

OCEAN REEF PRESS

Vol. 10, No. 18



March 3, 2023

It's Tee Time

Bag Room Open Begins Today

Today is the day – the 47th annual Bag Room Open is teeing off! This morning (Friday, March 3), Ocean Reef Club and Card Sound Golf Club Golf Professionals took to the tee for the first round of the 2023 Bag Room tournament. Play continues every Friday and Saturday (1 p.m. on the Dolphin Course), now through the Finals on **Saturday, April 1.**

The Bag Room Open is a tradition that has grown to become one of the most followed and anticipated golf events on the Club's calendar. It began in 1977 as a way for golf staff from Ocean Reef and Card Sound to determine the best player on The Reef and saw 20 to 30 golf carts following the final match. Now, the tournament finals regularly surpass 100 carts and the Member involvement is unparalleled, and that is what Zach Haynes, Ocean Reef's First Assistant Golf Professional and reigning Bag Room Champion, believes makes the tournament so fulfilling.

"Nothing is more exciting than coming off the 13th green, turning down 14 fairway and having a sea of carts lining the fairway and green," he said.

Excitement for this year's tournament has been building, but perhaps no one is quite as excited as new Bag Room Open Chair **J Guarch**, who follows in the well-laid

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30th Annual Triple Golf Classic



2023 Triple Golf Classic flight winners. See full results on page 38.



Jerry Henn and Leonard Turowski, Men's Overall Champions.



Susan Berry and Cindy Baird, Ladies' Overall Champions.

"It's \$58 million, take it or leave it."

Those were the words spoken in 1992 to the co-chairs of the Ocean Reef Acquisition Committee, Tom Davidson and Bob Kilby, who were negotiating the sale of Ocean Reef on behalf of the membership. They had ninety days to raise the money. The Committee was soon expanded to include Alan Goldstein and Howard K Howard, with a goal of uniting homeowners

together behind a single concept.

Here's what happened next as told in *On the Reef: The Legendary Ocean Reef Club and the People Who Made it Great*:

The acquisition committee decided they would have to sell one thousand equity memberships at \$60,000 a piece. Looking at it realistically, because Ocean Reef has such a diverse membership and wide range of property values, they realized they probably couldn't sell more than four to five hundred memberships

at that price. The solution was to create two levels of membership: a charter equity and a patron equity.

The next step was to sell the

Continued On | 3

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OR "See"



Did you catch this planetary conjunction in the night sky last week? Here you can see that the crescent moon and the two brightest planets in the solar system, Venus and Jupiter, came together in alignment around the Ocean Reef Chapel & Fellowship Center's spire (look closely at the base and the tip of the spire). This rare moment was captured on February 23 by Jim Leenhouts.

What have you discovered on your walk, biking or on a daily golf cart ride that you never noticed before?
Email orp@oceanreef.com and share your discoveries.

OCEAN REEF PRESS

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DEADLINES

Advertising Friday at 5 p.m.
Editorial Monday before issue at Noon

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GENERAL INFORMATION

E-mail Updates
To receive the Friday email containing links to The Ocean Reef Press and This Week at The Reef via e-mail, send your e-mail address to communications@oceanreef.com.

INFORMATION

- ◆ Published each Friday Nov – Apr.
- ◆ Summer issues: May 12, May 26, June 23, July 28, Sept. 1, Sept. 29, Oct. 27
- ◆ The editorial content of this newspaper is prepared and edited by the Ocean Reef Press Staff. The sale of advertising and printing of this newspaper is performed by Ocean Reef Club. Ocean Reef Club does not guarantee the accuracy, completeness, or usefulness of any facts or opinions published herein. Ocean Reef Club is not responsible for any content errors contained in any advertising materials published herein.



Rules Reminder: Anti – Circumvention

If the Board of Directors shall determine that a member shall have engaged or participated in any course of conduct the purpose of which was to circumvent any of the provisions of the Club's governing documents (i.e., the Club's Articles of Incorporation, By-Laws and its Rules, Regulations and Policies, each as amended from time to time), such course of conduct may be deemed by the Board of Directors to be improper or likely to endanger the welfare, safety, harmony or good reputation of the Club or its members. In such event, the Board of Directors may take such disciplinary action against the offending member as it deems appropriate in accordance with the terms of the Club's governing documents.

Gotta Question?

I'm excited for the Burgee Jubilee. When do the Country Night tickets go on sale?



Tickets for the April 15th Country Night on the Range are on sale now! All tickets are general admission and can be purchased by calling Member Events at 305-367-5874, by visiting the Concierge desks, or by going to oceanreef.com/AnniversaryWeekend.

Food will also be available for purchase at the Driving Range throughout the evening and Club restaurants will open at 5 p.m. for anyone who wants to grab a bite out before gates open at 6 p.m.

The Saturday evening Country Night on the Driving Range will be a fantastic opportunity to celebrate the Club's anniversary with live music in a fun, festival-like

atmosphere alongside friends and fellow Members. The party, from 6 to 10 p.m., will begin with a performance by 20 Ride Tribute Band, playing Zac Brown Band hits, and will follow with performances by Lauren Alaina and headliner Brett Young.

Anyone who purchases their ticket(s) by April 1 will receive a complimentary celebration gift!

EDITOR'S NOTE:

If you would like to submit a question, email the *Ocean Reef Press* at orp@oceanreef.com.

“...take it or leave it.”

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concept to members, and the acquisition committee got right to work. The fledgling committee activities were aggravated by the ongoing post Hurricane Andrew physical conditions. They met for long hours in an empty room in the bottom of the art league building. There were lights but no air conditioning and some of the broken windows were still covered with plywood. Tee shirts and shorts were the uniform of the day to try to beat the still, hot, humid, early fall weather.

A thermometer went up in front of the ORCA office with the goal of \$58 million at the top and was updated



The 1993 Ocean Reef Acquisition Committee. Front (from left): Tom Davidson, Bob Kilby, Alan Goldstein and Sis Kelm. Standing: Dick Blacklidge, Attorney Tom Hanson, John Zick, Debra Leible (administration), George Manos, Bob Morgan, Rene Reidle (administration), and Howard K. Howard.

daily. Members signed up for meetings with the acquisition committee sixty to eighty at a time in a small stuffy room. To reach more people quicker, several meetings a day were scheduled.

Less than six weeks into the ninety

days since the acquisition committee shook hands with the owner's representative, \$52 million had been raised and was enough to insure the funds required for the purchase.

At the same time, the acquisition committee also recognized the critical need to create a new set of club bylaws and rules and regulations. The drafting of the documents was a slow, painstaking process. Ocean Reef has so many unique characteristics that

the committee spent hours pouring over each draft, redrafting and looking for gaps and conflicting rules.

It was this incredible commitment to ensuring a strong and stable future for the club that is why these bylaws and rules and regulations still stand, thirty years later.

On March 3, 1993 the chapel bells rang out to let the property owners know they were now the proud owners of the new Ocean Reef Club.

JUST WHAT DID \$58 MILLION BUY?

- Two eighteen-hole golf courses
- Croquet and Tennis Courts
- Fishing Village and shops
- 143-room Inn
- Beach and Pool at Buccaneer Island
- Airport and Landing Strip
- Restaurants and Bars
- Roads and Bridges
- Utilities and Trucks
- Four Resident Dolphins

SOUTH HARBOR BRIDGE NOTICE

The South Harbor Bridge Rehabilitation Project is scheduled to start **Monday, March 6**, and last for approximately three months. During this time, the southeast cart path on the left side as you travel towards the Member Fitness Center will be closed from Monday, March 6 to Thursday, April 6, from 8 a.m. to 5 p.m. As you travel to the Member Fitness Center, the northwest cart lane on the right side will be closed from Tuesday, April 11 to Thursday, May 11, from 8 a.m. to 5 p.m. We appreciate your understanding while we work to secure the safety and longevity of the South Harbor Bridge.

Permitted mangrove trimming on South Harbor also begins next week and will require the southeast roadway lane to be closed from Monday, March 6 to Friday, March 10.

SEND US YOUR SUBMISSIONS!

Share Your Youngster-Tested Activities with the ORP

The Ocean Reef Press is seeking suggestions from Members for its guide to keeping youngsters happy at Ocean Reef, which will be published just in time for spring break. By **Monday, March 6**, send your best suggestions to orp@oceanreef.com on what you do with your children and grandchildren when the weather is cool, rainy, or you just need time away from the sun!

Examples of activities already submitted:

- Everglades National Park
- Puzzles (check one out at the Library!)

CARD SOUND ROAD CLOSURE MARCH 12

On **Sunday, March 12th**, an endurance triathlon (called CLASH Endurance) will commence at Homestead Miami Speedway. This endurance race involves a 56-mile bike ride and will impact your travel if you plan to drive to or leave ORC that day.

The bike course will be on Palm Avenue in Homestead, US 1 Northbound in Florida City and Card Sound Road and will impact roads in the following ways:

- Card Sound Road will be closed to vehicular traffic in both directions from 7 a.m. to 1 p.m.
 - US 1 (northbound) 2 northbound lanes will be occupied by cyclists and one northbound lane will remain open to vehicular traffic.
 - Palm Avenue: Riders will occupy the eastbound lane (traveling westbound to US 1). On the return, bikes will be traveling eastbound to return to Homestead Miami Speedway. Palm Avenue will remain open to westbound and eastbound vehicular traffic.
- For specific questions regarding this event, please email info@clash-usa.com.

AT THE CULTURAL CENTER

Mike Tirico & Bill Martin on Sports

Sat., March 4 at 4 p.m. at the Cultural Center

The Campus Series at the Cultural Center is pleased to host **Mike Tirico** (NBC Sports Anchor and play-by-play announcer) and **Bill Martin** (former Athletic Director at the University of Michigan and past President of the U.S. Olympic Committee), both ORC Members, as they discuss the current status of the sports world and have an interactive question and answer session with the audience. This event will be held on **Saturday, March 4, 2023** and begins at 4 p.m. in the Cultural Center theater. It is open to all ORC Members and their guests on a first-come, first-served basis and there is no charge. You



Mike Tirico



Bill Martin

can also enjoy complimentary beer before heading into the theater.

CALL US DIRECT!

Ocean Reef Club's PBX team are experts at transferring your call to wherever you need quickly and efficiently, but did you know the following frequently-contacted departments actually have their own direct lines? That means you can enter the below numbers directly into your phone without going through PBX first.

Direct Lines:

- Lodging Reservations 305-367-5923
- Dining Reservations 305-367-5931
- Front Gate 305-367-4992
- Medical Center 305-367-2600
- Membership 305-367-5921
- Member Services/Concierge 305-367-6516
- Public Safety 305-367-2222
- Front Desk 305-367-5897
- Golf Shop 305-367-5912
- Spa & Salon 305-367-6506
- Bellstand 305-367-5985
- Tennis & Games Center 305-367-6583

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Sales Consultant



Richard Ward
Sales Consultant



Put down your cell phone.
Turn off your laptop.

Get on the water & make Family memories.

Life is quick, be the navigator.



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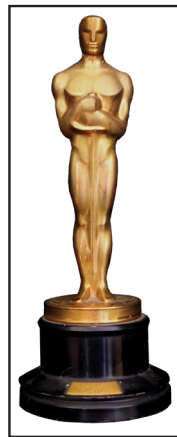
AT THE CULTURAL CENTER

Get Ready for the OSCARS!

All film enthusiasts at Ocean Reef Club have the great opportunity to be totally prepared for the 95th Academy Awards. Just join professor Dan Hudak, film critic in print, radio, and television, as he reviews each of the ten Best Picture nominees at the Cultural Center on **Sunday, March 12**—the very SAME day as the evening ceremony.

Dan will review why each film was nominated along with his own knowledgeable insight and accompanying film clips. He will share his opinion on which film should win the Oscar and which film will most likely carry it home—not always the same one! Hollywood history and trivia along with audience participation makes this an entertaining event for all.

This is the sixth time Dan has given this hour lecture at Ocean



Reef and it is always a huge hit that you will not want to miss. Guests will have the chance to vote for which film they think will win Best Picture and later that evening we can

all discover who got it right. And the Oscar goes to...

Best Picture Oscar Talk
Sunday, March 12
1 p.m.
Cultural Center
Complimentary

Your support of the All Charities Weekend strengthens entities, like the Cultural Center, that enhance Ocean Reef Club's Unique Way of Life and enables the Ocean Reef Community Foundation to provide for thousands in Key Largo, Homestead and Florida City. Call 305-367-5996 to learn more.

Great Decisions Economic Warfare

What comprises economic warfare? How have these measures been used recently against Russia?

Waging economic warfare consists of a variety of measures from implementing sanctions to fomenting labor strikes. Such tools are utilized by states to hinder their enemies, and in the case of the United States have been used as far back as the early 19th century. Since Russia invaded Ukraine in February 2022, economic warfare has been the main means for the west to challenge Russia. How effective will these sanctions be at convincing Russia to cease its war?

Join Dr. Jeffery Morton on **Wednesday, March 8** at 5



p.m. at the Cultural Center as he delivers his complimentary virtual lecture on Economic Warfare in the Great Decisions series.

Your support of the All Charities Weekend strengthens entities, like the Cultural Center, that enhance Ocean Reef Club's Unique Way of Life and enables the Ocean Reef Community Foundation to provide for thousands in Key Largo, Homestead and Florida City. Call 305-367-5996 to learn more.

CULTURAL CENTER



AT OCEAN REEF

MADDIE & TAE

**Saturday, March 11
8:00PM**

\$225 Donors • \$250 Non-Donors



Award-winning duo Maddie & Tae are drawing praise for their No. 1 debuting *The Way It Feels* album release with *Rolling Stone* saying the new music is "anchored around their stellar vocal pairings and some of the tightest harmonies on Music Row."

COMPLIMENTARY LECTURES

MIKE TIRICO & BILL MARTIN ON SPORTS
Saturday, March 4 – 4:00PM

THE 2022 OSCARS: BEST PICTURE WITH DAN HUDAK
Sunday, March 12 – 1:00PM

THE SCIENCE OF SLEEP & STRESS WITH JESSICA PAYNE, PhD
Thursday, March 16 – 5:00PM

DAVID BRIGHTON'S SPACE ODDITY

THE QUINTESSENTIAL DAVID BOWIE EXPERIENCE

**Saturday, March 18
8:00PM**

\$125 Donors • \$150 Non-Donors

A live, theatrically-staged, multimedia spectacle that transports audiences on a musical journey through the constantly metamorphosing career of David Bowie – Rock and Roll's most celebrated innovator.



Showing in our theater March 10, 12 & 15:

Moonage Daydream (PG-13)

A cinematic odyssey exploring David Bowie's creative and musical journey.

For tickets visit the Cultural Center website at:
ORCulturalCenter.org
or email: Tickets@OceanReef.com

Don't just look for a place. Discover a home.



Pumpkin Key | 26-Acre Private Island
pumpkinkeyisland.com | \$95,000,000 | 0681

Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



1 Osprey Lane | Ocean Front
4 BD, 5.5 BA | \$25,900,000 | 2256

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com
Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



31 Angelfish Cay Drive | Ocean Front
Vacant Homesite | \$14,975,000 | 2487

Russell Post | 305.451.8199 | russell@oceanreefclubsir.com
Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com



8 Cinnamon Bark Lane | Golf Course
4 BD, 4 BA | \$7,995,000 | 2480

Mary Lee | 917.603.3252 | marylee@oceanreefclubsir.com



NEW LISTING/CONTINGENT

16 Halfway Road | Golf Course
4 BD, 4 BA | \$6,995,000 | 2490

Mary Lee | 917.603.3252 | marylee@oceanreefclubsir.com
Contingent by:
Marcy Aultman | 305.522.0582 | marcy@oceanreefclubsir.com



NEW LISTING

24 Tamarind | Lake Front
5 BD, 6.5 BA | \$6,900,000 | 2495

Jay Rourke | 786.493.8105 | jay@oceanreefclubsir.com
Megan Lyons | 786.201.5265 | megan@oceanreefclubsir.com



30 Halfway Road | Golf Course
3 BD, 3.5 BA | \$6,500,000 | 2479

Jay Rourke | 786.493.8105 | jay@oceanreefclubsir.com
Megan Lyons | 786.201.5265 | megan@oceanreefclubsir.com



11 Perky Road | Central Location
3 BD, 3.5 BA | \$5,850,000 | 2447

Karyn Thiele | 305.394.4185 | karyn@oceanreefclubsir.com



NEW LISTING

403 Carysfort Road | Villa Cay
3 BD, 3 BA | \$4,950,000 | 2488

Rick Romeo | 304.667.7896 | rickromeo@oceanreefclubsir.com

OCEANREEFCLUBSIR.COM | 305.367.2027

J. Bradford Millsap, Licensed Real Estate Broker



CONTINGENT

6 South Pelican Drive | Canal Front
4 BD, 5.5 BA | \$14,495,000 | 2739

Bill Henneberry | 203.722.6762 | bill@oceanreefclubsir.com
Contingent by:
Marcy Aultman | 305.522.0582 | marcy@oceanreefclubsir.com



121 Marina 208 | Canal Front
4 BD, 4.5 BA | \$10,500,000 | 2463

Cassy Everhart | 305.522.2332 | cassy@oceanreefclubsir.com
Morgan Smith | 305.321.1143 | morgan@oceanreefclubsir.com



42 Cardinal Lane | Canal Front
29,210 Sq. Ft. Homesite | \$9,475,000 | 2428

Russell Post | 305.451.8199 | russell@oceanreefclubsir.com
Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com



12 Ocean Reef Drive | Centrally Located
3 BD, 2 BA | \$6,750,000 | 2478

Helena Morton | 305.522.2196 | helena@oceanreefclubsir.com



The Sanctuary Orchid 102 | First Floor
3 BD, 3.5 BA | \$6,500,000 | 2431

Mary Brady | 201.303.2052 | marybrady@oceanreefclubsir.com



24 Card Sound Road | Golf Course
5 BD, 3.5 BA | \$6,500,000 | 2472

Helena Morton | 305.522.2196 | helena@oceanreefclubsir.com



Residence Club 207 | New Construction
2 BD, 2.5 BA | \$3,500,000 | 2453

Helena Morton | 305.522.2196 | helena@oceanreefclubsir.com



NEW LISTING

Angelfish Cay 42A | Peek-a-Boo Ocean View
1 BD, 1 BA | \$1,995,000 | 2489

Eric Woodward | 305.394.4461 | eric@oceanreefclubsir.com



PENDING

Angelfish Cay 71B | Canal Front
1 BD, 2 BA | 36' Dockage | \$1,950,000 | 2436

Parris Everhart | 305.522.2738 | parris@oceanreefclubsir.com

Are You Missing the Grand Seafood Buffet?



by Terry Baxter

When we first came to Ocean Reef almost 20 years ago, there was already a satisfying variety of good food – the old Islander was a first-class fish house in a charming setting, the Burgee Bar and Raw Bar were burger and pizza stand-outs, and the Galley produced a pleasing array of comfort foods. The two WOW venues were the old Clubhouse, particularly on Vine to Table nights, and the Ocean Room, particularly on the evenings of the Grand Seafood Buffet. My grandchildren always reminded me to book a buffet reservation when they came for the holidays. All dressed up, their hair carefully combed, they surveyed the Room with eyes like saucers.

Now, of course, we are surrounded by WOW venues. The rebuilt Islander is gorgeous and in sell-out demand. The leading edge Sushi Bar is a double WOW. The new Clubhouse is a proper showcase of high cuisine and outstanding



Chef Michael Meadows ensures that the central raw bar cupboard never goes bare.



Veteran Ocean Reef Chef Josh Bettsack handles Seafood Buffet duty along a wide variety of other assignments.



Ocean Room Sushi Chef Kimmi Grey learned from the best and shows it.

service. Gianni has replaced the Galley with crowd-pleasing Italian, and old favorites have continued their fine traditions. Now the remodeled Ocean Room has restored the Grand Seafood Buffet to a WOW.

The vibe is elegant, but not stuffy. You can enjoy quiet

corners and good conversation. The presentation has been re-thought and improved. The central raw bar offers caviar with all the sides, stone crab, iced shrimp, and Alaskan crab legs. The side alcove presents oysters and clams on the half shell and lobster tail. Another side room holds too much to remember, but include soups, salads, smoked salmon & fixings, fruit, cheese, bread and crackers, and sweets. The fully staffed Sushi Bar displayed all the usual Club favorites and stood ready to improvise on demand. Master Sushi Chef Eric Andreu (not exactly his real title, but how could it be anything less?) calls Ocean Room Sushi Chef Kimmi Grey his star pupil. "When she started working in the Islander Sushi Bar three years ago, she came to me and said, 'I don't think I can

do this.' But with a few months of intense work, she was turning out wonders. It's been amazing to see her growth. At the Ocean Room bar she perfects everything." Chef Eric is introducing an Omakase (Chef's choice) menu for the Ocean Room on Tuesday nights. "Best of the best," he says. It features a six-course dinner built around a single type of fish -- for instance Madai (Japanese snapper) flown fresh from Japan and prepared six different ways. He is excited to bring this concept to the Ocean Room.

But wait, there's more. In the past, hot buffet items were presented in steam trays around the room along with a carving station. Let's be honest, a steam tray buffet does few favors to food however carefully it has been prepared. So the Ocean Room Team (Manager Nico DiPerna, Assistant Manager Alain Piloto Rios, Chef Michael Meadows and Chef Josh Bettsack) decided to keep the hot dishes in the kitchen where they can be prepared to order. The hot plates included slow-roasted prime rib with loaded baked potato and asparagus, lobster thermidor, Alaskan king crab (1 pound!), Ora king salmon with crabmeat, Yukon gold potato and spinach, and red snapper with Himalayan red rice and heirloom tomato. My friends **Susan** and **Alex Castellanos** were trying the Grand Seafood Buffet for the first time this season. Alex said, "We are having a wonderful time – a great Ocean Reef tradition has gotten even better. Next time we'll come with plastic pockets to stuff our pants with goodies."

I don't usually make it until dessert, but the berry bread pudding with shimmering crème anglaise custard sauce looked devastating...it was. Yikes. I think I have established that a WOW is in order. The Ocean Room Grand Seafood Buffet is biweekly on Saturday nights. The next is scheduled for **Saturday, March 4th (TOMORROW!)**. Bring your appetite and plastic pockets.

SHABBAT SERVICES



FRIDAY, MARCH 3RD
5:45pm - Sanctuary

Led by Rabbi Anne Feibelman
and Cantor Adina Sharfstein.
Followed by dinner

(Reservations for dinner requested - shirschbiel@congregationor.org)

All events at the Ocean Reef Chapel

One Man's Remarkable Journey



by Rev. Dr. Bob Henley

Conventional wisdom would suggest that the odds of achieving any kind of success in life for a young man - one growing up in a single parent home, and having little interest in learning - those odds are stacked against him.

Erik Thoennes' life journey is one that sets that conventional wisdom on its head. He found early success by excelling in sports. An outstanding high school athlete in three sports, he went on to play college football at Central Connecticut University, setting records as a wide receiver.

After tryouts with two NFL teams, he went on to play American football in Europe. In an article in a local Connecticut newspaper, the writer reported that he found "instant fame" there, and earned the nickname, "Erik the Warrior."

Erik credits his experience playing football as the source of lessons that many young men learn in their home. He says, "Football taught me a lot: to be tough, to be part of something bigger than myself, to work hard, to achieve, to take the backseat for others to excel, to set goals and accomplish them, to be responsible, and to plan ahead. It's amazing the things I learned."

Thoennes has developed a realistic perspective on sports. He says, "They have the potential to help us build character. Christians tend to either trivialize sports and not see sports as something with

great value, or they tend to fall into idolatry of sports in our culture."

While a student at Central Connecticut, he also discovered the spark of learning to love learning. It was a biology course that changed his life. His prof was an atheist, but he says, "It was incredibly worshipful, so I just learned to love to learn." As a student, he caught a vision for thinking deeply and studying hard and the joy that goes with it.

His eagerness to pass on what he learned through sports has led to frequent research, writing, and speaking on the relationship between God and sports.

And now the kid who didn't love to learn has been teaching at Biola University for over two decades. After earning two Master's Degrees from Wheaton College, he went on to earn his doctorate from Trinity Evangelical Divinity School.

Thoennes says that he sometimes, part jokingly, tells his students, "I loved college so much I figured out a way to stay in it the rest of my life."

But his life is far more than just academia. He is also the pastor of Grace Evangelical Free Church in La Mirada, CA. He never had the intention of going into pastoral ministry. He says, "God opened the doors for that to be a more significant commitment as things went on."

This pastor-theologian sees both the ministry and the academy as integral to his faithfulness in the other. "The overlap between the two," he says, "helps keep me honest in both places, and it brings more integrity to my role in each place than I'd have otherwise. My students need to know I love the church and that I'm involved in the lives of real people, and it's good for the folks in my church to know that I'm thinking hard and writing and contributing to scholarship."

Married to his wife Donna

for over 30 years, one of life's disappointments was their inability to have children. But that struggle changed when they visited India in 2005. Erik says, "God broke our heart for orphans."

That broken heart became an open heart as they have adopted four children - three from Taiwan and one from China. He says his love for children, and his burden to see them rescued and protected, is in part, a reflection of his upbringing in a single-parent home, an experience that "deepened my appreciation for what God intends a family to be."

The heart of his life and ministry, this 'warrior-like-drive and disposition' is "an intense, jealous passion for God to be glorified in everything."

Erik's life is one of those great 'against the odds' stories! He has lived a remarkable journey.

You're invited to hear this husband, father, professor, writer, speaker, and former professional athlete as our guest speaker in the **Protestant Congregation's Worship Service at 9 a.m. this Sunday in the Ocean Reef Chapel and Fellowship Center.**

CHAPEL & FELLOWSHIP CENTER NEWS

Ocean Reef Chaplain
Rev. Dr. Robert Henley
305-367-2049
orcchapel.org

FRIDAY, MARCH 3

AA Meeting
7:30 a.m., Chapel Board Room
Call 305-390-4983 for additional AA Meetings

Jewish Shabbat Service
5:45p.m., Chapel Sanctuary with Rabbi Anne Feibelman & Cantor Alina Sharfstein

SATURDAY, MARCH 4

Shabbat Torah Study Session
9:30 a.m., Chapel Cornerstone Room

Catholic Mass
4 p.m., Chapel Sanctuary,
Celebrated with Fr. Hilley

SUNDAY, MARCH 5

Traditional Worship Service
9 a.m., Chapel Sanctuary, with Guest Speaker Dr. Erik Thoennes

Kids Matter (4-8yrs)
9 a.m., Chapel Children's Room

A Journey Together
10:30 a.m., Chapel Sanctuary,
Chaplain Bob Henley

Kids Matter (9yrs & up)
10:30 a.m., Chapel Children's Room

Catholic Mass
12 p.m., Chapel Sanctuary,
Celebrated with Fr. Hilley

MONDAY, MARCH 6

AI-Anon Meeting
9 a.m., Chapel Fellowship Hall
Lunch & Learn
12 p.m., Chapel Fellowship Hall

Rosary Prayer
4:30 p.m., Chapel Fellowship Hall
AA Meeting
7:30 p.m., Chapel Board Room
Call 305-390-4983 for additional AA Meetings

TUESDAY, MARCH 7

Grief Group
11:30 a.m., Chapel Living Room
Potluck Gathering
6 p.m., Chapel Fellowship Hall

WEDNESDAY, MARCH 8

Catholic Mass
7:30 a.m., Father Francis J. Hoffman, aka Father Rocky of Relevant Radio, Celebrant

Intercessory Prayer
8 a.m., Chapel Board Room

Episcopal Service
9 a.m., Chapel Sanctuary, with Rev. Robert Deshaies

Women's Connect Bible Study
10:30 a.m., Chapel Fellowship Hall

Women's Connect Bible Study Group 2
4:30 p.m., Chapel Living Room

THURSDAY, MARCH 9

Men's Community Book Study
8 a.m., Chapel Fellowship Hall

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Pended by:
Karyn Thiele | 305.394.4185 | karyn@oceanreefclubsir.com
Kelsey Thiele | 305.393.3484 | kelsey@oceanreefclubsir.com



NEW LISTING

42 Island Drive | Canal Front
4 BD, 4.5 BA | \$18,750,000 | 2499
Barbara Sibley | 305.394.0061 | barbara@oceanreefclubsir.com



NEW LISTING

Pumpkin Cay Garden Home 74 | Canal Front
3 BD, 3.5 BA | \$9,500,000 | 2500
Helena Morton | 305.522.2196 | helena@oceanreefclubsir.com



NEW LISTING/PENDING

Marina Village 8A | Canal Front
3 BD, 3 BA | \$7,995,000 | 2493
Eric Woodward | 305.394.4461 | eric@oceanreefclubsir.com
Pended by:
Cassy Everhart | 305.522.2332 | cassy@oceanreefclubsir.com
Morgan Smith | 305.321.1143 | morgan@oceanreefclubsir.com



NEW LISTING

32 Bay Ridge Road | Central Location
3 BD, 3 BA | \$5,895,000 | 2498
Marcy Aultman | 305.522.0582 | marcy@oceanreefclubsir.com



NEW LISTING/PENDING

Fairway Lakes 50A | Lake Front
2 BD, 2 BA | \$3,100,000 | 2491
Eric Woodward | 305.394.4461 | eric@oceanreefclubsir.com
Pended by:
Barbara Sibley | 305.394.0061 | barbara@oceanreefclubsir.com

NEW CONSTRUCTION HOMES FOR SALE



Artist's Concept

40 Cardinal Lane | Ocean View
40cardinallane.com
5 BD, 6.5 BA | \$21,900,000 | 2308
Russell Post
305.451.8199 | russell@oceanreefclubsir.com
Jay Rourke
786.493.8105 | jay@oceanreefclubsir.com



Artist's Concept

3 Ocean Reef Drive
6 BD, 6 F/3 H BA | \$11,995,000 | 2434
Helena Morton
305.522.2196 | helena@oceanreefclubsir.com



Artist's Concept

44 Cardinal Lane | Ocean View
4 BD, 4.5 BA | \$11,839,900 | 2309
Russell Post
305.451.8199 | russell@oceanreefclubsir.com
Jay Rourke
786.493.8105 | jay@oceanreefclubsir.com



Artist's Concept

29 Baker Road | Water Front
4 BD, 5 BA | \$6,695,000 | 2332
Eric Woodward
305.394.4461 | eric@oceanreefclubsir.com



Artist's Concept

3 Mahogany Lane
5 BD, 5.5 BA | \$5,100,000 | 2377
Cassy Everhart
305.522.2332 | cassy@oceanreefclubsir.com
Morgan Smith
305.321.1143 | morgan@oceanreefclubsir.com

MARINA SLIPS FOR SALE

HS-8 | Floating Dock
200 AMP | 21'9" Beam | \$2,975,000 | 2367
DS-28 | 80' Dock
Floating Dock | 230 AMPS | \$3,525,000 | 2471
DS-19 | 80' Dockage
Floating Dock | 22'7" Beam | \$3,775,000 | 2401
Russell Post | 305.451.8199 | russell@oceanreefclubsir.com
Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com

FS-34 | Floating Dock
70' Dockage | 18.78' Beam | \$2,100,000 | 2419
ES-21 | Floating Dock
70' x 21'8" Dockage | \$2,575,000 | 2422
Cassy Everhart | 305.522.2332 | cassy@oceanreefclubsir.com
Morgan Smith | 305.321.1143 | morgan@oceanreefclubsir.com

DS-12 | Floating Dockage
90' x 21'8" Dockage | \$3,795,000 | 2427
ES-30 | Floating Dock
70' x 20.5' Beam | \$2,550,000 | 2432
Jay Rourke | 786.493.8105 | jay@oceanreefclubsir.com
Megan Lyons | 786.201.5265 | megan@oceanreefclubsir.com

DS-11 | South Side
90' Floating Dock | \$3,850,000 | 2438
Eric Woodward | 305.394.4461 | eric@oceanreefclubsir.com
FS-35 | NEW LISTING
70' Floating Dock | \$1,895,000 | 2497
Karyn Thiele | 305.394.4185 | karyn@oceanreefclubsir.com
Kelsey Thiele | 305.393.3484 | kelsey@oceanreefclubsir.com
FS-24
70' Dock | 18.8' Beam | \$1,950,000 | 2435
Parris Everhart | 305.522.2738 | parris@oceanreefclubsir.com

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Welcome Visiting Priest Fr. James Nash

The **Kavanaugh** and **Breaux** families are delighted to have Father James Nash as their guest here at Ocean Reef the weekend of **March 11 & 12**. His company is in constant demand by all age groups for dinners in restaurants and parishioner's homes. He celebrated his 60th birthday this year, courtesy of everyone's favorite Italian restaurant, with prosecco and cakes baked by his flock and by Father himself.

Father James Nash is a native son of Delaware. He grew up in a large Catholic family and always made attending church a priority in his life, particularly upon graduation from university when he got his first job as an accountant. Father Nash says he attended many churches in his quest for religious truth



Father James Nash

and meaning and believes he was called to become a priest. He was employed by financial institutions after completing a degree in accounting. In his 30s, he decided to become a priest and obtained a Master of Divinity. He has been the Pastor at several parishes and is the Director of vocations for the Diocese of Wilmington, DE. Since 2014 he has been the Pastor of St. Peter and Paul Churches and School.

Under his auspices the school, which serves kindergarten thru grade 12, has excelled in academics and sports. Under his leadership, he raised 20 million dollars to build a state-of-the-art school and sports facility in Easton, MD. The graduates are accepted at well-known colleges; his goal is to raise an endowment to ensure every student a tuition-free education. Father Nash's ministry has included acting as a chaplain for the Nemours Foundation's Alfred I. Dupont Children's Hospital for Children in Wilmington, DE. He began as a volunteer with two others 10 years ago and now is one among many at the hospital. He also works for Cross Catholic Outreach, an organization that is based in the United States but goes all over the world to help the poorest of the poor. Father Nash is a believer in many things that are important, but with emphasis on two: Good Liturgy and Good Preaching, with the Mass as the first step

in achieving that. "You need to make sure you are putting your energy and your time with the people," Nash states. The second is feeding the poor. Father Nash is greatly influenced by Pope Francis and the papacy means a great deal to him.

Father loves to travel and recently returned from a pilgrimage to the holy land.

With his position as pastor of Saints Peter & Paul parish and schools, Father Nash looks forward to continuing the work he was called to do and fostering an energetic and engaged parish and school for years to come. All of us hope and pray the bishop will never resign him!

Special Announcement

Rev. Francis J. Hoffman, aka Father Rocky, of Relevant Radio, will say early morning mass at 7:30 a.m. in the Ocean Reef Chapel on **Wednesday, March 8**. Please join us.



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Increased Fall & Cart Injuries for 2023

The Medical Center has been seeing an increase in golf cart injuries and fall related injuries for 2023, as compared to 2022. The injuries are ranging from scrapes, bruises, and/or lacerations as some of the more common injuries. There have also been some serious emergency injuries related to falling like fractures and dislocations.

Public Safety responded to forty-nine cart accidents in 2022, five of which were critical. Of these forty-nine, twenty-six were caused by roll-overs, crashes and falls.

Vice President & Director of Public Safety and Operations,



Ariel Arttime offers the following safety advice: "No objects or clothing articles should protrude from the cart, including limbs, that could cause injury if impacted by an item. To avoid falling from a cart, it is recommended that all passengers, including the driver, should use seat belts and avoid making sharp turns. Since the Medical Center is not staffed 24/7, it

is recommended that 911 be called and that you wait on the scene to be treated for any injuries resulting from a golf cart related crash or incident.

When dialing 911 always identify that you are calling from Ocean Reef."

As we age our balance, steadiness and gait can change- all of which can contribute to a fall. Be aware

of tripping hazards in the home, like scatter rugs, items moved out of their usual places and electrical or extension cords that cross your path. Always wear shoes but choose footwear that is appropriate for the activity. If they have laces be sure they haven't become untied. Backless slip-on shoes like flip-flops or crocs are not appropriate for many activities and can create a higher risk of falling.

Visit us on the web at www.mcor.org.

Your support of the All Charities Weekend strengthens entities, like the Medical Center, that enhance Ocean Reef Club's Unique Way of Life and enables the Ocean Reef Community Foundation to provide for thousands in Key Largo, Homestead and Florida City. Call 305-367-5996 to learn more.



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VISITING SPECIALIST SCHEDULE

Please bring your identification and insurance cards to each visiting specialist appointment. They bill separately from the Medical Center.
To schedule with a visiting dermatologist, please call their office directly. For all other specialists, please call 305-367-6702.

<p>Audiology Daisy Elwick March 9, 16, 23, 30</p>	<p>Heberto Valdes March 3, April 7</p>	<p>Victor Faradji April 6</p>	<p>Pediatrics Rosa Fernandez Tele-Med 954-385-6277 (Option 1)</p>
<p>Cannabis & Pain Medicine Michelle Weiner March 24, July 7</p>	<p>Gastroenterology Sandra Rodriguez March 7, April 18</p>	<p>Ophthalmology Bascom Palmer 786-530-2289 March 7, 23, 28</p>	<p>Podiatry Pedro Abrantes March 3, 16, April 21</p>
<p>Cardiology Howard Bush March 16, April 13</p>	<p>Gynecology Jason James March 9, April 13</p>	<p>Zach Segal March 21, April 18</p>	<p>Sophia Masri March 10, 24</p>
<p>Jorge Cuello March 8, 29, April 12, 26</p>	<p>Jila Senemar March 7, April 4</p>	<p>Optometry Lauren Nicholas March 10, 24, April 7, 28</p>	<p>Psychology Joseph Mora March 6, 20</p>
<p>Colorectal Surgery Dan Ruiz April 17, May 15</p>	<p>Holistic Medicine David Coppola 305-451-1819 March 7, 9, 14, 16, 21</p>	<p>Susanna Tamkins March 17, April 21</p>	<p>Pulmonary & Sleep Disorders Raul Valor March 3, April 28</p>
<p>Dermatology Alysa Herman 305-444-4979 March 16, April 6, 20</p>	<p>I.V. Therapy Keys Mobile Medical (305) 907-7550 March 13, 20, 27</p>	<p>Orthopaedic Hand Surgery Roberto Miki March 24, April 21</p>	<p>Spine Care & Pain Management Ronald Tolchin March 14, 21, April 4, 18</p>
<p>Debra Price 305-670-1111 March 3, 17, April 14, 28</p>	<p>Nephrology Anthony Farias March 27, April 24, May 22</p>	<p>Orthopaedic Sports Medicine Michael Swartzon March 17, April 7</p>	<p>Urology Dani Papir 786-530-2289 March 23, April 27, May 11</p>
<p>Varee Poochareon 305-740-6181 March 8, 15, 22, 29</p>	<p>Neurology/Neuro Spine Nancy Epstein (Spine) 561-739-9270 March 22, April 19</p>	<p>Orthopaedic Surgery Derek Papp March 23, April 13, 27</p>	<p>Lunan Ji March 15, April 19</p>
<p>Jill Waibel 305-279-6061 March 6, April 3, May 9</p>	<p>Raul Vasquez-Castellanos (Spine) March 21, April 18</p>	<p>Joseph Fernandez March 17, April 21</p>	
<p>Endocrinology Jeremy Bleicher March 6, April 3</p>		<p>James Voglino March 3, 31, May 26</p>	

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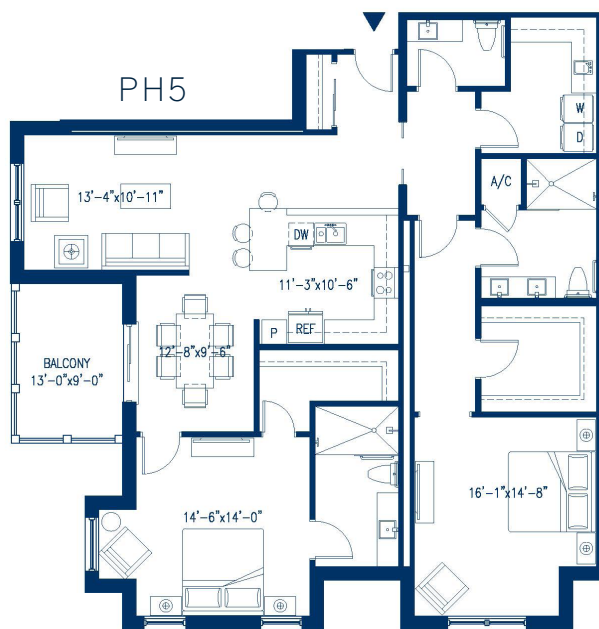


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PH5	\$3,450,000	2/2.5	1,858	YES	2243

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Garden Group at Ocean Reef to Host Kathryn Parrish at Free Community Event

By Annie Miles, Member since 1999

Noted floral designer, Kathryn Parrish, will delight the Ocean Reef community with a complimentary demonstration at the Cultural Center on **Monday, March 6th** at 10:30 a.m. Ms. Parrish, who hails from England, has long been a popular designer for All Charities, family weddings, and private parties at Ocean Reef, and her company Parrish Designs, Miami, incorporates her British charm and unique sense of style in all her creations. The result is fabulous florals that are not only beautiful, but reflect both European and multicultural



Flower arrangement by floral designer Kathryn Parrish.

influences from around the world. Parrish Designs is one of the leading floral and event companies in south Florida. Ms. Parrish is hosted for this special community event by the Garden Group at Ocean Reef.

The Garden Group is a non-profit organization of 30 Ocean Reef Members whose mission is to encourage interest in all phases of home gardening. In addition, the group promotes improved horticultural practices, civic beauty and the conservation of our natural resources.

Among Garden Group's many contributions to our community is providing the weekly floral arrangements for the Chapel altar and biennially hosting the popular House Tour here at The Reef. The next House Tour is planned for the spring of 2024, following a brief break from tradition because of Covid 19 precautions.

Making Christmas decorations for the ForgetMeNots, adding creative sculptures to the Ocean Reef landscape, and the establishment of a migratory bird

oasis in the villa section are also projects of the Garden Group.

Kathryn's presentation will feature a floral demonstration on working with live plants and orchids. She will focus on incorporating plants, orchids, vines, flowers and branches that are readily available in your home garden. The event will also include a pop-up store where attendees may purchase items including vases, containers, terrariums and potted plants. The pop-up store is run by Parrish Designs so no ORC cards will be accepted, but payment may be made by cash, credit card or check.

Especially for those attending, raffle tickets will be distributed and winners will take home the creations made by Ms. Parrish during the event.

Please plan to join the Garden Group at the Cultural Center for this very special opportunity that is open to everyone in the Ocean Reef community. Invite your friends and spend a delightful morning enjoying a unique visual presentation with one of the floral industry's best designers.

Catwalk Fashion Show Highlights

While the 2023 Catwalk Fashion Show is behind us, there is still plenty to discuss about the dazzling and charitable day. From the Neiman Marcus Coral Gables pop-up store to the runway, we've broken down the most show-stopping moments of this year's "Mission Pawssible" themed Catwalk.

This was the second year of partnership between ORCAT and Neiman Marcus Coral Gables. To celebrate, the department store presented the newest pieces in designer fashion to an eager audience of nearly 430 guests. But that wasn't the only reason heads were turning.



Models took to the stage wearing Neiman Marcus' 2023 spring fashions.

Before the human models took the runway wearing Neiman Marcus' 2023 Spring fashions, supermodel pooches and Comet the kitten strutted their stuff in dazzling ensembles. The two adorable adoptable rescue pups showcased, who were both adopted, also had their tails wagging. And, the handsome Havanese Henry Glidden, escorted by owner **Eileen**, was



Eileen Glidden and Henry, 2023 Pet of the Year.

crowned 2023 Pet of the Year.

Once again, this year's program was led by the dynamic duo of MC **Paul Bishop** and ORCAT Chairperson **Luisa Bryan**. The Penny Stamps Award was presented by board member **Annie Stamps**, Penny's

daughter, to Grayvik Animal Center's Dr. Lora Cummings in recognition of her significant contributions to all the pets of the Ocean Reef community. Since starting at the Grayvik Center in 2021, Dr. Cummings has helped triple the number of appointments provided annually by expanding the services offered, and she also always goes above and beyond when Members need her.

A special thanks to all the sponsors whose contributions help make Catwalk a successful and highly anticipated annual event. Your generous donations help fund ORCAT's annual budget enabling the Grayvik Animal Center to continue providing our community with top-quality animal-related services. We cannot thank you enough for supporting our cherished fundraiser and the Grayvik Animal Center, home of ORCAT.

Foodies - This One is For You!



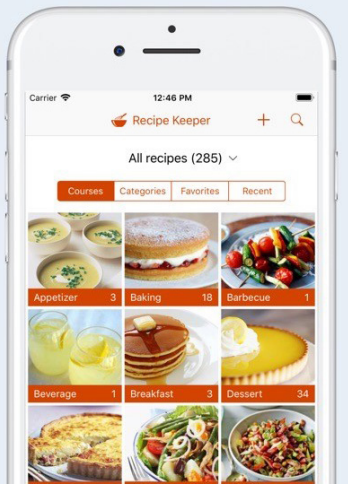
"Dot.calm"
by Jane Silverman Berman

If cooking is your passion then you will love the **Recipe Keeper Meal Plan and Shopping List app** by Tudorspan <https://recipekeeperonline.com>.

Digital recipe files?? I am decidedly old school in many ways, including enjoying the tactile nature of printed cookbooks stuffed with handwritten recipes (I still delight in using my mother's stained and earmarked "Joy of Cooking" from 1975). But there is no denying the variety of recipes at your fingertips when you search online.

With the astounding **Recipe**

All your recipes in one place



The Recipe Keeper app acts as a digital file for all your favorite recipes.

Keeper app you can easily create a filing system on your smart device. Here's how easy: just copy and paste recipes from website addresses or upload your photos or screenshots of recipes from books, magazines, grandma's handwritten scraps of paper, or even the ORC Cooking School recipe printouts.

Through the magic of modern technology*** the recipes populate the app with all the ingredients, cooking directions, and nutritional info just like that (cue finger snapping noise) -- just from a photo or website address. Wow.

Once you instantly upload the photo or online recipe, you can choose or add filters by course (appetizer, brunch, dinner, etc.) or category (i.e., pasta, vegetable, cake, etc.) through the edit button on each recipe. I created my own course of "Favorite Wines."

The app's "bells and whistles" are impressive:

--Instantly add recipes from any website straight into the app by copying and pasting the website address or clicking on the small share box with the arrow on your screen and tapping on the Recipe Keeper icon (also known as a widget). Then click "add." That's it. So simple. And it works!

--Once you upload a recipe you can adjust the number of servings you need; the app automatically recalculates the ingredient quantities.

--Make food shopping simpler; click on a recipe and then the "list" icon in the bottom left corner to add any or all the ingredients to a shopping list you can print or share or use right from the app.

-- "Alexa, ask Recipe Keeper for appetizer recipes." Search for recipes or have Alexa dictate step-by-step instructions for hands-free cooking.

--Weekly and monthly meal planner which you can easily

share with your family by clicking the "..." in the bottom right corner.

--Use the search bar to quickly find recipes by name, ingredient, or directions, or simply browse your recipes by course, category, and rating.

--**Beautiful Cookbooks** for you or your club: easily make a cookbook from any of your recipes; click on the Cookbook icon on the app and create a bespoke collection with a front cover using the app's colorful images or upload your own. Pick background colors, font color, a contents page, and chapters; add your thoughts and memories about each dish. Preview the book and print it yourself or download the pdf and email it to UPS to print with a binder. Even better, create a hardcover book with websites like www.Lulu.com.

The Small Print: Download the free app onto your phone, laptop, desktop, tablet, etc. but log in with one username and password to have easy access. The free version holds up to 20 recipes or invest in the one-time charge of \$9.99 for an unlimited number of recipes.

Recipe Keeper has a small learning curve but once you get the hang of it you will be delighted with the ease and "magic" of this app. Recipe Keeper is a "keeper."

*** OCR (Optical Character Recognition) technology converts an image to text as it's uploaded to the app. OCR is another way AI (artificial intelligence) is changing our world.

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Make-up Lesson at The Spa



“Spa Notes” by Michelle Santiago, Spa Manager

The Salon & Spa is excited to announce its newest makeup artist and esthetician –Maria Gamboa! Maria is originally from Cali, Colombia and moved to Miami when she was four years old. She has been a makeup artist for eight years. Maria is a naturally artistic individual who has always enjoyed the art of makeup. She says, “I love the boost of confidence I can give others just by doing their makeup.”

On **March 10th** from 10 a.m. to 4 p.m., Maria will be hosting one-hour makeup classes at The Spa. She will show you how to apply your favorite products from



Maria Gamboa, makeup artist and esthetician

Jane Iredale and Luka Cosmetics to accentuate your best features. We are offering a special rate of \$95 for a one-hour session. Please call the Salon & Spa at 305-367-6506 to book your appointment today.

Upcoming Spa Events

- Saturday, March 4: AuraTrunk Show 9 am – 3 pm
- Friday & Saturday, March 10 & 11: Zoe’s Empire Trunk Show 9 am – 3 pm
- Wednesday & Thursday, March 15 & 16: MLO Jewelry Trunk Show 9 am – 3 pm

 80 Viking 2018	 80 Pearl 2020
 80 Hatteras 2015	 72 Pearl 2023
 61 Viking 2004	 42 Yellowfin 2022

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Beatles Tribute Band
- SOUNDS OF SOUL
Motown Tribute Band

SATURDAY, APRIL 15

COUNTRY NIGHT ON THE RANGE

FEATURING:

- 20 RIDE TRIBUTE BAND
- LAUREN ALAINA
- BRETT YOUNG**
- AFTER HOURS PARTY
- IN THE FISHING VILLAGE RETURNS!

SUNDAY, APRIL 16

FAMILY FUN AT THE FIELD

Country Night on the Range tickets are on sale now. Purchase by contacting Member Events at 305-367-5874 or visit the Concierge desks.

Art League Updates



by Susan Bohan



Miami Zoo VIPs

Miami Zoo Tour

The Art League's VIP Tour of the Miami Zoo last week certainly lived up to its name. Of the 100 species in the 27 acres, the guide filled participants with facts about the Amazon, South and Central America and beyond in their two-hour tour according to attendee Mary Brady. From the difference between a one- and two-hump camel, to why flamingoes so brightly colored, all were thrilled to learn new, fun facts. But the favorite tidbit of trivia was, "How heavy is an elephant's ear"? Answer: 150 pounds!

New Art League Exhibit

The Art League has a new show continuing until March 10. You will never look at a log or tree trunk in the same way after you see the works of Matt Moulthrop and his father, Phillip. They are a third and second generation of artistry. Their techniques are a family secret, but diseased wood is at the core of their success and they find it all over the states, some even at The Reef! Many of their works take a year to perfect from chainsaw to lathe to sanding and coats of finish. And add "woodturning" to your

art vocabulary. This is a unique exhibit.

Also on display are the works of Erin Whitten Crysdale. Her paintings have an almost mythical blend of beauty and darkness, nature and humanity. Painted and inspired by the pandemic, the artist realized that what she took for granted changed. "The mundane started to reveal a kind of magic that I had missed in the borage of visual and auditory information. These paintings are about the act of looking." Come see for yourself!

Your support of the All Charities



Ocean Reef Mahogany by Matt Moulthrop



Acrylic by Erin Whitten Crysdale

Weekend strengthens entities, like the Art League that enhance Ocean Reef Club's Unique Way of Life and enables the Ocean Reef Community Foundation to provide for thousands in Key Largo, Homestead and Florida City. Call 305-367-5996 to learn more.

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Daughters of the American Revolution



The DAR, founded in 1890 and headquartered in Washington D.C., is a non-profit volunteer women's service organization dedicated to promoting patriotism, preserving American history, and securing America's future through better education for children.

DAR members volunteer millions of service hours annually in their local communities including supporting active-duty military and veterans. DAR awards over a million dollars in scholarships and financial aid each year to students.

DAR boasts 190,000 members in 3000 chapters across the US and internationally. Any woman who can prove lineal descent from a Patriot of the American Revolution is eligible for membership.

Last week, Ocean Reef's own Daughters of the American Revolution (DAR) members gathered for a lovely lunch at Palm Court. Thank you to all who attended.

- Fran Murphy, Sally Weisleder, Candy Sutfin and Gayle Tallardy

MEMBER NEWS



Carol and Bob Riley, Equity Members since 1985, celebrated Bob's 93rd birthday with nine family members at Gianni Ristorante on Sunday, February 19. Happy birthday!

OUT & ABOUT



Last week, Chefs Betania Salles and Cameron Kihnel taught Members how to make Potato Gnocchi and Sausage and Rosemary Pink Sauce during the New Equity Member Get-Together. On the left, Richard Lerner removes the Gnocchi as it floats up. On the right, Kelly Jones, Jen Lerner and Linda Jaikins roll potato dough.



ABOVE: Halfway Road residents and nearby neighbors hosted a lovely sendoff to bid farewell to longtime residents Judy and Steve Martin, seated front.



LEFT: Fun and games for John and Johnny Bahl during Presidents' Day Weekend's Family Fun Night.

John Rudolph Designs

New Ocean Reef Location!



Wood-Mode
CUSTOM CABINETRY

John Rudolph

Gail Zimmerman, NCIDQ 9277

Lois Palguta, AIA, FL Licensed Architect

305-741-7377 - Plaza Building 31 Ocean Reef Dr, Suite 201, Key Largo, FL 33037



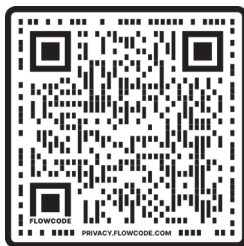
The Plaza

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31 OCEAN REEF DRIVE – \$29,000,000

A “trophy” commercial property nestled on a 4-way intersection in the heart of the exclusive Ocean Reef Club, a world-class private club boasting its own state-of-the-art private Medical Center, private airport, world class marina, prestigious golf courses, world-renowned private residences, hotel and conference center located in Key Largo, Florida. The “Plaza Office and Retail Building Complex” is comprised of 3 buildings containing approximately 29,279 sq. ft. of office, retail and medical offices situated on 2 acres of highly desirable land. MLS #2180



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NEW LISTING



8 Cinnamon Bark Lane



4 BED / 4 BATH – \$7,995,000

A rare opportunity to buy a beautiful contemporary turn-key designer home on the 9th hole of the Hammock Course. New construction/renovation completed in 2022. No expense spared. 10ft iron and glass entry doors open to the soaring 12ft ceiling great room on the first floor with open layout dining room, kitchen and sitting room. Porcelanosa custom floors, baths, and custom hardwood cabinetry throughout. Spectacular designer kitchen with 10ft long waterfall island, Subzero Stainless refrigerator, full Subzero dual zone wine unit, Wolf double ovens, Wolf Induction cooktop, Wolf microwave drawer, and 2 Miele dishwashers. Full wrap around bar with Marvel ice unit and beverage unit completes the 1st floor entertaining space and opens onto the oversized lanai with new pool/spa designed with Lunada Bay glass tile and soft Eco-Finish plaster. Outdoor entertaining space is designed with complete luxury. Williams Sonoma 6 burner Stainless outdoor grill, Pottery Barn outdoor lounge seating and dining furniture for 8 with Samsung outdoor tv and sound bar. Primary bedroom on the first floor has a showplace bath and opens to the pool/spa area. Sumptuous baths with large walk in showers. This is a true luxurious home for entertaining and completely finished to the highest standards! MLS #2480

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**NEW LISTING
CONTINGENT**



16 Halfway Road



4 BED / 3.5 BATH – \$6,995,000

Fabulous golf course home that is ideal for entertaining. Nestled on a cul-de-sac, this home offers three en suite bedrooms, three and one half bathrooms, updated kitchen with granite countertops, open floor plan, and separate laundry room. Large office adjacent to the Master bedroom, (potential fourth bedroom) and also a den/media room. Beautiful dining room with mural on ceiling overlooks the golf course views. Add the spacious pool and patio with panoramic views of three different holes on the Dolphin Golf Course makes this home a must see. Two car and one cart garage . Oversized lot of 23,705 SF! MLS # 2763

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FAT TUESDAY FESTIVITIES



The Cooperman Family



The Lanham Family



David and Carter Rountree



The Combs Family



The Spitzer Family

Proposed for Membership Through March 9, 2023

The following individuals are being considered for Ocean Reef Club membership. Direct communication concerning these nominations to Executive Director of Membership, Islande Dillon, at 305-367-5921 or idillon@oceanreef.com.

Equity Membership

Brad Cole is a Social Waitlisted member applying for Equity membership. Mr. Cole is purchasing 39 Lakeside Lane and the equity from Mark Salisbury. They are residents of Carbondale, Illinois. They belong to Illinois Country Club. Their sponsors are Harry Crisp II, Richard Owsley Jr and Monica Phillips.

Marianne & Eugene

Conese are Social Members applying for Equity membership. Mr. and Mrs. Conese are purchasing 35 Ocean Reef Dr, Chairman's Suite from Hersch Klaff and the equity from the resale list. They are residents of Palm Beach, Florida. They belong to New York Yacht Club, The Beach Club, and The Winged Foot Golf Club. Their sponsors are Allen Krowe and David Rowe.

Anne & Robert

Riethmiller are Social Members applying for Equity membership. Mr. and Mrs. Riethmiller are purchasing 3 Pumpkin Cay Road from Richard Kocerha and the equity from the resale list. They are residents of Jenkintown, Pennsylvania. They belong to Stone Harbor Golf Club. Their sponsors are Michael Cardone Jr. and Raymond Larkin.

FARMER'S MARKET SCHEDULE

MONDAY, MARCH 6

Field at Four Corners

Jerry's Here Farm Fresh
 Le Petit Pain • Pasta Amore
 r.f. Orchids • Harvey's BBQ
 La Montagne Des Saveurs French Cheese
 Mediterranean Delight & Cure Skin • Salsa y Sabor
 Lomelo's Meat & Seafood

THURSDAY, MARCH 9

Field at Four Corners

Jerry's Here Farm Fresh
 Le Petit Pain • Pasta Amore r.f. Orchids
 La Montagne Des Saveurs French Cheese
 Mediterranean Delight & Cure Skin • Salsa y Sabor
 Lomelo's Meat & Seafood
 Crystal Nuts • Harvey's BBQ
 Bon Appetreat
 Gemita's Kitchen
 Stoney Crab Claws

WEEKLY HIGHLIGHTS

3 FRIDAY

AA Meeting

7:30am • Chapel Board Room
Call 305-390-4983 for additional
AA Meetings

Ultimate Golf Lesson

8am & 1pm • Golf Academy

ORCC Croquet Singles Club
Championships

8:30am • Croquet Lawn

Cooking Class: Bon Appetit Y'all

9:30am-12:30pm • Carysfort
Kitchen

Rod & Gun Club Sporting Clays

10am-3pm • Card Sound Range

105 Tennis Tournament

11am • Tennis & Games Center

"The Menu" (R)

4:30 & 7:30pm • Cultural Center

Equity Get-Together: Dueling

Pianos
5-7pm • Carysfort Lobby

Cocktails

5-8pm • The Point (Members
Only)

4 SATURDAY

Danish & Coffee

7-10am • The Point (Members
Only)

Cardio Boxing Class & Yoga Nidra
Class

8am • Member Fitness Center

Reformer Pilates Class

9am • Member Fitness Center

Cars & Coffee

9-11am • Business Center Parking Lot

Dancing Through the Decades
Class

11am • Member Fitness Center

Grand Seafood Buffet

5:30-9:30pm • Ocean Room

Lighted Standup Paddleboard Tour

6pm • Buccaneer Island

Cocktails

5-8pm • The Point (Members
Only)

5 SUNDAY

Interclub Match vs. Fisher Island

TBD • Tennis & Games Center

Danish & Coffee

7-10am • The Point (Members
Only)

Reformer Pilates & Gentle Yoga
Class

9am • Member Fitness Center

Beginners Sailing Clinic

9:30am • Buccaneer Island

Guided Eco-Kayak Tour

10am • Meet at Pool Desk

Golf Clinic with Tom Gibson

3-4pm • Driving Range

"The Menu" (R)

4:30 & 7:30pm • Cultural Center

Cocktails

5-8pm • The Point (Members
Only)

6 MONDAY

Tai Chi Class

7:30am • Member Fitness Center

30 Min Stretch & Mobility Class

7:30am • Member Fitness Center

Sweat Class

8am • Member Fitness Center

Men's Senior Club Championship

8-10:30am • Hammock Course

Master of the Grill Cooking Class

9:30am-12:30pm • Carysfort
Kitchen

Gameio Tennis Clinic

10 & 11am • Tennis & Games
Center

The Garden Group Floral Design

Program
10:30am • Cultural Center

Farmer's Market

11am-4pm • Field at Four Corners

Women, Wickets & Wine

3:30-5pm • Croquet Lawn

Men's Card Night

6:45pm • Card & Games Room

AA Meeting

7:30pm • Chapel Board Room
Call 305-390-4983 for additional
AA Meetings

7 TUESDAY

Master Swim Class

7am • Member Fitness Pool

30 Min Stretch & Mobility Class

7:30am • Member Fitness Center

Sweat Class

8am • Member Fitness Center

Pickleball Cardio

8am • Tennis & Games Center

LGA Ringer Day 1

8-10am • Dolphin Course

Restorative Yoga Class & Zumba
Class

10am • Member Fitness Center

DUPR Rating Round Robin

10-11:30am • Tennis & Games
Center

Rod & Gun Club Sporting Clays

10am-3pm • Card Sound Range

Mah Jongg, Canasta &

Backgammon Open Play
10am-4pm • Card & Games Room

Croquet Mixer Open Play

2-5pm • Croquet Lawn

Men's Pickleball Night League

5:30-7pm • Tennis & Games
Center

8 WEDNESDAY

Intercessory Prayer

8am • Chapel Fellowship Hall

Ladies Pickleball League

8am • Tennis & Games Center

Men's Senior Club Championship

8-10am • Dolphin Course

Wall Sit Challenge

9am-12pm • Member Fitness
Center

9 Hole LGA Interclub w/ Card
Sound

9:30am • Card Sound Golf Course

Gameio Tennis Clinic

10am • Tennis & Games Center

Golf Clinic with Dave Vihlen

10am • Driving Range

Mah Jongg, Canasta &
Backgammon Open Play

10am-4pm • Card & Games Room

TRX (Outdoor Gym)

11am • Member Fitness Center

Stretch & Mobility Class

3pm • Member Fitness Center

Lifebreath Class

4pm • Member Fitness Center

Gameio Tennis Clinic

4:30-5:30pm • Tennis & Games
Center

Reef Rec Room Open

5-10pm • Reef Rec Room

9 THURSDAY

Master Swim Class

7am • Member Fitness Pool

Stretch & Mobility Class

7:30am • Member Fitness Center

Men's Pickleball League

8am • Tennis & Games Center

9 Hole LGA

8-10am • Hammock Course

Deep H2O Workout Class

10am • Member Fitness Pool

Rod & Gun Club Sporting Clays

10am-3pm • Card Sound Range

Mah Jongg, Canasta &

Backgammon Open Play
10am-4pm • Card & Games Room

Beginner's Bridge Lessons

10:30am • Card & Games Room

Farmer's Market

11am-4pm • Field at Four Corners

Raw Bar Lobster Bake

5-9pm • Raw Bar

Reef Rec Room Open

5-10pm • Reef Rec Room

Burgee Bar Karaoke

9pm • Burgee Bar

ON SCREEN
& STAGE

General Admission \$12, Donors \$10
Children (under 12) \$6
Movie Hotline: 305-367-6306

"The Menu" (R)

Fri., March 3 • 4:30 & 7:30pm
Sun., March 5 • 4:30 & 7:30pm
Wed., March 8 • 7:30pm
Runtime: 1hr 47min
Genre: Horror, Thriller
A young couple travels to a remote
island to eat at an exclusive restaur-
ant where the chef has prepared a
lavish menu, with some shocking
surprises.

"Moonage Daydream" (PG13)

Fri., March 10 • 4:30 & 7:30pm
Sun., March 12 • 4:30 & 7:30pm
Wed., March 15 • 7:30pm
Runtime: 2hr 15min
A cinematic odyssey exploring
David Bowie's creative and musical
journey. From visionary filmmaker
Brett Morgen, and sanctioned by the
Bowie estate.

Campus Speaker Series Added Event:

Mike Tirico & Bill Martin on Sports
Sat., March 4 • 4pm

Food & Film: The Way

Mon., March 6 • 4:30pm
\$63+, Reservations Required. Must
be a Film Society Member to attend.
A father honors his departed son by
walking the Camino de Santiago, a
traditional pilgrimage in France and
Spain.

Great Decisions: Foreign Policy
Association's Virtual Series with Dr.

Jeffrey Morton
Wed., March 8 • 5pm

Economic Warfare - Complimentary.

Campus Speaker Series: Dan Hudak
The 2022 Oscars: Best Picture
Sun., March 12 • 1pm
Dan Hudak, film critic in print, radio,
and television will discuss each Best
Picture Oscar Nominee with respect
to why each film as nominated with
accompanying clips and critique.

Maddie & Tae

Sat., March 11 • 8pm
\$225 Donor • \$250 Non-Donor
Award-winning duo Maddie & Tae are
drawing praise for their No. 1 debuting
The Way It Feels album release.

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that enhance Ocean Reef Club's Unique Way
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Largo, Homestead and Florida City. Call 305-
367-5996 to learn more.

Cultural Center Museum
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Library Hours
Monday - Thursday • 10am-2pm

CLUB SHOPPING

Joan the Shopper

Gift Shop.... I stopped by the Gift Shop after an informal Scavenger Hunt that began and ended at the Inn. My partner was **Joanne Wills** and we fully expected to win. When it didn't happen, I had to restrain myself from demanding a recount.... At the **Gift Shop** I recovered from our crushing defeat. Shopping heals all wounds.... Though hotel guests find the conveniently located Gift Shop a great spot for browsing and buying, members often forget to put it on their "go/see" list. Yet on this visit I found a whole lot of interesting things to buy.... Hard to miss is the tee shirt for the upcoming 75th anniversary of the Ocean Reef Club. (Put the *Burgee Jubilee Celebration* April 13 to 16 on your calendar) At the Gift Shop *HIHO*, a brand of casual resort wear, that originated in the British Virgin Islands (the name is Island talk for "hang out, have fun") was the tag on a lot of clothes that I really liked – such as the men's shorts, especially a pair of walking length ones in an orange and pale blue design (\$76). Also a winner – the short ocean blue pair pictured on the mannequin (\$76).... For the ladies: *HIHO* has cute and comfortable tops and dresses. My favorite was the T-shirt dress with palm



fronds (\$105) Other items of interest at the Gift Shop: the OR burgee pillow (pictured); a large assortment of caps (both traditional and unusual); the ubiquitous collared shirts; costume jewelry; beautiful *Quilling Cards*; embroidered belts; a variety of Ocean Reef sweatshirts; the best cuddly animals – I'm going to buy one of the puppies. It might be good company for my stuffed dog named "Shopper," who accompanies me everywhere in my golf cart.... **LAST WORD:** Tickets to **Country Night on the Range** are on sale now. This is the big Saturday night event of the four-day "Burgee Jubilee Celebration" – April 13 to 16.

by Joan Birsh

OCEAN REEF STORE HOURS

Member Fitness Center

Mon.-Fri. • 6am – 7pm
Sat. & Sun. • 7am – 5pm
305-367-5820

Peter Millar

Mon.-Thurs. & Sun. • 10am – 5pm
Fri. & Sat. • 10am – 6pm
305-367-5820

The Burgee Shop

Mon.-Thurs. & Sun. • 9am – 5pm
Fri. & Sat. • 9am – 6pm
305-367-2611, ext. 5515

Port O' Call Wine & Spirits

Mon.-Thurs. & Sun. 11am-8pm
Fri. & Sat. • 11am – 9pm
305-367-5999

Golf Shop

Daily • 7:30am – 5:30pm
305-367-5912

Tennis Pro Shop

Daily • 8am – 5:30pm
305-367-6583

Ocean Reef Gift Shop

Daily 7am – 7pm
305-367-2611, ext. 7139

WINING & DINING

MONDAY, MARCH 6 – SUNDAY, MARCH 12

Palm Court

Lunch Daily 11:30am-3:30pm

Palm Court Nights Cantina

Dinner Sun.-Tues. & Fri. 6-9pm

Beach Bar & Grill

Beverages Daily 11am-8pm
Food Daily 11:30am-5pm

Islander & Sushi Bar*

Mon.-Thurs., & Sun. 5:30-9pm
Fri. & Sat. 5:30-10pm
Equity Member Only Night Thursday

The Ocean Room

Breakfast Mon.-Sat. 7-11am
Sun. 7am-12pm (Buffet Sat. & Sun.)
Dinner Tues.-Thurs. 5:30-9pm • Fri. & Sat. 5:30-10pm
Equity Member Only Night Tuesday

Gianni Ristorante*

Dinner Mon.-Thurs. & Sun. 5:30-9pm Fri. & Sat. 5:30-10pm
G the Bar opens 30 min. before dinner
Equity Member Only Night Monday

Raw Bar

Lunch Daily 11am-4pm • Dinner Daily 4-9pm
Lobster Bake Thursday

Port O' Call Wine & Spirits

Mon.-Thurs. & Sun. 11am-8pm • Fri. & Sat. 11am-9pm

Reef Treats

Mon.-Thurs. & Sun. 7am-9pm • Fri. & Sat. 7am-10pm

Reef Hut

Lunch Mon.-Sat. 11am-4pm • Dinner Mon.-Fri. 5-8pm

Reef Eats

Breakfast Daily 7am-11am
Dinner Mon.-Thurs. & Sun. 4-10pm • Fri.-Sat. 4-11pm
305-367-5898

Fitness Café

Mon.-Fri. 7am-5pm • Sat. & Sun. 7am-3pm

The Point (Members Only)

Coffee Sat. & Sun. 7-10am • Cocktails Fri.-Sun. 5-8pm

Burgee Bar

Dinner Daily 5-10pm
Cocktails Mon.-Thurs. & Sun. 5pm-12am • Fri. & Sat. 5pm-1am

Reef Lounge

Small Plates Daily 5-10pm
Cocktails Mon.-Thurs. & Sun. 5-11pm
Fri. & Sat. 5pm-12am

CH Prime (Members Only)*

Dinner Mon.-Thurs. & Sun. 5:30-9pm • Fri. & Sat. 5:30-10pm
Equity Member Only Night Wednesday

CH Lounge (Members Only)*

Small Plates Mon.-Thurs. & Sun. 5-9pm • Fri. & Sat. 5-10pm

Toski's

Open Daily 9am-4pm

Town Hall Waterside

Dinner Thurs. & Sun. 5-9pm • Fri. & Sat. 5-10pm

Grill Room (Members Only)

Lunch Mon.-Fri. 11am-4pm • Brunch Sat. & Sun. 9am-4pm
Dinner Daily 4-9pm

Rum Runner

Open Daily 9am-4pm

Visit oceanreef.com/Dining for menus and weekly specials.

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*Reservations required.

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SPORTS

INSIDE THIS ISSUE

It's Tee Time

Bag Room Open Begins Today

Continued from | 1

footsteps of former Chair **Michael Betz**.

"When Michael asked me to take over as chair, I was truly honored," said Guarch, who's been immersed in the golf community for many years. Guarch was most recently the Men's Golf Association Chair and now holds the position of treasurer. "I admire the way Michael and **Jodi Betz** ran the Bag Room over the course of their 14-year reign and I intend on maintaining what they spent many years so wonderfully fostering."

While maintaining status quo and perpetuating the tournament's success is Guarch's primary objective, he and partner-in-crime **Delia** have implemented some fresh aspects. Most notable was a bracket unveiling party, attended by all competing professionals and their Member caddies.

"I wanted to give the players and their caddies the opportunity to get together in anticipation of the tournament," said Guarch. "At the party, which was graciously held at the **Lahey** home, we unveiled the bracket for the first time, giving the Pros a chance to engage in some playful banter, have fun, and build enthusiasm for the coming matches. Member and sports commentator **Mike Tirico** even attended the party and spoke enthusiastically about the event to all in attendance."

Exceptional Member Support
Over the years, Golf's Member mentor program,



J Guarch, Bag Room Open Chair, congratulates 2022 Champion Zach Haynes following last year's finals.



The final matches regularly have more than 100 carts following the action.

which pairs a Member mentor with a Golf Pro mentee, has become a major component of the tournament. While the ultimate goal is helping these young professionals blossom in their career and as individuals, uniquely, these mentors also serve as the player's caddy throughout the Bag Room.

The Associate-caddy bond is something that truly sets this tournament apart. In fact Guarch, a mentor himself, was extremely proud last year to see his mentee, Outdoor Operations Manager Matt Costigan, not only make it out of Round 1 for his first time, but earn his way to the final four.

Follow the Competition
Beginning March 3 (TODAY)

If you would like to show your support for Ocean Reef's Golf Associates, you may pick up a brochure at the Golf Shop to find out how to participate. Each member of the Ocean Reef Golf Team,



Director of Golf Mike Leone (center) with longtime Chairs Jodi and Michael Betz.

from inside the shop to outdoor operations, benefit across the board from the enthusiastic commitment of Members.

You may also follow along with the tournament via the Bag Room Open Instagram (@BagRoomOpenORC) or Facebook (@Bag Room Open), both managed by Delia Guarch and **Stacey Lahey**, or simply come out and add to the fun by watching the matches as this year's tale unfolds. See the bracket on page 39.

Scan below to follow us on Facebook and Instagram



BAGROOMOPENORC



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SIGN UP FOR EVENTS



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~ John & Mary Lee

*Contact John Lee With Any Questions.
305.395.8500 | johnlee@legendsinvitational.com*



Scan To Sign Up



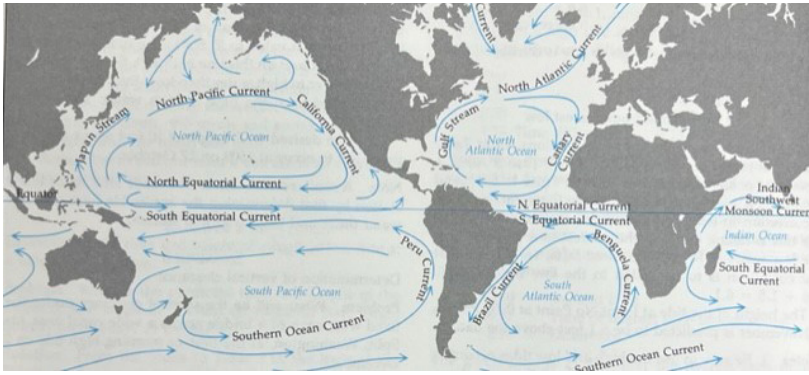
Presented by John and Mary Lee

MARINA TIP

Ocean Currents

Offshore piloting will frequently require knowledge and consideration of ocean currents. These currents result from relatively constant winds such as the "trade winds" and "prevailing westerlies." The rotation of the earth and variations in the water density are also factors in the patterns of ocean currents. The ocean currents of greatest interest to boatmen are the Gulf Stream and the California Current. The Gulf Stream is a northerly and easterly

flow of warm water along the Atlantic Coast of the United States. It is quite close to shore along the southern part of Florida, but moves progressively further to sea as it flows northward, where it both broadens and slows. The California Current flows generally southward and a bit eastward along the Pacific Coast of Canada and the United States, turning sharply westward off Baja California (Mexico). It is a flow of colder water and, in general, is slower and less sharply defined than the Gulf Stream.



Manatee Safety Guidelines

The next time you see a manatee at Ocean Reef, it's important to remember these animals are threatened and must be handled with care. Keep these guidelines in mind the next time you encounter a manatee:

- **Keep your distance.** Manatees are protected by state and federal law, making it illegal to annoy, harass or disturb a manatee in any way. This includes feeding them water from your hose!
- **Follow speed signs in channels, canals and regulatory zones.** Manatees are slow-moving, swimming on average 3 to 5 mph. When boats are travelling too fast, manatees have a hard time



getting out of harm's way.

- **Observe manatees passively.** Avoid splashing, making loud noises, following or touching them, and never separate a mother and her calf.

For more information, visit myfwc.com.

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The Season is Changing



by Christine Patton, Rod & Gun Club

As February turns into March, the sun climbs higher in the sky and the weather gets warmer. Winter quarry is still available on the flats, but permit, cobia, bonefish and the first big tarpon begin to emerge as the water warms up to 70 degrees and above. Permit are the first, and will respond to a live crab, but are still a challenge on the fly. In February, bonefish are known to run the shorelines of Key Largo and Elliot Key to the north, once in epic numbers, but although fewer, are still

larger in size on average than Bahama bones.

As winter wanes, inshore waters begin to reach 75 degrees and days with gentle winds become more common. Big tarpon make their first moves in late February and early March, usually off Key West and then appear in the deeper channels, rolling and busting.

Fishermen need to be ready for the busy season ahead, and that means practicing casting. You want to be able to make a reasonably quick and accurate throw in different directions. You will need the basic double haul to get the fly to the target and be able to backcast without endangering your guide or your buddy in the boat. You don't want to waste valuable time with the boat staked out and the guide giving lessons. Get instructions in person or with a good video and practice before you go. Time is flying by!

RECENT CATCH



A recent Goldfarb family fishing day produced this wahoo of close to 50lbs. The fish was caught by Jeremy Goldfarb, Jessica Goldfarb and Mike Zawieja.

Anchors Aweigh 17th Century Style

By Bob Broton

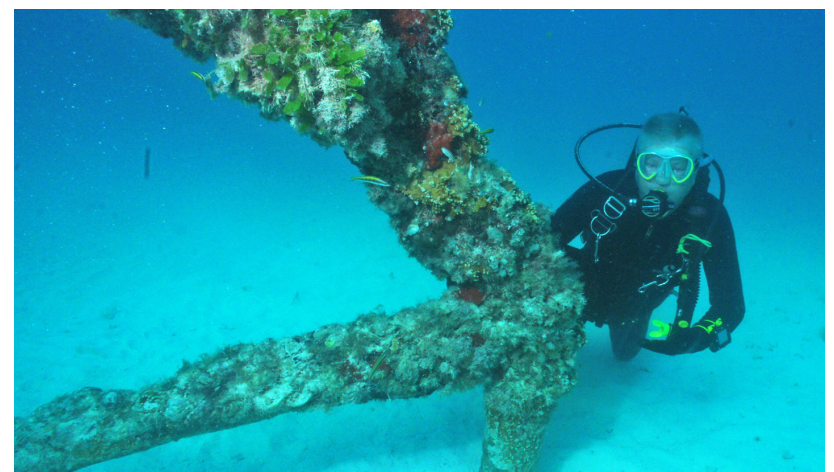
Three years ago, I published a 17th century anchor and 8 cannons found originally documented in the 1970s.

This prompted connects from several Members for location info. One Member shared a find of two other anchors close to each other. He shared the locations with me, near Turtle Rocks, and I finally got

to explore these two sites. One anchor we found right away but gave up the search for the second due to building current making it difficult to swim. One speculation, the anchor was from the treasure ship Papulo, also known as the Pillar Dollar wreck. In my view it's too far away to be considered. Want to do some research?

There is nothing for hundreds of feet around it except sand and an occasional sponge.

The diver in the photo with the propulsion vehicle is Steven White of Key Largo. Robert Epsom, my dive buddy of over 40 years, was also on the dive.



Diver Steven White explores an anchor found near Turtle Rock.

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Magnetotherapy & Biomagnetic Pair

By Elisabet Stadelman (Mahiyasi Devi Dharmanath), ORC Yoga Instructor, Registered EdYN Master Reiki, Sound Healer, Biomagnetism Practitioner

BioMagnetic Pair Therapy is an addition to any therapy that treats many illnesses by creating biomagnetic fields. This involves the precise placement (positive and negative polarity) of special magnets ranging from 1000 to 30000 gauss (magnetic force).

In 1988 Dr. Isaac Goiz, a Mexican Medical Surgeon, discovered BioMagnetic Pairs and began to study and develop Biomagnetic Pair Therapy attracting the attention of Oxford International University, which then presented Dr. Goiz with a Doctorate of Philosophy in Bio-energetic Medicine in 1999.

The application on specific body parts is called biomagnetic pair (polarization of energy). The magnets are used to normalize the pH level (depolarization) of soft tissues (muscles, organs, cartilage) and bones.

By maintaining an adequate pH, we can re-establish homeostasis so the body can heal itself and prevent further illness.

This principle states that changes in the pH level of a physical system are associated with the presence of viruses, bacteria, fungi, parasites, toxins and other harmful factors. These in turn can prosper due to the imbalance of PH levels.

What does the therapist do?

The first session is to scan the whole body to detect, classify and measure pH imbalances that may be the cause of a person's physical or psychological dysfunction. Then, we proceed to target and actively treat unbalanced areas.

By the second or third session we have achieved a correct PH balance on the affected areas, and the healing has begun.

How does the therapist detect those areas of imbalance?

We read the kinesiological response of the client's body on the initial general scan.

Only after this can we target the specific areas that show imbalances. However, keep in mind Biomagnetic Pair is not a diagnosis therapy, there are different categories of Biomagnetic Pairs:

- Regular pairs identify pathogenic microorganisms and whether they are a virus, bacteria, fungi, or parasite.
- Special pairs identify the presence of tissue alteration non-related to any pathogenic agent.
- Dysfunctional pairs affect glands and the production of hormones.
- Reservoir pairs identify those organs and tissues which hold potential pathogens. These reserves allow pathogens to survive for an indefinite time until an alteration in the pH balance of the body triggers them to become active.

Restrictions

- Women under fertility treatment or pregnant.
- People with pacemakers or similar devices or under cancer treatment.

There is also magnetic network therapy. This approach is through the placement of magnets in several areas relating to the same pathogen. This way could be more effective in some cases but still necessitates an initial scan of the person.

In all cases, consultations are no more than three. More consultations are only necessary in specific cases (neurodegenerative, glandular, and vision problems).

As a sound healer, I have also applied a combination of both healing systems with excellent results to circulatory, muscular or organ stimulation and pain treatment.

These therapies are great additions to regular treatments and are non-invasive.

To learn more about magneto therapy from Elisabet, contact us at 305-367-5820.

Club Fitness Championship

Rankings Corrections & Updates:

After two challenges (Push Up and Pull Up)

Ladies:

1. Kathleen Metzmen 36 points
2. Cynthia Doolan and Julie Wharton (tied) 20 points
3. Karen DiMaura 16 points
4. Sarah Cart 12 points
5. Paige Rice 10 points
6. Phyllis Gorson 8 points
7. Angeline Matherna 6 points
8. Cathy Breuer 4 points
9. Christine Patton 2 points
10. Annie Aran 1 point

Pull-Up Challenge Results:

Ladies:

1. Julie Wharton 7 reps 20 points
2. Kathleen Metzmen 5 reps 16 points

Ladies Assisted:

1. Cynthia Doolan 37 reps
2. Kathleen Metzmen 30 reps
3. Lisa Guyton 30 reps

Championship Scoring Updates:

10 points will be awarded to members breaking MFC records during the season. The cut-off date for attempts will be April 10, 2023. A member can only be

awarded 10 points per record.

Wall Sit Challenge

Wednesday, March 8 9am to 12pm
Third Championship Challenge of the Season. Current records (handicaps do not apply to MFC records):

Ladies: Cynthia Doolan 1 hour 55 seconds

Men: Robert Schwartz 30 minutes 15 seconds

Challenge Standards:

Ladies: 3 minutes and 30 seconds

Men: 4 minutes

Championship Handicap: 20 seconds per decade after 50

Age Group Standards to beat the Challenge:

Under 55 Male: 4 minutes

Under 55 Female: 3:30 minutes

Over 55 Male: 3:30 minutes

Over 55 Female: 2:30 minutes

Over 70 Male: 2:30 minutes

Over 70 Female: 1:30 minutes

Over 80 Male: 1:30 minutes

Over 80 Female: 1 minute

The key to fitness and wellness progress is consistency. For all fitness inquiries contact us at 305-367-5820.

Breathing 101



by Beth Bielat
Member
Fitness Center
Specialist

There are literally dozens of different breathing modalities that are effective and easy to learn that will help improve your overall health and well-being. Some systems are used for meditation and quieting the mind, some for pain management and mental disorders, others can be used to energize and recharge you, and there are even those that should be used for everyday "normal" breathing.

There is a link between the way that we breathe and

the way that we feel and manage our lives. There is a real gem in understanding that when our lives improve, our breathing also improves, but more importantly for learning breathing techniques, as our breathing improves, our lives improve! This can be so profound that the simple act of consciously breathing can transform us; physically, mentally, emotional, and spiritually.

Come learn some inspiring breathing techniques during the LifeBreath class on Wednesday, March 8 at 4 p.m. at Member Fitness. The class will be taught by Beth Bielat, founder of LifeBreath, meditation, Martial Arts, and breathwork instructor for over 40 years.

**LifeBreath and Breathing 101
Wednesday, March 8, 4 p.m.
90 minute class**

We Have Fun at CSSC!



by Bill Reynolds, Card Sound Sailing Club Commodore

We hope we are settling into a good weather pattern for the remainder of the season. Saturday was nearly perfect. We had 10 mph winds, 12 boats and smooth water allowing us to sail four races in the third segment of the four Saturdays which make up the Magic Series. As the season progresses competition becomes a little tighter. Final positions will be determined following the series conclusion on March 4th when final points are calculated after throw out races are deducted from the points totals.

Results of the day were **Gary Sayia** and **Nancy Lampman** 1st,



CSSC celebrated birthdays for sailors Windsor Coffin and Sim Wooten.

Neil Sullivan and **James Maida** 2nd (actually these two were tied for points with 12 but team Sayia won the tie breaker having scored two firsts), **Jim Lampman** and **Jim Foster** finished 3rd - just 1 point behind with 13 points for the day. That is close, competitive racing! **Chuck Cook** with crew **Chloe Beatty** were most improved.

Waiting for us upon returning to Baker Harbor was a delicious Taco Day feast put on by **Tom** and **Thayer McKenzie**. Not only did they sponsor, Tom actually did the cooking. Thank you, Tom! The party didn't stop there. Balloons,



Bullseyes – photo by Bob Broton.

beads and cake suddenly appeared in order to celebrate birthdays for **Windsor Coffin** and **Sim Wooten**. Like I have previously stated...."we have fun!"

Last Wednesday we held a no sailing social evening dubbed "Waterside Wednesday" where sailors and crew gathered to do what we do best besides sailing. It was another fun event we will repeat March 22nd.

By the time you read this, we will have held the second annual Hobie Challenge on Buccaneer Island, Thursday, March 2nd. **Erin Coffin** will defend her singles and doubles title. The event is free

entertainment for those at the Beach Bar that day.

Coming Soon, on March 11th is the Pumpkin Key Race. This is the big event of the season where our Race Committee sets only a start/finish line and one leeward gate. When the horn sounds Bullseye teams take off and can decide to round Pumpkin Key clockwise or counter clockwise. This gets exciting when you meet oncoming traffic on the backside of the key.

This is when you get an idea if you went the favored way. If it is a two-lap race you may choose to round the other way. There are many crossings and dodging. This race usually produces the largest fleet of the season. This race is followed by a catered BBQ back at Baker Harbor organized by **Rick** and **Lesley Chanin**. Yet more fun.

As always, if you are interested in Card Sound Sailing Club please stop by on Saturday around noon or contact membership chair, Gary Sayia (201-919-7432) or **Bill Reynolds**, Commodore (614-296-7592).

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Calm Conditions on The Pond



by Windsor D. Coffin, CSMYC Commodore



EC12's becalmed between races. Photo by Erin Coffin

Since Series Racing began in January, the wind conditions have been great on Sundays for racing. There were only a few times where westerly components to the breeze have made the wind direction wildly inconsistent. But for the most part, the breeze was there, even if it was difficult to tell where it was coming from. However, last Sunday was the first day where the breeze was truly light and very variable as we were right in the middle of the sea breeze fighting the land breeze. We knew the sea breeze

would eventually win out, but it was just a matter of when.

Once again seven boats took to the waters of the pond and so far this season our average number of boats participating is a tick up from last year. Navigating the course in light air conditions was certainly a challenge.

Unfortunately for **Jim Seale**, his day ended during the first race with technical issues that could not be repaired at the Pond.

Joe Robillard also experienced some technical difficulties as he could not seem to get his boat up to speed all day only to find

out that he was taking on water.

Every ounce of extra weight will make a difference on a light air day. But by the end of the racing day, two boats emerged with identical scores at the top of the score sheet. Winning the day on the second tiebreaker (best finish in the last race...which in this case was a win) was yours truly, **Windsor Coffin**. In second place for the day was **Al Mast**. Rounding out the top three was **Sim Wooten**.

With a few sailors still away from The Reef, a few boats still under restoration in the

workshop, and a couple more that are ready for sale, the prospect of continuing to grow our average fleet size on Sundays is looking excellent. More immediately, the weather forecast for this coming Sunday is looking great, but with winds only slightly better than what we encountered last Sunday. More fun is in store for the CSMYC sailors!

The Card Sound Model Yacht Club races every Sunday (except Easter Sunday) until the end of April at "the Pond." So, swing by the Buccaneer Island lagoon if you are curious or have questions. Racing begins at 10:00 a.m.

Our sailors are always willing to discuss our racing model yachts and, for interested sailors, there are even a few currently available for sale here at Ocean Reef. If you would like more information about our model yachting club and our EC12 model yachts, please contact me, Windsor Coffin, at csmyc12@gmail.com.

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30 Years of Triple Golf Classic



"From the Gold Tees" by Michael Leone, Director of Golf

The 30th playing of the Triple Golf Classic has come to a close and it is one for the record books! This year's event included 236 players, which is the largest in Triple Golf Classic history, but the size of the field was not the only record-breaking part of this week. After notching three Hole-in-Ones for the week, **Scott Franzblau** decided to add to that tally

carding an ace on the 15th hole at Card Sound. Three days, three courses, three formats and four hole in ones, the 2023 Triple Golf Classic did not disappoint.

The Triple Golf Classic couldn't happen without the tremendous effort of many teams. Thank you to the Food & Beverage team, Member Events team and both Golf Course Maintenance teams for their efforts in providing an excellent Triple Golf Classic experience. Lastly, an enormous thank you to our Tournament Chairs **Frank and Kathy Tropea**. The leadership and guidance throughout the entire event is gratefully appreciated.

All great things come in threes and our Ladies' Overall Champions are 2/3's of the way to making it a 3-peat. Defending a title in a major event is an extremely difficult

feat, but our 2022 Champions were up to the task. Congratulations to the team of **Susan Berry and Cindy Baird**, our 2023 Ladies' Triple Golf Classic Champions.

The men's contest was thrilling as well with several low 60's coming in on the final day. The team of **Jerry Henn and Leonard Turowski** took a commanding leading after their second day score of 60 in the tough modified scotch format. Sleeping on the lead is never easy, but after a solid final round on the Dolphin Course, they were able to hold off the charging teams. Congratulations to Jerry Henn and Leonard Turowski, our 2023 Men's Triple Golf Classic Champions.

See a complete list of winners on page 38.

Upcoming Card & Games Events

Bridge Championship Session 2
Wednesday, March 8; 1 p.m.

Learn Bridge in a Day
Thursday, March 16; 10 a.m.

Backgammon at Waterside
Thursday, March 16; 6 p.m.

Ladies' Poker Night
Thursday, March 16; 6:30 p.m.

Men's Poker Knockout Tournament
Monday, March 20; 6:30 p.m.

Ocean Reef Club Bridge Championship -Session #3
Wednesday, March 22, 1 p.m.

Learn Bridge In A Day - Continuation Class
Thursday, March 23, 10 a.m.

Ocean Reef Art League



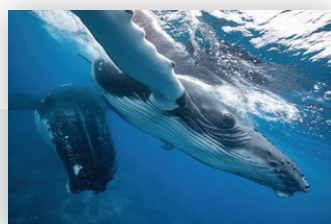
Jane Bishop

PRESENTS

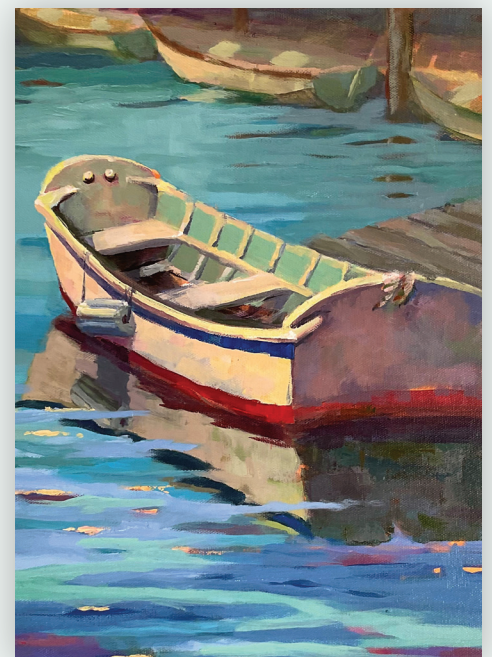
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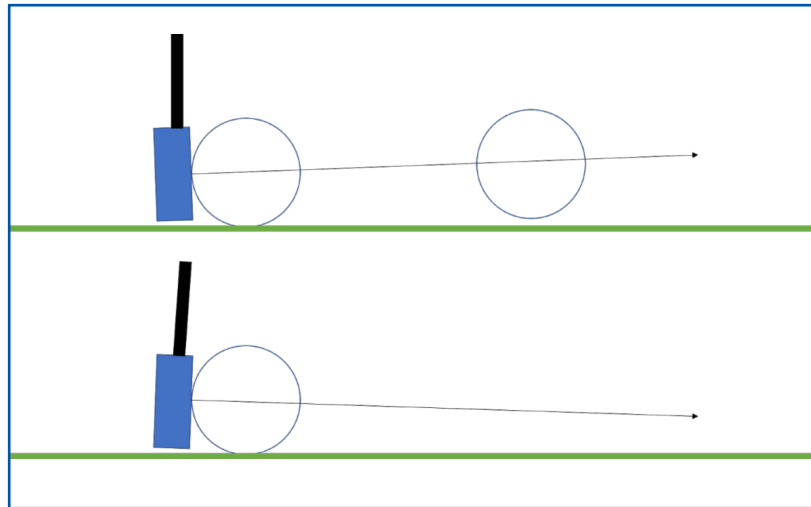
Denise Bermant

SWING TIP

Putting From Off The Green



by Derek Swoboda,
Director of Instruction



Judging speed from off the green can be a challenging task given the fairway-height grass we need to roll the ball through. There are many options from off the green but one I have recently learned about from Bruce Rearick is very helpful.

When we use our usual putting stroke, we hit the ball down into the fairway grass and as a result, the ball will actually slow down.

This makes it extremely challenging to find a good way of controlling speeds for this type of shot.

How do we avoid hitting the ball down into the grass? Simply add loft to the putter! When you set up to hit your putt, lean the handle of the putter away from the target to add loft to the club face. This will ensure the golf ball will bounce up and over the

blades of grass in front of it, allowing the ball to roll much more simply.

The speed of this putt will then become more similar to what you are used to on all of the putts you will hit during the round. I have found this to be very helpful and successful when putting from 10 feet off the green and in. Find your perfect distance today!

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GOLF SCOREBOARD

MGA Weekly Event

Monday, February 27

First Place Gross: Jim Davidson & Andy Timmerman
Second Place Gross: Jay Guarch & Michael Watson

First Place Net: Kevin Gurry & Gary Bell
Second Place Net: David Johnson & Jeff Dorsey
Third Place Net: Ricky Fortis & Dragos Alexe

Closest to the Hole: Steve Eldred (#2), Mike Materna (#6)

LGA Senior Club Championship

First Place: Hillary Smith
Second Place: Jo-Ann Titley
Third Place: Marita Sladky

First Place Net: Marita Sladky
Second Place Net: Hillary Smith
Third Place Net: Cathy Ripich

2023 Triple Golf Classic

Ladies Overall

First Place: Cindy Baird & Susan Berry
Second Place: Michele Urbinati & Katie Rossborough
Third Place (Tie): Beth Noyes & Eva Rubinstein
Third Place (Tie): Hillary Smith & Joli McCormack
Third Place (Tie): Amy Upjohn & Maryann Larkin

Ladies Flights

Flight One: Michelle Urbinati & Katie Rossborough
Flight Two: Beth Noyes & Eva Rubinstein
Flight Three: Cynthia Egan & Vicki Carr
Flight Four: Amy Upjohn & MaryAnn Larkin

Men's Overall

First Place: Jerry Henn & Leonard Turowski
Second Place: Joey Rivera & Tom Austin
Third Place: Leonard Wood & Steve Olsen

Men's Flights

Flight One: Scott Farmer & Andy Andrews
Flight Two: Bill Rowley & Russ Post
Flight Three: Tom Austin & Joey Rivera
Flight Four: Jay Guarch & James Kaplan
Flight Five: Rick Chambers & Brian Cox
Flight Six: Pat Shoumlin & Kevin Crowe
Flight Seven: Brian Platner & Nick Platner
Flight Eight: Harold Zeigler & Dan Murtagh

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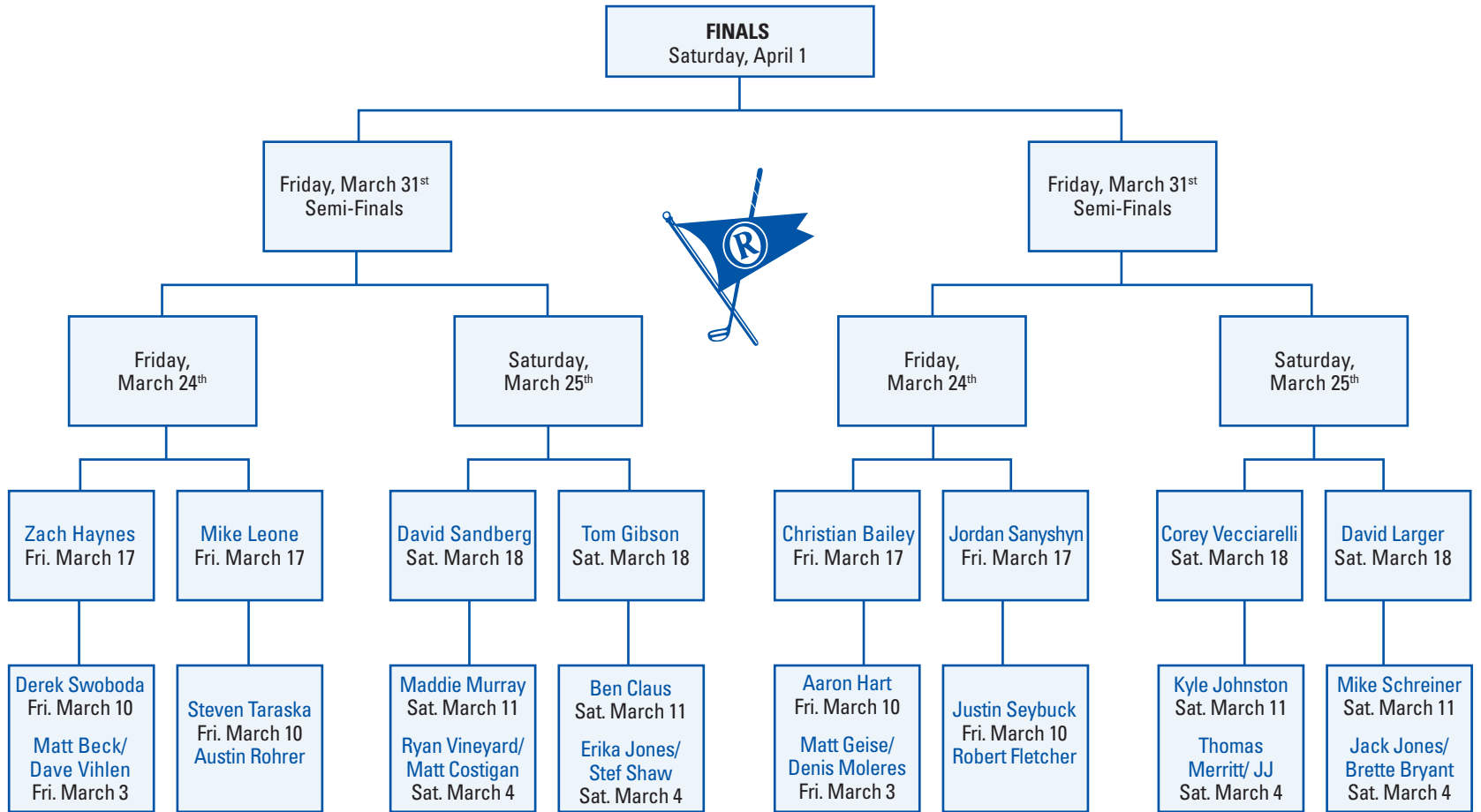
"Paradigm of Blue"

38x48 framed Oil on Canvas by Arnold Desmarais

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2023 BAG ROOM OPEN

All matches take place on Fridays and Saturdays at 1 p.m.



I Dink I Can, I Dink I Can



“Pickleball Tip” by Kevin Girard, Pickleball Professional

Dinking is such a huge aspect of the game, so let’s go over some simple tips to make us all better dinkers.

1. Keep a loose grip.

If a 10 out of 10 is our tightest grip, we are looking for a 3 out of 10 when we dink. The loose grip gives us significantly more control and we can keep our shots softer and closer to the net. The tighter we grip the more likely it is to go deeper in the court allowing our opponents to attack the ball.

2. Use your shoulders and legs when you dink, not your wrist or elbows.

When our wrists and elbows get

involved we tend to flick at the ball causing it to pop up. The ideal motion is fluid and involves lifting the ball with our legs and shoulders.

3. Have little to no takeback with your paddle.

Taking our paddle back at the kitchen line can be very costly. We always want to dink the ball in front of us, so the more takeback we have the deeper our opponents’ balls are getting on us. The deeper the ball gets on us, the more likely we are to pop it up. Drop your paddle down from your ready position with your arms extended and you are already in the proper dinking position.

4. Hit the bottom of the ball, not the back of the ball.

We want some arc on our shot, and when we hit our dink it is essentially a scooping motion, so we want to come from underneath the ball. Hitting the bottom of the ball allows us to control the ball better as well, leaving shorter dinks for our

opponents to deal with. Hitting the back of the ball will cause it to go deeper into the court... these are balls that are easily put away by our opponents.

5. Make contact in the middle of your shins.

Since we are hitting underneath the ball it’s important to let it get lower to the ground when dinking. We actually want to wait for the ball to pass through its highest point and then make contact with it on its downward

path. Then we lift our shot with shoulders and legs for a nice controlled ball. The higher up on my body I make contact the more likely I am to pop the ball up.

Dinking is a great exercise and an extremely effective way to beat players who have little patience or like to hit the ball really hard. Come on down to the Tennis and Games Center and practice those dinks!

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RESULTS

MEN'S "B" NIGHT TENNIS LEAGUE

Monday, February 27

First Place: Tim Prete
Second Place: Anthony Sikolas

PICKLEBALL SENIOR CLUB CHAMPIONSHIP

Monday, February 27

Ladies First Place Flight
Winners: Kelly French and Cathy Ryon
Ladies Second Place Flight
Winners: Cherie Henn and Val Rich

Men's First Place Flight
Winners: Mike Shields and Jerry Henn
Men's Second Place Flight
Winners: Rodger Wilson and Dan Cohen

Tennis

Player of the Week

Antonis Sikolas



When did you start playing tennis and why?

I started playing when I was 10 years old as an extracurricular activity at school, and since then I have never stopped playing.

What keeps you playing tennis?

I love it, it's my go-to sport and the pros at ORC make it such a fun experience. I look forward to seeing them and playing with them.

For how many years have you been a Member of Ocean Reef?

For 6 years.

What is something exciting from this season?

I started playing in tournaments and club championships. This opened up a new road to further explore and improve my tennis skills, alongside my fellow Members.

What is your favorite shot in tennis?

The serve.

Do you have a tip for a beginner?

Keep calm and stay consistent.

What activities do you enjoy at ORC besides tennis?

One of my favorite past times is to grab a coffee, sit by the Airport and watch the planes come and go.

Who is your favorite athlete?

My compatriot Stefanos Tsitsipas.



Bobbie Watson

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Pickleball Senior Club Championships



“Center Court” by Justin Romero, Director of Racquet Sports

The Pickleball Senior Club Championships have come to a close, and what an exciting tournament it was! Congratulations are in order for all the players that participated and especially to the finalists who made it to the end.

Throughout the tournament, there were some amazing displays of skill, teamwork, and sportsmanship. Players gave it their all on the courts, and spectators were treated to some thrilling matches.

But in the end, it was the two finalists in the Men’s and Ladies’ division who stood out from the rest. They showed great determination, skill, and teamwork throughout the tournament, and it was clear that they deserved to be in the final. The Finals was a nail-biting affair, with both teams giving their all in pursuit of the



Ladies’ Pickleball Sr Club Champions Cathy Ryon and Kelly French (right) and Finalists Cherie Henn and Val Rich.



Men’s Pickleball Sr Club Champions Mike Shields and Jerry Henn (center) and Finalists Dan Cohen (left) and Rodger Wilson (right).

title. The tension was palpable, and the atmosphere was electric as the two sides battled it out on the courts. Congratulations to our Ladies Flight winners **Kelly French** and **Cathy Ryon** as they beat **Cherie Henn** and **Val Rich**. In the Men’s Flight, last years’ Champions **Mike Shields** and **Jerry Henn** defeated **Rodger Wilson** and

Dan Cohen in a hard fought match. So to all the players that participated, well done! You have all shown what it takes to compete at the highest level, and you should be proud of what you have achieved. To the finalists, congratulations! You have shown that hard work, skill and determination can pay off, and you are deserving champions.

of this quintessentially British sport are gearing up for a thrilling event. Croquet, a game that has been played for centuries, has seen as resurgence in popularity in recent years, with more and more players taking up the mallets and balls to enjoy a game on a sunny afternoon.

This tournament promised to be a thrilling and competitive event, with players of all abilities showcasing their skills and tactics to outdo each other. There will be some exciting matches to watch, with nail-biting finishes, and some unexpected upsets along the way.

Come on out and play or support your fellow croquet players on Friday, March 3rd starting at 8am. Matches will be refereed by Coach Paul Fecteau.

“105” Tennis Tournament

105 is a game that has taken Ocean Reef Tennis by storm. The rules are simple, gather your team of 3, 4 or 5 players, and play to 105 points. However, there are incentives to get more than one point per time. If you hit a groundstroke winner, it is worth 5 points. A volley winner is worth 10 points. An overhead winner is worth a whopping 20! Every team has a different strategy and it will be exciting to see which one prevails this Friday March 3rd at 11am.

See you on the courts!

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