



OCEAN REEF PRESS



Vol. 10, No. 32

September 29 – October 26, 2023

Climbing Mountains & Swimming Oceans

By Luis Bracamonte, Director of Fitness & Wellness

For many of our Members, summer may be a time to slow down, relax, visit their homes away from Ocean Reef, but for our most fitness-inclined Members, some of whom are pictured here and listed below, their summers have been about training, taking on physical challenges and new adventures.

Fitness has many dimensions; at the highest level, it can test our physical and mental limits. Regardless of fitness level, those who dare to embark on these adventures come out with a more profound knowledge of who they are and what they are capable of. It is cliché to say that life is about the journey, not the destination. When we set a goal that pushes our physical and mental limits, it is about both.



Carlos Smith, Eric Soulav, Luis Bracamonte, Vanessa Soulav, Susanne Kramer, Liz Angelone and ORC Swim Coach Jon Olsen at the Swim for Alligator Lighthouse.

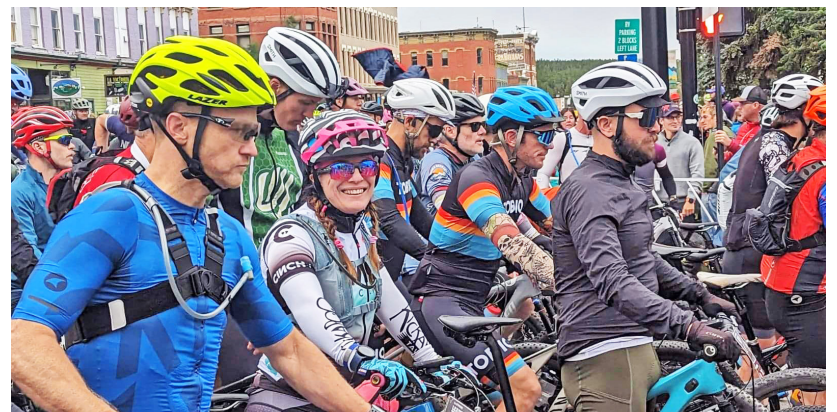


Sue Shuldman, Bonny Gothier and Joannie Rich on top of Whistler mountain as 29029 Everesting finishers.

Congratulations to all our Members whose dedication and passion for self-improvement and personal growth led them to complete amazing feats this summer. The game only ends when we stop playing. We must take action and pursue goals with profound rewards to unleash our potential.

About the Events:

29029 Everesting: Participants have 36 hours to climb a combined 29,029 ft. of elevation. They climb up and take a gondola down back to the start. The 2023



Kimberly Moritz (second from left) finishes the Leadville Trail 100 MTB.

calendar had events in Idaho, Utah, Jackson Hole, Whistler, and Vermont. The following Members

participated in the recent Whistler event: **Joannie Rich** (13-time

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Season is Almost Here... Let's Make Memories!

Another meaningful season at Ocean Reef Club is just a matter of weeks away. It's time to get excited about all of the things that await you this season at Ocean Reef Club.

If you're eager to start planning the fun you'll have in the coming months, then you'll be happy to know the 2023-2024 Club & Community



Calendar will be in your mailbox before you know it. Until then, look for a digital copy of the calendar in your inbox soon.

The annual release of the Club & Community Calendar

is an ORC tradition in and of itself, and it's about so much more than just a calendar of events. Each year, a theme

is chosen that represents the Club, its Members, and what the unique way of life is really all about. This theme, in turn,

Continued On | 12

DOLPHIN COURSE RIBBON CUTTING OCT. 31

Both courses will be open for season come October 31. The Hammock Course front and back nine will alternate opening now through October 6. All 18 holes on the Hammock Course will open following summer maintenance on Saturday, October 7. Read more on page 38.

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Key Largo, FL
33037

OR "See"



A burgee on the bay, by Kent and Cheri Siedle.

What have you discovered on your walk, biking or on a daily golf cart ride that you never noticed before?
Email orp@oceanreef.com and share your discoveries.

OCEAN REEF PRESS

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DEADLINES

Advertising Friday at 5 p.m.
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GENERAL INFORMATION

E-mail Updates
To receive the Friday email containing links to The Ocean Reef Press and This Week at The Reef via e-mail, send your e-mail address to communications@oceanreef.com.

INFORMATION

- ◆ Published each Friday Nov – Apr.
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- ◆ The editorial content of this newspaper is prepared and edited by the Ocean Reef Press Staff. The sale of advertising and printing of this newspaper is performed by Ocean Reef Club. Ocean Reef Club does not guarantee the accuracy, completeness, or usefulness of any facts or opinions published herein. Ocean Reef Club is not responsible for any content errors contained in any advertising materials published herein.



MEMBERSHIP CORNER

2023-2024 Membership Year Ahead

The Club is excited to welcome you back home to The Reef for the 2023-2024 Membership Year. Earlier this month, you should have received a letter to your email, sharing your August statement along with your annual Membership dues. Dues payments can be made on or before November 30, 2023.

If you have not received your August statement or dues renewal letter, please contact your Membership Team at 305-367-5921 or email membership@oceanreef.com.

Do You Have Children Turning 23 This Year?

If you have a child or children with a 23rd birthday between December 1, 2022 and November 30, 2023, they will age off of your Membership and no longer have Membership privileges as of December 1, 2023.

If you have questions about how your children will be able to continue enjoying the Club with you in the future, please reach out to your Membership Team at 305-367-5921 before November 2023.

Gotta Question?

Do I need to make a reservation to play on the Tennis & Games Center pickleball courts if I have my own paddle?



Yes! Even with your own Pickleball paddle, everyone is required to make a reservation and visit an Associate inside the Tennis & Games Center prior to using our Pickleball courts. Reservations can be made by visiting the Tennis & Games Center or calling them at 305-367-6583. You can also make a reservation online if you have a ForeTees account by logging in and booking a court or by emailing tennisshop@oceanreef.com. The same policy applies to tennis.

Equity Members have the convenience of reserving a court up to a week in advance, while Legacy and

Social Members can make a reservation up to three days in advance.

In the case that you don't have your own Pickleball paddle or tennis racket, you can rent one from the Tennis & Games Center.

We can't wait to see you out on the courts! Grab your paddle or racquet, and join us for some fun-filled games. See you there!

EDITOR'S NOTE:

If you would like to submit a question, email the Ocean Reef Press at orp@oceanreef.com.

Marina Seawall & Dolphin Course Enter Final Stages

The Marina seawall project and Dolphin Course re-grass are in their final stages, with both slated for completion prior to the start of season. As demonstrated by this series of photographs taken over the course of the summer, the transformation of these areas has come a long way in a matter of months. Thanks in large part to the dedication of a number of partner contractors under Mic O’Keeffe’s (VP of Sports & Amenities) oversight, as well as Director of Agronomy Eric Bennett and the Golf Course Maintenance Team.

With the heavy lifting complete for both projects and only finishing touches left to go, here’s what you can expect to be done in the coming weeks.

Marina:

- Seawall work scheduled for completion in mid-October (Fuel, D, E and F Docks are already fully operational with H Dock slated to reopen in the weeks ahead).
- Restoration work on the golf cart parking lot adjacent to D and E Docks.
- Reinstatement of the asphalt parking lot and driveway entries.
- Landscaping and site restoration work.

Dolphin Course:

- Removal of rocks, weeds and all other contaminants from waste areas, which have acted as makeshift staging areas throughout the project.
- Light dressing of bunker sand to give them a bright white look of contrast.
- Bed edging, pine straw installation, and course opening preparation.
- Dolphin Course opening celebration – Tuesday, October 31.

The Club’s major summer projects are in the home stretch! For more pictures, visit oceanreef.com/DolphinRegrass and oceanreef.com/MarinaSeawall.

MARINA SEAWALL PROJECT:



Fuel Dock before and after, taken June 9 and September 15, 2023.



D Dock progress. Photos taken June 15 and September 27, 2023.

DOLPHIN COURSE RE-GRASS:



Dolphin Course Hole 7 during and after re-grass. Photos taken on June 12 and September 8, 2023.



Dolphin Course Hole 3 during and after re-grass. Photos taken on June 22 and September 27, 2023.

Carysfort Reef: An Unwavering Commitment Amidst Challenging Times

This summer has been a particularly challenging one for our coral reefs. An El Niño event exacerbated by the warming effect of our ongoing carbon emissions, resulted in unprecedented heatwaves that hit the headlines around the world. The impacts were felt underwater as well, with Florida’s coral reefs sounding the alarm on what will likely become a global coral bleaching event.

What is coral bleaching?

Coral bleaching amplified by climate change is the biggest threat to coral reefs around



Bleaching on elkhorn coral at Carysfort Reef. Photos by Alexander Neufeld for Coral Restoration Foundation™.

the world. A stress response to conditions including elevated sea temperatures, bleaching is the process where corals lose the symbiotic algae- called zooxanthellae- that live in their tissues, provide them with most of their food, and give them their color. Bleached corals are white because the flesh of the coral animal is transparent and without its algae the coral skeleton becomes visible. While bleaching makes corals more vulnerable to disease and

other threats, it is important to understand that bleached corals are not yet dead. They can recover if the stressor subsides, and the zooxanthellae returns. However, if the stressor lasts for too long or is too extreme, bleached corals will eventually starve to death.

Early in 2023, in anticipation of a difficult summer, Coral Restoration Foundation™ (CRF) had been working with partners coordinated by NOAA on a plan to safeguard as much genetic diversity as possible before the onset of this year’s predicted bleaching, which was expected to hit in late August. But by mid-July, CRF teams visiting reefs in the Lower Keys began to witness some dramatic impacts of elevated water temperatures and it was necessary to put this plan into action sooner than anticipated. CRF and partners activated a well-organized, strategic rescue effort, applying more than a decade of expertise to mobilize teams, leverage relationships, and deploy infrastructure to move as much genetic material and coral stock as possible into land-based systems for safekeeping.

Carysfort Reef

While the initial impacts were observed on reefs in the Lower Keys, as the summer progressed, reefs in the Upper Keys also began to display signs of stress with corals paling, bleaching, and succumbing to disease. While different reefs experienced various levels of bleaching and

mortality, no reef in the Florida Keys was unaffected. Carysfort Reef was one of the last sites to begin bleaching, but a rapid assessment this September shows that few corals on the reef were spared, with most displaying varying degrees of paling, bleaching, and mortality. The CRF Carysfort Coral Tree™ Nursery did, however, fare better than other in-situ nurseries in the Keys, with around 60-percent of its corals still holding strong.

Amidst these challenges, Carysfort is still a testament to the potential for resilience of our coral ecosystems. The corals on this site were some of the last to begin showing signs of thermal stress. And, as water temperatures begin to stabilize below the 86-Fahrenheit bleaching threshold, pale and bleached corals have a chance of bouncing back. Research suggests that the corals that do recover are likely to be thermally hardened and potentially more capable of withstanding future warming events.

Bleaching Impacts

Over the coming months, Coral Restoration Foundation™ will continue deploying teams to monitor restoration sites – Carysfort included – capturing accurate, qualitative assessments of surviving corals. With this, we will not only have a comprehensive understanding of the impact of this bleaching event, but data that will inform and strengthen restoration efforts moving forward.

The dedication of Coral Restoration Foundation, backed by the generous support from communities like Ocean Reef Club, will undoubtedly play a pivotal role in steering Carysfort Reef, and others like it, towards a brighter, more resilient future, despite the challenges currently facing our planet’s life support systems.

This article was provided by CRF for the Ocean Reef Press.



Memory, Cognition, & Hearing Loss

Research shows there is a direct link between untreated hearing loss and cognitive decline.

Not hearing your best? The first step is a hearing evaluation. Call Kendall Audiology today at (305) 595-1530 to schedule your appointment.

Studies indicate:



People with moderate to severe hearing loss are up to 5 times as likely to develop dementia compared to people with normal hearing.



People with untreated hearing loss report more problems with their memory compared to those with normal hearing.



Older adults with hearing loss – especially men – are more likely to develop Alzheimer’s disease.

The Medical Center at Ocean Reef
50 Barracuda Lane
Key Largo FL 33037
Phone: 305-595-1530
kendallaudiology.com



Dr. Daisy Elwick
AuD, F-AAA



Natalie Crespi
MS, CCC-A

PHILANTHROPY MATTERS

Foundation Dates on the Horizon

By Yurianna Mikolay, Ocean Reef Community Foundation Executive Director

With calendars already filling up for another fun-filled and activity-packed season at Ocean Reef, we know you'll want to include philanthropy in the mix so offer a few key Foundation dates now to keep in mind as you make plans.

ORCF 2024 Grant Application

Deadline Nov. 1st

The Foundation's annual Community Grant application deadline of November 1 is just around the corner! As always, we encourage Members and employees of Ocean Reef to share the deadline and details with any qualified local charities you support. The ORCF Community Grant program awards funding for projects supporting Education, Youth, Health & Family Services, and Community in the Upper Keys, Homestead, and Florida City each spring. Interested Members and organizations can find our guidelines, giving priorities, and the online application process on the "Grants Programs" tab of our website at oceanreefcommunityfoundation.org.

2024 All Charities Weekend EARLY

The Community Grant program is funded by the Foundation's



FLORIDA KEYS NONPROFIT DAY: Your Foundation works to support local charities year-round. More than 100 nonprofit professionals gathered on Sept. 12 for Florida Keys Nonprofit Day at the Marathon Community Theater. The day of networking and continuing education is planned and presented annually by our Florida Keys Funders Alliance, which includes Ocean Reef Community Foundation, Community Foundation of the Florida Keys, and United Way of Collier and the Keys. This year, Shlomi Ron of the Visual Storytelling Institute brought a packed house up to speed on using Artificial Intelligence to further nonprofit missions and the Keys Weekly Newspapers Editor Mandy Miles moderated a panel of local specialists who shared secrets of successful storytelling, media relations and donor cultivation. Next year's event is already on the calendar for Sept. 10, 2024.

All Charities effort, which consolidates fundraising for on-property nonprofits with the annual Ocean Reef Club dues donation and the All Charities Auction Weekend each February. Members have grown accustomed to enjoying the events the *second* weekend of February, so it's important to note that in 2024 All Charities events will take place the *first* weekend – **February 2-4** – with the Live Auction on Saturday, February 3. Thanks to support for the auction, in addition to millions in special impact projects, the Foundation has awarded more than \$16.3 million in resulting annual Community Grants beyond the gates to date. Bidding at the auction is a great way to add more exciting events to your calendar while supporting the institutions that make Ocean Reef's unique way of life possible.

2023-2024 Season Charity Tours
Community members are

also invited to join the Grants Committee on our popular Charity Tours to see the impact of past Community Grants firsthand and provide vital feedback on new application projects. Mark your calendar for this season's dates:

- Tuesday, December 5, 2023
- Wednesday, January 10, 2024
- Friday, February 9, 2024

Our Charity Tours visit an

average of four non-profit organizations in the Upper Keys or the Homestead/Florida City area by chauffeured passenger van, departing at 8:30 a.m. and returning by 12:30 p.m. Specific destinations and details will be available closer to the dates. Space is limited; please email ymikolay@oceanreef.com to make a reservation.



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Gastrointestinal, Plant-Based Eating
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Diabetes Specialist



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Telehealth – Online Consultations for Most States

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36 West Snapper Point | Canal Front
6 BD, 6F/4H BA | \$35,000,000 | 2521

Russell Post | 305.451.8199 | russell@oceanreefclubsir.com
Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com



1 Osprey Lane | Ocean Front
4 BD, 5.5 BA | \$25,900,000 | 2256

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com
Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



16 Sunrise Cay Drive | Ocean Front
5 BD, 6.5BA | \$22,850,000 | 50' Dock | 2540

Russell Post | 305.451.8199 | russell@oceanreefclubsir.com
Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com



19 Sunrise Cay Dr. | 2 Ocean Front Lots
Option to Purchase Both
\$12,450,000 each | 2335/2576

Russell Post
305.451.8199 | russell@oceanreefclubsir.com
Molly Taylor
508.524.4633 | molly@oceanreefclubsir.com



121 Marina 105 | Canal Front
4 BD, 4.5 BA | \$10,250,000 | 2541

Russell Post
305.451.8199 | russell@oceanreefclubsir.com
Molly Taylor
508.524.4633 | molly@oceanreefclubsir.com



PC Garden Home 74 | Canal Front
3 BD, 3.5 BA | \$9,500,000 | 2502

Helena Morton
305.522.2196
helena@oceanreefclubsir.com



Harbour Green 11 | Canal Front
4 BD, 3 BA | \$7,995,000 | 2506

Patti Furneaux
305.321.3156
patti@oceanreefclubsir.com



12 Ocean Reef Dr. | Central Location
3 BD, 2 BA | \$5,849,000 | 2478

Helena Morton
305.522.2196
helena@oceanreefclubsir.com



32 Bay Ridge Rd. | Central Location
3 BD, 3 BA | \$5,375,000 | 2498

Marcy Aultman
305.522.0582
marcy@oceanreefclubsir.com



18 Perky Road | Central Location
4 BD, 4 BA | \$5,150,000 | 2577

Bill Dickinson
305.304.8311
bdickinson@oceanreefclubsir.com



500 Coral Ln. | Maintenance-Free
4 BD, 4.5 BA | \$4,995,000 | 2558

Mary Lee
917.603.3252
marylee@oceanreefclubsir.com

OCEANREEFCLUBSIR.COM | 305.367.2027

J. Bradford Millsap, Licensed Real Estate Broker



42 Island Drive | Canal Front
4 BD, 4.5 BA | \$18,750,000 | 2499

Barbara Sibley
305.394.0061 | barbara@oceanreefclubsir.com



31 Angelfish Cay Drive | Ocean Front
Vacant Homesite | \$14,975,000 | 2487

Russell Post | 305.451.8199 | russell@oceanreefclubsir.com
Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com



26 Channel Cay Road | Canal Front
4 BD, 3.5 BA | \$14,500,000 | 2533

Rick Romeo
304.667.7896 | rickromeo@oceanreefclubsir.com



20 South Island Dr | Anglers Club
3 BD, 3 BA | \$7,600,000 | 2556

Helena Morton
305.522.2196
helena@oceanreefclubsir.com



24 Tamarind Ln | Lake Front
5 BD, 6.5 BA | \$6,900,000 | 2495

Jay Rourke
786.493.8105 | jay@oceanreefclubsir.com
Megan Lyons
786.201.5265 | megan@oceanreefclubsir.com
Eric Woodward
305.394.4461 | eric@oceanreefclubsir.com



30 Halfway Rd. | Golf Course
3 BD, 3.5 BA | \$6,500,000 | 2479

Jay Rourke
786.493.8105 | jay@oceanreefclubsir.com
Megan Lyons
786.201.5265 | megan@oceanreefclubsir.com



Pumpkin Cay 43A | Canal Front
3 BD, 3 BA | \$6,475,000 | 2524

Russell Post
305.451.8199 | russell@oceanreefclubsir.com
Molly Taylor
508.524.4633 | molly@oceanreefclubsir.com



Residence Club A-107 | New Construction
2 BD, 2.5 BA | \$4,150,000 | 2553

Mary Brady
201.303.2052
marybrady@oceanreefclubsir.com



Pumpkin Cay 12B | Canal Front
2 BD, 3 BA | \$3,375,000 | 2561

Mary Brady
201.303.2052
marybrady@oceanreefclubsir.com



Angelfish Cay 14B | Canal Front
1 BD, 1 BA | \$2,800,000 | 2534

Rick Romeo
304.667.7896
rickromeo@oceanreefclubsir.com



Plaza Building | Commercial
Established Tenants | \$32,000,000 | 2180

Mary Lee
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ORCA NEWS

Navigating Drone Regulations in Ocean Reef



Offering a wide range of applications from aerial photography to surveying and monitoring, drone use continues to grow in popularity. Our stunning views and surrounding waters make drone photography especially desirable. However, drone use is strictly governed by specific rules and regulations.

Recreational Use Prohibited

To protect your security and privacy, recreational flying of drones is prohibited in Ocean Reef. The restriction also prevents dangerous interference with the Ocean Reef Airport.

Approved Drone Uses

With proper approval, the Ocean Reef Club (ORC), Ocean Reef Community Association (ORCA), Club members, and businesses may use drones for non-recreational use. If you are looking to operate a drone for a specific purpose, you must obtain advance, written approval from both ORCA and ORC. Requests by Club members or any entities must be submitted to the Club's Communications Department at least 48 hours before a planned flight time at communications@oceanreef.com.

[com](#). This approval process involves coordination between the ORC Communications Department, Airport, and ORCA Public Safety.

Safety in the Skies

Even approved use of drones in Ocean Reef is restricted to maintain safety within the community's airspace. The Ocean Reef Airport is located in Intermittent Class E controlled airspace. There are designated no-fly zones surrounding the Airport and flight paths. It's mandatory for drone operators to acquaint themselves with these designated zones and communicate with the Airport accordingly. Some requests may be denied should they encroach on airspace.

Respecting Privacy

Ocean Reef is committed to protecting its Members' and their

guests' privacy and tranquility. Thus, specific rules govern the use of drones to capture images or videos of private properties, boats, airplanes, or Club members. Unless written permission is obtained from the relevant parties, drones may not photograph these subjects. Drone flights must not disrupt the peace or disturb any Members.

To stay informed about the most current drone rules and regulations, please visit the FAA website for federal guidelines by following this link: https://www.faa.gov/uas/commercial_operators/become_a_drone_pilot

For concerns or more information about drone operations in Ocean Reef contact ORCA Public Safety's Member Services desk at 305-367-7343.

HALLOWEEN WEEKEND 2023

Thursday, October 26

AT THE PSYCHIC'S TABLE
7:30 p.m. – 9:00 p.m. • Town Hall
\$80++ per person.
Reservations: 305-367-6516

Friday, October 27

BARKTOBERFEST & PET COSTUME CONTEST
10:00 a.m. – 12:00 p.m.
Port O'Call Patio

RAW BAR LOBSTER BAKE
5:00 p.m. – 9:00 p.m. • Raw Bar
Details & Reservations: 305-367-5818

HAUNTED TRAIL
6:30 p.m. – 7:30 p.m. • Candy Corn
7:30 p.m. – 9:00 p.m.
The Academy Parking Lot

Saturday, October 28

SPOOKY SALES
10:00 a.m. – 5:00 p.m. • Fishing Village

TRICK-OR-TREAT SPOOKTACULAR
4:30 p.m. • Line up at Business Center
5:00 p.m. • Departure to various locations
If you're not participating in the lineup, registration is required by visiting oceanreef.com/candy to receive the map via email at 5 p.m. Register your house as a stop: oceanreef.com/trickortreat

CANDY LAND TOWN HALL BASH
6:00 – 9:00 p.m. • Town Hall

Sunday, October 29

NO TRICKS JUST TREATS COOKING CLASS
10:00 a.m. • Cooking School
Secure your spot by calling 305-367-5931 (ages 3 and up)! \$50++ per kit.

SPOOKY BINGO
3:00 p.m. • Carysfort Hall
Price: \$30++ per game pack (includes 4 rounds of bingo) Details & Reservations: 305-367-6516

Monday, October 30

ZOMBIE TAG ACTIVITY
10:00 a.m. • Buccaneer Island

BOBBING FOR PUMPKINS IN THE LAGOON ACTIVITY
11:00 a.m. • Buccaneer Island

ARTS & CRAFTS: CERAMIC PUMPKINS
2:00 p.m. • Buccaneer Island

Tuesday, October 31

HALLOWEEN GOLF EVENT
Hammock Course • Tee Times
Registration: 305-367-5912



Proposed for Membership Through October 5, 2023

The following individuals are being considered for Ocean Reef Club membership. Direct communication concerning these nominations to Executive Director of Membership, Islande Dillon, at 305-367-5921 or idillon@oceanreef.com.

Equity Membership

Robert & Margaret Berry are applying for the equity membership. Mr. and Mrs. Berry are acquiring property and equity from Sally & Thomas Hayward Jr. They are residents of Pinehurst, NC. They belong to St. Charles Country Club in St. Charles, IL, Oakmont Country Club in Oakmont, PA, and The Forest Creek Golf Club in Geneva, IL. Their sponsors are Wally Hayward, Candance Sutfin, and Karl G. Otzen.

George & Cassandra Berry are legacy members applying for equity membership. Mr. and Mrs. Berry are acquiring property and equity

from Sally & Thomas Hayward Jr. They are residents of Saint Charles, IL. They belong to St. Charles Country Club in Saint Charles, IL. Their sponsors are Wally Hayward, Thomas Flanagan, and Tom Davidson.

Zechariah & Sterling Decker are legacy members applying for equity membership. Mr. and Mrs. Decker are acquiring property and equity from Sally & Thomas Hayward Jr. They are residents of St. Charles, IL. They belong to St. Charles Country Club in Saint Charles, IL. Their sponsors are Wally Hayward, Sheila Scalia, and Suzanna Wylie.

Rodney & Elizabeth Pitts are waitlisted social members applying for equity membership. Mr. and Mrs. Pitts are purchasing property and equity from Camilo & Silvia Montana and equity from the resale list. They are residents of Charlotte, NC. They belong to Myers Park Country Club in Charlotte, NC, Morehead City Country Club in Morehead City, NC, and Coral Bay Club in Atlantic Beach, NC. Their sponsors are Albert Monk, Rob & Rebecca Barnett, and Katherine & James Bailey.

OFF THE REEF



Shirley Shumway, Gail Noyes, Belinda Nields and Jane Schaefer took an August cruise on a small ship, travelling to the Snake and Columbia rivers. They are pictured here at Multnomah Falls.

Cay Harbor 3E



Ocean Reef Club Vacation Rentals

Fisherman's Cove 16B



Fairway Lakes 27B



The only program managed by your club.

From villas to residences there is simply no better way to enjoy your stay at The Reef than in the privacy of one of our rental properties. When booking through us, you will also enjoy some of these advantages only offered through Ocean Reef Vacation Rentals.

- 10% discount on all club food, beverage and retail outlets
- Front desk services open 24/7 for convenient check-in
- Housekeeping Services provided during your stay
- When reserving through your Club, all club outlets and services are notified should you have any special needs
- All billing direct to your member account

These benefits only apply to vacation rentals booked through Ocean Reef Club Vacation Rentals.



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NEW LISTING

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3 BD, 3 BA | \$12,900,000 | 2552

Russell Post
305.451.8199 | russell@oceanreefclubsir.com
Molly Taylor
508.524.4633 | molly@oceanreefclubsir.com

Marina Village 2B | Canal Front
3 BD, 3 BA | \$7,999,000 | 2578

Karyn Thiele
305.394.4185
karyn@oceanreefclubsir.com

Pumpkin Cay 7B | Canal Front
3 BD, 3 BA | \$4,950,000 | 2513

Karyn Thiele
305.394.4185 | karyn@oceanreefclubsir.com
Susan Bryan
305.522.7700 | susan@oceanreefclubsir.com

Angelfish Cay 46A | Canal Front
2 BD, 3 BA | \$4,500,000 | 2581

Helena Morton
305.522.2196
helena@oceanreefclubsir.com



NEW LISTING

NEW LISTING

Fisherman's Cove 18B | Canal Front
2 BD, 2 BA | \$3,995,000 | 2575

Daisy Gonzalez
305.904.6223
daisy@oceanreefclubsir.com

Angelfish Cay 25A | Canal Front
2 BD, 2 BA | \$3,500,000 | 2547

Helena Morton
305.522.2196
helena@oceanreefclubsir.com

Residence Club C-119 | New Construction
1 BD, 2 BA | \$2,795,000 | 2536

Helena Morton
305.522.2196
helena@oceanreefclubsir.com

Angelfish Cay 38B | Canal Front
1 BD, 1 BA | \$2,350,000 | 2579

Parris Everhart
305.522.2738
parris@oceanreefclubsir.com

NEW CONSTRUCTION HOMES FOR SALE



40 Cardinal Lane | Ocean View
40cardinallane.com
5 BD, 6.5 BA | \$21,900,000 | 2308
Russell Post
305.451.8199 | russell@oceanreefclubsir.com
Jay Rourke
786.493.8105 | jay@oceanreefclubsir.com

3 Ocean Reef Drive | Central Location
7 BD, 7F/3H BA | \$12,850,000 | 2580
Helena Morton
305.522.2196
helena@oceanreefclubsir.com

29 Baker Road | Water Front
4 BD, 5 BA | \$6,695,000 | 2332
Eric Woodward
305.394.4461
eric@oceanreefclubsir.com

3 Mahogany Lane
5 BD, 5.5 BA | \$5,100,000 | 2377
Cassy Everhart
305.522.2332 | cassy@oceanreefclubsir.com
Morgan Smith
305.321.1143 | morgan@oceanreefclubsir.com

MARINA SLIPS FOR SALE

DS-19 | 80' Dockage
Floating Dock | 22'7" Beam | \$3,250,000 | 2401
Russell Post | 305.451.8199 | russell@oceanreefclubsir.com
Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com

ES-21 | Floating Dock
70' x 21'8" Dockage | \$3,050,000 | 2422
Cassy Everhart | 305.522.2332 | cassy@oceanreefclubsir.com
Morgan Smith | 305.321.1143 | morgan@oceanreefclubsir.com

FS-7 | Floating Dock **CONTINGENT**
60' Floating Dock | \$2,100,000 | 2572
Contingent /Listed by:
Marlina Lerma | 305.801.2699 | marlina@oceanreefclubsir.com

DS-7 | Prime Location
90' Floating Dock | \$3,500,000 | 2571
Marlina Lerma | 305.801.2699 | marlina@oceanreefclubsir.com

DS-11 | South Side
90' Floating Dock | \$3,850,000 | 2438
Eric Woodward | 305.394.4461 | eric@oceanreefclubsir.com

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Searching For a Home



by Rev. Dr. Bob Henley

For the first time in five decades, Jane and I find ourselves searching for a home. By home, I mean a home in faith – a church home.

This summer, we finally moved into our new home further north on the east coast of Florida. It is in a beautiful, gated golf community. But instead of the Atlantic Ocean or Card Sound, our back porch overlooks a small pond, one of many on the property. Unlike Ocean Reef, there is no private airport. And the only boat I've seen belongs to a professional bass tournament fisherman.

On Sunday mornings, it's not hop in our golf cart and drive to the chapel. We live halfway between two thriving smaller communities. So that means a 15- to 20-minute drive in the car, either north or south.

In our search, we find ourselves like most – not making 'brand loyalty' our top priority. The time with you in the chapel community over the past decade has profoundly shaped our

priorities. There is no shortage of places to choose between. So, what are we looking for?

Finding Our People

When we built the new chapel, my encouragement to the building committee was that they provide lots of what is known as 'public space.' That's the gathering space outside and around the worship space. It's the place where newcomers, like ourselves, ask themselves, "Are these my people?" The committee did so, wonderfully.

One of the benefits of a place like Ocean Reef is that it makes it less of a challenge to find your people. While certainly not without some diversity, there are certain common factors you share with those who qualify as Equity or Legacy Members.

But up here, we are on the hunt to find our people.

Vibrant Worship

Last week, we visited a new church for the first time. The reason is because of the lovely lady who delivers our mail. As I helped her with a package one day, she confessed to looking at our mail. I can see you are people of faith, she said, and I'd like to invite you to our church! Way to go postal lady! So, we went.

As we found our seat, we were greeted by our mail lady, her husband, and several others. We even met two couples from our club. The congregation gave off the right vibes.

But then came the worship service. Let's just say I'm glad I wasn't sitting on the platform. It gave me a serious case of the 'nods.'

We are equally at home with either 'contemporary' worship or 'traditional' worship – so long as it is done well. But if the elements of worship and the singing are desultory or half-hearted, which it was, so likely is the faith. And the preaching that morning...if it was a road map, there was no obvious destination!

Grounded Faith

Maybe you're surprised that wasn't first on our list. But it is at the heart of any final decision to lock into a faith community.

Many describe our nation as a divided nation – and we are politically. However, from a cultural and church standpoint, we are more like a broken dish with pieces scattered everywhere.

A grounded faith is not where everyone marches in lockstep, expecting rote, simplistic answers to tough questions. But it is one professing confidence in God's story in the Scripture. It must honor the roots of our faith in the life of, and in God's continuing love for, the Jewish

people. And it must express our faith and embody our hope grounded in the Gospel of Christ's resurrection and His living, risen presence.

Opportunity to Serve

At this point in my life, when my successor is chosen at the chapel, I won't be looking for another lead pastor position with a congregation. However, Jane and I both want to be in a place where we can continue to serve and support the congregation, using our gifts and resources. And I want to cheer on and support the man or woman who is the pastor!

Coming Together

We're ramping up for another new season of life together in the chapel. Maybe you're looking for the same things Jane and I are – a faith home. If so, let me encourage you to visit one of our four congregations when you're back. You're bound to find your people in one of them, with vibrant worship and grounded faith. And oh yes, there are plenty of opportunities to serve.

We hope to see you there, and trust you'll find your home in faith. In the meantime, up here, we're still looking!

CHAPEL NEWS

SEPT. 29 – OCT. 25

Ocean Reef Chaplain
Rev. Dr. Robert Henley
305-367-2049
orcchapel.org

FRIDAYS

AA Meeting
7:30 a.m., Chapel Board Room
Call 305-390-4983 for additional AA Meetings

SUNDAYS

In-person Summer Service
10 a.m., Chapel Fellowship Hall, Volunteer Led

Online Worship Service
11 a.m., visit picator.org to watch Series by Rev. Dr. Bob Henley

MONDAYS

AI-Anon Meeting
9 a.m., Chapel Fellowship Hall

AA Meeting
7:30 p.m., Chapel Board Room
Call 305-390-4983 for additional AA Meetings

TUESDAYS

A Journey through the Bible: Teaching Series
10 a.m., Zoom - visit picator.org for Zoom Link

WEDNESDAYS

Intercessory Prayer
8:30 a.m., Zoom - visit picator.org for Zoom Link

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OUT & ABOUT



TOP: Members enjoyed a delicious, celebratory lunch at the Residence Club for the “Birthday Ladies” of July and August.

LEFT: Piper Paulus delivering an electrifying performance in honor of Jimmy Buffet. Rest in peace, JB.

Season is Almost Here...

Continued from | 1

becomes the meaning of the season.

With the milestone Club anniversaries that encompassed the past year, the theme of last season was all about Ocean Reef Club and its rich history and traditions. Throughout the celebration of that historic season, the Club, its Associates, and the Members recognized that the true essence of celebrating tradition is not in the events themselves, but in the memorable moments that come from them. That is why for the upcoming 2023-24 season, honoring these moments, reminiscing on past memories, and making new ones together is the true meaning of the season.

When you receive your Club Calendar, you'll recognize this theme throughout. Calendar

pages are sprinkled with photos that capture Members' memories being made at The Reef's most cherished traditions and special events.

There are so many ways to make meaningful moments at Ocean Reef Club. Here are just a few to look forward to.

- **Vintage Weekend** Nov. 30-Dec. 3
Celebrating 27 years
- **Festival on the Green** Dec. 29
- **New Year's Eve Celebrations**
- **Blessing of the Animals** Jan. 13
Celebrating 11 years
- **Member-Guest Tennis Tournament** Jan. 26-28
Celebrating 51 years
- **Monthly Member Get Togethers**
- **Reef Cup Invitational Sailfish Tournament** March 13-16
Celebrating 39 years
- **Bag Room Open** March 8-April 6
Celebrating 48 years
- **Food & Wine Festival** April 11-14
Celebrating 10th anniversary
- **Thank You Beach Party** April 16



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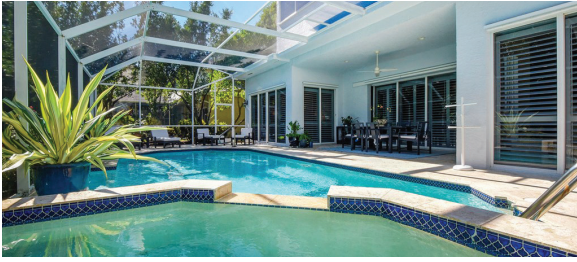
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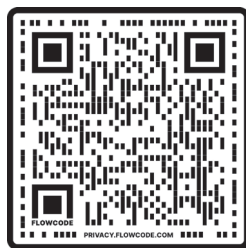
31 OCEAN REEF DRIVE MLS # 2763

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ALL CHARITIES

Summer Travel Highlights Brought to You by Ocean Reef All Charities!



Ocean Reef Members **Em** and **Craig Wierda** were the lucky winners of this year's "Flynn's Famous Pizza Party," a highly coveted All Charities silent auction item hosted and donated by ORC Members **Jackie** and **Tim Flynn**. Joined by 20 friends, they embarked on a deliciously saucy journey, mastering the craft of Chicago's iconic thin-crust pizza.



Game, set, and match to Ocean Reef Club Members **Keri Crocker** and **Faruk Capan** during their recent NYC adventure! Their 'ace' experience? Court-level seats at the U.S. Open quarterfinals, ensuring they didn't miss any of the action. Special thanks to Ocean Reef Club Members **Pat** and **Meg Shields**, **Barbara** and **Emery Olcott**, and **Albert Monk** who generously donated to this exciting All Charities auction item: "New York City for Two: Dinner, Theatre, and Tennis Anyone?"



This group of All Charities supporters enjoyed a once-in-a-lifetime "Kenya Safari Experience," a custom-designed trip postponed until this summer due to Covid. This auction package was a major 2022 All Charities highlight because it was personally curated and hosted by Ocean Reef Club Members **Diane** and **Keith Hill**. This photo was taken after their morning hot air balloon ride in Mara Rianta - truly a "wild" moment to remember! Pictured in the photo are **Frank** and **Karen McKee** with granddaughter Lila, **Jane** and **Jim Slattery** with granddaughter Sierra, and hosts Diane and Keith Hill.



The "Kenya Safari Experience" was such a "roaring" success in the 2022 All Charities Live Auction that it sold three times! Also delayed until this summer due to Covid, this intrepid group of explorers marked the third and final set of guests to embark on an unforgettable journey with Diane and Keith Hill. This photo was taken before departing the Lewa Conservancy for the Maasai Mara. Pictured in the photo are **Margaret Fauber**, **Meigan** and **Timothy Jared**, **John** and **Leslie Phillips**, and **Joyce Neely**, with hosts Keith and Diane Hill.

	 New In Stock
120 Ocean Alexander 2017	116 Lazzarra 2008
	
95 Pearl 2023	80 Hatteras 2014
 September 2023 Delivery	 Starting Build Q1 2024
72 Pearl 2023	54 Yellowfin 2024



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NEWS FROM THE MEDICAL CENTER

Autumn 2023 Vaccine Information

The 2023-2024 influenza season is fast approaching and this year there are three vaccines to consider; the customary Flu vaccine, Respiratory Syncytial Virus vaccine (RSV) and, soon to be released, the updated COVID-19 booster that addresses the latest XBB variant of Omicron. Your healthcare provider can assist you in making the appropriate vaccine decisions.

Seasonal Flu Vaccine

The yearly flu vaccine is a straightforward recommendation. People who are ages 65 and older should receive the high-dose influenza vaccine. New this year - individuals with egg allergies can receive any influenza vaccine that is egg or non-egg-based



that is otherwise appropriate for their age. Typically, the seasonal influenza peaks in December-January. Getting vaccinated in September or October will still provide protection even if the flu season arrives in February or March.

Respiratory Syncytial Virus (RSV) Vaccines

Adults 60 years of age and older may receive a single dose of Respiratory Syncytial Virus (RSV) vaccine, using shared clinical decision-making. This means the decision to proceed

with a RSV vaccine should be made after discussing your health conditions with your physician and weighing the possibility of acquiring severe RSV, potential benefit, risk and limitations of the vaccine. RSV is not subject to seasonality, like the influenza vaccine and can be administered anytime. Those who might benefit the most from an RSV vaccine are patients with chronic diseases and who are moderately to severely immunosuppressed.

COVID-19 Vaccines

On September 12, 2023, the Advisory Committee of Immunizations Practices (ACIP) approved the following COVID-19 recommendations by majority vote, which have been adopted by the CDC Director and are now official.

The following are the CDC recommendations for the use of the 2023-2024 formulations of Moderna COVID-19 and Pfizer-BioNTech COVID-19 vaccine:

- Everyone ages 5 years and older is recommended to receive 1 dose of the updated (2023-2024 formula) mRNA COVID-19 vaccine.
- Bivalent mRNA COVID-19 vaccines are no longer recommended in the United States.

Individuals who have had a recent COVID-19 infection or have received a dose of the current bivalent vaccine should wait at least 3 months before receiving the updated booster.

This year's updated flu vaccine, RSV vaccine and the approved

Pfizer COVID-19 booster (COMIRNATY) are available now at the Medical Center. Your healthcare provider can discuss vaccine options with you, as well as the timing. Currently, there are no set guidelines for the timing on how multiple vaccines are administered, however, many experts recommend a two-week interval between RSV and COVID-19 vaccines.

Should I Still be Testing for COVID-19?

The answer is yes. Many people who are infected with COVID-19 have been reporting milder symptoms such as cough, congestion and headache. These symptoms can often seem like a cold or the flu. If you have any of these symptoms, it is important to test for COVID-19 to discern appropriate treatment and prevent exposure to others. Do check the expiration dates of at-home COVID-19 test kits. Some of the expiration dates have been extended and this information is available on the FDA website www.fda.gov. Type into the search box "expiration dates on COVID test kits" to populate the manufacturer's name and extended expiration dates.

Visit us on the web at www.mcor.org.

Your support of the All Charities Weekend strengthens entities, like the Medical Center, that enhance Ocean Reef Club's Unique Way of Life and enables the Ocean Reef Community Foundation to provide for thousands in Key Largo, Homestead and Florida City. Call 305-367-5996 to learn more.

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Audiology

Daisy Elwick
Oct. 2, 3, 9, 16, 17

Natalie Crespi
Oct. 4, 11, 18, 25

Cannabis & Pain Medicine

Michelle Weiner
Oct. 13, Jan. 12

Cardiology

Julio Barcena
Oct. 13, Nov. 10, Dec. 8

Howard Bush
Oct. 12, Nov. 9, Dec. 7

Colorectal Surgery

Dan Ruiz
Nov. 20, Dec. 18

Dermatology

Dr. Varee Poochareon
(305) 740-6181
Nov. 1, 8, 15, 29

Alysa Herman
(305) 444-4979
Nov. 2, 16, Dec. 7, 21, Jan. 4, 18

Stephanie Nicolau

(305) 740-6181
Nov. 1, Dec. 20

Debra Price
(305) 670-1111
Nov. 17, Dec. 1, 15, Jan. 5, 19

Endocrinology

Jeremy Bleicher
Oct. 2, Nov. 6, Dec. 4

Gynecology

Jason James
Oct. 12, Nov. 9, Dec. 14

Jila Senemar
Oct. 17, Nov. 14, Dec. 12

I.V. Therapy

Keila Paulino & Scott Williams
(305) 907-7550
Oct. 2, 9, 16, 23, 30

Nephrology

Farias
Oct. 23, Nov. 27, Dec. 18

Neuro Spine

Raul Vasquez Castellanos

Nov. 14, Dec. 14

Nancy Epstein
Dec. 20, Jan. 17, Feb. 14, March 20

Ophthalmology

Bascom Palmer 786-530-2289
Oct. 3, 4, 10, 11, 18

Zach Segal

Dec. 19, Jan. 16

Optometry

Lauren Nicholas
Oct. 6, Nov. 3, Dec. 1

Susanna Tamkins
Oct. 20, Nov. 17

Orthopedic Sport Medicine

Michael Swartzon
Oct. 13, Nov. 10, Dec. 1

Orthopedic Surgery

Joseph Fernandez
Oct. 20, Nov. 17, Dec. 15

Derek Papp
Oct. 26, Nov. 16

James Voglino
Sept. 29, Nov. 10, Dec. 15, Jan. 12

Pediatrics

Rosa Fernandez
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Oct. 6

Podiatry

Polly Reeves
Oct. 12, Nov. 9, Dec. 7

Sophia Masri
Oct. 20, Dec. 8

Psychology

Joseph Mora
Nov. 10, Dec. 18

Pulmonary & Sleep Disorders

Raul Valor
Oct. 13, Nov. 10

Spine Care & Pain Management

Ronald Tolchin
Oct. 10, 24, Nov. 7, 21

Urology

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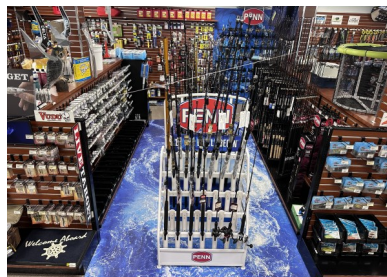
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Andy Hofmann



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Nelson Gordy



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Bob Ecuyer



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Wendy Brainard



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Andy Hofmann

ADDITIONAL ACTIVITY

535 CORAL LN. c/s #2287 • \$5,900,000

Pre-Construction 5 BDS/5.5 BA

Olga Grant

FISHERMAN'S COVE 27B c/s #2530

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PENDING SALES

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Playing the Long Game



by
Felicia M.
Koretsky

What do eating walnuts, lifting weights barefoot, volunteering, and playing tennis have in common? They can all boost your odds of living longer.

Nutrition-packed walnuts are considered the healthiest nut. Shoe-less training helps increase balance and coordination. Volunteering promotes physical activity and a sense of purpose. The short and steady bursts of high intensity experienced by playing tennis may add up to 9.7 years to your life, according to a well-publicized 25-year-long study in Denmark on the link between sports and longevity.

New findings on ways to add on more years are reported in documentaries, articles, books, and podcasts practically daily, offering a lot of great tips:

Live to 100: Secrets of the Blue Zones Netflix docuseries, 4 episodes

Transcontinental cyclist turned best-selling anti-aging author, Dan Buettner, 63, has spent the last 20 years writing about the commonalities of people living in the world's "blue zones." These are communities whose populations have a higher-than-average life expectancy. His research has led him to produce a captivating documentary exploring places with the largest concentrations of centenarians. Interestingly, in these regions you don't see many or any wheelchairs, nursing homes, and health clubs.

Buettner takes you on a ride around the globe where he interviews people in Okinawa, Japan; Ikaria, Greece; Sardinia, Italy; Nicoya, Costa Rica; and Loma Linda, California, to discover what is special about the daily habits of its people. Each episode ends with an easy-to-



Live to 100: Secrets of the Blue Zones

follow chart summarizing the population's common traits and behaviors.

The idea of the program is not to encourage people to move to these places, but to learn how to incorporate some of its secrets to achieve a long and purposeful life.

Outlive: The Science & Art Of Longevity;

496 pages, Random House

Living well and long has also made Stanford University-educated physician Peter Attia, M.D., one of the nation's most sought-after speakers on longevity.

His podcast, *The Drive*, boasts millions of downloaded episodes covering a litany of bio-hacking related topics. The dangers of poor sleep, the importance of strength training and exercise, nutrition, brain health, and cancer and Alzheimer's prevention are some of the many areas explored.

Attia, 50, has recently published a nearly 500-page book, *Outlive: The Science & Art Of Longevity* that's been getting a lot of buzz. Companion *Outlive* recipe and workbooks are also available.

His not one-size-fits-all concept with regard to the right foods and workouts make this a fascinating read.

The Golden Bachelor: Reality TV, 8 episodes, 8 p.m.

Thursdays on ABC. Stream on Hulu.

Love and socializing are some of the hallmarks of people with long, productive lives. So is a little bit of humor.

We can't talk about the golden years without mentioning ABC's newest reality dating show, *The Golden Bachelor*.

A spinoff of the two-decades-long Bachelor franchise (*The Bachelor*, *The Bachelorette*, *Bachelor in Paradise*), which features young attractive singles in their 20s and 30s looking for lasting love (or fame), just debuted its much-

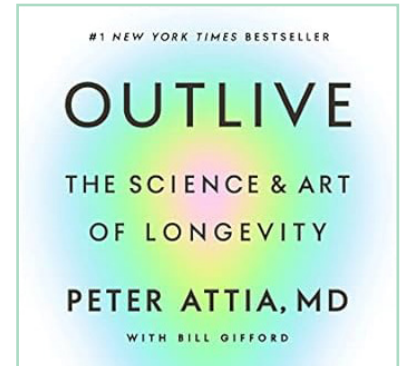


The Golden Bachelor

anticipated senior citizen edition.

The new eight-part reality show follows a handsome grandfather on his quest to find love after loss. Indiana widower Gerry Turner meets 22 single women ranging in age from 60 to 75 (two from South Florida). Over the course of six weeks, we follow Gerry, 72, on his countdown to finding his perfect match. We also get to meet his daughters and granddaughters who encouraged him to do the show.

We suspect the viewers of *The Golden Bachelor* will need a box of Kleenex with each episode. The previews alone, where Gerry talks about the sudden death of his wife of 43 years, are enough to activate the waterworks. And it looks like many of the seasoned single



Outlive: The Science & Art Of Longevity

ladies will be sharing their own heartbreaks and hopes.

Naturally, in true Bachelor fashion, where high drama, tears, cattiness and competition usually prevail, following each episode of *The Golden Bachelor*, will be a 9 p.m. episode of the 9th season of *Bachelor in Paradise*.

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Reef Lounging



by Jody Steele

The team at our Reef Lounge is proud to present a delectable menu of food and beverages in a refined setting. Nico DiPerna, General Manager, shares that the goal is to provide genuine hospitality for Ocean Reef Club Members where they feel "as comfortable as they do in their own living rooms". The Reef Lounge staff is dedicated to high-level service.

My husband and I have had the pleasure of quite a few visits to the Reef Lounge on our own or with friends and we always have a memorable evening. On balmy nights (there have not been many),



Lisa Bondy serving the new Pecan Infused Old Fashioned.

we like to sit outside on the porch. With a breeze, a cocktail, and an ocean view - it is quite a lovely spot. Of course, the signature potato chips are always a hit to start the relaxing. Inside, we enjoy conversation and the entertainment.

We were quite surprised a while back that we could enjoy an Asian dinner at the Reef Lounge. After a glass of wine, we ordered Mongolian Beef and Broccoli, General Tso's Chicken, and



Reef Lounge s'mores.

Pad Thai with Shrimp. The dinner was delicious and beautifully plated. Chef Michael Meadows stopped by our table and we definitely gave compliments to the chef. It really was one of the most outstanding meals ever. Evidently, the chefs are planning for even more Asian dishes to be added to the Reef Lounge menu. We will be looking forward to sitting under the stars or in a comfy chair to order them all soon.

Nico is proud of Lisa Bondy, the Lead Bartender, and Jackie

Quintero, the Ocean Reef Club Mixologist, who both captivate everyone with their genuine enthusiasm. One of the newer drinks they are now offering is a Pecan Infused Old Fashioned with Candied Bacon...it is already a popular cocktail. More ideas for creative cocktails are in the making.

The Reef Lounge offers "elevated cuisine in an elegant atmosphere" right in your Ocean Reef Club Community. For an unusual treat, or with an after dinner cocktail, you might want to try the new Reef Lounge S'mores made at your table for a special way to end your evening.

The Lounge is currently open Wednesday and Thursday from 5-11 p.m. and Friday and Saturday until midnight. Entertainment is Friday (the Juan Areco Trio) and Saturday (the Hal Roland Duo), both evenings from 7-11 p.m.

Enjoy your Reef Lounging.

Give Spectacular Gifts from Reef Gallery

This background is "The Reef Awakes" an acrylic on canvas by Michael Hoffman 34" x 52" framed




41 Fishing Village Dr. Monday-Saturday 10am-6pm Sunday 12pm-5pm 305-367-8001 www.reefgalleryatocanreef.com

Athletics at The Academy

By Michael Rothman, Athletic Coordinator, The Academy at Ocean Reef

Following a summer of dedicated conversations between The Academy at Ocean Reef’s administrative team and the leadership of the Ocean Reef Club Recreation Department, the stage has been set for an exciting school year of after-school sports programs at The Academy.

With an eye towards growing and improving our youth sports program, Jerome Murphy, our Head of School, and I met with Chris Nelson, the Assistant Director of Recreation for Ocean Reef Club, and other ORC partners to discuss how we could elevate The Academy’s sports program to enrich the experience of The Academy’s young student-athletes.



First through third-grade group playing Newcomb at Buccaneer Island with Recreation’s Molly Lechelt. From left to right, Avery Smith, Johnny Grunow, Grayson Thurkettle, Molly Lechelt, Lyle Smith, Anna Ventura, Lily Thurkettle, VV Leake, Charlie Wilder and Martin Wessel.

The primary goal of these discussions was to provide a menu of fun and age-appropriate after-school activities and lifelong sports to choose from. Activities that would promote and develop all of the wonderful values we associate with sports: physical fitness, teamwork, sportsmanship, and self-confidence.

The Academy, in partnership with the Ocean Reef Club Recreation Department, is pleased to offer an after-school

sports program that caters to two distinct age groups: 1st through 3rd graders and 4th through 8th graders. This age-tiered approach ensures that coaching and activities are tailored to meet the individual, unique needs, and capabilities of each group’s developmental stage.

We are excited to offer the following sports to our 1st-8th grade students: basketball, tennis, sailing, pickleball, and golf. New options this year include: The Field at Four Corners - Flag Football,

Dodgeball, Capture the Flag, Newcomb, and Soccer. It’s great to be a kid at The Academy!

The role and the benefit of sports in the lives of young children is multi-faceted and cannot be overstated. Beyond the thrill of competition, youth sports contribute significantly to the physical, social, and emotional development of children. Moreover, sports offer a unique avenue for social engagement. As described by our Head of School, “Sports provide children with the opportunity to develop their communication skills, their understanding of teamwork and commitment, and how to be effective leaders; skill sets that will benefit our children well beyond the arena of sports.”

Your support of the All Charities Weekend strengthens entities, like The Academy, that enhance Ocean Reef Club’s Unique Way of Life and enables the Ocean Reef Community Foundation to provide for thousands in Key Largo, Homestead and Florida City. Call 305-367-5996 to learn more.

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INTERNATIONAL REALTY

Osea Malibu Skincare at The Spa



“Spa Notes” by Jillian Barron, The Spa Director

The Spa is so excited to announce that we have brought in a new skincare line and have added new facial services to our upcoming season menu using this amazing line.

For over 27 years, Osea has been on a mission to create clean, seaweed-infused skincare that respects the natural world and makes skin look and feel it’s absolute best. In 1996, Osea set a new industry standard by prioritizing naturally derived ingredients, chosen for their safety, efficacy and backed by



the latest scientific research. Today it’s called clean beauty, but to Osea, they had a simple idea that the ocean should be part of everyone’s life—and the conviction that it already is.

OSEA was founded three decades ago, but their story began over a century ago. The founder’s grandmother Elsa was a great believer in the power of the sea. When she was 44 years old, Elsa had a terrible fall, injuring her leg and leaving her bedridden. One night, a message came to her in a dream: “The ocean will heal you.” The next morning, she asked her husband to take her to the Long

Island Sound and carry her into the water. She returned again the next day. And the next. Elsa swam in the frigid waters every day for weeks, and the dream became a prophecy: Her leg healed.

The ocean is the deepest inspiration behind the Osea line and they use seaweed because it’s a superfood rich in vitamins, minerals, and nutrients. The benefits of seaweed are endless. Different species of seaweed can provide a myriad of results, including anti-aging and moisturization. Our seaweeds are sourced from around the world, based on

scientific data. The name Osea stands for Ocean, Sun, Earth, and Atmosphere, which are all natural elements of wellness.

Osea combines various types of seaweed with the most renowned skincare actives that have proven efficacy through in-vivo and in-vitro testing. Some of our favorites are:

- Snow Mushroom
- Ceramides
- Lime Pearl
- Squalane
- Vegan Lactic Acid
- Fermented Shiunko Oil
- Hyaluronic Acid
- Niacinamide
- Vitamin C
- Peptides
- Enzymes
- Australian Kakadu Plum
- Kukui Oil
- Dipalmitoyl Hydroxyproline (DPHP)
- Turmeric
- Bisabolol
- Aloe Vera
- Phytic Acid

Stop by The Spa to check out all of our new Osea products!



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Gyro Stabilized!

70’ 2020 PRINCESS



Gyro Stabilized (2)!

70’ 2017 WEAVER



Gyro Stabilized!

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ON PROPERTY

43’ 2007 TIARA



Gyro Stabilized!

41’ 2020 VALHALLA



35’ 2015 BOSTON WHALER

WEEKLY HIGHLIGHTS

29 FRIDAY

- Strength & Cycle Class**
8am • Member Fitness Center
- Pickleball Open Play**
8:30am • Tennis & Games Center
- Everglades Alligator Farm Tour**
8:45am • Meet at Nature Center
- Cardio Tennis Clinic**
9am • Tennis & Games Center
- Zumba Class**
9am • Member Fitness Center
- Vinyasa Yoga Class**
10am • Member Fitness Center
- Silver Fit Class**
10am • Member Fitness Center
- Gameio Tennis Clinic**
10am • Tennis & Games Center
- Aqua Cardio Class**
10am • Member Fitness Pool
- Reef Rec Room Open**
3-10pm • Reef Rec Room
- Cocktails**
5-8pm • The Point (Members Only)
- Reef Club Kids Open**
6-10pm • RCK Clubhouse
- Live DJ at The Burgee Bar**
9pm • Burgee Bar

30 SATURDAY

- Danish & Coffee**
7-10am • The Point (Members Only)
- Sweat Class**
8am • Member Fitness Center
- Cardio Tennis Clinic**
8am • Tennis & Games Center
- Pickleball Open Play**
8:30am • Tennis & Games Center
- Strength & Cycle Class**
9am • Member Fitness Center
- Cardio Tennis Clinic**
9am • Tennis & Games Center
- Dancing Through the Decades Class**
10am • Member Fitness Center
- Gameio Tennis Clinic**
10am • Tennis & Games Center
- Guided Eco Kayak Tour**
10am • Meet at Pool Desk
- Junior Tennis Clinic**
11am • Tennis & Games Center
- Reef Rec Room Open**
3-10pm • Reef Rec Room
- Cocktails**
5-8pm • The Point (Members Only)
- Reef Club Kids Open**
6-10pm • RCK Clubhouse
- Live DJ at The Burgee Bar**
9pm • Burgee Bar

1 SUNDAY

- Danish & Coffee**
7-10am • The Point (Members Only)
- Cardio Tennis Clinic**
8 & 9am • Tennis & Games Center
- Reef Club Kids Open**
9am-1pm • Reef Rec Room
- Beginners Sailing Clinic**
9:30am • Meet at the Pool Desk
- Gameio Tennis Clinic**
10am • Tennis & Games Center
- In-person Summer Service**
10am • Chapel Fellowship Hall, Volunteer Led
- Guided Eco Kayak Tour**
10am • Meet at Pool Desk
- Beginner Pickleball Clinic**
11am • Tennis & Games Center
- NFL Sunday at Burgee Bar**
12pm • Burgee Bar
- Guided Standup Paddleboard Tour**
1pm • Meet at Pool Desk
- Reef Rec Room Open**
3-10pm • Reef Rec Room
- Cocktails**
5-8pm • The Point (Members Only)

2 MONDAY

- Sweat Class**
8am • Member Fitness Center
- Pickleball Open Play**
8:30am • Tennis & Games Center
- Cardio Tennis Clinic**
9am • Tennis & Games Center
- Funky Fun Flow Yoga Class**
9am • Member Fitness Center
- Cultural Center Museum Open**
9am-4pm • Cultural Center
- Gameio Tennis Clinic**
10am • Tennis & Games Center
- Silver Fit Class**
10am • Member Fitness Center
- Barre Ballet Class**
10am • Member Fitness Center
- Bridge, Mah Jongg, Canasta & Backgammon Open Play**
10am-4pm • Card & Games Room
- Fit Camp**
12pm • Member Fitness Center
- Online Bridge Game**
1pm • To Register: <https://www.bridgebase.com/>
- Men's "B" Night Tennis League**
5:30-7pm • Tennis & Games Center
- AA Meeting**
7:30pm • Chapel Board Room • Call 305-390-4983 for additional AA Meetings

3 TUESDAY

- Master Swim Class**
7am • Member Fitness Pool
- Sweat Class**
8am • Member Fitness Center
- Pickleball Open Play**
8:30am • Tennis & Games Center
- Vinyasa Yoga Class**
9am • Member Fitness Center
- Cardio Tennis Clinic**
9am • Tennis & Games Center
- Cultural Center Museum Open**
9am-4pm • Cultural Center
- Gameio Tennis Clinic**
10am • Tennis & Games Center
- Zumba Class**
10am • Member Fitness Center
- A Journey Together**
10:30am • Zoom
(visit pccator.org for Zoom)
- Bridge, Mah Jongg, Canasta & Backgammon Open Play**
10am-4pm • Card & Games Room
- Aqua Cardio Class**
11am • Member Fitness Pool
- FIT Camp**
12pm • Member Fitness Center

4 WEDNESDAY

- Intercessory Prayer**
8:30am • Chapel Board Room
- Pickleball Open Play**
8:30am • Tennis & Games Center
- Cardio Tennis Clinic**
9am • Tennis & Games Center
- Strength & Cycle Class**
9am • Member Fitness Center
- Mat Pilates with Spine Corrector Class**
9am • Member Fitness Center
- Cultural Center Museum Open**
9am-4pm • Cultural Center

Silver Fit Class
10am • Member Fitness Center

Funky Fun Flow Yoga Class
10am • Member Fitness Center

Gameio Tennis Clinic
10am • Tennis & Games Center

Library Open
10am-12pm • Cultural Center

Bridge, Mah Jongg, Canasta & Backgammon Open Play
10am-4pm • Card & Games Room

Aqua Cardio Class
11am • Member Fitness Pool

Intermediate/Advanced Pickleball Clinic
11am • Tennis & Games Center

Online Bridge Game
1pm • To Register: <https://www.bridgebase.com/>

5 THURSDAY

- Master Swim Class**
7am • Member Fitness Pool
- Sweat Class**
8am • Member Fitness Center
- Pickleball Open Play**
8:30am • Tennis & Games Center
- Cardio Tennis Clinic**
9am • Tennis & Games Center
- Vinyasa Yoga Class**
9am • Member Fitness Center
- Cultural Center Museum Open**
9am-4pm • Cultural Center
- Gameio Tennis Clinic**
10am • Tennis & Games Center
- Bridge, Mah Jongg, Canasta & Backgammon Open Play**
10am-4pm • Card & Games Room
- FIT Camp**
12pm • Member Fitness Center

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305-367-6583

Port O' Call Wine & Spirits
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Fri. & Sat. • 11am – 9pm
305-367-5999

Ocean Reef Gift Shop
Mon.-Sat. 9am – 5pm
Sun. 7am – 5pm
305-367-2611, ext. 7139

Member Fitness Center
Mon.-Fri. • 7am – 6pm
Sat. & Sun. • 7am – 4pm
305-367-5820

CLUB SHOPPING

Joan the Shopper

"Out Damned Spot".... Too bad Lady Macbeth didn't have Ocean Reef's **Member Dry Cleaners** service available to her. But happily, I did.... Last spring when I spilled a strawberry daiquiri on my white wool jacket, I was able to jump into my golf cart and immediately drop off my badly stained jacket at our cleaner. Three days later, when I picked it up, it was pristine, ready to wear for dinner that night at CH Prime... Access to a dry cleaner is one of the essential services at Ocean Reef that we sometimes take for granted. Think about it – without Member Dry Cleaners, just around the corner from Wynn's, I might have been required to drive to Homestead or Key Largo to resurrect my jacket.... I asked Evadney, the manager of the OR service, how it works. She told me that when you bring a garment in for cleaning, the first step is to number it and examine it for spots. Then it is put on a truck and delivered to a large dry-cleaning facility in Miami. Here your garment is put into a washing machine (way bigger than anything you have in your home) and gently agitated with a special solvent (not water). Then it is finished in a spinning cycle in a slow, temperature-controlled dryer. After a little ironing or steam pressing and an inspection for spots that may have been missed, your garment will be loaded onto the truck and delivered to Ocean Reef.... Dry cleaning is not the



only "aid to wardrobe" available at this Member Dry Cleaners facility. Suppose you are in need of an alteration. Don't despair. Last summer our Ocean Reef Dry Cleaner was enlarged and improved to accommodate a new tailoring service, that is operated by the very experienced and competent **Lydia Dopico** (pictured). For many years Lydia owned a similar l'Atelier in Miami, which was used by OR members (e.g. **Joyce Farmer, Adelaide Skoglund**), who persuaded her to come to the Reef. The addition of this professional tailoring service has proved to be much used and appreciated by grateful OR members.... **LAST WORD:** I believe that Lydia Dopico, who is dedicated to "a good fit", has certainly found one for her new **l'Atelier**, now encompassed in the Member Dry Cleaning at Ocean Reef.

by Joan Birsh

MOVIE THEATER CLOSED FOR MAINTENANCE

Library Hours: Mon. & Thurs. • 10am-12pm
Cultural Center Museum Hours: Daily 9am-4pm

For more information please visit: OceanReefCulturalCenter.com

WINING & DINING

MONDAY, OCTOBER 2 – SUNDAY, OCTOBER 8

Palm Court

Lunch Daily 11:30am-3:30pm (Serving inside the Islander)
 Dinner Closed for Summer

Beach Bar & Grill

Beverages Mon.-Wed. & Sun. 11am-6pm • Thurs.-Sat. 11am-8pm
 Food Mon.-Thurs. 11:30am-4pm • Fri.-Sun 11:30am-5pm

Islander & Sushi Bar*

Mon.-Thurs. & Sun. 6-9pm • Fri. & Sat. 6-10pm

The Ocean Room

Breakfast Mon.-Sat. 7-11am
 Buffet Sun. 7-12pm
 Dinner Closed for Summer

Gianni Ristorante*

Dinner Mon.-Thurs. & Sun. 6-9pm
 Fri. & Sat. 6-10pm
 G the Bar opens 30 min. before dinner

Raw Bar

Closed for Summer

Port O' Call Wine & Spirits

Tues.-Thurs. & Sun. 11am-6pm
 Fri. & Sat. 11am-9pm

Reef Treats

Mon.-Thurs. & Sun. 7am-9pm
 Fri. & Sat. 7am-10pm

Reef Hut

Lunch Mon.-Fri. 11am-4pm
 Dinner Closed for Summer

Reef Eats

Breakfast Closed for Summer
 Dinner Mon.-Thurs. 5-10pm
 Fri. & Sat. 4-11pm • Sun. 4-10pm
 305- 367-5898

Fitness Café

Mon.-Fri. 7am-3pm
 Sat. & Sun. 7am-2pm

The Point (Members Only)

Coffee Sat. & Sun. 7-10am
 Cocktails Fri. -Sun. 5-8pm

Burgee Bar

Dinner Daily 5-10pm
 Cocktails Mon-Thurs., & Sun. 5pm-12am
 Fri. & Sat. 5pm-1am • Lunch Sun. 12-5pm

Reef Lounge

Small Plates Wed.-Sat. 5-10pm
 Cocktails Wed. & Thurs. 5-11pm
 Fri. & Sat. 5pm-12am

CH Prime (Members Only)*

Closed for Summer

CH Lounge (Members Only)*

Closed for Summer

Toski's

Snack Bar Closed for Summer

Town Hall Waterside

Dinner Closed for Summer

Grill Room (Members Only)

Lunch Mon. & Thurs.-Sun. 11am-4pm
 Brunch & Dinner Closed for Summer

Rum Runner

Open Daily 9am-4pm

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 For dining reservations, call 305-367-5931.
 *Reservations required.

LABOR DAY 2023



SPORTS

INSIDE THIS ISSUE

ORYC Rocks Cleveland



by Sarah A. Cart

Sunny skies and fall temps greeted the Ocean Reef Yacht Club (ORYC) for its "Great Lake/Great Party" trip to Cleveland September 18-21.

For the opening act, **Lora** and **George Blaha** hosted a lavish wine and cheese reception at their beautiful home overlooking Lake Erie. As the sun dropped toward the horizon, right on cue, a bald eagle soared overhead to welcome everyone.

Dinner with music provided by the David Londono Trio and an exchange of burgees followed at the Cleveland Yachting Club in Rocky River.

The next morning, it was "All aboard!" the Good Time III for a three-hour Lake Erie luncheon cruise, going far enough west to get a spectacular view of the Blahas' home from the water.

Wednesday daytime saw many participants opting to make the most of their day pass to the Rock & Roll Hall of Fame where at one point, a collection of ORYC friends and crowd of strangers encouraged Commodore **Sarah Cart** to join Past Commodore **Don** and Commodora **Denise Bermant** for a rendition of *House of the Rising Sun* in the garage band Jam Space.

That evening, the yacht club troupe returned to the Hall of Fame, stopping at the iconic "Long Live Rock" display on the outdoor plaza

for a photo before heading in for a night of fun. Following cocktails, in a nod to **Christy Garces** who is known for her lyrical magic but was unable to attend, Denise Bermant, Commodore Cart, **Helen Emmert** and **Eileen Mullray** performed an ORYC-adapted version of *Rock & Roll is Here to Stay*, noting among many other things, "Our yacht club is here to stay; it will never die. It was meant to be that way – here's the reason why: Boats and fun and friends to say, 'Our yacht club is here to stay!'" and concluding "If you like to have some fun, tell Phyllis that you're in. Then go get yourself a boat and let the fun begin!" Everyone enjoyed dining and dancing to the music of The Element band, which, thanks to a request from **Brooke** and **Sally Weisleder**, expanded its repertoire with a little Beach Boys, playing *Barbara Ann* as if they do so every day; soon everyone was on the dance floor.

After Thursday morning's farewell brunch at the Ritz-Carlton Cleveland, people headed off to all points of the globe with great memories of ORYC rocking "the North Coast."



Lora and George Blaha, as members of both Ocean Reef Yacht Club and Cleveland Yachting Club, engaged in the nautical tradition of exchanging burgees with ORYC's Commodore Sarah Cart (left).



During their "fall cruise" to Cleveland, ORYC members got out on Lake Erie aboard the Good Time III, enjoying one another's company, a great lunch, and beautiful weather.



Wednesday, Sept. 20 was ORYC Day *all day* at the Rock & Roll Hall of Fame, with the club's logo on display in the "Long Live Rock" plaza throughout. Commodore Cart was thrilled to see it first thing in the morning, and all the ORYC members in attendance were delighted to capture the group's arrival for the event's final night dinner dance.

Falling Back Into the Swing of Season



by Hannah Fleckenstein, Head Tennis Professional

Hello and happy fall! What a summer we have had here at the Tennis & Games Center. It has been filled with fun times both on and off the court with Members of all ages. Although we all thoroughly enjoyed reliving our own summer camp glory days while teaching Quickstart and Tournament Tough, we are ready and excited for the upcoming season!

We are fortunate this season to have many well-seasoned (and sunburnt) pros on staff. Returners include Director



Harvest Moon, 2022.

Justin Romero and myself, along with our beloved mentor, Jim Morton. Completing the steadfast foursome of returners is none other than Alex Henderson (in his ninth season!). New to winter season, but not new to Ocean Reef Club are summer pros Nicolas Scheller and Jose Vacabustamante. They loved Ocean Reef Club and the Membership so much this summer that they are staying with us through May! We will have a few more additions to staff come November, but I will keep



Member-Associate Tennis Tournament, 2022.

you on the edge of your seat until next month's edition...

Looking ahead to October and early November, we have three events to look forward to.

Member-Associate Tennis Tournament: On **Monday, October 23rd** from 4-6:30 p.m., we will be hosting the Member-Associate Tennis Tournament. This annual event pairs a Member with an Associate for a round-robin format tennis tournament. Don't worry, you don't need to sign up with a partner. We can take care of that for you! But, then again if there is an Associate that you definitely want to play with, please let us know. We will all enjoy an evening of tennis and laughter, capped off by a dinner shared by Members and Associates alike. To sign up you can visit www.oceanreef.com/memberassociatetennis or call the Tennis Pro Shop at 305-367-6583.

Harvest Moon Tournament: On **Thursday, October 26th** from 4-6:30 p.m., we will be hosting our annual opening event - the Harvest Moon Tournament.



Member-Associate Pickleball Tournament, 2022.

Whether you wish to compete in croquet, Pickleball or tennis, we will have some fun ringing in the start of season with a round-robin style format. The evening will culminate with a buffet of everything that you would hope to find on a table after a bountiful autumn harvest. To sign up, you can call the Tennis Pro Shop at 305-367-6583.

Member-Associate Pickleball Tournament: Last, but not least, on **Thursday, November 2nd** starting at 5 p.m., we will be hosting the annual Member-Associate Pickleball Tournament. Similar to Member-Associate Tennis, Members will pair with Associates to play in a quick rotation format. The evening will also feature our in-house DJ, Justin Easthall, who "daylights" as Ocean Reef Club's graphic designer in the Communications Department. Expect good dinking, good drinking, and a delicious dinner. To sign up you can call the Tennis Pro Shop at 305-367-6583 or you can visit www.oceanreef.com/memberassociatepickleball.com.



LAURA VAN RENSBURG
Associate Broker

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Member-Guest Tennis Tournament
January 26 - 28, 2024

Mark your calendars for the 51st annual Member-Guest Tennis Tournament. There will be more tennis than you can imagine with cardio clinics, gameio clinics, and most importantly, tournament play! Plus, cocktails to celebrate the weekend. More details to come. Registration opens Friday, December 15.

Get to Know Your Pro: Nicolas Scheller

Where are you from?
I grew up in New Mexico and Pennsylvania.

When did you start playing tennis?
I started playing tennis when I was 4 and I started playing tournaments when I was 10.

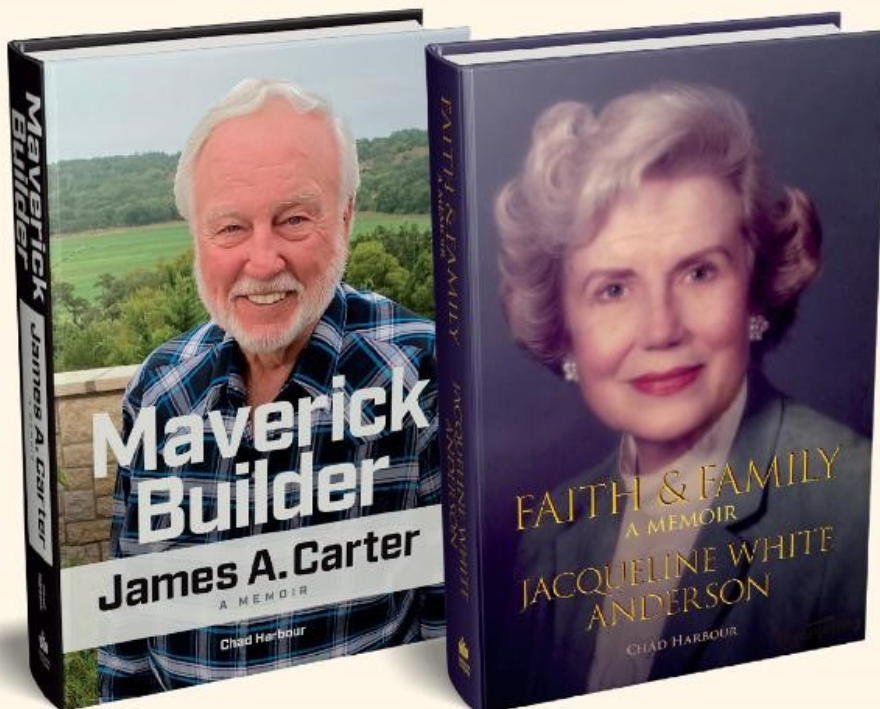
What are some achievements in your tennis career?
I am a Pennsylvania State Champion. No.1 in the Southwest as a junior. No.1 in the state of PA in 18s. NCAA Conference Carolina Champion.



Who's your favorite tennis player?
My favorite tennis player is Roger Federer.

Pickleball or Tennis?
I enjoy both. I love the strategy and the importance of mental toughness behind both sports.

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— Kevin Anderson

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SEASON EVENT HIGHLIGHTS

TENNIS:

Member-Associate Tennis Tournament
Oct. 23

Tennis Mixed Doubles Club Championships
Nov. 18th – 19th

XGLOsive Tennis Extravaganza
Dec. 18th

Tennis Member-Guest Tournament
Jan. 26th – 28th

PICKLEBALL:

Member-Associate Pickleball Tournament
Nov. 2

Pickleball Member-Guest Tournament
Dec. 8th – 10th

XGLOsive Pickleball Extravaganza
Dec. 19th

Pickleball Pro-AM
Jan. 6th – 7th

CROQUET:

Croquet Mixer Open Play Opening Day
Nov. 5th

Croquet Fall Singles Golf Croquet Tournament
Nov. 17th

RECENT CATCH



Will and Luke Wittekind had an exciting day aboard the "Mr. Nice" at Ocean Reef, where they successfully landed a 29.5 lb. Mahi. This fish went after both of their baited lines, resulting in a thrilling and memorable fishing experience!

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TENNIS RESULTS

MEN'S "B" NIGHT LEAGUE RESULTS

Monday, September 4
 First Place: Rob Lopez
 Second Place: Andy Hofmann

Monday, September 11
 First Place: Bill Sport
 Second Place: Lance Holl

Monday, September 18
 First Place: Tyler Massey
 Second Place: Andy Hofmann

Monday, September 25
 First Place: Andy Hofmann
 Second Place: Dave Jackson

LABOR DAY DOLPHIN TOURNAMENT

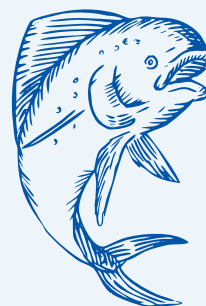


Top Junior Angler Archer Bates with his catch that also won his boat "Liquid Courage" the title of Top Boat in the tournament. Way to go Archer!

RESULTS:

Top Boat:
 Liquid Courage

Top Junior Angler:
 Archer Bates



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Wardrobe furnished by Sam and Rosa at the Golf Shop.

A Season Kick-Off With Golf!



"From the Gold Tees" by Michael Leone, Director of Golf

Another season is right around the corner and the Golf Team is thrilled to welcome back all of the familiar faces! With a newly-renovated Dolphin Course, this upcoming season promises to be one filled with comradery on the course, long-lasting memories, and of course, many trophies and prizes!

OPENING GOLF EVENTS OF THE SEASON

Meet the Team Invitational – November 3

The Golf Season will



Ocean Reef Club Invitational Flight Winners, 2022.

commence with the annual "Meet the Team Invitational." This is a fan-favorite event where Members get to meet and greet new and returning golf professionals as they tee off each hole. It is great way to get a sneak peek of the talent that will be later displayed in the Bag Room Open! "Meet the Team" is a 9 a.m. shotgun on the Hammock Course.

Ocean Reef Club Invitational – November 9-11

Our premier Men's Member-Guest will take place the second weekend in November. This is the first major event of the season, and there is no better way to break in the newly-grassed Dolphin Course! This event will consist of 108 teams featuring Ocean Reef Members and guests from around the country. Teams of two will compete in five

9-hole matches to determine flight winners. These flight winners will meet in a shootout with hopes to claim the coveted title of Overall Champions!

MGA Opening Day – November 6

LGA Opening Day - November 7

9 Hole LGA Opening Day – November 16

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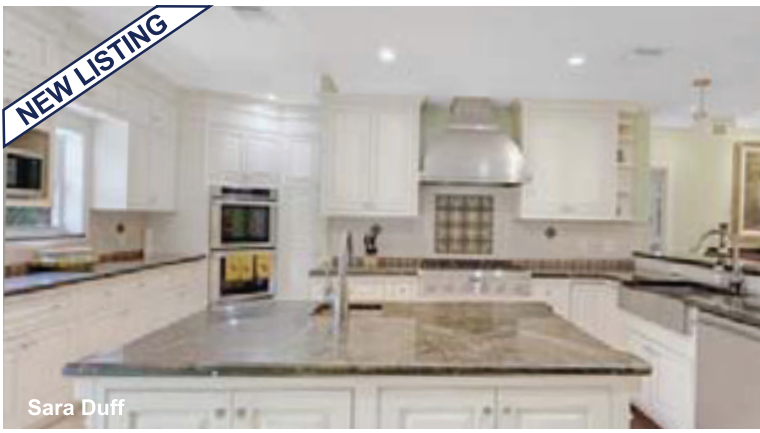
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A Young ORC Star in the Making



by Justin Seyback, 2nd Assistant Golf Professional

Jack Myers, whose parents are Evan and Susan Myers and grandparents are Jim and Diane Hobbs, participated in Little Linksters/Golf Camp the past two summers and has grown exponentially as a golfer. He competed in the North Texas PGA Junior Tour this summer and on July 17, won his event with a score of even par at Watters Creek. The week prior to the event, he spent his summer vacation here at The Reef working on his golf game in preparation for the event.

Another goal of his this summer was to shoot an under-par tournament round. He wrote "Under Par" on a piece of paper that he kept in his room to remind him of his goal every day. He accomplished that goal during a



Jack Myers used his daily "Under Par" reminder note pictured at the top, which ultimately guided him to achieve a below-par scorecard pictured on the bottom during a tournament in May.

tournament on May 31, 2023 in Richardson, Texas.

Every time he comes to The Reef I get to work with him on his game and each time I am taken back by how determined he is and how much talent he has.

Congratulations, Jack. I can't wait to see all the amazing things your future holds!

MARK YOUR CALENDARS

Dolphin Course Opening Celebration Tuesday, October 31

After a summer of hard work from our Golf Course Maintenance Team, the Dolphin Course re-grass is almost complete! Join us for an opening celebration on Tuesday, October 31, complete with a ribbon cutting and first tee-off from Director of Agronomy Eric Bennett and others.

Thanks to the dedication of the Golf Course Maintenance Team, the Hammock and Dolphin Courses will be ready for Member play just in time for season.

Look out for more details on the opening celebration.



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1 Osprey Lane

Ocean Front | 4 BD/5.5 BA | \$25,900,000 | 2256



Pumpkin Cay 43A

Canal Front | 3 BD/3 BA | \$6,475,000 | 2524



Marina Slip

DS-19 | 80' x 22'7" | \$3,250,000 | 2401



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Proper Putting Practice



“Swing Tip”
by Zach Haynes, First Assistant Golf Professional

We all would like to make more putts and lower our scores. What is the most effective way to practice our putting in order to do so?

The first question I would ask is: How often do you hit your approach shot within 15 feet? The majority of the world would say “very rarely”. With this truth in mind, what we practice while we are putting is very important. I would follow up with a second question of: Which is more important when hitting a putt, speed, or direction?

When a player is of any significant distance from the hole

and on the green, having the correct speed gives the player the best chance to get the ball in the hole with two strokes.

Making the 10-foot putt is important, of course you should continue to practice that. We need to increase the amount of time we spend on our lag putting. Set golf balls up beginning at 15 feet all the way to 60 feet. The key while performing this is gaining a feel for how much “swing” we need to put into this motion in order to get the ball to the hole. Hitting the ball at certain distances is controlled by length or stroke and the speed of the putter at impact. It is vital for players to practice putting with speed control in mind, not just making the putt.

What should our target be? Make sure you can visualize a 3-foot circle around the hole while your goal is to roll your ball into that 3-foot circle. Practicing your lag putting will help decrease the amount of 3 putts we have on the golf course and help lower your scores.

Hammock Course Maintenance Schedule

Front 9 Closed:
through October 1st

Back 9 Closed:
October 2–6

All 18 holes open October 7th

Driving Range Maintenance: During the summer season, the Driving Range will be open from 7:30 a.m. to 7 p.m. daily, excluding Tuesdays. The Driving Range will be closed on Tuesdays from 12 to 4 p.m.



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Continued from | 1

finisher - most of any participant), **Sue** and **Bart Shuldman**, **Bonny Gothier**, **Patrick Shouylin** (2nd event), and **Michael Sullivan Jr.**

Swim for Alligator Lighthouse: Swimmers can participate as solo swimmers or in teams of two, three, or four to complete the 8-mile distance. The following Members participated in the event a few weeks back: **Susanne Kramer**, **Liz Angelone**, and **Eric Soulavy**. Also taking part in the event were myself, Director of Fitness & Wellness Luis Bracamonte, with kayaker Abraham Mirabal (Ocean Room

Associate), Dr. Carlos Smith, visiting triathlon and endurance coach specialist Vanessa Soulavy, and Swim Coach Jon Olsen who is involved with the organization of the event.

Leadville Trail 100 MTB: Mixing high altitude and extreme rocky terrain, this is one of the country's prestigious endurance cross-country mountain biking events. See below for **Kimberly Moritz's** story on how she

endured and earned her finisher belt buckle!

What is Your 2023-24 Goal?
In order to increase our chances of success, it is ideal to pick personal and specific goals. Our personal trainers, instructors, and coaches are ready to provide you with the expertise and motivation to stay the course and achieve what matters to you. To book sessions for the season, contact us at 305-367-5820.

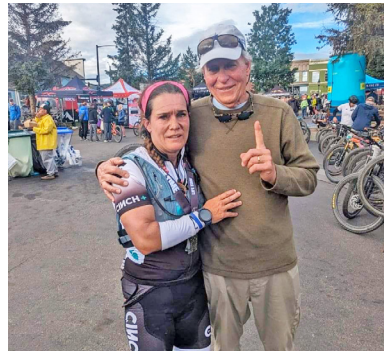
Conquering the Leadville Trail 100 MTB

By Kimberly Moritz, Member since 2017

2023 Leadville Trail 100 MTB, starting at an elevation of 10,200 ft., going to almost 13,000 ft., 105.25 grueling miles, 11,568 vertical feet of climbing, three timed cutoffs in the book, belt buckle earned.

I did not do this in the time I wanted, trained for, or expected. The Wednesday prior to the race, I had learned I had critically low iron (this explained all the cramping throughout my body leading up to the race); I woke up on Saturday morning, August 12, 2023, and got myself to the start line.

Between miles 20 and 30, I realized it would be a long day; cramping had begun. I kept pushing. I came into Twin Lakes; my face already said it all, and the pain was written all over it. Generally, I smiled, talked,



Kimberly Moritz, with husband John, following the Leadville Trail 100 MTB.

but this time was different; we all knew it. I continued up Columbine. I knew the top of the Columbine climb had changed, but that was a challenging hike on a bike. Even when I would get on my bike and pedal, other riders were clogging up the trail, not having the understanding of moving off to the right when walking. So I had to go with the flow until a clearing. I got to the top of Columbine at 12,600 ft. and headed down; I love the downhill. I got back to Twin Lakes, picked up more nutrition, and was on my way to Powerline. My husband told everybody no matter how bad it got, I couldn't and wouldn't quit.

I fully expected not to go past Powerline. By this time, I was not in the greatest shape. However, the smiling faces of my totally awesome support crew were there. I could not let them down, so I went up Powerline. With Austin and Heather walking with me to the first summit (there were a total of 5), the encouragement they gave and the jokes they made had me smiling and wanting to finish. Up, up, up, and up I went, to the top of Powerline, then came a really sweet downhill to Hagerman. By the time I was on Hagerman, I was in tears. However, I was so close to finishing and there was no amount of pain at this point that would make me stop. The thought of quitting was with me all day, but the will to keep going won out. No matter how rough of shape I was in, I couldn't stop, I wouldn't quit, and the finish line was within reach.

I reached the top of Carter Summit, and my crew was there again, cheering me on and telling me to go. Austin gave me a push and away I went. I had more to climb until I reached the top and

enjoyed another juicy downhill. I then got to the bottom of Kevin and realized I had to crank it; time was running out for me to make it to the finish.

As I got to the top of the Boulevard, I knew the finish line was just a few miles and pedal strokes away. I gave what I had left in the tank to get there in time. I MADE IT, I got my belt buckle. My friend Sammy was the first to greet me. He said, "You did it, way to go." I literally sat there, did not say much, and could not move. A few minutes later, Austin and Heather were there to help me. Austin had to lean my bike over so I could dismount and the day was done. My husband John met me, and with tears flowing down his cheeks, he hugged me. Had it not been for my fantastic support crew, I would not have made it to the finish line. Their support, encouragement, love, jokes, and cheering me on meant everything to me; I did not want to disappoint them or myself. They made the day so incredibly special. I am forever grateful and thankful for them.

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Opening Preempts



“Bridge Tip”
by Gregg Van Dyke,
Director
of Card &
Games

Preempts are weak bids that are designed to a) interfere with the opponent’s bidding and b) describes your hand to partner in one bid. Once a preempt bid is made, unless forced, only the partner may continue bidding for his side.

Requirements

1. 0 to 10 HCPs (If you have more than 10 HCPs, consider opening at the 1-level).
2. At least a 6-card or longer suit.
3. No 4-card outside major.

Now count your tricks:

Count the number of winners you should receive from the honors in your hand and the number of cards over 3 in any suit.

Examples:

- | | |
|--|--|
| 1. ♠KQJ9754
♥765
♦4
♣32
6 tricks | 4. ♠987
♥
♦K74
♣KJ97653
5 tricks |
| 2. ♠8
♥AQ87642
♦Q542
♣2
7 tricks | 5. ♠KQJ9762
♥7654
♦3
♣3
Open 1♠ |
| 3. ♠9
♥76
♦QJ9876
♣J987
5 tricks | |

Vulnerability (“Rule of 2, 3 and 4”)

If your side is vulnerable and the opponents are not, then you

can open the preempt missing 2 tricks.

Open at the 3-level if you have 7 tricks. Open at the 4-level if you have 8 tricks.

If both sides have equal vulnerability, then you can open the preempt missing 3 tricks.

Open at the 3-level if you have 6 tricks. Open at the 4-level if you have 7 tricks.

If your side is not vulnerable and the opponents are, then you can open the preempt missing 4 tricks.

Open at the 3-level if you have 5 tricks. Open at the 4-level if you have 6 tricks.

Responses

Since the preempt bid shows a weak hand, the responder will usually pass. But if the responder has a better than an opening hand and a strong 5-card suit, he can bid at the 3-level. This bid is forcing! The opener will either raise the partner’s suit if he has support or repeat the preempt.

Examples:

With this hand, East responds with his spade suit. If West has

East	West	North	East	South
♠AQ9754	3♣	Pass	3♠	
♥A65				
♦4				
♣K32				

3 spades, then he would rebid 4♠ otherwise he would repeat clubs, 4♣

Clearly East wants to be in a major, instead of diamonds. He

East	West	North	East	South
♠AQ974	3♣	Pass	3♠	
♥AQ965				
♦4				
♣32				

bids 3♠ then will bid 4♥ to give his partner a choice.

But be careful! Always check the vulnerability. If partner opened on favorable vulnerability, then he will probably opened light. Have more than an opener if you decide to respond.



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Please no pets.

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For pricing and availability

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Phone: 802-777-3038
Email: Jon.Guyette@crossagency.com

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206andros@gmail.com

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305carysfort@gmail.com

309 Carysfort Road
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309carysfort@gmail.com

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48AFairwaylakes@gmail.com or
781-258-7249

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Email: crilli33@gmail.com

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Inquiries:
PumpkinCay73A@gmail.com

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