

Relief Effort Update for Haiti Disaster: One Year Out

By Yurianna Mikolay, Executive Director, Ocean Reef Community Foundation

A year ago this month the Ocean Reef community came together to respond to a devastating 7.2 magnitude earthquake in southwestern Haiti, home to the families of many of the Club's more than 120 Haitian-American employees. The Foundation's Haiti Disaster Relief Fund, initiated after the massive 2010 earthquake and again after Hurricane Matthew in 2016, was quickly activated and funded by the Membership's response to an appeal sent by the Club.

Thanks to the community's generosity, within a week of the appeal we were able to wire \$70,000 in emergency relief in a timely and efficient manner. With a focus on supporting Haiti-based agencies with healthcare capabilities to provide general aid, treat injuries, and address the ongoing COVID-19 crisis throughout the affected areas, strategic grants went to Hope for Haiti (\$25,000), Health Equity International (\$10,000 for St. Boniface Hospital), the Haitian Health Foundation (\$10,000), and the Haiti Development Institute of Boston Foundation (\$25,000 for small clinics).

Our practice in disaster relief has been to meet urgent needs straightaway, reserving some

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Lobstermania

Centered around Florida's two-day Lobster Mini Season, the annual Lobstermania event sees Reef families head out to their favorite spots to bring home their daily bounty. It's uncertain whether the underwater hunt or the dinner afterward is the most fun.



Logan and Steven Vincent open Lobster Season with a 3.5 lb. lobster caught off Ocean Reef.



The Siedles never finish Mini Lobster Season empty handed!



It turns out Team LESS actually did the most! This large lobstering team, consisting of the children and adults above, won the Biggest Lobster award for their 2.93 lb. bug caught on Day 1 of Lobstermania.

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OR "See"



Chip Matthews shared this photo, taken by Benton Matthews, of four manatees floating in Channel Cay. Just as the Matthews did here, it's important to remember Florida manatees are protected and should not be interacted with but simply observed from a distance.

What have you discovered on your walk, biking or on a daily golf cart ride that you never noticed before?

Email orp@oceanreef.com and share your discoveries.



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DEADLINES

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GENERAL INFORMATION

E-mail Updates

To receive the Friday email containing links to The Ocean Reef Press and This Week at The Reef via e-mail, send your e-mail address to communications@oceanreef.com.

INFORMATION

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Flag Protocol at The Point

Why Does the Burgee Fly Higher Than the American Flag?

While it may seem confusing to see the American flag flown below the Club burgee at The Point, this is actually proper maritime protocol. It's true that no flag is meant to be flown in a position of greater honor than the American flag, but what's not widely known is that the highest point on a nautical flagpole is not considered the place of greatest honor.

A nautical or yacht club flagpole like that at The Point differs from a conventional land flagpole because of its yardarm (the horizontal pole) and the gaff (the angled pole), which are meant to mimic the aft mast of a sailing ship. On a ship, the gaff is considered the place of highest honor because it is the aft-most (or rear-most) point of the ship. This is why in the naval world, national flags are flown from the gaff, and the same



reason why the gaff is considered the place of greatest honor on a nautical flagpole. You can see the American flag properly flown from the gaff on the nautical flagpoles stationed at The Point, near the Raw Bar, and above the Dockmaster's Office.

Wondering what the other positions on The Point flagpole represent? The flag at the top of the nautical pole designates the owner of the mast and explains why the Club burgee is flown there. The other flags, which are attached to the flagpole "spreaders," are meant to contain useful information using bugees or alphabet letters. At The Point, these flags spell out "Ocean Reef."

Gotta Question?

What are some outdoor, on-shore sports our family can enjoy at The Reef?

Aside from the obvious golf, tennis, pickleball and croquet, there's plenty more to do on land! First, you can enjoy the Mini Golf Course, located by the Marina Fitness Center. Just ask Bellstand for balls and clubs.

Second, you can take your family to Buccaneer Island for beach volleyball. Volleyballs will be on Marlin Beach or available at the Pool Desk.

Third, the Field at Four Corners has soccer goals set up, a Teqball table, and also provides the capability for a variety of

different grass sports to be played there.

Lastly, there are bocce courts and basketball courts, both

with equipment on site, available for the community's use and located by the Associate Parking Garage. In fact, if you're looking for people to play with, members of the community – Associates, Public Safety personnel, and the like – get together Monday evenings at 5 p.m. for pick-up games.

Happy sporting!

EDITOR'S NOTE: If you would like to submit a question, email the *Ocean Reef Press* at orp@oceanreef.com.



Putting Together Lifelong Skills

By Holly Houser, Ocean Reef Press Manager

With championship golf courses and the state-of-the-art Academy of Golf and Driving Range right in our backyard, it's no surprise kids' golf camps have become a staple in the Club's Unique Summer Camp program. Reef kids, like their



Luke Blackburn and Wynn Massey show off their ORC Golf Camp certificates provided by Assistant Pro Justin Seybuck.

parents and grandparents, are afforded the opportunity to learn and grow in the game from ORC's team of expert professionals. Director of Golf Mike Leone encourages his team to get involved with the camp programs recognizing that it is equally as rewarding for the pro as for the kids.

The pro at the helm of this year's golf camps was Assistant Golf Professional Justin Seybuck. Entering his fourth season with Ocean Reef, Seybuck's summer golf camp

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Relief Effort Update

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funds to meet targeted and emerging needs as we learn more and, wherever possible, support longer-term solutions. When all was said and done, the Foundation collected almost \$160,000 to that end.

Our second round of grants totaled \$50,000 and was more specific to reaching families of employees. Through information gathered by the Club's Human Resources team, we were able to confirm that the highest concentrations of employee families are in hard-hit and hard-to-reach, remote areas in the city of Pestel and the adjacent Los Cayemites islands.

When roads were impassable and dangerous, Pointe Sable En Action used boats to procure and distribute \$25,000 in rice, cooking oil, and tarps to both areas, going to great lengths to reach out to the family members of Club employees in doing so. The second \$25,000 grant went to ESPWA (meaning hope in Creole) in collaboration with the Haiti Community Foundation Network to build two neighborhood cisterns in the city of Pestel, which lost its water infrastructure in the quake and identified clean water solutions as the highest priority for the community.

While very limited electricity,

runaway inflation, fuel shortages, gang activity, and other complications make recovery efforts challenging, our strategy of working with organizations that have a longtime presence on the ground with largely local, Haitian staff and investing in institutions that will remain long-term to meet needs as prioritized by the Haitian people themselves, continues to serve us well.

After closely following the successful completion of the two cisterns, each providing clean water to about 4,000 families, we have found the organization that successfully managed the projects to be a reliable partner under very difficult circumstances.

I am pleased to report that the final \$40,000 grant went to another collaboration of ESPWA and the Haiti Community Foundation Network for repairs to the large primary water cistern for the city of Pestel, which will provide a sustainable source of clean water for more than 24,400 residents, as well as those in surrounding communities. So, a year out from the initial disaster, we are funding a major project that will have a huge and long-term impact on a whole community that we know includes many near and dear to employees. As always, we'll stay on top of it and share the results.



The Foundation monitored the progress of the two smaller cistern projects with frequent photos from the ground in Haiti and will continue the practice with the larger project.



The support of the Ocean Reef community is recognized on this sign for funding the adjacent community cistern, one of two, that provides water to thousands in the city of Pestel, where many family members of Club Associates live. Member donations have also funded a larger city of Pestel cistern in the works to provide a sustainable source of clean water for more than 24,000 residents.

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305.394.4185

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PENDING

PUMPKIN CAY 48A | CANAL FRONT

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Pended by:

Eric Woodward 305.394.4461 eric@oceanreefclubsir.com



Artist's Concept

44 CARDINAL LANE | OCEAN VIEW

4 Bedrooms, 4.5 Baths | \$11,839,900 | 2309

Russell Post 305.367.2027 russell@oceanreefclubsir.com

Jay Rourke 786.493.8105 jay@oceanreefclubsir.com



Artist's Concept

29 BAKER ROAD | NEW CONSTRUCTION

4 BD, 5 BA | Water Front | \$5,995,000 | 2332

Eric Woodward

305.394.4461 eric@oceanreefclubsir.com



RESIDENCE CLUB 218 | GOLF COURSE

2 Bedrooms, 2.5 Baths | \$4,595,000 | 2404

Eric Woodward

305.394.4461 eric@oceanreefclubsir.com



MARINA SLIP HS-8 | FLOATING DOCK

200 AMP | 21'9" Beam | \$2,975,000 | 2367

Russell Post 305.451.8199 russell@oceanreefclubsir.com

Molly Taylor 508.524.4633 molly@oceanreefclubsir.com



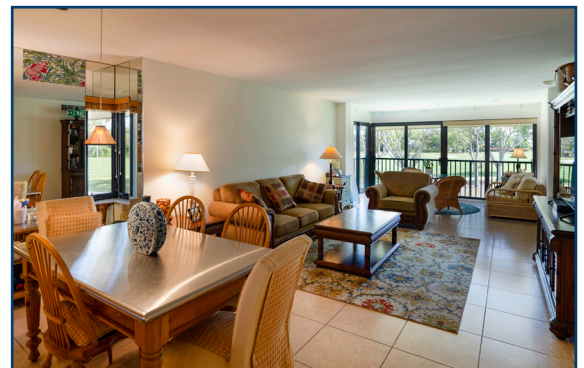
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FISHERMAN'S COVE 25A | CANAL FRONT

2 Bedrooms, 2 Baths | \$2,695,000 | 2390

Listed by: Jay Rourke 786.493.8105 jay@oceanreefclubsir.com

Pended by: Helena Morton 305.522.2196 helena@oceanreefclubsir.com



FAIRWAY LAKES 30B | GOLF COURSE

2 Bedrooms, 2.5 Baths | \$2,395,000 | 2359

Bill Henneberry (Owner/Agent)

203.722.6762 bill@oceanreefclubsir.com

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PENDING



PUMPKIN CAY 9B | CANAL FRONT

4 Bedrooms, 4 Baths | \$5,155,000 | 2407

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Molly Taylor 508.524.4633 molly@oceanreefclubsir.com

Russell Post 305.451.8199 russell@oceanreefclubsir.com

LISTED AND SOLD



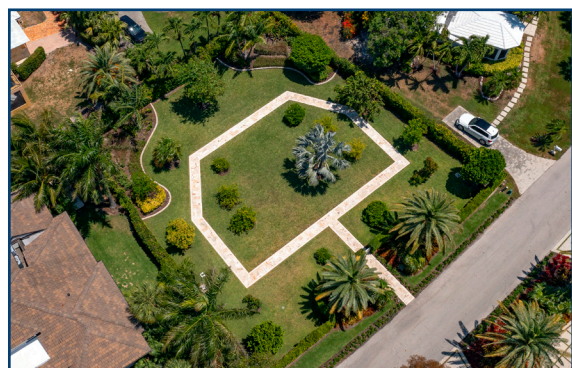
3 BAYBERRY LANE | GOLF COURSE

4 Bedrooms, 3 Baths | \$4,400,000 | 2370

Listed by: Mary Brady 201.303.2052 marybrady@oceanreefclubsir.com

Sold by: Molly Taylor 508.524.4633 molly@oceanreefclubsir.com

Sold by: Russell Post 305.451.8199 russell@oceanreefclubsir.com



211 ANDROS ROAD | VILLA CAY

11,360 Sq. Ft. Homesite | \$3,900,000 | 2245

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Molly Taylor 508.524.4633 molly@oceanreefclubsir.com



MARINA SLIP DS-19 | 80' DOCKAGE

Floating Dock | 22'7" Beam | \$3,775,000 | 2401

Russell Post 305.451.8199 russell@oceanreefclubsir.com

Molly Taylor 508.524.4633 molly@oceanreefclubsir.com

LISTED AND SOLD



RESIDENCE CLUB 205 | NEW CONSTRUCTION

2 Bedrooms, 2.5 Baths | \$3,150,000 | 2241

Listed by: J. Brad Millsap 305.367.2027

Sold by: Molly Taylor 508.524.4633 molly@oceanreefclubsir.com

Sold by: Russell Post 305.451.8199 russell@oceanreefclubsir.com

LISTED AND SOLD



MARINA SLIP FS-14 | FLOATING DOCKAGE

70' x 18'8" Dockage | \$2,200,000 | 2376

Listed by:

Cassy Everhart 305.522.2332 cassy@oceanreefclubsir.com

Morgan Smith 305.321.1143 morgan@oceanreefclubsir.com

Sold by: Eric Woodward 305.394.4461 eric@oceanreefclubsir.com

LISTED AND PENDING



FAIRWAY LAKES 11B | LAKE FRONT

2 Bedrooms, 2 Baths | \$2,150,000 | 2368

Listed by:

Cassy Everhart 305.522.2332 cassy@oceanreefclubsir.com

Morgan Smith 305.321.1143 morgan@oceanreefclubsir.com

Pended by: Bill Henneberry 203.722.6762 bill@oceanreefclubsir.com



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you are interested in becoming a Producer, email us at CulturalCenter@OceanReef.com.

The Cultural Center will continue to offer priority seating to its Donors. Tickets will go on sale to all Donors November 1. Non-Donor tickets can be requested after December 1 by emailing CulturalCenter@OceanReef.com. Phone orders will not be taken at this time.

For detailed information on all of our shows and events, look for the season brochure, which will be mailed in October, or visit our website at ORCulturalCenter.org.

LIVE PERFORMANCES

Wild World of Animals

Starring Grant Kemmerer
Tues., Dec. 27

Little Big Town

Outdoors on the grounds of the Cultural Center • Sat., Jan. 7

The Four Phantoms in Concert

Fri., Jan. 13

Jason Robert Brown

Cabaret • Sat., Jan. 21

Chamber Music Festival

Jan. 23 - 28

The Kat & Dave Show

An evening with Katherine McPhee & David Foster • Tues., Jan. 31

WAR

Sat., Feb. 4

Laura Benanti

Cabaret • Thurs., Feb. 9

Zoetic Stage – 39 Steps

Wed., Feb. 15

Roger Daltrey

Outdoors on the grounds of the Cultural Center • Sat., Feb. 18

Neil Diamond Legacy Concert

Starring Jay White & the Sweet Caroline Tour Band • Fri., Feb. 24

Maddie & Tae

Sat., March 11

David Brighton's SPACE ODDITY

The Quintessential David Bowie Experience • Sat., March 18

Steve Miller Band

Outdoors on the grounds of the Cultural Center • Sat., March 25

Scotty McCreery

Sat., April 1

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James A. Garfield

Thurs., Jan. 12

Mark Updegrove

George H.W. Bush & George W. Bush

Thurs., Feb. 2

DINING WITH THE AUTHORS:

Mo Rocca Unleashed

Thurs., Feb. 23

Ann Patchett

Writing, Life & Literature

Thurs., March 2

SPEAKERS:

Rachel Wilson: *Cybersecurity*

Thurs., Jan. 19

Dan Hudak: *Oscar Talk*

Sun., March 12


Jessica Payne: *The Science of Sleep & Stress*

Thurs., March 16

Jeffery Morton: *Great Decisions in Person*

Thurs., March 23

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We Mourn the Loss

Ellen Skove

Ellen Haebler Skove, nee Ellen Christine Haebler, was born January 6, 1928 and died, August 9, 2022, aged 94.

Ellen was born in the Bronx, NY to parents William T. Haebler and Ethel Kurth Haebler. Raised in Pelham, NY and Milwaukee, WI, she was the eldest of three sisters (Pauline "Polly" Haebler VanDyke and Ann Haebler Frantz).

Ellen attended Milwaukee Downer Seminary and Miss Halls School, then went on to Wheelock College where she majored in early childhood education. She married the love of her life Philip Skove of Cleveland, OH in 1950 after meeting in Boston where he attended MIT. They resided for over 50 years in



Darien, CT as well as in Key Largo. In 2013 she moved to the RiverMead Lifecare Community in Peterborough, NH.

Ellen enjoyed needlework, was a garden enthusiast, golfer, tennis player and overall athlete, avid bridge player, devoted wife and mother, and supporter of many charities over the years. Ellen loved to host and attend parties and was always game to try new things. A lover of dance, theater, music, costumes and dress up, she passed along these interests to her daughters and

grandchildren. Ellen always had a place in her heart for dogs and had several over the years. She also spent time watching and enjoying shore birds where she lived in Connecticut and Florida.

She is survived by her daughters, Samantha Skove, Catherine Skove, and Ellynn Skove, and her grandchildren, Ellery Ames and Mason Ames, EmmaGrace Skove-Epes, and Jackson Skove Menoher. Ellen is also survived by her great grandchildren, Billie Rose Ames and Archie Leon Ames.

Celebrations of Life will be held in Darien, CT and Key Largo.

Donations in her honor can be made to Planned Parenthood Federation of America Development Department, 123 Williams Street, 10th Floor, NY 10038.

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CHAPEL NEWS

SEPTEMBER 2022

Ocean Reef Chaplain
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SUNDAYS

Summer Worship & Kids Matter Service
10 a.m.
Chapel

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Summer Service Online
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orcchapel.org

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We Mourn the Loss

Deborah Palmer Darby

Deborah Palmer Darby, 67, passed away on Monday, August 8, 2022 in Florence, Alabama.

Debbie was preceded in death by her husband, R.G. Darby; parents Edith and Ulon Palmer; and brother Kenneth Johnson.

She is survived by her daughter Elizabeth and husband Blake; grandchildren Price, Palmer and Warner; step-son Cliff Darby and wife Amy; grandsons Sam and Will; step-daughter Liza Darby; and beloved dog Sadie.

Born in Michigan and raised in Muscle Shoals, Debbie was a graduate of Muscle Shoals High School. She attended the University of North Alabama and graduated with an accounting degree. Debbie began her career in the building



industry at Southern Sash in 1979. In 1983 Debbie and R.G. founded Darby Doors and worked together until they retired in 1998.

After retirement, Debbie and R.G. spent many years boating and traveling. Debbie was a skilled bridge player and played every Wednesday with her longtime bridge group. Games with her grandchildren were some of her happiest times. Debbie also enjoyed golfing at Ocean Reef Club with her fellow 9-holers. Over the years she chaired and served on various committees and boards including Turtle Point, The

Chapeaux Club (which she co-founded), and The Healing Place.

In lieu of flowers, the family requests that donations be made to The Healing Place-Center for Grieving Children, Florence-Lauderdale Public

Library, or an organization of your choosing.

Elkins Funeral Home is assisting the family.

You are invited to leave condolences at www.elkinsfuneralhome.com.

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Looking Ahead



by Rev. Dr.
Bob Henley

Growing up in a small town in East Texas, the idea that I would ever learn to snow ski seemed far-fetched. The slopes of Colorado existed only in my imagination.

Later, in my late twenties, I finally stepped into ski bindings for the first time. Had there been a video camera around in those days, a recording of my early attempts would have definitely been featured on one of those 'world's funniest video' shows!

It is a source of pride now that some of our children and grandchildren have become very accomplished skiers. And after my years in Sun Valley, I came to consider myself

a decent recreational skier. However, my friends all knew that if I was spotted in a mogul field, or in the trees, contact the Ski Patrol immediately!

Anyone who's ever skied will tell you that at some point, you have to learn to look ahead as you're shushing down the mountain, and not focus on the tips of your skis. Failure to do so results in what are called 'yard sales!' I learned the hard way.

One in particular stands out in my memory. When my skis, poles and body finally all came to rest somewhat near each other, a group of young snowboarders who had observed what took place, looked over and said, "Dude! Are you all right?!" It must have been pretty dramatic!

We have all learned as well, the necessity of looking ahead in managing our lives. In the new Chapel and Fellowship Center at Ocean Reef, we are looking ahead to the beginning of this season with great

anticipation.

As many of you are aware, the four congregations of the Chapel Community have been living in 'transitional housing' for the past two seasons, while our new Chapel has been under construction. It was a great experience, but now we're ready to move into our new home.

There is a lot of living space in our new Chapel home. There is a welcoming administrative area as you enter; a colorful room for children; a beautifully appointed living room; a tastefully designed bride's room; a well-equipped conference room; a large fellowship hall and warming kitchen; and magnificent worship spaces.

In the rear of the new Chapel, there is wonderful public space for gatherings and a quiet place for reflection. You'll enjoy seeing the beauty of both the John and Marlene Boll Garden, and the Farmer Family Memorial Garden.

Our former home, the beloved old Chapel, never

afforded the living space that we now enjoy in our new home. But you will see reminders of it featured in the new sanctuary, and on the benches throughout the narthex.

Our regular schedule of services will begin the first week in November. Each of the four congregations - Catholic, Episcopal, Jewish and Protestant - have been unpacking things from storage and putting them away in our respective 'closets.' You can find the schedule on the Chapel website - orcchapel.org.

As we look ahead to the beginning of the new season, we want you to know that the welcome mat will soon be rolled out when we receive our final Certificate of Occupancy.

Nothing will bring us greater joy than extending a warm welcome to you. And our hope is that you might find a home for yourself and your family in one of our congregations here in the new Chapel. Looking ahead to seeing you in the fall!

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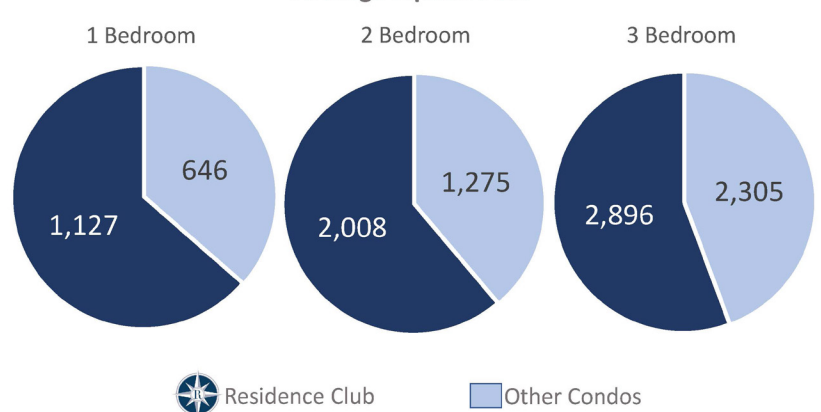
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Average Square Feet



Source: Navica/CLS. April 2022 to present.

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ORAL REPRESENTATIONS CANNOT BE RELIED UPON AS CORRECTLY STATING REPRESENTATIONS OF THE DEVELOPER. FOR CORRECT REPRESENTATIONS, MAKE REFERENCE TO THE DOCUMENTS REQUIRED BY SECTION 718.503, FLORIDA STATUTES, TO BE FURNISHED BY A DEVELOPER TO A BUYER OR LESSEE. EQUAL HOUSING OPPORTUNITY. J. BRADFORD MILLSAP LICENSED REAL ESTATE BROKER EACH OFFICE IS INDEPENDENTLY OWNED AND OPERATED.

NEWS FROM THE MEDICAL CENTER

Flu & Cold Season is Approaching

September is a good time to prepare for the upcoming cold and flu season. The influenza season will be starting soon and generally peaks around January. Flu vaccine takes approximately two weeks for antibodies to build.

The Centers for Disease Control & Prevention (CDC) states, "For people younger than 65 years, there is no preference for any one vaccine over another. Beginning with the 2022-2023 flu season, there are three flu vaccines that are preferentially recommended for people aged 65 and older. These are Fluzone High-Dose Quadrivalent vaccine, Flublok Quadrivalent recombinant flu vaccine or Fludac Quadrivalent adjuvanted flu vaccine."



Photo credit: 28094911 © Kharlamova | Dreamstime.com

What is FLUAD Quadrivalent?

FLUAD Quadrivalent is a standard-dose, inactivated influenza (flu) vaccine that contains an adjuvant. Adjuvanted quadrivalent flu vaccine is approved for people 65 years and older. It is manufactured using an egg-based process (like most flu vaccines) and includes an adjuvant ingredient which helps create a stronger immune response to vaccination. FLUAD Quadrivalent is approved for use among people 65 years and older, who often have a lower protective immune response

after flu vaccination compared to younger, healthier people.

What is Recombinant Flu Vaccine?

Recombinant influenza (flu) vaccines are produced using recombinant technology. This method does not require an egg-grown vaccine virus and does not use chicken eggs in the production process. Currently, the recombinant flu vaccine and the cell culture-based flu vaccine are the only egg-free flu vaccines licensed for use in the United States. There is one quadrivalent recombinant flu shot (Flublok Quadrivalent) available for the 2022-2023 influenza season.

"FACTS" Is it Cold or Flu?

This simple acronym "FACTS" can help to distinguish between cold and flu symptoms.

"F" is for fever. Not present in colds but is present in flu and frequently in COVID.

"A" is for aches. This is another likely sign that your

discomfort is flu related. Colds can sometimes make you feel achy; however, flu aches and headache are a symptom that happens with the immediate onset of flu.

"C" is for chills. Chills can be the result of a fever, a sign not associated with colds. The combination of chills and a fever are signs you need to see a doctor before your condition worsens. Your physician may also wish to rule out COVID exposure.

"T" is for tired. Fatigue is more likely a symptom of the flu or COVID.

"S" is for sneezing. Sneezing is cold associated. Sinus congestion and cough can also be present in COVID. If mucus discharge is thick or colored, it can be indicative of a more severe cold or sinus infection.

The Medical Center will have flu vaccine available for the upcoming flu season. Visit us on the web at www.mcor.org.

VISITING SPECIALIST SCHEDULE

Please bring your identification and insurance cards to each visiting specialist appointment. They bill separately from the Medical Center. To schedule with a visiting dermatologist, please call their office directly. For all other specialists, please call 305-367-6702.

Audiology

Daisy Elwick

Sept 8, 20, Oct 6, 20, 27

Cannabis & Pain Medicine

Michelle Weiner

Sept 23, Dec 9

Cardiology

Howard Bush

Oct 6, Nov 10, Dec 8

Jorge Cuello

Sept 14, Oct 12, Nov 16

Colorectal Surgery

Dan Ruiz

Sept 19, Oct 17

Dermatology

Alysa Herman

Nov 3, 17, Dec 1, 15

Alexandra Price

Nov 11, Dec 9, 16

Debra Price

Nov 11, Dec 9, 16

Gastroenterology

Sandra Rodriguez

Oct 4, Nov 18, Dec 13

General Surgery

Soni Chousleb

Sept 1, Oct 6, Nov 3

Gynecology

Jason James

Sept 8, Oct 13, Nov 10

Jila Senemar

Oct 4, Nov 1, Dec 6

Holistic Medicine

David Coppola

Nov 1, 3, 8, 10, 15, 17, 22, 29

Nephrology

Anthony Farias

Sept 26, Oct 24, Nov 28, Dec 12

Neurology/Neuro Spine

Nancy Epstein (Spine)

Dec 21, Jan 18

Raul Vasquez-Castellanos (Spine)

Oct 31, Nov 21, Dec 12

Victor Faradji

Nov 3, Dec 1, Jan 5

Ophthalmology

Bascom Palmer 786-530-2289

Sept 7, 22, 27

Optometry

Lauren Nicholas

Sept 2, 23, Oct 7, 14, Nov 4, 11, Dec 2, 9

Susanna Tamkins

Sept 16, Oct 21, Dec 16

Orthopaedic Hand Surgery

Roberto Miki

Nov 18, Dec 30, Jan 27

Orthopaedic Sports Medicine

Michael Swartzon

Sept 16, Oct 14, Nov 11

Orthopaedic Surgery

Derek Papp

Sept 22, Oct 27, Nov 17

Joseph Fernandez

Oct 21, Nov 18, Dec 16

James Voglino

Sept 30, Oct 28, Nov 11

Pediatrics

Rosa Fernandez

Tele-Med 954-385-6277 (Option 1)

Aug 26, Sept 9, 16

Podiatry

Pedro Abrantes

Sept 9, Oct 21, Nov 4, 18

Sophia Masri

Aug 26, Sept 23

Psychology

Joseph Mora

Oct 31, Nov 7, 28

Pulmonary & Sleep Disorders

Raul Valor

Sept 30, Oct 21

Spine Care & Pain Management

Ronald Tolchin

Oct 11, 25, Nov 8, 22, Dec 6, 20

Urology

Dani Papir 786-530-2289

Oct 27, Dec 8, 22

Lunan Ji

Oct 19, Nov 16, Dec 21

OCEAN REEF CHAMBER OF COMMERCE

Marine Sanctuary Superintendent to Speak Sept. 7

Florida Keys National Marine Sanctuary Superintendent Sarah Fangman is to speak at the upcoming **Wednesday, September 7** Ocean Reef Chamber of Commerce Luncheon at the Cultural Center. Ocean Reef Members are encouraged to attend where they will be treated to a concise and tailored version of National Oceanic & Atmospheric Administration's (NOAA) Restoration Blueprint.

The presentation will articulate the "whys" behind one of the most significant marine conservation initiatives in the world, which aims to restore sensitive habitats and manage



Sarah Fangman, Florida Keys National Marine Sanctuary Superintendent

resources within the sanctuary. First pitched in 2019 with four alternatives, this latest iteration, referred to as the "proposed rule," features a single proposal that has been distilled following more than 30,000 public comments. But it remains a proposal, and more feedback is needed during a 100-day public comment period that closes on October 26, 2022.

"It's a natural human instinct to confront challenges in their

simplest form; to distill complex problems into single solutions," said Fangman. "But there is no simple solution to what is happening with the complex issues affecting the Florida Keys, and certainly no miracle cure that will return our ecosystem to what it was like, or how it functioned 50 years ago. What is needed is a multi-disciplinary approach, one where the 'whole is greater than the sum of the parts.'"

Restoration Blueprint is a sweeping proposal with many nuanced solutions that balance the needs of diverse user groups. "The end goal is to build the

ecosystem's resilience in such a way that it can better withstand the elements that caused these declines in the first place," says Fangman.

A comprehensive suite of communications tools about Restoration Blueprint is available on the sanctuary's webpage at FloridaKeys.noaa.gov, including information on public comment opportunities.

Space is limited for this luncheon and registration is required. If you would like to attend, please email Christina Sarmiento, Executive Director Chamber of Commerce, at director@oceanreefchamber.org.

CONGRATULATIONS 2022 CHAMBER SCHOLARSHIP RECIPIENTS:

Elizabeth Carroll
Ocean Reef Club
Desiree Desoto
MarineMax
Alyssa Dominguez
ORU Associates
Anthony Gonzalez
Medical Center at Ocean Reef
Amy Walton
Medical Center at Ocean Reef

This year's recipients were selected on the basis of their leadership skills; participation in service organizations, clubs and other student groups at school or in the community; and their academic record. All recipients were awarded a \$1000 scholarship to be used towards

their college and/or vocational school endeavors.

The monies collected for these worthy scholarships comes directly from the annual May Chamber Golf Tournament, which this year, celebrated its 10th anniversary. Through event fundraising, the Tournament makes it possible for the Chamber of Commerce to fund scholarships for eligible Ocean Reef Chamber member employees or their family members.

Stayed tuned – the May dates for next year's Chamber Golf Tournament will be announced in an upcoming edition of the Ocean Reef Press.



95 Pearl 2023



80 Viking 2018



80 Pearl 2018



80 Hatteras 2015



80 Hatteras 2014



59 Spencer 2009

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mobile: 954.303.5604

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• Hydraulic system/hydraulic bow thruster
• Twin onan 21.5 generators 1650 hrs.

Cockpit: Release trillium series fighting chair
• 12V DC and 24V outlets for teasers reels

Fly Bridge: Furuno Navnet 3D/25KW radar and 1200 BB sounder
• Garmin autopilot, GPS and GSD-26 sounder
• Flir M625L thermal camera

Updates: 2019: Gen 2 Octoplex & new seakeeper installed
• 2021: New ultra-leather bridge and mezzanine cushions, and cockpit sunshade. **If interested, please call 570-205-6453.**

Adventures at Buccaneer Island



by Jody
Steele

Do not miss the action at the aquatic rental area at the beach! On these warm and often breezy days, heading out onto the Atlantic Ocean is a perfect way to cool off.

A few weeks ago, after some pool time at Buccaneer with grandchildren, we decided to mix it up a bit and take out some SUPS (stand-up paddleboards). Two of our granddaughters headed out on one board, with grandpa not too close behind. Everyone had a great afternoon on the water and wanted to return the next day to do it all over again! I was surprised



Hannah and Sara Steele on stand-up paddleboards.

to see the variety of sporting equipment being utilized by the beach crowd and then became totally amazed by one guest doing a headstand on a SUP.

Recently, Mic O'Keeffe, Vice President of Sports and Amenities, along with Kyle Lynch, Recreation Manager, filled me in on all of the opportunities that Buccaneer Island offers. They shared information about tours on kayaks or SUPs, sailing lessons on Hobie's, yoga on paddleboards, and family/



Take a Hobie out on your own any day of the week or schedule a lesson with a Recreation Team member.

friends private activities that all can be arranged ahead of time. The ever-popular Eco Kayak tours are regularly held on Saturdays and Sundays at 10 a.m. for those interested in a morning adventure. Evidently, the single and double kayaks are the most frequent rental for all ages. Pedalboard tours are another choice and can be arranged through the Nature Center. It is important to note that life jackets are required for the younger folks and highly



While it may be called a stand-up paddleboard, no one says you have to stand on your feet!

recommended for others.

These "off the beach" activities are a fun and healthy way to spend some time at Buccaneer Island. You might see some dolphins and definitely will spot some fish and birds along the way. Hats and sunscreen highly recommended for all.

Stop by the Pool Desk or call the Ocean Reef Concierge at 305-367-6516 to schedule or get up-to-date information about lessons, tours, and rentals available daily from 9 a.m. to 5 p.m.



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62' 2020 PRINCESS

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Gyro Stabilized!



42' 2020 BUDDY DAVIS

Gyro Stabilized!



41' 2021 VALHALLA



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marylee@oceanreefclubsir.com
www.MaryLeeOceanReef.com

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(MLS RC1919P)

“ I am delighted to announce that this is the first opportunity where I listed a property (15 Thatch Palm Way) with the specific request to also purchase a unit in the Residence Club. I am proud to say that 50% of my commission on the sale of the listing and 50% on the purchase of the Residence Club unit will benefit the Ocean Reef Medical Center.

Recently, I was recognized by Real Trends and The Wall Street Journal as a member of the prestigious “The Thousand” rankings for 2022. These are the top .065% of the 1.6 million licensed real estate agents in America. Through years of focused effort, marketing, supporting the Ocean Reef Medical Center, Community Foundation and networking, on and off the Reef, I am grateful for the support of all my clients and friends, all the wonderful relationships that have evolved over the years at Ocean Reef that made this achievement possible. ”

- Mary Lee

MARY LEE

917.603.3252

marylee@oceanreefclubsr.com

www.MaryLeeOceanReef.com

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Calling Ocean Reef's 23-Year-Olds

The time has come for you to graduate from your parents' Membership and your Membership Team wants to make sure you have everything you need to continue the years of fun you've grown up enjoying at Ocean Reef Club.

Upon reaching the age of 23, you'll no longer be on your parents' Membership account, however, your opportunity to apply for your own Club Membership has arrived. The best way to ensure that all the time you've spent at Ocean Reef with friends and family carries on for years to come.

If you would like to learn more about how to apply for your own Club Membership at Ocean Reef Club, please reach out to the Membership Department at 305-367-5921 before Nov. 2022.

Proposed for Membership

The following individuals are being considered for membership in Ocean Reef Club. Any communication concerning these nominations should be directed to the Executive Director of Membership, Islande Dillon, at 305-367-5921 or idillon@oceanreef.com.

THROUGH AUGUST 31, 2022:

Waitlist Social Membership

Social Membership is currently waitlisted. Posted applicants, once approved, will be added to the waitlist.

Myriam & Eduardo Diaz are applying for Social Membership Waitlist. Mr. & Mrs. Diaz are residents of Irving, Texas. Their sponsors are Hector Fortun, Juan Puig and Tom Davidson on behalf of the Board of Directors.

Steven Patch is applying for Social Membership Waitlist.

Mr. Patch is a resident of Ft. Lauderdale, Florida. He is a member of Coral Ridge Country Club and The Olympic Club. His sponsors are James Walsh and Maria Martinez de Molina.

Catherine & Christopher Eby are applying for Social Membership Waitlist. Mr. & Mrs. Eby are residents of Rumson, New Jersey. They are members of Congressional Country Club and Ford Field & River Club. Their sponsors are Wendy & Gene McQuown and Bernard Goldsmith.

Heather & John Acker are applying for Social Membership Waitlist. Mr. & Mrs. Acker are residents of Cocoa Beach, Florida. They are members of Mountain Brook Club. Their sponsors are James Dixon and Barry Davidson on behalf of the Board of Directors.

Sr. Legacy

Jennifer & Keith Wold are applying for Sr. Legacy. Mr.

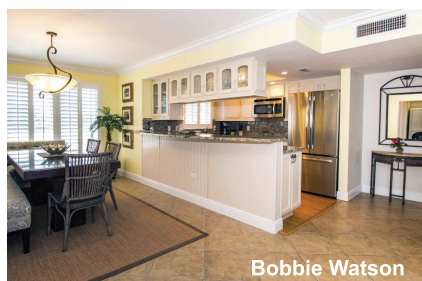
& Mrs. Wold are residents of Boca Raton, Florida. They are members of Royal Palm Yacht & Country Club and The Boca Raton. Their sponsors are Elaine Wold and Eavlyn & Jerome Baer.

THROUGH SEPTEMBER 1, 2022: Equity Membership

Teri & Benjamin Kennedy are Sr. Legacy members applying for Equity membership. Mr. & Mrs. Kennedy are acquiring 12 Country Club Road and the equity from Arlette Baker. They are residents of Boca Raton, Florida. They belong to Royal Palm Yacht & Country Club. Their sponsors are Douglas Fash and Fred Maclean.

Equity Bi-County Membership

Angie & Robert Lopez are Sr. Legacy Local members applying for the Equity Bi-County Waitlist. They are residents of Coral Gables, Florida. Their sponsors are Steve Torcise and Luis Hernandez.



Bobbie Watson

PUMKIN CAY 30B

\$2,750,000

2 2 32'



Michael Watson

570 CORAL LANE

\$6,395,000

5 6



Michael Watson

ANGELFISH CAY 58A

\$3,750,000

2 2 36'



Michael Watson

PUMPKIN CAY 9B

\$5,125,000

4 4 33'



Michael Watson

30 BAKER ROAD

\$5,495,000

4 4.5 50'



Bobbie Watson

PUMPKIN CAY 48A

\$6,995,000

5 4.5 40'



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OUT & ABOUT



Daisy González, Beth Noyes, Sharon Halpryn and Brenda Sport enjoy last month's Equity Get-Together Under the Stars from the Town Hall Terrace.



There's nothing better than a cool popsicle on a summer's day for Charlee Grace Hernandez and Ava Carvajal!

OFF THE REEF



The Wittich family celebrated their daughter Sabrina's graduation from UCLA by taking a trip to Greece and made a quick stop into Cairo, Egypt to visit the pyramids in Giza, which are one of the seven wonders of the ancient world. The photo on the top shows (l to r) Courtney, Peter, Denise, Sabrina and Jenna. On the right, what Mr. Wittich calls, "Egyptian Uber"!



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WEEKLY HIGHLIGHTS

26 FRIDAY

Pickleball Open Play

8:30-10am • Tennis & Games Center

Everglades Alligator Farm Tour

8:45am • Meet at Nature Center

Vinyasa Yoga Class

10am • Member Fitness Center

Gameio Tennis Clinic

10am • Tennis & Games Center

Around The World Basketball

3:30pm • Basketball Courts

"Where The Crawdads Sing" (PG13)

4:30 & 7:30pm • Cultural Center

Reef Rec Room Open

5-10pm • Reef Rec Room

Cocktails

5-8pm • The Point (Members Only)

Reef Club Kids Open

6-10pm • Reef Rec Room

27 SATURDAY

Danish & Coffee

7-10am • The Point (Members Only)

Cardio Tennis Clinic

8 & 9am • Tennis & Games Center

Reformer Pilates Class

9am • Member Fitness Center

Cultural Center Museum Open

9am-4pm • Cultural Center

Guided Eco-Kayak Tour

10am • Meet at Pool Desk

Gameio Tennis Clinic

10am • Tennis & Games Center

Bucket Race In The Lagoon

11am • Buccaneer Island

Nature Center Open

2-5pm • Nature Center

Reef Rec Room Open

4-10pm • Reef Rec Room

Cocktails

5-8pm • The Point (Members Only)

Reef Club Kids Open

6-10pm • RCK Clubhouse

28 SUNDAY

Danish & Coffee

7-10am • The Point (Members Only)

HIIT Class

8am • Member Fitness Center

Reef Club Kids Open

9am-1pm • RCK Clubhouse

Beginner's Sailing Clinic

9:30am • Buccaneer Island

Junior Golf Clinic

10am • Driving Range

Summer Service Online

10am • orchapel.org

Aqua Cardio Class

11am • Member Fitness Pool

Guided Standup Paddleboard Tour

1pm • Meet at Pool Desk

Reef Rec Room Open

4-10pm • Reef Rec Room

29 MONDAY

Cardio Tennis Clinic

9am • Tennis & Games Center

Power Yoga Class

9am • Member Fitness Center

Cultural Center Museum Open

9am-4pm • Cultural Center

Library Open

10am-12pm • Cultural Center

Silver Fit Class

10am • Member Fitness Center

Mah Jongg, Canasta & Backgammon Open Play

10am-4pm • Card & Games Room

Gameio Tennis Clinic

10am • Tennis & Games Center

Tic Tac Toe Relay

3:30pm • Buccaneer Island

Men's "B" Night Tennis League

5:30-7pm • Tennis & Games Center

Gianni Member Appreciation Dinner

6pm • Gianni Ristorante

30 TUESDAY

Sweat Class

8am • Member Fitness Center

Master Swim Class

8am • Member Fitness Pool

Pickleball Open Play

8:30-10am • Tennis & Games Center

Cardio Tennis Clinic

9am • Tennis & Games Center

Vinyasa Yoga Class

9am • Member Fitness Center

Cultural Center Museum Open

9am-4pm • Cultural Center

Zumba Class

10am • Member Fitness Center

Gameio Tennis Clinic

10am • Tennis & Games Center

Mah Jongg, Canasta & Backgammon Open Play

10am-4pm • Card & Games Room

Bumper Boats In The Lagoon

11am • Buccaneer Island

FIT Camp

12pm • Member Fitness Center

Arts & Crafts (Make a Fan)

2pm • Buccaneer Island

Island Hop Relay

3:30pm • Buccaneer Island

31 WEDNESDAY

Pickleball Open Play

8:30-10am • Tennis & Games Center

Cardio Tennis Clinic

9am • Tennis & Games Center

Mat Pilates with Spine Corrector Class

10am • Member Fitness Center

Gameio Tennis Clinic

10am • Tennis & Games Center

Mah Jongg, Canasta & Backgammon Open Play

10am-4pm • Card & Games Room

Aqua Cardio Class

11am • Member Fitness Pool

Arts & Crafts (Friendship Bracelets)

2pm • Buccaneer Island

Capture The Flag Activity

3:30pm • Buccaneer Island

Online Duplicate Bridge Game

1-3pm • Call 305-367-6609 for details

"Where The Crawdads Sing" (PG13)

4:30 & 7:30pm • Cultural Center

1 THURSDAY

Sweat Class

8am • Member Fitness Center

Master Swim Class

8am • Member Fitness Pool

Pickleball Open Play

8:30-10am • Tennis & Games Center

Cardio Tennis Clinic

9am • Tennis & Games Center

Vinyasa Yoga Class

9am • Member Fitness Center

Cultural Center Museum Open

9am-4pm • Cultural Center

Library Open

10am-12pm • Cultural Center

Mah Jongg, Canasta & Backgammon Open Play

10am-4pm • Card & Games Room

Gameio Tennis Clinic

10am • Tennis & Games Center

Lucky Duck In The Lagoon

11am • Buccaneer Island

FIT Camp

12pm • Member Fitness Center

Arts & Crafts (Rainbow Noodles)

2pm • Buccaneer Island

Big Bird Relay Activity

3:30pm • Buccaneer Island

Islander Member Appreciation Dinner

6pm • Islander

MOVIES

General Admission \$12, Donors \$10

Children (under 12) \$6

Movie Hotline: 305-367-6306

**"Where The Crawdads Sing" (PG13)**

Fri. August 26 • 4:30PM & 7:30PM

Wed. August 31 • 4:30PM & 7:30PM

Runtime: 2hr 5min

Stars: Daisy Edgar-Jones, Taylor John Smith, Harris Dickinson

A woman who raised herself in the marshes of the deep South becomes a suspect in the murder of a man she was once involved with.

**"Thor: Love and Thunder" (PG13)**

Fri. September 2 • 4:30PM & 7:30PM

Wed. September 7 • 4:30PM & 7:30PM

Runtime: 1hr 58min

Stars: Chris Hemsworth, Natalie Portman, Christian Bale

Thor enlists the help of Valkyrie, Korg and ex-girlfriend Jane Foster to fight Gorr the God Butcher, who intends to make the gods extinct.

Cultural Center Museum

Daily 9am-4pm • Open During Movies

Library Hours

Thursday • 10am-12pm

Labor Day Weekend

Friday-Monday, September 2 - 5

Scan the QR code for Labor Day Weekend happenings:



CLUB SHOPPING

MONDAY, AUGUST 29 – MONDAY, SEPTEMBER 5

Ocean Reef Gift Shop

Sundries, gifts, newspapers & more.

Daily • 7am – 5pm
305-367-2611, ext. 7139

Golf Shop

All your golfing needs from apparel to equipment and more. Now located in the new Clubhouse.

Daily • 7:30am – 4pm
305-367-5912

Tennis Pro Shop

All your tennis needs from apparel to equipment and more.

Daily • 8:30am – 5pm
305-367-6583

The Burgee Shop

Tues.-Sunday • 9am – 5pm
Monday, Sept. 5 • 9am – 5pm
305-367-2611, ext. 5515

Port O' Call Wine & Spirits

Wines by the glass and artisanal cheese and charcuterie boards.
Tues.-Thurs. & Sun. • 11am – 6pm
Fri. & Sat. • 11am – 9pm
Monday, Sept. 5 • 11am – 6pm
305-367-5999

Member Fitness Center

Shop the latest trends in workout attire.
Mon.-Fri. • 7am – 6pm
Sat. & Sun. • 7am – 4pm
305-367-5820

Joan the Shopper

*ac-ces-so-rize to provide a complement to a garment.... In my personal game of dress-up, accessories (e.g. jewelry, ties, hats, scarves, etc.) are the tokens – you don't get to GO without them.... My favorite accessories (like the three pictured here) are branded with an homage to Ocean Reef. At the **Burgee Shop**, there's a new line of bracelets and necklaces in the \$54-\$100+ range, that feature the OR burgee engraved on a silver or gold disc. Very attractive and subtle enough for everyday wear.... Ties (yes, there are events at OR where they are requested or required). The place to buy them is **Vineyard Vines**. Shown here is VV's Ocean Reef tie sprinkled with tiny OR burgees. Comes in three lovely colors (\$84).... A golf cap might be the OR accessory most favored by Members and not just for golf. The new **Golf Shop** in the Clubhouse has a huge variety. Be blatant and go for a cap that says REEF in big letters or*



initials or choose a great color with a small burgee. (Price range under \$29-\$60).... As a Member of Ocean Reef Club, you are already a winner. Wearing clothes and accessories with the Ocean Reef branding, is visible proof of your deserved prize. Enjoy!
by Joan Birsh

WINING & DINING

MONDAY, AUGUST 29 – MONDAY, SEPTEMBER 5

Palm Court

Lunch Daily 11:30am-3:30pm
(Served in The Islander)

Beach Bar & Grill

Beverages Daily 11am-8pm
Food Mon.-Thurs. 11:30am-4pm • Fri.-Sun. 11:30am-5pm

Islander & Sushi Bar*

(Thursday Islander Member Appreciation 6pm)
Mon.-Thurs. 6-9pm
Fri.-Sun. 6-10pm

The Ocean Room

Breakfast Mon.-Sat. 7-11am • Sun. 7am-12pm
Buffet Saturday, Sunday, & Monday, Sept. 5

Gianni Ristorante*

(Monday Gianni Member Appreciation 6pm)
Dinner Mon.-Thurs. 6-9pm • Fri.-Sun. 6-10pm
G the Bar opens 30 min. before dinner

Raw Bar

Lunch Daily 11am-4pm
Dinner Fri.-Sun 4-9pm

Port O' Call Wine & Spirits

Tues.-Thurs. & Monday, Sept. 5 11am-6pm
Fri.-Sun. 11am-9pm

Reef Treats

Mon.-Thurs. 7am-9pm
Fri.-Sun. 7am-10pm

Reef Hut

Lunch Mon.-Fri. 11am-4pm

Reef Eats

305-367-5898
Dinner Mon.-Thurs. 4-10pm • Fri.-Sun. 4-11pm

Fitness Café

Mon.-Fri. 7am-3pm
Sat. & Sun. 7am-2pm

The Point (Members Only)

Coffee Sat. & Sun. 7-10am
Cocktails Fri.-Sun. 5-8pm

Burgee Bar

Dinner Daily 5-10pm
Cocktails Mon.-Thurs. 5pm-12am • Fri.-Sun. 5pm-1am

Reef Lounge

Lite Bites Thurs.-Sun. 5-10pm
Cocktails Thurs. & Sun. 5-11pm
Fri. & Sat. 5pm-12am

CH Prime (Members Only)*

Closed Until October 19

CH Lounge (Members Only)

Closed Until October 19

Visit oceanreef.com/Dining for menus and weekly specials.
For dining reservations, call 305-367-5931.
*Reservations required.

EQUITY MIXOLOGY CLASS



Equity Members crafted (and tasted!) their favorite cocktails under the direction of Director of Beverage & Wine Operations Sean Carroll.



Gregory and Theresa McLaughlin



Frederica and Tom Paulus



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Reminder – Spa Standing Appointments



“Spa Notes”
by Jillian
Barron, The
Spa Director

We are getting closer to the start of the 2022-23 season, which means we are about to begin scheduling all of the standing appointments that have been submitted. The deadline to submit standing appointments is September 1. We have received a lot of positive feedback about the changes that have been made to maximize availability in The Spa. We are very excited for the upcoming season, and even more looking forward to seeing

all of you, our Members, back at The Reef again soon!

In case you missed last month's article, here are a few of the modifications we have made to standing appointments to increase availability:

- Each Equity Member family will have the opportunity for a maximum of 4 standing appointments per week, per Member number.
- Standing requests will be taken via the online request form (which can be found at www.oceanreef.com/SpaRequestForm) and must be submitted by September 1.
- Standing appointment historical times and days will be considered, but may not be honored, in an effort to maximize availability for all Members.
- Standing appointment requests are available for

November 1 – May 31. If you have a request for an appointment before then, please call or email The Spa directly to schedule.

- Once request form is submitted, it will be reviewed, processed and confirmed via email by Thursday, October 20. A response will be required by Tuesday, October 25 for any changes.
 - 24-hour notice is required for all cancellations / changes to appointments. 3 cancellations / changes to standing appointments within the same month will result in dropping of remaining standing appointments.
- Your Spa Team couldn't be more excited as we look to the season ahead. With increased availability, a variety of new services, and many of your favorite providers ready to go, the coming season promises to be a great one.

Labor Day Sale in the Fishing Village

Saturday, September 3

It's that time of year where stores have to make room for the next season. Head to the Fishing Village between 10 a.m. – 5 p.m. where you'll find street side vendors as well as in store discounts!



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Angelfish Cay 27B

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MLS# 2160



315 South Harbor

PENDING

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MLS# 2286



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RECENTLY SOLD

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37 ISLAND DRIVE (2402) • 4/3 • \$12,500,000

8 NORTH PELICAN (2393) • 5/7.5 • \$11,200,000

CLOSING 12/31/2022

CLOSING 09/01/2022

CLOSING 08/22/2022

CLOSING 09/30/2022

CLOSING 08/29/2022

5 PERKY (2360) • 5/6.5 • \$7,000,000

46 SOUTH BRIDGE (2295) • \$4,500,000

315 SOUTH HARBOR DRIVE (2286) • \$4,500,000

23 SUNRISE CAY (2399) • 2/2.5 • \$9,000,000

CLOSING 09/19/2022

CLOSING 01/31/2024

CLOSING 10/31/2022

CLOSED 08/11/2022

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SPORTS

INSIDE THIS ISSUE

Adults Can Go to Camp!

By Jody Steele

The Unique Summer Camps at Ocean Reef Club were again 10 weeks of excitement for kids age 5-18. The 20+ camps were a huge hit thanks to the variety of appealing activities and the outstanding counselors. One great addition were three camps scheduled "just for adults" to have some of their own summer fun!

Moms Only Tennis Camp was open to all levels of players with emphasis on stroke technique, drills, singles and doubles strategies, and game/match play. Video analysis was added to help players develop their skills. Justin Romero, Director of Racquet Sports, shared that he was really proud of the camper moms' skill development throughout the week and credits the use of video as a great teaching tool. The 13 moms had an awesome experience.

Adult Pickleball Camp was completely booked with 24 players wanting to learn how to play the fastest growing sport in the country or take their game to the next level. All the techniques were taught including the dink, third shot



Moms Only Tennis Campers.

drop/drive and more per Justin Romero. **Kendall Hendrick** shared that he had not played pickleball for a couple of years so he attended the adult camp to get a refresher. He said, "The instructors were awesome and I got to meet other players in a low key, fun atmosphere. Thanks to the Tennis & Games staff, all had a great time."

Adult Tennis Camp also utilized the video analysis approach to capture every player's skill development with worthwhile feedback given by the Pros. This program had 16 participants with singles and mixed doubles.

Jennifer Goldstein attended all three of these camps and had a "phenomenal" time while improving her games. She also loved meeting new Ocean Reef friends and is looking ahead to being an Adult Camper



Adult Tennis Campers look on as Coach Justin demonstrates proper form.

again next year.

It really was a "family camping affair" for the Goldsteins with husband **Greg** in the Adult Tennis Camp, their three children in an assortment of camps, and even including grandparents, Lynne and Murray Goldstein, to come out

and play.

Justin Romero and the Racquet Sports Team are proud of all of their Campers (adults and kids) that not only worked hard, but also had a lot of fun on the courts. The Team is looking forward to 2023!



Director of Racquet Sports Justin Romero coaches a serve during Adult Pickleball Camp.

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Men's & Ladies' Golf Associations Take Scotland



"From the Gold Tees" by Michael Leone, Director of Golf

After two years of waiting, the MGA and LGA were finally able to go on their much-anticipated golf trips to the UK. Zach Haynes, ORC First Assistant Golf Professional, and I accompanied 14 LGA members to Scotland at the end of June. Even though there were some lost golf clubs and suitcases, that did not hinder anyone from sharing a lot of laughs and building wonderful friendships.

Our group was fortunate enough to stay at the magnificent St. Andrews hotel, but unable to play there as The Old Course at St. Andrews was host to the 150th Open Championship two weeks later. Record crowds were anticipated with it being the monumental 150th year and potentially Tiger Woods' last Open Championship.

The ladies played some extraordinary courses, including Kingsbarns, Dumbarnie, Carnoustie and Turnberry. All of these renown courses hold



The Ladies' Golf Association's trip in June took the golfers to some of the most historical courses in all of Scotland.

great historical significance for the game of golf. It has been argued that Carnoustie is the birthplace of golf with the first recorded round in 1527. Carnoustie or "Carnasty" is arguably most known for the hardest three finishing holes in all of championship golf. This difficult closing stretch led to the famous collapse of Jean van de Velde in the 1999 Open Championship.

With a nod to the remarkable history of golf in Scotland, we were also able to enjoy some of the new up and coming courses that Scotland has to offer by playing Dumbarnie Golf Links, which opened in 2020.

We had fun on all of the great courses, but the most pictures were certainly snapped at Turnberry. The picturesque Turnberry golf course and hotel

also has compelling history. Established in 1902, it nearly disappeared during WWII due to the land being used as an airbase and the hotel used as a military hospital.

Although the trip was only five days, old friendships were strengthened and new friendships were kindled that will hopefully last a lifetime.

The MGA's trip in July was also rich with history and golfing traditions. Five out of the six courses we played – Formby, Royal Liverpool, Royal Birkdale, Royal Lytham & St. Annes, Prestwick and Turnberry – have hosted an Open Championship. Prestwick hosted 11 of the first 12 Open Championships starting in 1860, and at that time, it was only a 12-hole golf course.

We were also able to get a preview of the 2023 Open Championship venue, Royal Liverpool. It is a gorgeous golf course that makes driving accuracy a must! Ben Claus, Head Golf Professional, and I had a great time playing these treasured courses.

On and off the links, we especially enjoyed spending quality time with our MGA members.

We hope everyone is having a wonderful summer. We look forward to doing more trips like this next year and hope you plan to join us!



In July, the Men's Golf Association's trip to Scotland led them through six courses, five of which have hosted Open Championships.

REEF GALLERY



Largest Ocean Reef scene ever painted by Stephen Wood 50x64 unframed Oil On Canvas



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Putting Together

Continued from | 3

responsibilities have expanded each year he's been with the Club. This past summer, he took the lead, sharing with campers the fundamentals and love for the game that may eventually propel them into future ORC Member-Guest Golf-winning players!

Director of Instruction Derek Swoboda said that Seybuck has always been great at running the Junior Golf Clinics, so it was a no brainer for him to take over the camps this year. "The kids love him and he makes it fun, while also educational," Swoboda said.

Seybuck's passion for working with kids came from his own experience as a budding golf professional. When he was young, he himself had a pro that not only gave him lessons, but also mentored and looked out for him. Seybuck loves



Assistant Golf Professional Justin Seybuck acts as a coach and mentor for Reef kids through his Little Linksters and ORC Golf Camps.

being able to do the same for kids here at The Reef. Plus, he's "like a big kid" himself, which makes it fun and easy to connect with the campers.

Taking on the responsibility of planning and executing all four weeks of Little Linksters and ORC Golf Camps was exciting for Seybuck. He focused on drills and activities that would help the campers learn and improve their strategy, but also kept them engaged by making

everything a game, including point scales and prizes.

For the Little Linksters, Mondays were spent working on full swing basics, from grip to posture and the basic pattern of arm and body movement. Tuesdays and Wednesdays included putting and chipping and Thursdays combined everything together for a drive, chip and putt challenge. On Fridays, the group made their way to the course to apply all

they learned.

For the older campers in the ORC Golf Camps, the weekly structure was similar, but each afternoon included time on the golf course, conducting scrambles and other games to help the young golfers fall in love with the course and the sport, and also reviewing rule scenarios and even etiquette.

The coolest part of the whole process, Seybuck shared, was seeing so many kids in his ORC Golf Camps that had previously been in his Little Linksters camps.

"Watching them grow and improve and knowing you played a hand in that growth is one of the most exciting things," he said.

Along the way, Seybuck had help from Recreation Team members and, for a couple of the larger camps, ORC Golf Intern Ashley Wagner. Seybuck, the Golf and Recreation Teams are already looking ahead at next summer's host of golf camps. We can't wait to see what they "putt" together.

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Solutions to Common Fitness Problems



"Fitness Focus" by Luis Bracamonte, Director of Fitness & Wellness

1. I don't have time to work out.

Solution: We always have time for our priorities. Make working out a focus and pick your preferred time. Fitness training enhances our quality of life and increases longevity. It is not a magic pill; it is a magic habit.

2. I'm not motivated.

Solution: Motivation is ephemeral and is not a good predictor of long-term success. A better approach is to build the habits that lead to reaching

the goal. Every battle we win against our lack of motivation is a step toward building a more substantial body and mind. One of the most critical and difficult decisions is to work out on days we do not feel like it.

3. I don't know how to begin.

Solution: A combination of cardio, strength and flexibility is a good base for any fitness program. Hiring a coach to do an evaluation and guide the first steps is a great way to get started. There is also plenty of information online.

4. I'm not too fond of gyms.

Solution: Not all gyms are alike and most are a good representation of the communities they serve. Therefore, the gym will be OK if you like your community. However, workouts can take place anywhere, including at home or preferred outdoor location.

5. Diet alone is enough to be healthy.

Solution: Nutrition is of paramount importance to health. However, food alone does not increase our bodies' strength, power, speed and agility. Balance, a common source of concern as we age, improves with skill practice and a more robust physical foundation.

6. I find fitness boring.

Solution: Fitness is a game of skill and numbers. You can measure how much weight you can lift, how many reps you can do, how fast and how far you can go, and long you can hold a difficult position such as a plank. You can improve in skill technique by progressing to more advanced movements and exercises. In fitness, we constantly compete with our present self as we develop a brighter and healthier future version of ourselves. The best part is that even if fitness remains boring, it will still do wonders for your body.

7. I am discouraged by my slow progress.

Solution: Fitness progress results from volume, load, frequency, duration, intensity and consistency. If you feel that you are not progressing fast enough, you can adjust one of the variables listed and shift into a higher gear.

8. I am injured or have chronic pain.

Solution: You can work around almost every injury and chronic pain. Staying in shape through injury and chronic pain is possible and worth the extra effort. Make sure to have medical clearance, and it is advisable to consult with a fitness professional with knowledge and understanding of your injury or condition.

For more solutions to common fitness problems, book a consultation or training session with an Ocean Reef Fitness Specialist by contacting us at 305-367-5820.



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A Fabulous Victoria Rendezvous for ORYC



by Sarah A. Cart

More than 80 Ocean Reef Yacht Club (ORYC) travelers re-joined at the Hotel Grand Pacific in Victoria, British Columbia on a gorgeous blue sky mid-August Wednesday. The multi-day adventure that came next was hosted by Commodore **Don** and Commodora **Denise Bermant**, who had lovingly crafted a full itinerary of tours and parties to enable everyone to enjoy Victoria's wonderful attributes, historical sites, multiple cultures and many



So many ORYC folks traveled from all around for the Victoria Rendezvous in British Columbia that it was impossible to capture all of them in one photo, but every one who chose to do so was able to get a ride aboard the Rose Carousel at Butchart Gardens after the farewell buffet.

great restaurants.

Following a "Welcome!" reception, members disbursed to experience several of the city's finest dining establishments and embarked the next morning on an open-air bus tour to gain some familiarity with the city's highlights and coastline overlooks.

Late Thursday afternoon as the sunlight sparkled on the protected waters of

Cadboro Bay, the bridge of the Royal Victoria Yacht Club and a piping bagpiper in full regalia welcomed the Key Largo travelers to the RVYC clubhouse. Highlights of the gracious reception included the exchanging of burgees and a charming presentation by famed yacht designer and world adventurer Tony Fleming (who happened to be celebrating a late-80s birthday that evening).

Friday morning the adventurers boarded the *Catalina Adventure* for a three-hour whale and wildlife cruise, experiencing the sights and sounds (and smells!) of carousing orcas, seals and sea lions, gorgeous views of distant mountains and rapidly developing fog. Enhancing the tour were tastefully curated boxes of finger sandwiches, scones, meringue-topped lemon bars, jellies and fresh fruit.

That evening's dinner dance (with several tea hats and ascots in evidence) included cocktail

entertainment by a master musical duo followed by an awesome time-bending band whose performance featured dozens of costume changes, covered the 1960s to the 2020s and drew the masses onto the dance floor.

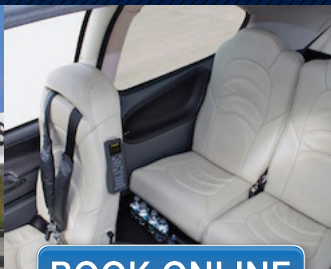
The next morning many opted to take a seaplane trip to the Saturday market on Salt Spring Island as others chose to stay by the water in Victoria, enjoying the sights and sounds of the busy working harbor and marveling as the adorable local water taxis performed the "world-famous Pickle Boat Ballet," a 15-minute experience inspiring non-stop smiles.

For the full group's final evening, they traveled to the Butchart Gardens. After wandering the 100-year-old 55-acre transformation of a worked-out limestone quarry that boasts multiple stunning gardens (Sunken, Rose, Japanese, Italian and Mediterranean), they enjoyed a delicious buffet dinner, after which they took over the charming Rose Carousel with its menagerie of 30 hand-carved wooden animals for a couple ORYC-dedicated rides.

On Sunday, 30 intrepid ORYC mariners bid the rest of us safe travels wherever those might take us (by boat, plane and train). In return, we wished them fair winds and following seas as they prepared to embark as a flotilla of nearly a dozen boats on a 12-day voyage exploring British Columbia's stunning Desolation Sound.

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Tennis & Games Center Save-The-Dates



"Center Court" by Justin Romero, Director of Racquet Sports

Ocean Reef Club sports enthusiasts - we hope your summer has been great so far and that you've found some time to play the sports and games we all love. Looking ahead to the winter season, we are anticipating more activity, participation, and social activities along with our events.

Below, we have compiled a list of some of ORC Tennis & Games Center's most cherished tournaments and events. We

know it is important for you to plan your travels, schedules, and guest accommodations so here they are for Tennis, Pickleball and Croquet!

If you have any questions, feel free to reach out to me at 305-367-6583 or at jromero@oceanreef.com. Enjoy the rest of your summer and we look forward to a great winter season ahead!

Tennis

November 19 & 20 –

Tennis Mixed Doubles Club Championship

January 15 – Ocean Reef Tennis Pro-Am

February 3-5 – 50th Annual Member-Guest Tennis Tournament

February 19 & 20 – Ladies' & Men's Tennis Doubles Club Championship

April 22 – Bring-a-Pro Tennis Tournament

Pickleball

December 10 & 11 –

Pickleball Member-Guest Tournament

February 11 & 12 – Ladies' & Men's Pickleball Doubles Club Championship

February 27 – Ladies' & Men's Pickleball Senior Club Championship

April 1 & 2 – Pickleball Mixed Doubles Club Championship

Croquet

February 10 – Golf Croquet Doubles Club Championship

March 3 – Golf Croquet

Singles Club Championship

March 17 & 18 – ORC vs KLAC (ORCAC Invitational)

TENNIS RESULTS

Men's "B" Night League

1st Place

Rick Capps

2nd Place

Andy Hofmann

3rd Place

Bill Sport & Bob Ecuyer

4th Place

Bill Dixon

5th Place

Peter Zuckerman

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Tennis Tip of the Month



by Carolina Quevedo
Tennis Concierge

A good warm-up can be the basis for a great tennis practice or match. Warming up well is extremely important to play tennis since we prepare the body for the physical activity that we are going to carry out. It is the most effective way to condition the muscles and thus avoid injuries, which prevents us from precisely what we want to do: play tennis.

Warming up is a set of gentle, progressive exercises that we use to get our body going. With this, we increase muscle activation, giving way to better performance by the muscles. We

improve concentration and begin to pay attention to the game situation that is to come. All this helps us to start the main part of the practice or the competition giving 100% effort.

The ideal warm-up should be based on two phases: continuous jogging/dynamic stretching and speed.

Jogging consists of running at a continuous pace for 5 or 7 minutes, a time during which, in addition to running, we perform exercises and dynamic stretches such as lateral shuffle runs, high knee skip, butt kicks, carioca, arm circles, lunges with a twist or "Franksteins", among others.

After covering this part of the warm-up, we should dive into a short but intense exercise: the speed sprint. Since our muscles will already be warm, we can do small speed sprints over short distances to test our reaction. We can do a series of three sprints of just 15 seconds each.

For more tips like these, schedule a lesson with one of our Pros by calling 305-367-6583.

Tennis

Player of the Month

Colin Caldwell

When did you start playing tennis and why?

I started playing two years ago during COVID. We were looking for a family activity to do.

For how many years have you been a Member of Ocean Reef?

For 10 years.

What activities do you enjoy at Ocean Reef Club, aside from tennis?

Boating with the family.

What is your favorite shot in tennis?

My backhand.

What is your favorite thing about the Tennis & Games



Center at ORC?

I enjoy the cardio clinics and getting to meet all the other Members.

Who is your favorite professional tennis player?

Nick Kyrgios.

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BRIDGE RESULTS

ONLINE BRIDGE GAME

Wednesday, July 27

- 1) Paula Pendergast – Partner
- 2) Hollis Petersen – Partner
- 3) Mary Zwirn – Beverly Platner

Monday, August 1

- 1) Nancy Grote – Marilyn Borthwick
- 2) Adelaide Jared – Jay Beatty
- 3) Eleanor Lorig – Paula Pendergast

Wednesday, August 3

- 1/2 Mary Zwirn – Beverly Platner
- 1/2 Paula Pendergast – Eleanor Lorig
- 3) Ed Kavanaugh – Fred Bacher

Monday, August 8

- 1) Ann Petersen – Hollis Petersen
- 2) Kay Meinhardt – Rosemary Jones
- 3) Ed Kavanaugh – Fred Bacher

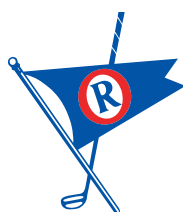
Wednesday, August 10

- 1) Beverly Platner – Mary Zwirn
- 2/3 Pam Schumer – Jeff Schumer
- 2/3 Ed Kavanaugh – Fred Bacher

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chrismcohen4@gmail.com

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5 Bedrooms / 4.5 Baths

Guest half bath

Bonus loft

Heated pool & hot tub overlooking
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Walk to The Spa & Member Fitness
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Pet friendly

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Oceanfront Condo

Exquisite View Overlooking Pool

Includes High End Appliances

Washer & Dryer in Unit & Wi-Fi

Master King Size Bed

Guest Two Queen Size Beds

33' Assigned Dock

Available Thanksgiving and

Christmas Weeks

Please No Pets

Call or Email for

Availability & Pictures:

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1st Floor

2 Bedrooms/3 Full Baths

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Beautifully Furnished

End Unit with Golf Course Views

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Center, Restaurant

Owner Has Equity Membership That
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100' on the Water

Includes dock, heated pool,
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Recently Remodeled

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Screened in porch lake view to

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No pets please

For more information, photos and

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Email: 48AFairwaylakes@gmail.com or

781-258-7249

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2.5 Full Baths Condo
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954-593-0973
Photos: www.207andros.com

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Golf Cart Included

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Inquiries:
PumpkinCay73A@gmail.com

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1 OSPREY LANE | OCEAN FRONT

4 Bedrooms, 5.5 Baths | \$25,900,000 | 2256

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40 CARDINAL | 40CARDINALLANE.COM

5 BD/6.5 BA | \$21,900,000 | Ocean View |2308

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19 SUNRISE CAY | OCEAN FRONT

33,125 Sq. Ft. Homesite | \$13,500,000 | 2335

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Molly Taylor 508.524.4633 molly@oceanreefclubsir.com



30 HALFWAY ROAD | GOLF COURSE

5 Bedrooms, 6 Baths | \$10,500,000 | 2364

Jay Rourke 786.493.8105 jay@oceanreefclubsir.com



NEW LISTING

RESIDENCE CLUB C220 | GOLF FRONT

3 Bedrooms, 3.5 Baths | \$5,250,000 | 2408

Molly Taylor 508.524.4633 molly@oceanreefclubsir.com

Russell Post 305.367.2027 russell@oceanreefclubsir.com



3 MAHOGANY | PRE CONSTRUCTION

5 Bedrooms, 5.5 Baths | \$4,800,000 | 2377

Cassy Everhart 305.522.2332 cassy@oceanreefclubsir.com

Morgan Smith 305.321.1143 morgan@oceanreefclubsir.com



ANGELFISH CAY 61A| CANAL FRONT

2 Bedrooms, 3 Baths | \$3,795,000 | 2348

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PUMPKIN KEY | PRIVATE ISLAND

12 bay front homesites | Plus Ocean Reef on-shore home | \$95,000,000 | 681

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