

# MESSAGE REGARDING CORONAVIRUS



Friday, November 6, 2020

Good afternoon Ladies and Gentlemen,

Another busy week has come to pass at The Medical Center. It has been great to welcome back returning Members and see those familiar smiles underneath decorative masks. As anticipated, testing requests have increased. We forecast upticks in testing will continue to increase throughout the fall and into the winter months. In addition, as Flu season gets underway, determining what symptoms are related to each virus can be difficult to discern. Not to worry, your Medical Center is here for you. If you are experiencing any cold-like symptoms or would like to speak with our team, we encourage you to give us a call to set up a telehealth visit. From the convenience your home, we can evaluate what next steps should be taken.

In addition, you can explore [www.MCOR.org](https://www.mcor.org) to find up to date COVID reference material. This link will take you directly to "What You Need To Know" : [https://www.mcor.org/wp-content/uploads/2020/10/Ocean\\_Reef\\_COVID-19\\_Guidelines.pdf](https://www.mcor.org/wp-content/uploads/2020/10/Ocean_Reef_COVID-19_Guidelines.pdf)

This week's tracking grid has been updated to reflect the addition of several negative test results, the removal of 1 positive (successfully completed quarantine period, and the addition of 3 new positive test results (2 of the 3 positive cases added this week reside in the same household).

COVID-19 Dashboard as of: 11/06/20 3:00PM Total

Pending Lab Results	0
Negative Lab Results	211
Active Positive Results: (within the last 10 days)	3
Historic Positive Lab Results	19

1. All positive tests must be provided to the Dept. of Health
2. 19 Historic positives have successfully completed their respective quarantine period.
3. Negative and Positive counts may include both in-house (rapid) and outside (commercial lab, i.e. Quest, LabCorp) testing results.

### What Your Test Results Mean

Available from 10/20/20 to 11/15/2020. All information is for informational purposes only.

#### If you test positive for COVID-19

TAKE STEPS TO HELP PREVENT THE SPREAD OF COVID-19

- STAY HOME.** Do not leave your home, except to get medical care. Do not visit public areas.
- STAY IN TOUCH WITH YOUR DOCTOR.**
- GET REST AND STAY HYDRATED.** Take over-the-counter medicines, such as acetaminophen, to help you feel better.
- SEPARATE YOURSELF FROM OTHER PEOPLE.** As much as possible, stay in a specific room and away from other people and pets in your home.

#### If you test negative for COVID-19

- You probably were not infected at the time your sample was collected.
- However, that does not mean you will not get sick.
- It is possible that you were very early in your infection when your sample was collected and that you could test positive later.

A negative test result does not mean you won't get sick later.

Thank you,

Keith Young  
CEO The Medical Center

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COO The Medical Center