Be alert for symptoms. Watch for fever, cough, shortness of breath, or other symptoms of COVID-19.

Especially important if you are running essential errands, going into the office or workplace, and in settings where it may be difficult to keep a physical distance of 6 feet.

Take your temperature if symptoms develop.

Don't take your temperature within 30 minutes of exercising or after taking medications that could lower your temperature, like acetaminophen.

Follow CDC guidance if symptoms develop.

Thank you for your attention to these important reminders to help keep our community safe,

Thank you,

Alex Tonarelli Ocean Reef Club President Chip Iglesias ORCA President

Keith Young Medical Center CEO