Vol. 11, No. 11 A Unique Way of Life January 12, 2024

# Skies Light Up at Ocean Reef



What a way to start the New Year. Ivy Handy photographed this breathtaking Point sunrise on January 2.



This fiery sunset lit up the Marina and Donna Kupper just had to capture the moment.



December 28th sunset on Pumpkin Cay with Rachel Cohen, her daughter Ariel Cohen, and Maxi.



January 2 was a day of beautiful skies. Gigi Morgan, daughter of AC Morgan, is the artist behind this sunset masterpiece.



Fireworks lit up the sky over the Marina just after midnight on New Year's Day and Bob Schmetterer had a picturesque view from his terrace.

# **INSIDE THIS ISSUE**

Special Presentation on our Corals & Marine Environment, page 8

Associate of the Year is a Perfect Fit, **page 12** 

Palm Reading Around The Reef, page 23

ORYC Fleet Review Returns with Heart, **page 43** 

# Records Broken at the Reindeer Run

Bright and early on the morning of Friday, December 29, Ocean Reef's most motivated souls rolled out of bed, pulled on their sneakers, and made their way to the Business Center Parking Lot where the 2023 Reindeer Run, postponed from the day before due to weather, was set to begin. This tradition, along with the Gobble Wobble 5K, Bunny Hop 5K, and Independence Day 5K Fun

Run, has been around for many years. You may be surprised at just how far back the tradition

As history goes (said history is VP Sports & Recreation Mic O'Keeffe, who's been at ORC half as long as the Fun Runs), the Bunny Hop, always the Saturday before Easter, is the "OG" (read: original) Ocean Reef Fun Run. Believe it or not, this athletic tradition will be celebrating its 42nd running this March, wow! The success of the Bunny Hop, which now consistently boasts more than 500 runners, led to the addition of the other holiday runs Members know and love (or

maybe, love-hate?).

The Gobble Wobble for example, which always occurs the day after Thanksgiving, began humbly in 2003. Forty people traveled from the Business Center to the Fishing Village for the inaugural run, which has since been extended to a 5K.

The Reindeer Run followed in 2009 and is now the record holder by far for the largest run with 620 participants during this latest holiday season. A new course record was also achieved at the December 2023 run by Martin Barco IV with a 5K time of 16:05. Martin also won the Indiana State High School Mile

Championships last year as a Junior with hopes to repeat as a Senior, and will be running for the University of Washington next year.

The youngest 5K tradition at The Reef is the Independence Day 5K, which has been going steady for nine years on the

Continued On |29

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# OR "See"



Just when we thought the rain would never stop in time for New Year's, this rainbow terminated in the Fishing Village to signal sunshine returning. – Terry Baxter

What have you discovered on your walk, biking or on a daily golf cart ride that you never noticed before?

Email <a href="mailto:orp@oceanreef.com">orp@oceanreef.com</a> and share your discoveries.

# OCEAN REEF PRESS CELEBRATING ORP VEARS!

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#### **DEADLINES**

**Advertising** Friday at 5 p.m. **Editorial** Monday before issue at Noon

#### OCEAN REEF PRESS EDITORIAL ADVISORY BOARD

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# GENERAL INFORMATION

# **E-mail Updates**

To receive the Friday email containing links to The Ocean Reef Press and This Week at The Reef via e-mail, send your e-mail address to communications@oceanreef.com.

#### **INFORMATION**

- Published each Friday Nov Apr.
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- The editorial content of this newspaper is prepared and edited by the Ocean Reef Press Staff. The sale of advertising and printing of this newspaper is performed by Ocean Reef Club. Ocean Reef Club does not guarantee the accuracy, completeness, or usefulness of any facts or opinions published herein. Ocean Reef Club is not responsible for any content errors contained in any advertising materials published herein.

# **NEWS & HAPPENINGS**

# **Calling All Kappas!**

All Kappa Kappa Gamma sisters are encouraged to meet for coffee and a chat on the Town Hall terrace on **Monday**, **January 22** at 10 a.m.

#### **NEW! Caribbean Nights Buffet**

Saturday, January 20 6:30 p.m. • Palm Court

These all-new Caribbean Nights Buffets will be the epitome of paradise featuring a Caribbean menu with live music on Palm Court. For details and reservations, call 305-367-5931.

Reservations required.

# **New Grill Room Weekly Dinner Specials**

Shepherd's Pie Monday
Asian Tuesday: Orange Glazed Chicken Stir-Fry
Comfort Thursday: Thanksgiving
Ocean Friday: Southern Fried Fish
For dining hours, see page 31.

## **Reef Experience: Psychic Interaction**

Sunday, January 21 10 a.m. − 4 p.m. • Sailfish Patio

Sign up for a 15-minute session and select between having a psychic, tarot card, palmistry, or astrology reading! For details and information, please contact 305-367-5874.

Reservations required.

# Gotta Question?

I have some used books that I would like to donate. Is there anywhere on The Reef that would accept them?

Sure thing! The Cultural Center Library will accept donated hardcover or paperback books with some exceptions. Simply, they ask that the books be in good shape and from within the past five years. At this time, the Library is not accepting cookbooks or textbooks.

You can swing by the Library to drop off your donations Monday through Thursday between 10am-12pm starting Monday, January 15th. You can also



drop off the books at the Cultural Center office during their office hours which are Monday through Friday from 8:30am to 5pm.

For questions or concerns, please call the Library at 305-367-7332.

# **EDITOR'S NOTE:**

If you would like to submit a question, email the Ocean Reef Press at orp@oceanreef.com.

# ORC MEMBERS - NEWS, VIEWS & TIDBITS

# Memberabilia

# **Recent Discoveries....**

"Wish I Had Known"
Wonders of Ocean Reef



by Joan Birsh

# Welcoming Place for a

**Dog....** Over the years I have often written about the dog culture at Ocean Reef. In one article in the *Ocean Reef Press*, my opening sentence read: "Full Disclosure: I am not now, nor have I ever been, a dog owner." I frequently identified myself both in print and in person as a NDP (non dog person).

Then on December 19 along came **Daisy Mai**, a 7-year-old Cavapoochon (which I later learned was a triple mix of a Cavalier King Charles Spaniel, Bichon Frise and Toy Poodle).

I had no interest in a dog, though I was toying with the idea of a cat. But on the morning when my housekeeper Patty arrived with this affectionate and adorable dog, who joyfully leapt onto my lap and into my life, I was on my way to being a CDP (Committed Dog Person)!

Patty had come by this dog, as well as one other, when a woman, who was moving from The Reef, asked her help in finding new homes for two of her three dogs. One of them was quickly placed with Patty's nephew but the other one (Daisy) was up for grabs.

I was curious but not seriously interested (remember, I didn't like dogs). Thirty seconds after Daisy bounded through my front door all that changed.



I am now a new dog owner, embraced by scores of friends, whose passion I am beginning to share. We show each other pictures (Daisy is very photogenic), talk about subjects like dog food and problematic barking. I have yet to visit the Dog Park, though everyone is encouraging Daisy and me to join in what I am assured is a very social and pleasurable rendezvous for both the dogs and their owners. I occasionally suspect I've just joined a cult, but I couldn't be happier.

# Overlooking The Grill

Room.... This restaurant, located in the new Clubhouse, has been a contender in Ocean Reef's dining possibilities since January 2022, when it first opened its doors to a Member-only clientele. It has been highly praised for the great view of the Dolphin Course, and an interesting menu of traditional entrees (e.g. meatloaf, turkey dinner with all the "fixings") as well as new delights like my now favorite Beer Mussels.

How did I miss all this for nearly two years. The only explanation is that, like owning a dog, I had the idée fixe that the Grill Room just wasn't for me.

But the recent holiday visit of a bevy of young adult grandchildren, who are all foodies, has convinced me that I was vastly uninformed about the esthetic and culinary pleasures of the Grill

Room.

My "change of heart" (and palate) began on a busy night during the holiday season, when I had neglected to make a reservation at any of our popular restaurants and was convinced we would be relegated to take-out or, God forbid, home cooking.

One of the kids made a brilliant suggestion – "Let's try the Grill Room. It's Members only and doesn't take reservations, so maybe we have a chance of getting a table"

She was right on all counts, so much so that we returned the next three nights. For two out of the three, I had the Beer Mussels on linguine pasta. On the third night, I had the Roast Chicken.

Divine!

The Bellstand for a Good Ride.... Need a ride to a location anywhere on The Reef or even to Anglers Club? Then all you have to do is call the Bellstand and request a pick-up. This is an unbelievable service, which has been available to Ocean Reef Club Members for ages. But I've lived at The Reef for 27 years and never thought of taking advantage of it.

The first time I used it was this November just after Thanksgiving, when I was invited to dinner at a friend's house. It was pouring rain and taking my cart was unthinkable. I called the Bellstand and asked tentatively – "Could you take me to this address?" A cheerful voice replied without hesitation, asking my Member number and when and where I wanted to go.

Why hadn't I used this wonderful service years ago instead of braving inclement weather and unfamiliar destinations in my golf cart?

The ride was at no charge and I had a delightful driver named Jean Elie Antoine, who had been working at Ocean Reef for 7 years. It seems that he had been an important member of the Methodist Church Choir in his native Haiti. I can attest to his vocal abilities because on the way home he entertained me with a fine rendering of the Hallelujah chorus.

Other "wish I had known"
Discoveries.... We are
all familiar with the callin registration for gate
clearance for your guests,
but I was unaware that the
names of everyone traveling
in an entering vehicle must
be recorded in your phone
request for entrance to Ocean
Reef.

Another helpful hint that I learned the hard way was the question of guest cards. I didn't realize I could get the guest card form online, fill it out and print it. Then the guest card can be at the front desk just awaiting your guest's pick-up.

One last discovery that made a large part of this year's Christmas shopping a breeze. Instead of wracking my brain for appropriate gifts, I waited until my visitors arrived at Ocean Reef and then took them shopping at our great OR stores. No need to anticipate their desires, let them choose for themselves. My granddaughter and my soon-to-be "granddaughter-inlaw" each zeroed in on one of those shameless sweaters from the Burgee Shop embossed with ORC in large letters. One of the girls wanted white, the other navy. I bought the light blue one. Who says it is better to give than to receive?

**Last Word....** Two pieces of advice I hope to follow in 2024.

This first is from Ann Landers – "Don't accept your dog's admiration as conclusive evidence that you are wonderful."

The second is from Joan the Shopper – "Enjoy the gilt and forget the guilt."



AT OCEAN REEF



Saturday, January 20 - 8:00PM

\$175 Donor • \$200 Non-Donor

Pre-performance dinner \$63++, reservations required.

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January 22 - 28, 2024

# Monday, January 22 • 6:00pm

SOIRÉE AT KEY LARGO ANGLERS CLUB \$200 per person, includes cocktails, soirée and dinner

# Wednesday, January 24 • 6:00pm

SOIRÉE AT OCEAN REEF CHAPEL

\$200 per person, includes cocktails, soirée and dinner

# Thursday, January 25 • 6:00pm

SOIRÉE AT CARD SOUND GOLF CLUB \$200 per person, includes cocktails, soirée and dinner

# Friday, January 26 • 10:00am

YOUTH CONCERT AT THE CULTURAL CENTER
Complimentary

# Sunday, January 28 • 1:30pm

GRAND FINALE MATINÉE AT THE CULTURAL CENTER

Complimentary



#### **REQUEST TICKETS:**

Scan the QR code to order your tickets and/or visit our website at ORCulturalCenter.org for complete details.

Your tickets are not confirmed until you receive a confirmation email from the Cultural Center.

For Tickets/Dinner Reservations, email: Tickets@OceanReef.com

# **CULTURAL CENTER**

# Lecture TONIGHT!

Join Noah Feldman, Harvard Law Professor at the Cultural Center, for a complimentary lecture on his "Insights on the Middle East".

5:00 p.m. Cultural Center Complimentary



Noah Feldman

# Chamber Music Festival Brings World Premieres to Ocean Reef

Celebrating its 17th season, the Ocean Reef Chamber Music Festival is thrilled to welcome back pianist Anne-Marie McDermott as Artistic Director. This season boasts an exceptional musical journey with a stellar lineup, including the Grammynominated Dover Quartet comprising Joel Link on violin, Bryan Lee on violin, Julianne Lee on viola, and Camden Shaw on cello. Their performance at the Anglers Club on the opening night will showcase the world premiere of a composition tailored for Ocean Reef. Double bass virtuoso Xavier Foley debuts at the festival, presenting an exclusive piece at the Card Sound Golf Club concert. Joining Foley will be McDermott and members of the Dover Quartet, ensuring a memorable musical experience for festival patrons.

**Monday, January 22** Soirée at Anglers features the Dover Quartet: violin, viola



Photo Credit: Roy Cox

and cello.

Wednesday, January 24 Soirée at the Ocean Reef Chapel features Anne-Marie McDermott on piano.

**Thursday, January 25**Soirée at Card Sound Golf
Club features the Dover
Quartet, Xavier Foley on bass
and Anne-Marie McDermott
on piano.

Friday, January 26 Youth Concert at the Cultural Center begins 10 a.m. and is complimentary to all.

Sunday, January 28 Grand Finale Matinée at the Cultural Center features the Dover Quartet, Xavier Foley on bass and Anne-Marie McDermott on piano. This matinee is complimentary and begins at 1:30 p.m.

For reservations to the Soirées, email <u>tickets@</u> oceanreef.com.

# **ORCA NEWS**

# By Learning CPR, You Could Save a Life!

By Dr. Nancy E. Epstein, M.D., F.A.C.S.

If cardiac arrest happens, it is critical to have bystanders initiate basic life support measures such as CPR. In a cardiac arrest, no blood is circulating through the heart to the rest of the body, including the lungs, kidneys, and brain, and this can result in death. The main causes of cardiac arrest include abnormal heart rhythms that result in no blood circulation. This can be preceded by low or fast heart rates, and/or heart attacks or strokes.

We can improve the odds of survival for those who

experience cardiac arrest here at Ocean Reef by increasing the number of individuals trained in CPR and the use of automated external defibrillators ("AEDs"s). There are 65 AEDs installed throughout Ocean Reef and are available to those who have been trained to use them. If bystanders do not provide CPR/chest compressions, the chance of neurological recovery goes down 7-10% with each minute following the onset of a cardiac arrest (and until there is defibrillation with an AED). However, if a bystander does cardiac compressions, even without respirations, survival rates markedly increase. Studies show that the chance of survival triples if CPR is performed right away!

Using the AED as soon as possible "shocks" or "stuns"

the heart and helps the heart to resume a rhythm allowing blood to circulate again. However, this may take several attempts, and CPR must continue between AED shocks. Once Firefighter-Paramedics arrive, they will take over CPR and resuscitative efforts, including administration of advanced life support (ALS).

ORCA Firefighters-Paramedics will be teaching basic CPR courses as well as refresher courses in the coming weeks. You will learn cardiopulmonary resuscitation as well as the application and use of an AED.

The classes will be taught at either Town Hall or the ORCA Public Safety building. Length of the class is 8 hours for initial certification, and 6 hours for recertification. The upcoming refresher course is scheduled for **Tuesday**,



Sixty-five of these lifesaving AEDs are located throughout The Reef.

January 23rd, while the initial certification class will take place on Wednesday, January 24th. Please visit oceanreef.com/CPRClass or email Patty Benitez at <a href="mailto:pbenitez@oceanreef.com">pbenitez@oceanreef.com</a> to register.



# Something even better is what's next.



# Ocean Reef Club

# Sotheby's

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Contact us to discover what's next. oceanreefclubsir.com | 305.367.2027 Fishing Village | Ocean Reef Business Center

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8 Halfway Road | Golf Course 3 BD, 2BA | \$5,995,000 | 2595

Molly Taylor 508.524.4633 | molly@oceanreefclubsir.com Russell Post 305.451.8199 | russell@oceanreefclubsir.com



36 West Snapper Point Drive | Water Front 6 BD, 6F/4H BA | \$35,000,000 | 2521

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



3 Exuma Road | Canal Front 4+BD, 3F/2HBA | \$14,750,000 | 2611

Barbara Sibley | 305.394.0061 | barbara@oceanreefclubsir.com



11 Grayvik Drive | Canal Front 3 BD, 3 BA | \$11,450,000 | 2552

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



38 Sunset Cay Road | Water Front 3 BD, 4F/2H BA | \$29,975,000 | 2608

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



# 44 Cardinal Lane | New Construction 5 BD, 5.5 BA | \$13,900,000 | 2615

Jay Rourke | 786.493.8105 | jay@oceanreefclubsir.com Megan Lyons | 786.201.5265 | megan@oceanreefclubsir.com



175 South Harbor Drive | Lake Front 4 BD, 5.5 BA | \$7,995,000 | 2599

Jay Rourke | 786.493.8105 | jay@oceanreefclubsir.com Megan Lyons | 786.201.5265 | megan@oceanreefclubsir.com



Barbara Sibley

305.394.0061 | barbara@oceanreefclubsir.com

Mary Lee 917.603.3252 | marylee@oceanreefclubsir.com



12 Ocean Reef Drive 3 BD, 2 BA | \$5,649,000 | 2478

Helena Morton 305.522.2196 | helena@oceanreefclubsir.com



1 Osprey Lane | Ocean Front 4 BD, 5.5 BA | \$25,900,000 | 2256

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



26 Channel Cay Road | Canal Front 4 BD, 3.5 BA | \$13,500,000 | 2533

Rick Romeo | 304.667.7896 | rickromeo@oceanreefclubsir.com



16 Sunrise Cay Drive | Ocean Front 5 BD, 6.5BA | \$19,875,000 | 2540

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3 Ocean Reef Drive | New Construction 7 BD, 7F/3H BA | \$11,950,000 | 2580

Helena Morton | 305.522.2196 | helena@oceanreefclubsir.com



42 Island Drive | Canal Front 4 BD, 4.5 BA | \$18,750,000 | 2499

Barbara Sibley | 305.394.0061 | barbara@oceanreefclubsir.com



15 Harbor Island Drive | Canal Front 5 BD, 5.5 BA | \$11,800,000 | 2594

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



# 12 Caloosa Road | Lake/Golf

5 BD, 6F/2H BA | \$7,995,000 | 2637

Rick Haney
305.394.4645 | rick@oceanreefclubsir.com
Denise Haney

305.394.6838 | denise@oceanreefclubsir.com



# 29 Baker Road | Water Front

4 BD, 4.5 BA | Nearly Complete \$6,995,000 | 2332

Eric Woodward 305.394.4461 | eric@oceanreefclubsir.com



# 24 Tamarind Lane | Lake Front 5 BD, 6.5 BA | \$6,900,000 | 2495

Jay Rourke 786.493.8105 | jay@oceanreefclubsir.com

Megan Lyons 786.201.5265 | megan@oceanreefclubsir.com



302 Carysfort Road | Villa Cay 5 BD, 4 BA | \$5,995,000 | 2593

Mary Lee 917.603.3252 | marylee@oceanreefclubsir.com



5 Ocean Reef Drive 3 BD, 3 BA | \$5,490,000 | 2609

Helena Morton 305.522.2196 | helena@oceanreefclubsir.com



32 Bay Ridge Rd | Central Location 3 BD, 3 BA | \$5,125,000 | 2498

Marcy Aultman 305.522.0582 | marcy@oceanreefclubsir.com



31 Angelfish Cay Dr. | Ocean Front Vacant Homesite | \$14,975,000 | 2487

Molly Taylor
508.524.4633 | molly@oceanreefclubsir.com
Russell Post
305.451.8199 | russell@oceanreefclubsir.com



24 Cardinal Lane | Water Front 25,828 Sq. Ft. Lot | \$8,500,000 | 2570

Mary Lee 917.603.3252 | marylee@oceanreefclubsir.com

# Sarah Fangman to Present on 2023 Heat & **Coral Bleaching**

By Sara Rankin, Marine Preservation Society of the Florida Keys

In late July of 2023, a fierce ocean heat wave ratcheted up temperatures in Florida's coastal waters to unprecedented highs. Heat-stressed corals in the Florida Keys began bleachingexpelling their food-producing algal partners—amid the hottest water temperatures ever documented in the region. As weeks of heat continued, bleaching and death became more widespread. Some of the reports coming in from NOAA's coral reef restoration partners were grim. A press release from the Coral Restoration Foundation reported that 100 percent of the coral at several of





Before and after comparison of the coral as bleaching progressed. Photos by Stephen Frink.



Bleached Elkhorn coral. Photo by Stephen Frink.

their team's restoration sites in the Lower Keys had been lost, including at Sombrero Reef and Looe Key Nursery.

It was not just corals that were in trouble. The overheated water was also bad news for everything from sponges to seagrasses to fish. Many marine species simply disappeared to cooler waters.

Unfortunately, the endangered corals on the reef around us could not move. In response, as water temperatures spiked in the Florida Keys, scientists from universities, coral reef restoration groups and government agencies launched heroic efforts to save the corals.

In particular, the Florida Keys National Marine Sanctuary coordinated the rescue of two live fragments from each genetically unique staghorn and elkhorn coral remaining on Florida's Coral Reef and moved them into tanks on land. Marine scientist Ken Nedimyer and his team at Reef Renewal USA executed a different approach and moved an entire coral tree nursery from shallow waters off Tavernier to an area 60 feet deep and 2 degrees Fahrenheit cooler.

To recount these unprecedented events, reactions, as well as future initiatives, Florida Keys National Marine Sanctuary Superintendent Sarah Fangman



Sarah Fangman, Superintendent of the Florida Keys National Marine Sanctuary

and William Sharp, Research Administrator for Florida Fish and Wildlife Conservation Commission's Fish and Wildlife Research Institute will be featured speakers at the Cultural Center on Monday, January 15th at 5 p.m. Discussion will surround the marine heat event in 2023, adaptation and resilience strategies being developed, as well as the present status of our marine ecosystem.

This thought-provoking and informative evening is sponsored by the Marine Preservation Society of the Florida Keys (MPS).

"2023 was an incredibly tough year for the Florida Keys marine ecosystem and this cause is deeply personal to all of us, but hope remains. Through these challenges, we are all motivated to do positive good to restore our ocean environment", states MPS Chairman, Tom Davidson, Jr. "The problem is big enough that it will not be solved by a single individual or organization, rather we ALL need to tackle this together at scale. While the outlook may seem grim, positive initiatives have been implemented. We hope to see many in the community join us next Monday to learn more."

For more information on MPS, please visit marinepreservationsociety. org. To learn more about the Florida Keys National Marine Sanctuary please visit floridakeys.noaa.gov, and for more on the Florida Fish and Wildlife Research Institute, please go to myfwc.com/about/ inside-fwc/fwri/.



Tinnitus, commonly known as "ringing in the ears," is the perception of hearing a sound in your head or ears when no external noise is present

Over 50 million Americans experience tinnitus on a daily basis. It's important to understand the signs, causes, and what your treatment options are

# SIGNS OF TINNITUS

Symptoms of tinnitus include hearing:

**BUZZING | HUMMING | RINGING** WHISTLING | WHOOSHING



# **CAUSES OF TINNITUS**











UNDERLYING CONDITIONS





Dr. Daisy Elwick



Natalie Crespi



# The Medical Center at Ocean Reef

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#### **OFFICE HOURS:**

Mon 9-3 Tues 9-3 Wed 8-4 Thurs 9-3 Fri 8-12

# Raise a Toast to All Charities' Preferred Partners



by Sarah A. Cart

Imagine the possibilities to be realized in the wake of All Charities Weekend (aka ACW; in 2024, **Feb. 2-4**). Those possibilities are thanks to All Charities' Preferred Partners, ensuring success from the get-go, year after year. Their direct financial contributions and auction donations mean that all the Silent and Live Auction proceeds go directly to the Ocean Reef Community Foundation (ORCF), enabling ORCF to give 100 percent of the donations made by Club members to non-profits.

So, to paraphrase a general rule from public safety officials: If you see something, say something ... which in this case would be, "Thank you!"

Thanks to the generosity of All Charities' Preferred Partners and the Ocean Reef community, over the past 16 years more than \$21 million has been passed through to our neighboring communities in the form of financial grants to assist thousands of our neighbors in Key Largo, Homestead, and Florida City. Closer to home, the local entities vital to Ocean Reef's life and culture – the Medical Center, Cultural Center, Academy, Art League, ORCAT and Conservation Association have also been able to thrive.

At the start: NetJets has been a steady supporter since All Charities' 2008 beginnings; two other champions, Northern Trust, and Marsh (now known as Marsh McLennan Agency Private Client Services), joined shortly thereafter. Mary Lee Presents, known today as the John & Mary Lee Fine Wine Society, arrived along with the "Preferred Partner" designation in 2012.

In 2014, both Baptist Health

South Florida and Ocean Reef Real Estate (now Ocean Reef Club Sotheby's International Realty) came aboard, followed in 2016 by Lexus of Kendall/Lexus of West Kendall, which that year donated the first automobile to be raffled.

Farther afield, in 2017 Chicago's
Lester Lampert Jewellers
joined the ranks, adding "Baubles,
Bubbles & Jewells" to the calendar
(this year, Jan. 24 through 26), and
sustaining the Preferred Partners
tradition and moving it forward, in
2019 and 2020 came the addition
of Haute Explore, providing
personalized travel experiences
around the globe, Somerset
Charters with their beautifully
restored 1971 Trumpy Cruiser,
and Barton & Gray Mariners
Club with their fleet of Hinckleys.

In 2021, additional support came from **Baer's Furniture**, providers of high-end furnishings and interior design across Florida, and **Seabourn**, the pioneer of ultraluxury cruising. And new in 2024, **Lazzara Yachts**, the legendary American company that delivers innovation and uniqueness in every design, rounds out the team.

Thanks to these Preferred Partners, planning for ACW moves forward with the freedom to imagine the possibilities, preparing for a successful fundand fun-raising weekend, with auction offerings domestic and international, experiences to share with friends or focused on family, and adventures, sports, jewelry, culture and more.

When ACW weekend comes: The fun begins Friday evening, Feb. 2, with the Wine and Bourbon Tasting & Silent Auction Showcase. It continues Saturday daytime with Burgers, Beers & Bidding compliments of the Ocean Reef Chamber of Commerce and a NetJets display before Saturday night's Live Auction, dinner and dancing.

Questions? Visit oceanreefcommunity foundation.org, or contact All Charities at 305-367-5996 or AllCharities@OceanReef.com.

All Charities' Preferred Partners are ACW's sure foundation. Please thank them, support them, celebrate them – they make all of us look good.



# All Charities Weekend February 2-4

For more information contact 305-367-5996 or all charities (@oceanreef.com

ALL CHARITIES APPRECIATES OUR



**NETIETS**°





























# Revel in what's next.

# Ocean Reef Club

# Sotheby's

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J. Bradford Millsap, Licensed Real Estate Broker. Each office is independently owned and operated.

# Marina Slips for Sale

HS-11 | Floating Dock 70' x 21' 6" Dockage | \$4,200,000 | 2620 Mary Lee | 917.603.3252 | mary lee@ocean reefclubsir.com

# DS-3 | **NEW LISTING**

70' x 21'8" Floating Dock | \$3,900,000 | 2633

ES-21 | Floating Dock 70' x 21'8" Floating Dock | \$3,050,000 | 2422

AS-27/28 | Gatehouse Dock

72' Dockage | \$2,250,000 | 2596 Cassy Everhart | 305.522.2332 | cassy@oceanreefclubsir.com Morgan Smith | 305.321.1143 | morgan@oceanreefclubsir.com

DS-11 | Floating Dock 90' Dockage | \$3,395,000 | 2438 Eric Woodward | 305.394.4461 | eric@oceanreefclubsir.com

DS-7 | Prime Location 90' Floating Dock | \$3,299,000 | 2571 Marlina Lerma | 305.801.2699 | marlina@oceanreefclubsir.com

AS-11 | Gatehouse Dock 55' Dockage | \$1,550,000 | 2613 Karyn Thiele | 305.394.4185 | karyn@oceanreefclubsir.com

# FS-15 | **NEW LISTING**

65' Dockage | \$2,125,000 | 2629

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



Residence Club A-107 2 BD, 2.5 BA | \$3,200,000 | 2553

Mary Brady | 201.303.2052 | marybrady@oceanreefclubsir.com



Marina Village 7B | Marina View 3 BD, 3 BA | \$8,250,000 | 2592

Rob Desmond | 561.307.3065 | rob@oceanreefclubsir.com



# Pumpkin Cay 43A | Canal Front 3 BD, 3 BA | \$6,275,000 | 2524

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



# FC Landings 9A | 31' Dockage 2 BD, 2 BA | \$4,150,000 | 2621

Jay Rourke | 786.493.8105 | jay@oceanreefclubsir.com Megan Lyons | 786.201.5265 | megan@oceanreefclubsir.com



Pumpkin Cay 12B | Canal Front 2 BD, 3 BA | \$3,200,000 | 2561

Mary Brady | 201.303.2052 | marybrady@oceanreefclubsir.com



20 South Island Drive | Anglers Club 3 BD, 3 BA | \$7,600,000 | 2556

Helena Morton | 305.522.2196 | helena@oceanreefclubsir.com



Pumpkin Cay 47B | Canal Front 4BD, 3BA | \$6,250,000 | 2628

Cassy Everhart | 305.522.2332 | cassy@oceanreefclubsir.com Morgan Smith | 305.321.1143 | morgan@oceanreefclubsir.com



Cay Harbor 8C | Canal Front 2 BD, 2 BA | \$3,995,000 | 2624

Parris Everhart | 305.522.2738 | parris@oceanreefclubsir.com



Angelfish Cay 14B | Canal Front 1BD, 1BA | \$2,800,000 | 2534

Rick Romeo | 304.667.7896 | rickromeo@oceanreefclubsir.com



# Harbour Green 11 | Canal Front 4BD, 3BA | \$7,500,000 | 2506

Patti Furneaux 305.321.3156 | patti@oceanreefclubsir.com



# PC Garden Home 74 Canal Front

3 BD, 3.5 BA | \$7,500,000 | 2502

Helena Morton 305.522.2196 | helena@oceanreefclubsir.com



# Marina Village 2B | Canal Front 3 BD, 3 BA | \$6,999,000 | 2578

Karyn Thiele 305.394.4185 | karyn@oceanreefclubsir.com



# Harbour Green 45 | Canal Front 4 BD, 3 BA | \$6,850,000 | 2635

Cassy Everhart 305.522.2332 | cassy@oceanreefclubsir.com Morgan Smith 305.321.1143 | morgan@oceanreefclubsir.com



# Angelfish Cay 54A | Canal Front 3 BD, 3 BA | \$4,995,000 | 2588

Cassy Everhart 305.522.2332 | cassy@oceanreefclubsir.com Morgan Smith

305.321.1143 | morgan@oceanreefclubsir.com



# 500 Coral Lane | Maintenance-Free 4BD, 4.5BA | \$4,995,000 | 2558

917.603.3252 | marylee@oceanreefclubsir.com



# Pumpkin Cay 7B | Canal Front 3 BD, 3 BA | \$4,950,000 | 2513

Karyn Thiele 305.394.4185 | karyn@oceanreefclubsir.com Susan Bryan 305.522.7700 | susan@oceanreefclubsir.com



# Angelfish Cay 63A | Canal Front 2 BD, 2 BA | \$4,195,000 | 2627

Daisy Gonzalez 305.904.6223 | daisy@oceanreefclubsir.com



# Angelfish Cay 29B | 36' Dock 2 BD, 2 BA | \$3,650,000 | 2622

Marcy Aultman 305.522.0582 | marcy@oceanreefclubsir.com



# Angelfish Cay 25A | Canal Front 2 BD, 2 BA | \$3,500,000 | 2547

Helena Morton 305.522.2196 | helena@oceanreefclubsir.com



# Pumpkin Cay 14B | Canal Front 2 BD, 3 BA | \$3,295,000 | 2604

Molly Taylor 508.524.4633 | molly@oceanreefclubsir.com Russell Post 305.451.8199 | russell@oceanreefclubsir.com



# Residence Club C-PH21 | Penthouse

2 BD, 2.5 BA | \$3,250,000 | 2586

Molly Taylor

508.524.4633 | molly@oceanreefclubsir.com Russell Post 305.451.8199 | russell@oceanreefclubsir.com



# Angelfish Cay 38B | Canal Front 1BD, 1BA | \$2,350,000 | 2579

Parris Everhart 305.522.2738 | parris@oceanreefclubsir.com



# Angelfish Cay 72B | Canal Front 1BD, 1BA | \$2,200,000 | 2636

Mary Brady 201.303.2052 | marybrady@oceanreefclubsir.com



# Angelfish Cay 75B | Canal Front 1BD, 1BA | \$2,150,000 | 2632

Karyn Thiele 305.394.4185 | karyn@oceanreefclubsir.com



# Angelfish 38A | Canal Front 1BD, 1BA | \$2,100,000 | 2598

Helena Morton 305.522.2196 | helena@oceanreefclubsir.com

# A Perfect Fit



by Jody Steele

This is a "feel good" story.
Recently, Ocean Reef
announced the Associate
Awards of Excellence for
2023 at the Annual Associate
Holiday Party. A number of
Associates were recognized
for their outstanding service
to Members, guests, and each
other. Every one of them
deserves to be honored and
each winner has a story.

#### The Beginning

Associate of the Year, Livan Miranda, came to Florida from Cuba when he was almost two years old. His mother obtained a special visa and parents and a younger sister arrived



Livan Miranda (center) with Laura Ciampa and Alex Tonarelli at the Awards of Excellence.

to live with family in Miami. They eventually moved to Marathon where Livan attended elementary school and loved living in the Keys. Moving to Homestead later, Livan finished high school and then enrolled in Florida International University (FIU).

## **Growing Up**

Along the way, Livan always worked and studied. He admits he was a shy kid whose interests

were reading and writing, but also he really liked organizing activities for people of all ages to enjoy. Onto a part-time job at Ocean Reef, Livan worked in Lodging Reservations for two years while in college. He enjoyed helping Members find their rentals and meeting other Associates at The Reef. He felt like he had found another home. His major in Hospitality required an internship and Livan then had the opportunity to spend time in a number of departments including Membership, Housekeeping, Finance, and Member Events at Ocean Reef. Of course, you probably have guessed his favorite.

#### The Job

When a space opened up in Member Events, Livan was ready for the big interview with Kyle Landers, Director of Member Events and Services. It was a "perfect fit" for everyone and three days after obtaining his degree in Hospitality from FIU, Livan joined the Member Events Team. The Team consists of only five, but although it is small, they are mighty! They oversee over 200 events annually, and that does not include many "pop-up" activities

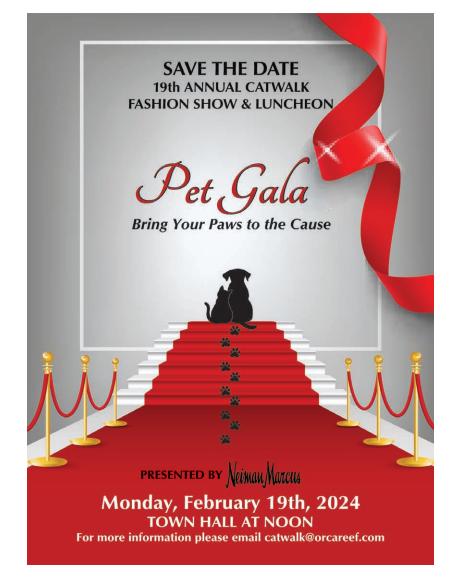
that occur on a steady basis. Livan definitely is dedicated to his role as a Member Events Coordinator, and truly credits the "team" for their success.

#### Surprise!

Livan was quite surprised and proud to be selected as an "Associate of the Year", but equally shocked that his co-workers did not leak the big news as they were aware he was a winner. Being a close group and sharing hours together, he says there were no hints at all and he finds that pretty amusing.

Livan is enthusiastic about all of the events at The Reef, but some favorites are Vintage Weekend, the Food & Wine Festival and Halloween. He credits the Team for attention to details, expertise in planning, and the always available "backup plan". He enjoys it all and feels grateful to have found his place at Ocean Reef where he likes to interact with Members and help plan detailed events for us all to celebrate.

Congratulations to Livan and other recognized Associates who continue to contribute to our "Unique Way of Life" at Ocean Reef Club.



# MEMBER NEWS



Mrs. Harlan Krumpfes is happy to announce the wedding of her son, Brenton Krumpfes, to Miss Jennifer Stevens on October 20, 2023 at The Point.

# Listen to the Music!



bv Rev. Dr. **Bob Henley** 

One of my favorite rock bands, along with The Moody Blues, U 2, Fleetwood Mac, and The Eagles, is the Doobie Brothers. The refrain from their song "Listen to the Music" is one of those repetitive riffs that as someone said, "puts a smile on your face and a spring in your step!"

So, let me offer a little 'musicology' reflection and then, extend two invitations to you. Please read on.

#### **Musical Legacy**

Every generation has a legacy of music that both expresses and shapes the culture of that era. Most parents were, and continue to be, appalled by the musical preferences of their children – including our own!

For my parents, it was the era of Glen Miller and the big bands. When we were kids, it was Roy Orbison, Fats Domino, and of course, Elvis. Next came the 'beatniks' with Pete Seeger and the explosion of folk music. High school years witnessed the phenomena of 'Beatle-mania!' Bob Dylan's watershed song, "The Times They Are A-Changin", was released in 1964. It was a prophecy of the coming tumult that swept through the culture -Viet Nam, Watergate, Sergeant Pepper, and Mrs. Robinson. And of course, Dick Clark was at the microphone through it all!

In the same way, each generation of faith has its own musical legacy. The church in every age, like parents, has nearly always been resistant to new expressions of faith through song.

Think of the Psalter, Gregorian Chants, the theological hymns of the Reformation, the hymnody of the Wesley brothers in England, the revival songs of the early 20th century, the Taizé songs, and the

contemporary worship and praise music.

# **Choral Music in the Church**

If there is one expression of music and faith that embraces this historical diversity of it all, it has been choral music. Choir was cool where and when I grew up largely because of the director. He led both the high school choir and the church choir.

Choral roots run deep in faith. In Biblical Israel, the choirs would lead the armies into battle, singing confident songs of praise to God. The church, both Catholic and Protestant, embraced the vitality and inspiration of choral voices leading the worship and praise of God. They continue to do so today.

# **Choral Music in the Chapel**

Two years ago, the board of the Protestant Congregation chose to pursue a new model of choral leadership for the congregation. Dr. Amanda Quist, who heads the Choral Program at the University of Miami Frost School of Music, became our resource consultant. She is well known for her leadership of Ocean Reef's extraordinary annual Christmas Program.

We inquired if one of her doctoral candidates might serve as our Choir Director during the years of their graduate work. After gathering details about our congregation, she proposed that one of her incoming students, Wesley Roy, serve as our first student choral director. What a wonderful choice it has turned out

Wesley is from upstate New York. Following his bachelor's and master's degrees, he chose The Frost School of Music to pursue his doctoral studies in choral conducting.

Wesley brings experience from leading successful music programs in both schools and with congregations. He has found a home in the Protestant Congregation where his warm personality, superb choral selections, and exceptional conducting skills have enriched our life of worship.

# An Invitation to Make Music with Wesley

Are you someone who enjoys choral singing and would like to learn under the leadership of a director who loves to teach people how to sing? Would you enjoy singing and learning in an affirming group experience? If yes, we think the choir of the Protestant Congregation might be the place for you!

Next Sunday, the 14th, there will be an opportunity to meet Wesley in the Fellowship Hall following the 9 a.m. service. There will be refreshments and a chance to interact with Wesley as he talks about his leadership and opportunities with the choir.

## And...an Invitation to Hear 'The Choir Next Door'

We also invite you to enjoy a concert by an extraordinary small choral ensemble this Sunday, **January 14th**, in the Chapel at 5 p.m. Four talented vocalists - Roy Demarco, Charlie Ibsen, Michael Martin, and Sam Scheibe - have toured the world with other

# **WORSHIP ON WEDNESDAY** EPISCOPAL SERVICE

All are invited for this community service each Wednesday at 9 a.m. in the Chapel Sanctuary. This Wednesday, January 17, Reverend George Ronkowitz will return to lead us.

performing groups.

Now these friends have joined their voices and formed The Choir Next Door. They enjoy the simple pleasure of singing in their backyard and want to share that sense of community in each of their performances. The versatility of these four is reflected in their varied repertoire and voicing.

It will be an exceptional, enjoyable hour of music. There is no charge, but donations will be appreciated. Hope to see you there.



# **Choir Next Door**

Sunday, January 14 at 5pm Chapel Sanctuary

Presenting a variety of ensemble singing — from renaissance to barbershop.











**PROTESTANT** CONGREGATION AT OCEAN REEF

32 Ocean Reef Drive | 305-367-2049 orcchapel.org

# **CHAPEL & FELLOWSHIP NEWS**

Ocean Reef Chaplain Rev. Dr. Robert Henley 305-367-2049 • orcchapel.org

# FRIDAY, JAN. 12

#### **AA Meeting**

7:30 a.m., Chapel Board Room Call 305-390-4983 for additional AA Meetings

# Candy Sutfin Memorial

2 p.m., Chapel Sanctuary

#### **Shabbat Service**

6 p.m., Chapel Cornerstone Room

# SATURDAY, JAN. 13

# Blessing of the Animals

10:30 a.m. & 12 p.m., Four Corners

# **Catholic Mass**

4 p.m., Chapel Sanctuary

# SUNDAY, JAN. 14

# Traditional Worship Service

9 a.m., Chapel Sanctuary, Dr. Bob Russell

# Kids Matter (4yrs-8yrs)

9 a.m., Children's Room

#### **Choir Meet & Greet**

10 a.m., Chapel Narthex

# **Journey Together**

10:30 a.m., Chapel Sanctuary with Chaplain Bob Henley

# Kids Matter (9yrs & up)

10:30 a.m., Children's Room

# **Catholic Mass**

12 p.m., Chapel Sanctuary, Fr. Hilley

## **Choir Next Door Concert**

5 p.m., Chapel Sanctuary

# MONDAY, JAN. 15

# **Al-Anon Meeting**

9 a.m., Chapel Fellowship Hall

# **Rosary Prayer Group**

4:30 p.m., Chapel Living Room

#### AA Meeting

7:30 p.m., Chapel Board Room Call 305-390-4983 for additional AA Meetings

# TUESDAY, JAN. 16

## **Potluck Gathering**

6 p.m., Chapel Fellowship Hall

# WEDNESDAY, JAN. 17

# **Intercessory Prayer**

8 a.m., Chapel Board Room

#### **Episcopal Service**

9 a.m., Chapel Sanctuary, Rev. George Ronkowitz

#### **Chapel Women Connect**

10:30 a.m. & 4pm, Chapel Fellowship Hall

# THURSDAY, JAN. 18

Ocean Reef Men's Fellowship 8 a.m., Chapel Fellowship Hall

# Celebration of Life

Candace Sutfin



The Ocean Reef Community is invited to celebrate the life of Candace Sutfin today, Friday, January 12 at 2 p.m. at the Ocean Reef Chapel.

In lieu of flowers, donations may be made to the Keys Children's Foundation or the Baptist Health Foundation.



# Ocean Reef Club Vacation Rentals





# The only program managed by your club.

From villas to residences there is simply no better way to enjoy your stay at The Reef than in the privacy of one of our rental properties. When booking through us, you will also enjoy some of these advantages only offered through Ocean Reef Vacation Rentals.

- 10% discount on all club food, beverage and retail outlets
- Front desk services open 24/7 for convenient check-in
- Housekeeping Services provided during your stay
- When reserving through your Club, all club outlets and services are notified should you have any special needs
- All billing direct to your member account

These benefits only apply to vacation rentals booked through Ocean Reef Club Vacation Rentals.



# **NEWS FROM THE MEDICAL CENTER**

# Medical Lecture Series Presents: "The Diagnosis & Treatment of Tremors"

Please join us on **January 16th** at the Cultural
Centre Theatre at 5
p.m. with speaker Justin
Sporrer, M.D., Director of
Functional Neurosurgery and
Medical Director of Miami
Neuroscience Institute,
Baptist Health South Florida.
He is a neurosurgeon who
specializes in general and
functional neurosurgery, deep
brain stimulation and highintensity focused ultrasound
(HiFU) for movement



disorders.

During a 2017 interview with Dr. Sporrer he states, "The brain is the crown jewel of evolution and creation and to be able to restore it back to its normal function is one of the most amazing privileges that a person can have. When I was in high school, a friend of mine was in a pretty bad car accident with a traumatic brain injury and that got me interested in the treatment of

brain injuries, brain problems and nervous system problems and then the interest has just stayed with me all through my career. I have always loved rounding, seeing patients in clinic, and getting to know them and trying to make them laugh a little bit, trying to ease their fears a little bit. We are just 2 people in a room trying to solve the same problem."

The higher rates of Parkinson's diagnoses should motivate more people to seek medical help from specialists, believes Dr. Sporrer, when they start to experience movement-related symptoms, or other signs of the disease.

Dr. Sporrer received his undergraduate degree from Georgetown University and his medical degree from the University of Florida, earning numerous accolades, including the Academic

Perfection Award and the AMA Educational Research Foundation Award. He completed an internship and residency in neurological surgery at the University of Florida. During his residency, he received the Charles "Chuck" Shank Award in Neurosurgical Excellence and the Resident Teacher Award and served as the Chief Resident.

A cocktail reception will follow the lecture.

Please R.S.V.P to Jennifer Rigby at 305-367-6777 or email jenniferr@mcor.org.

Mark your calendars for the **February 27th** Medical Lecture series with Dr. Allaf from Johns Hopkins Medicine to hear the presentation, "What's New in Urology? From Prostate Health to Surgical Intervention".

Visit us on the web at <u>www.</u> mcor.org.









# 5 BED / 4 BATH - \$5,995,000

Charming and spacious this highly sought after Villa Cay home offers a split floor-plan of five bedrooms and four baths, furnished with current and comfortable appointments, a totally renovated kitchen makes entertaining a breeze. The outdoor screened space is your oasis while you sit poolside. Impact glass throughout and a one car/cart garage. Conveniently located just a quick walk to Buccaneer island, the Ocean Room, Reef Lounge and the ORC Marina! MLS #2593







# 3 BED / 3 BATH - \$5,850,000

Beautifully renovated on a quiet street, centrally located in the heart of Ocean Reef! This three bedroom, three bath one level home is a true gem! With multiple seating areas both inside and out makes this the perfect family retreat and is an ideal spot for entertaining. Outdoor living includes a large pool, and a spacious patio with undercover seating featuring a built-in BBQ and dining and lounging areas. MLS #2601



**MARY LEE** 917.603.3252 marylee@oceanreefclubsir.com www.MaryLeeOceanReef.com



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MARY LEE 917.603.3252 marylee@oceanreefclubsir.com www.MaryLeeOceanReef.com

Ocean Reef Club Sotheby's

 $\label{thm:constraints} \mbox{Joseph Bradford Millsap, Licensed Real Estate Broker. \ Each office is independently owned and operated.}$ 

# VISITING SPECIALIST SCHEDULE

Please bring your identification and insurance cards to each visiting specialist appointment. They bill separately from the Medical Center. To schedule with a visiting dermatologist, please call their office directly. For all other specialists, please call 305-367-6702.

Audiology Natalie Crespi

Jan. 17, 24, 31, Feb. 7, 14, 21

**Daisy Elwick** Jan. 15, 16, 22, 23, 29, 30

Cannabis & Pain Medicine

Michelle Weiner

Jan. 12

Feb. 19

Cardiology
Julio Barcena
Jan. 19, Feb 9, March 8

**Howard Bush** Feb 15, March 14

Colorectal Surgery Dan Ruiz

Dermatology Alexandra Price

Jan. 19, Feb. 16

Alysa Herman

(305) 444-4979 Jan. 18, Feb. 1, 15, March 7, 21 **Debra Price** (305) 670-1111 Jan. 19, Feb. 2

Jill Waibel (305) 279-6060 Jan. 15, Feb. 12

**Stephanie Nicolau (305) 740-6181** Jan. 24

Dr. Varee Poochareon (305) 740-6181

Jan. 17, 24, 31

**Endocrinology Heberto Valdes**Feb. 2, March 1

Gastroenterology Sandra Rodriguez Feb. 13, March 6

**Gynecology Jason James** Feb. 8, March 14, April 11

**Jila Senemar** Jan. 24, Feb. 13, March 12 Holistic Medicine
David Coppola
(305) 451-1819
Jan. 16, 18, 23, 25, 30 Feb. 1

I.V. Therapy Keila Paulino & Scott Williams (305) 907-7550 Jan. 15, 22, 29

Nephrology Anthony Farias Jan. 17, Feb. 5

Neurology Victor Faradji

Feb. 1, March 7, April 4

Neuro Spine Nancy Epstein Jan. 17, Feb. 14, March 20

Raul Vasquez Castellanos Jan. 16, Feb. 13, March 12, April 9, May 14

**Ophthalmology Bascom Palmer 786-530-2289**Jan. 25, Feb. 6, 7, 27, 29

Zach Segal Jan.16, Feb. 20

Optometry Lauren Nicholas Feb. 2, March 1, April 5, May 3

Susanna Tamkins Jan. 19, Feb. 16, March 15

Orthopedic Sport Medicine

Michael Swartzon Feb. 2

Orthopedic Surgery Joseph Fernandez Jan. 19, Feb. 16

**Derek Papp** Jan. 25, Feb. 8, 22, March 14, 28

James Voglino Jan. 9, March 8

Orthopedic Hand Surgery Roberto Miki Jan. 12, Feb. 23, March 22

Pediatrics Rosa Fernandez Tele-Med 954-385-6277 (Option 1) Jan. 12 Plastic Surgery Ramiro Perez Feb. 5, March 4

Podiatry
Brigette Smith
Jan. 24, Feb. 14, 28
Polly Reeves
Feb. 15
Sophia Masri

Jan. 19, Feb 23, March 22,

**Psychology Joseph Mora** Jan. 15, Feb. 19, March 11

Pulmonary & Sleep Disorders Raul Valor Jan. 12, Feb. 16

Spine Care & Pain Management Ronald Tolchin Jan. 23, Feb. 6, 20

Urology Dani Papir 786-530-2289 Tele-Health

**Lunan Ji** Feb. 7, April 3

# Ocean Reef Art League

# Art Deco Walk & Tasting Tour

Wednesday, January 17

Embark on a delicious journey into the world of cutting-edge design, monumental art instillations and a diverse selection of cuisine that celebrates the design districts unique combination of creativity and flavor.



# Superblue Immersive Experiential Art and the Rubell Family Collection

Friday, January 19

Superblue has brought together the worlds most innovative artists to create large scale art instillations using their deep knowledge of art, audiences, and social change to make a true and lasting impact on how people see and understand the world.



Additionally, experience one of the most significant and far-ranging collections of contemporary art in the world. Now encompassing over 7,400 works by more than 1,000 artists, only at The Rubell Family Collection!

# Murderer in the **Family**



by Felicia M. Koretsky

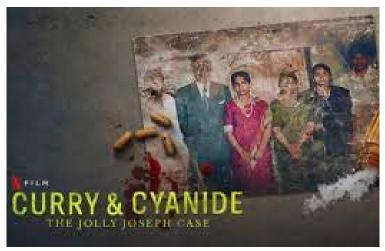
Crime junkies and sofa detectives are in for a few new treats this month with new releases focusing on murderers hanging from the family tree.

Two new documentaries on headline-making real-life cases, one in Boston, and one in India, and a third fictional newly-released program adapted from a crime novel, tell stories about murderers hiding in plain sight and the repercussions that extend way beyond the family photo album.

# Murder in Boston: Roots, Rampage & Reckoning: Docuseries, 3 episodes, HBO

One of the most famous homicide cases in Boston's history is told in a threeepisode documentary called Murder in Boston, recently released on HBO. The series was so impactful that shortly after its airing, the Mayor of Boston, Michelle Wu, responded in a press conference we urge you to watch on YouTube after completing this series.

In 1989, a young fur salesman, Charles Stuart, called 911, explaining that both he and his pregnant wife, Carol, were shot in a robbery. The Boston police department and local journalists were quick to believe Stuart's account of what took place that evening, which led to an explosive domino effect of finger pointing and cover ups. The murder sparked a flame of and tarnished the trust between the Boston Police Department and the local





black community that is still felt in the city today.

# **Curry & Cyanide: The Jolly** Joseph Case: 1 hour, 35 minutes, **Netflix**

When six members of the same family begin dying unexpectedly one by one over years, a persevering sister goes on a mission to discover the truth. Despite her community pressuring her to limit the actions it would take to solve the cases. Renji Thomas takes courageous steps that would prove critical in making an arrest.

You will need to dub The Malayalam-language story (and then add subtitles to understand the dubbed voice), but it's a fascinating true story of six untimely deaths occurring in Koodathayi village in the Kozhikode district in Kerala, India. Learning about the culture and traditions of this small village adds to the interest of this case.

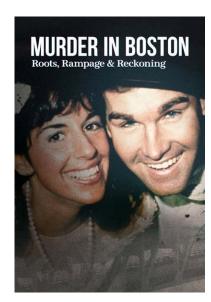
# Fool Me Once: Fictional Thriller, 8 episodes, Netflix

Best-selling mystery writer Harlan Coban is back with his latest thriller, Fool Me Once. It's his ninth novel adapted into a Netflix series. What we generally like about Coban's novels is that any confusion you might have in the end gets tied up with detailed explanations. This one may leave you with an extra question or so, but it still a great escape.

Like many of Coban's

novels, this one has a lot of twists and turns, centering around a wealthy family hiding dark secrets, quirky and questionable detectives, suspects on every corner, and finally a pulling together of the loose strings in the last two episodes.

The show focuses around Maya Stern whose husband is killed, but who shows up very much alive on her nanny cam shortly after his funeral.



# FOR SALE

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Buyer responsible for Buyer's Real Estate Broker Commission, if any.

# **OUT & ABOUT**







**LEFT:** It was a mother-daughter day at Port O' Call for Eileen Glidden and Sarah Kempson.

MIDDLE: Eileen and Sarah enjoyed it so much they invited the whole family along with Clubhouse General Manager Philippe Babin for another toast to the holiday season.

RIGHT: Hilary Rolih shared this photo saying, "You know the Christmas festivities are over when everyone starts packing away!"



# **ORP Through** the Years

2018: Celebrating 70/25

Following Hurricane Irma which came through the Florida Keys on September 10, 2017, the 2018 winter season began with a continued theme of gratitude by Members and Club Associates, aptly providing the backdrop for the milestone year in which Ocean Reef would celebrate 70 years since its founding, and 25 years since the Member buyout. (Ironically, an event that followed the devastation of 1992's Hurricane Andrew.)

In 1993, when Ocean Reef became a Member-owned Club, there was a monumental celebration that included a parade, marching band and beach party. Fast forward twenty-five years to 2018 and then Board Director and Social Committee Chairman, Barbara Hajim, was charged with not just replicating history but creating an event that new Members could put in the history books alongside those that had been here for the buyout. The weekend Celebration began, as history dictated, with a fire truck and a parade. Members followed the Parade to the Driving Range for the "Red, White & Burgee" Pep Rally which included a tribute to the past Chairmen of the Club, skydivers, live music, dancing, a techno-circus and family activities galore. On Saturday, Buccaneer



Barbara Hajim, current Social Committee Chairman, and Marcia Welch, 1993's Social Committee Chairman, together in the 2018 parade.



The parade celebrated longstanding Club traditions like



Reminiscent of 1993, a full marching band performed.

Leading the parade in the fire truck were Ocean Reef Club Hall of Famers Alan Goldstein, Tom Davidson and the late Dick Farmer. Pictured with then Chairman Teresa Holmes.

Island was the party spot, complete with Junkanoo band, fire dancers, endless desserts and headliner, Ziggy Marley. "This anniversary year, it's been fascinating to go back in time to better understand our heritage and why the Members rallied to buy this Club," said Teresa Holmes, Chairman of Ocean Reef Club 2017 - 2019. She added, "our celebration weekend was an opportunity to celebrate the past, enjoy the moment and look forward with excitement for what is yet to come."

-Ocean Reef Press, April 13, 2018



# MONDAY, JANUARY 15 AT THE CARD & GAMES ROOM

Join us for a one day Bridge Seminar with Jerry Helmes!

> 8:30 a.m. · Arrival & Check-in 9:00 a.m. · Morning Session 11:30 a.m. · Lunch 12:30 p.m. · Afternoon Session \$125 per person. Lunch included.



To register, please contact Gregg Van Dyke at gvandyke@oceanreef.com or 305-367-6609, or sign up in the Card & Games Room.



# **DEBBIE NURSING COMPANION**

A passion for putting patients first **Serving ORC Members for 15 years** 

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# Farmer's Market Favorites



by Susan Bohan

Many vendors at the Farmer's Market began with a dream and family support and none are more emblematic of that than Gemita's Kitchen. Whether using her mother's recipes, joining her son at their larger warehouse in Orlando from where they supply a multitude of local hotels, or finally getting the courage to join the Farmer's Market with her daughter at Ocean Reef, it all began when she visited a cheese factory as a little girl in Venezuela.



Gemita's Kitchen

The business began with using a local milk source to make Burrata and Mozzarella cheeses. And yes, they do taste similar but the consistency is quite different. They moved from there to make butter, pesto, jarred caramelized onions and so much more.

Make sure you stop by to

explore the delicacies or pick up some sandwiches made fresh daily. If you are lucky and Gemita is not too busy, she will even give you some recipe hints to go along with your purchases!

Visit the Farmer's Market every Monday and Thursday from 11 a.m. to 4 p.m. at the Field at Four Corners.

# EQUITY GET-TOGETHER: MIX & MINGLE

TODAY! Friday, Jan. 12 Town Hall Terrace from 5-7pm

Join us for an evening socializing with fellow Members at the Town Hall Terrace. Lite bites and refreshments will be provided.

All events are complimentary for Equity Members. Registration is required and can be done by calling 305-367-5874 or e-mail memberevents@ oceanreef.com



# SWENSON & ECUYER REALTY A NEW YEAR WITH EXCITING NEWS!



It brings us immense pleasure to announce Dan Guerrieri as the new Broker/ Owner in charge at Swenson & Ecuyer Realty. Dan has been an equity member for over 28 years and has been an Attorney and Member of the Florida Bar since 1983, ensuring a comprehensive understanding of the legal complexities of a real estate transaction.

We offer our heartfelt gratitude to Bob & Denise Ecuyer. Their dedication, expertise, and leadership are invaluable and we're excited that they will remain an integral part of our team.

Under Dan's guidance, we're set to expand and enhance our services. We're not just growing; we're evolving to better cater to your needs, ensuring a seamless experience for our cherished long-term friends, clients and neighbors.

We have familiar faces joining our team, bringing a wealth of experience. This infusion of talent will elevate our ability to serve you with the utmost professionalism, expertise and knowledge that you expect and deserve.

The foundation of our success has been the trust and support you've placed in us over the years. We are incredibly grateful for that trust, and we're eager to continue this journey with you, offering unparalleled service and a commitment to excellence.

Stay tuned as we unveil more exciting updates in the weeks ahead. We can't wait to share our journey of growth and transformation!

Your #1 Independent & Equity Member Owned Real Estate Company for 40+ Years • Call or Text Dan Guerrieri at: 305-798-2257

2 Barracuda Lane, Ocean Reef, Airport Plaza Building • 305-367-3600 • www.swensonrealty.com

# Reading Palms



'Nature Notes" by Nancy Zakon

Palm-reading is apropos given the New Year, so let's read about - Palm Trees! Here are some fascinating facts to share with your visitors. Palms have been around longer than Jurassic Park - for 80 million years. Can you imagine a T-rex walking down Ocean Reef Drive nibbling on our royal palms? The climate was hotter than today's. There were no ice caps at either pole, water covered U.S. land from Texas to the Dakotas. Ocean Reef was underwater where a huge coral reef was forming covering half the current state. We've seen coral



fossils here right under our feet. How did palms survive all these hundreds of years? Several ways.

Palms grow tall maintaining the same size trunk: they grow up, not out. What supports them? Their unique structure. They have special (primitive) "tree" cells that allow the trunk to bend over in wind, compared to more sophisticated trees like oaks and pines which break. Their fronds and leaves fold with

the wind. We've all seen that here. We've also seen here many of their 4,000 varieties. Their single-strand roots are more numerous than the hairs on your head, and grow as your hair does - from one central area! So, the root ball is quite small, compared to its sophisticated cousins.

Fun thing to try: count the tree's age by the rings on its trunk. The rings go up the tree trunk unlike the "regular" trees. Some palm types grow

to almost 200 feet (that's a 13-story building), other palms stay short, in clusters or vines (think rattan palm). Palms grow slowly: one large palm branch takes 3-5 years to mature. All fronds can be blown off; the tree will survive – if the tip-top, tiny sprout of the palm is safe. It's amazing! Palms do flower, but they are dull in color - no need to attract bees with color to pollinate. Palms count on winds to do the bee's work. As to importance to our lives, the palm family has benefited mankind as much as plant families of legumes and grains. Think coconuts, alone!

This fun picture depicts a palm-frond fossil recently sold at Sotheby's Auction for roughly \$45,000. Looks like one the ground crew collected last week.

You might give a special nod to the next palm you meet knowing how long it's been around!









# THERE'S ONLY ONE CHOICE FOR SENIOR LIVING.

**SCHEDULE TOUR** 

BelmontVillage.com/CoralGables | 786-949-5497





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# Baubles, Bubbles and Tewels Event

Wednesday, January 24 Thursday, January 25 Friday, January 26

> 12-5 pm each day Cultural Center



Each guest will receive a free raffle ticket for a chance to win an original Lester Lampert platinum diamond Pirouette necklace, set with 36 ideal cut round diamonds weighing .85 cts, valued at \$4,800.

Enjoy complimentary hors d'oeuvres, champagne and wine while browsing wonderful wearable pieces from the world's best jewellery houses. This event is open to the entire Ocean Reef community.





Lester Lampert, an All Charities Preferred Partner, is donating 20% of all event sales to Ocean Reef All Charities

## **MEMBERSHIP CORNER**

# SAVE THE DATE

**Ocean Reef Club Legacy Weekend** February 16-19, 2024

#### Friday, February 16

Welcome Legacy Fiesta • 7-9pm at the Town Hall Terrace DJ Night • 10pm-12am at the Burgee Bar

#### Saturday. February 17

Pickleball • 10am at the Tennis & Games Center Legacy Cooking Class • 11am at Carysfort Cooking School Golf Scramble Tournament • 2pm on the Hammock Course Happy Hour • 5pm at Reef Lounge Dinner • 7-10pm at Town Hall Waterside

#### Sunday, February 18

Fitness Class • 10am at the Member Fitness Center Beach Volleyball & Cornhole • 2pm on Marlin Beach Happy Hour & Wine Tasting • 5:30-6:30pm at Port O'Call Legacy Weekend Dinner • 7-9pm in the Sailfish Room

#### Monday, February 19

Farewell Brunch • 10am in Everglades South



# SENIOR CAFÉ

Tuesday, January 23 10:30 a.m. to 12 p.m. **Chapel Fellowship Hall** 

Enjoy crafts, refreshments, and other fun stuff: Featuring Singalong with Ray Smith on the keyboard.

RSVP to 708-476-6350

# The Plaza Building at Ocean Reef 31 Ocean Reef Drive, Key Largo, FL 33037



# **OFFICE SUITES FOR LEASE**

PRIVATE WINDOWED OFFICES AVAILABLE

SUITE NO.	SIZE	AVAILABILITY
A-203	402 Sq. Ft.	Immediate
B-209	795 Sq. Ft.	Immediate

# FOR PRICING AND LEASE INFORMATION

Please Contact Gemma Matthews gmatthews@oceanreef.com • Tel: (305) 367-6586

# FOR OFFICE SHOWING

Please Visit or Contact Property Manager, Karina Dominguez Tel: (786) 910-8572

Email: karina.dominguez@marquishoa.com





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CAY HARBOR 7A • \$3,200,000 =

2 🗀 2 🖶 40' 🛋







Gorgeous renovation with marble galley kitchen and a list of fine upgrades. Adorned with original oil artwork, this 2/2 1400SF lap of luxury with water view and big dockage! Cart room close to seawall and in shade all day.

FAIRWAY LAKES 36A • \$2,975,000 •



Ground floor on golf course with outside patio. Move-in ready. Long fairway view. Renovated in 2017. Cart room and dedicated parking spot just outside the front door, Sunset colors in the evening, Lowest priced 2 bedroom furnished condo.

OFFICE 305-367-0999 • WWW.WATSONORC.COM

# **ASK THE HOF!**

# Andy Hofmann Sales Associate

Cell/Text: 813-951-0025 Andy.HofmannORC@gmail.com

# 11B Landings • 3 Bed/ 3 Bath • \$6,685,000

# **NEW LISTING**



Brand new renovation, designer decorated 3 bedroom and 3 bathroom top floor home with elevator and private floating boat dockage.

# 19 South Road • 4 Bed/ 4.5 Bath • \$16,750,000

# **TURN KEY!**



Ranch style home, w/floor to ceiling windows, water views, & exceptional privacy. Large pool/patio creates fantastic indoor/outdoor living. Formal dining room, large workflow kitchen, & den complete this open floor plan. All en-suite bedrooms w/walk-in closets. Lg. garage, Updated 81' concrete seawall/ dock. MLS #2582

# 103 Anchor Drive • 3 Bed/ 3.5 Bath • \$12,950,000

# **FLOATING DOCK!**



Immerse yourself in luxury with this meticulously renovated 3-bedroom, 3.5-bath home. Set on an expansive 22,000-square-foot homesite at the heart of the Club, this residence boasts 3,000 square feet under air, sprawling entertainment spaces, and a 40-foot floating dock for waterfront leisure. MLS #2567



Your #1 Independent & Equity Member Owned Real Estate Company for 40+ Years 2 Barracuda Lane, Ocean Reef, Airport Plaza Building 305-367-3600 • www.swensonrealty.com

This advertisement represents sales in Ocean Reef as recorded by Dan Guerrieri, Licensed Real Estate Broker.

# Come One, Come All to the Art League



by Deborah Goodwin Geller

The Art League has something for artists of all ages.

The Kids Happy Hours at the Art League and other special events have been a great success over the holidays. We have had over 42 kids participate in these activities. I've heard from a few moms and grandmothers that it was a great new experience for them. The kids were able to create artwork to take home as well as meet new friends and create memories. Save the date for the next Kids Happy Hour February 19th.

Speaking of creating memories...coming up Tuesday, January 16th is our two-hour workshop "Create a Memories Photo Book" with Cheryl Conklin. After you have caught your breath from all the holiday festivities, take some time to gather your special photos from the holidays, to create a personalized photo book. Cheryl will take you step by step through this fun creative project. Photo books preserve lifelong memories for generations to enjoy and look

back on in the future.

January 16 and 17 we have Colored Pencils with Carmen Kelley. Colored pencils are easy to take anywhere. This course will inspire you to love the richness you can acquire with the right colored pencils. They are an alternative to the traditional oils, watercolors or acrylics. Colored pencils help you slow down while creating a paint-like composition. Check with the Art League for a materials list.

Abstract Art Night January 17th - Let loose in this abstract paint and sip night. Create a piece of art unique to your taste with the help of a professional artist. Absolutely no experience needed!! Unlock your inner artist and go home with a painting you love.

Also on January 17th we will be renewing our Book Club at the Art League 4 to 5 p.m. This is open to everyone.

Stay in the know! I don't know about you but sometimes I think I have the attention span of a gnat. So please be sure to join and check out the Facebook group "Ocean Reef Gals" where we will periodically post reminders about events and pop ups!

Your support of the All Charities Weekend strengthens entities, like the Art League, that enhance Ocean Reef Club's Unique Way of Life and enables the Ocean Reef Community Foundation to provide for thousands in Key Largo, Homestead and Florida City. Call 305-367-5996 to learn more.



Come join the next Kids Happy Hour at the Art League on February 19.

# **OxyLight Facial**



'Spa Notes" by Jillian Barron, The Spa Director

2024 is off to a great start and there is no better way to start the New Year than with renewed skin. If you have not yet tried our new Oxylight facial, this is a great way to do just that!

The OxyLight Facial is an exceptional treatment that combines advanced technologies and techniques to address various skin concerns. Fully customizable and non-invasive, this new facial technology allows for targeted solutions to issues such as acne, fine lines, and uneven skin tone.

Since each session is customizable, a session can

be anywhere from 50 to 100 minutes. The protocol varies depending on which protocols and modalities are used to address your skin concerns. The best results are seen when the treatment is done as a series, with 4-8 sessions, 1-2 weeks apart.

Some of the modalities that the Oxylight facial treatment may include are:

# **Diamond Dermabrasion**

Crystal-free microdermabrasion is a non-invasive skin rejuvenation procedure that uses suction and a diamond-tip wand to exfoliate and remove the outermost layer of dead skin cells. It leaves the skin smoother, brighter, and more even in texture, and can help improve the appearance of fine lines and wrinkles, sun and age spots, acne scars, and hyperpigmentation, but also stimulate collagen production.

## **Oxygen Infusion**

Oxygen facials are noninvasive and work by delivering high-pressure, moisture-rich oxygen to the skin using Atomizing Spray. The handpiece is designed to deliver a stream of moist, purified oxygen simultaneously with serums and nutrients into the deeper layers of the epidermis. This process helps to increase circulation and oxygenation in the skin, which can improve the appearance of fine lines, wrinkles, and other signs of aging.

#### **Biosonix Ultrasound**

BioSonix Ultrasound therapy uses high-frequency sound waves and full spectrum LED Light Therapy to stimulate collagen production and improve product penetration and the overall health and appearance of the skin.

# **Myolight Microcurrent**MyoLight Microcurrent

Therapy is a non-invasive procedure that uses low-level electrical current to stimulate the muscles and tissues of the face, neck, and décolleté. The lonixLight electrical current mimics the body's natural current, helps to tighten and tone the muscles (by exercising it), and promotes collagen production.

# **LED Light Therapy**

LED Light combined with Negative Ionized Oxygen exhaust provides a variety of benefits to the skin. The LED Light at specific wavelengths targets various skin concerns, such as wrinkles, acne, and hyperpigmentation. The Negative Ionized Oxygen helps to detoxify and revitalize the skin, promoting a more youthful and radiant complexion.

Call The Spa for more information on the Oxylight Facial or to schedule an appointment at 305-367-6506.





# **CARS & COFFEE**







Russ and Avery D'Alba



Aaron Schmidt and Fred Grasso



Dick and Christy Grasso



Robert Falk



Fred and Jeff Olefson



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**59B Anchor Drive** • **2 Bedrooms / 2 Baths / \$3,500,000 (NEW PRICE)** 

Experience luxury waterfront living in this 2-bedroom, 2-bathroom top-floor condo at Angelfish Cay, featuring an open floor plan with a stunning kitchen, overlooking pool and canal. Enjoy convenient boat access for vessels up to 36 ft., an infinity pool, dedicated BBQ area, and easy access to tennis, pickleball courts, and club amenities - a must-see sanctuary for relaxation and social gatherings.



J.M. "J" Guarch, Jr. Real Estate Professional JGuarch@ACG-Law.com 305-519-3014 "It is with great pride that I share the news of my recent affiliation with Swenson & Ecuyer as an Agent."

Equity Member for two decades and now full time resident. Member of Florida Bar and Attorney for three decades.

This advertisement represents sales in Ocean Reef as recorded by Dan Guerrieri, Licensed Real Estate Broker.

# **SPORTS**

INSIDE THIS ISSUE

# Records Broken at the Reindeer Run

Continued from | 1

Saturday of 4th of July weekend.

For the **Wagner Family**, the Independence Day Run is one they rarely miss, along with the Bunny Hop and Reindeer Run. Kelly, George III, George IV, Henry and Jack Wagner have been regulars at these runs for the past seven to eight years. Kelly, the lone walker of the family, loves most that she can get the entire family "up early and knocking out an energizing workout together." Early is right as these races take off running at 8 a.m. sharp.

Is it ever difficult to get the family out there?

"Yes," she said. "We often have to beg, cajole, bargain and bribe, but it is always worth it. Everyone is happy once they cross the finish line. It inevitably sets us all up for a great day on The Reef."

Scan the champions on page 33 and you'll even find a Wagner member on the list!

What makes these runs so popular? Chris Nelson, Director of Recreation, thinks it's the opportunity for community engagement as much as the self motivation and desire for a personal challenge. These runs offer the chance to mingle as participants arrive early to check in and get pumped with a fun warmup led by the Fitness Center's Kristine Ingold, and for the first time this year, DJ Justin Easthall from the Communications Team.

Most participants also linger after their race, grabbing a bite, socializing, and waiting for the awards ceremony. Sixty awards are given out – first, second and third place for walkers and bikers, and the same for the runners in





The Wagner Family believes the Fun Runs are just one of the many traditions that make ORC such a special place for their family. Here they are photographed at the Reindeer Run in 2016 (left) and at this year's event.



Scott Mirskin photographed at this season's Reindeer Run wearing the inaugural 2009 shirt! Mirskin has attended nearly all of the races and is a regular on the medal stand.

male and female categories for nine age groups spanning from eight and under to 70+. Overall run champions now win a pair of On Clouds from the Member Fitness Center.

Want to participate in the next race? You have 11 weeks to get ready for the Bunny Hop 5K and run, hop, skip, bike, sprint or stroll your way into one of The Reef's longest-running traditions.

See page 33 for Reindeer Run 2023 results and photos.



# **WEEKLY HIGHLIGHTS**

# 12 FRIDAY

Tai Chi Class

7:30-8am • Member Fitness

"A" Flight Level Cardio Tennis 8am • Tennis & Games Center

**Cardio Pickleball Clinic** 8am • Tennis & Games Center

**Everglades Alligator Farm Tour** 8:45am • Meet at Nature Center

Hands-On Soup Class with Chef Betania

10am-12pm • Member Fitness Pool

**Croquet 3 Wicket Tournament** 1-5pm • Croquet Lawn

**Quickstart Tennis Clinic** 1:30pm • Tennis & Games Center

**Silver Fit Plus Class** 2pm • Member Fitness Center

**Candy Sutfin Memorial** 2pm • Chapel Sanctuary

Come Sail Away (Bullseye

2pm • Card Sound Sailing Club

**Croquet Mixer Open Play** 2-5pm • Croquet Lawn

**Stretch and Mobility Class** 3pm • Member Fitness Center

**Equity Get-Together: Mix &** 

Mingle 5-7pm • Town Hall Terrace

LGA Member/Member 8:30am Shotgun • Dolphin

Live DJ at The Burgee Bar 9pm • Burgee Bar

# 13 SATURDAY

**ORC Run Club** 

7am • Member Fitness Center

Gentle Yoga & Cycle Class 10am • Member Fitness Center

**Dancing Through the Decades** Class

10am • Member Fitness Center

**Reformer Pilates Class** 10am • Member Fitness Center

**Gameio Tennis Clinic** 10 & 11am • Tennis & Games Center

**MLK Shopping Event** 10am-5pm •Fishing Village

**Blessing of the Animals** 10:30am & 12pm• Field at Four Corners

Cocktails 5–8pm • The Point (Members

Reef Club Kids Open

6-10pm • RCK Clubhouse Live DJ at The Burgee Bar

9pm • Burgee Bar

# 14 SUNDAY

Cardio Pickleball Clinic

8 & 9am • Tennis & Games Center

Reformer Pilates & Vinyasa Yoga

9am • Member Fitness Center

Reef Club Kids Open 9am-1pm • RCK Clubhouse

**Beginners Sailing Clinic** 9:30am • Meet at the Pool Desk

**ORC Tennis Pro-Am** 11am • Tennis & Games Center

**Choir Next Door Concert** 

5pm • Chapel Sanctuary

Family Night! Walking Scavenger

6pm • Meet at Pool Desk

# 15 MONDAY

Tai Chi Class

7:30-8am • Member Fitness Center

**Cardio Pickleball Clinic** 8am • Tennis & Games Center

**Bridge Seminar with Jerry Helmes** 

8:30am • Card & Games Room

Master of the Mediterranean **Cooking School Class** 9:30am • Carysfort Kitchen

**MGA** Interclub 9am Shotgun • Card Sound Golf Club

Farmer's Market Open 11am-4pm • Field at Four Corners

**Rosary Prayer Group** 4:30pm • Chapel Living Room

Men's Night Tennis League 5:30-7:30pm • Tennis & Games Center

Men's Poker Night 6:15pm • Card & Games Room 4983 for additional AA Meetings

# 16 TUESDAY

**Cardio Pickleball Clinic** 

8am • Tennis & Games Center

**LGA Weekly Event** 8-10am • Hammock

MGA Interclub

9am • Dolphin Course

**Cardio Tennis Clinic** 9am • Tennis & Games Center

**Golf Fitness Class** 2pm • Member Fitness Center

**Croquet Mixer Open Play** 2-5pm • Croquet Lawn

**Intro to Pickleball Clinic** 2:30-3:30pm • Tennis & Games Center

Vine to Table Dinner: Leader of the

6:30pm • Carysfort Cooking School

**Potluck Gathering** 

6pm • Chapel Fellowship Hall

# 17 WEDNESDAY

Tai Chi Class

7:30-8am • Member Fitness Center

**Sweat Class & Reformer Pilates** 

8am • Member Fitness Center

"A" Flight Level Cardio Tennis 8am • Tennis & Games Center

Ladies' Pickleball League 8am • Tennis & Games Center

**Intercessory Prayer** 8am • Chapel Board Room

**Cardio Tennis Clinic** 9am • Tennis & Games Center

**Mat Pilates Class** 9:30-10am • Member Fitness Center

**Racquet Club Open Play** 10am-12pm • Croquet Lawn

**Gameio Tennis Clinic** 10 & 11am • Tennis & Games Center

**Equity Get-Together: New Year, New Me Social** 3-5pm • Tarpon Cooking School

**Pickleball Organized Play** 4pm • Tennis & Games Center

**Gameio Tennis Clinic** 4:30pm • Tennis & Games Center

# **18 THURSDAY**

**ORC Swim Club** 

7 & 8am • Member Fitness Pool

**Chutes & Ladders Class** 7am • Member Fitness Center

**Sweat Class** 8am • Member Fitness Pool

Cardio Pickleball Clinic

8am • Tennis & Games Center Ocean Reef Men's Fellowship 8am • Fellowship Hall

Men's Pickleball League 8am • Tennis & Games Center

9 Hole LGA Weekly Event 8-10am • Dolphin Course

**Cardio Tennis Clinic** 

9am • Tennis & Games Center **Golf Fitness Class** 

2pm • Member Fitness Center

**Croquet Mixer Open Play** 2-5pm • Croquet Lawn

**Gameio Tennis Clinic** 4:30pm • Tennis & Games Center

Raw Bar Lobster Bake 5-9pm • Raw Bar

Sailfish Classsic Captains'/ Owners' Meeting 6pm • Palm Court

**Burgee Bar Karaoke** 9pm-12am • Burgee Bar

# ON SCREEN & STAGE

General Admission \$12, Donors \$10 Children (under 12) \$6 Movie Hotline: 305-367-6306



"Maestro" (R)

Sunday, January 14 • 4:30 & 7:30pm Wednesday, January 17 • 7:30pm Runtime: 2hr 9mins

**Director:** Bradely Cooper

Stars: Carey Mulligan, Bradley Cooper, Matt Bomer

Genre: Biography, Drama, Music Premise: This love story chronicles the lifelong relationship of conductor-composer Leonard Berstein and actress Felicia Montealegre Cohn Bernstein.



"Napoleon" (R)

Friday, January 19 • 4:30 & 7:30pm Sunday, January 21 • 4:30 & 7:30pm Wednesday, January 24 • 7:30pm Runtime: 2hr 38mins

**Director:** Ridley Scott Stars: Joaquin Phoenix, Vanessa Kirby, Tahar Rahim

Genre: Action, Adventure, Biography Premise: An epic that details the checkered rise and fall of French Emperor Napoleon Bonaparte and his relentless journey to power through the prism of his addictive, volatile relationship with his wife, Josephine.

# Dining with the Presidents: The Nazi **Conspiracy: The Secret Plot to Kill Roosevelt, Stalin and Churchill**

Thursday, January 18 • 5pm By Brad Meltzer. Complimentary lecture, \$63++ optional Dinner. Brad will speak about the true story of a Nazi plot to kill Churchill, Roosevelt and Stalin at the height of World War II, and how it was averted.

#### **Human Nature**

Sat. Jan. 20 - 8:00PM Tickets: Donor \$175 Non Donor \$200 Pre-performance Dinner \$63++ With impeccable, soulful harmonies, slick dance moves, and pop star looks, Human Nature throwback to the classic groups and bring to life the iconic songs of Motown.

**Cultural Center Museum** Daily 9am-4pm • Open During Movies **Library Hours** Monday & Thursday • 10am-12pm

= For full list of events pick up a copy of This Week at the Reef! =

# **CLUB SHOPPING**

# Joan the Shopper













Top: Attractive lightweight polyester jacket; Items for your home; Sophisticated and funky Tee. Bottom: Cashmere ponchos and toppers; Choice cards for 2/14/24; Eye-stopping earrings.

DOCKSIDE LIVING.... When an OR member is looking for a birthday present or a hostess gift, or just something fun to wear, Dockside is often the first stop. There's a vast choice of everything to decorate a home and host a dinner. Plus, there is jewelry, purses, stuffed animals, puzzles, pillows, even marshmallows to improve your hot chocolate.

The photos above are just a small sample of the interesting and diverse items you can find at **Dockside Living**. This shop is jam-packed with the unexpected, like earrings with sequined birds and the beaded turtles (pictured - both are \$62). Another unusual find is the pink tee – funky in a sophisticated

way (\$75). It is amusing attire for any celebration.... If your next celebration is Feb. 14th, Dockside has a good supply of Valentines, along with the store's usual assortment of greeting cards.... At Dockside there is a back room filled with wearables. Pictured here is an attractive lightweight jacket (\$144) and the store's collection of toppers and ponchos – most of them cashmere, reasonably priced at \$165. Also, a winner (though not pictured) is a scarlet lounge or warm-up suit, which could be easily worn to an informal night out. Last Word: "The ultimate luxury is choice." Something Dockside Living understands.

by Joan Birsh

# OCEAN REEF STORE HOURS

#### **Member Fitness Center**

Monday – Friday 6am-7pm. Saturday & Sunday 7am-5pm. 305-367-5820.

# Ocean Reef Gift Shop

Daily 7am-7pm. 305-367-2611, ext. 7139.

# The Burgee Shop

Daily 9am–5pm. 305-367-2611, ext. 5515.

# **Tennis Pro Shop**

Daily 8am-5:30pm 305-367-6583.

# Port O'Call Wine & Spirits

In the Fishing Village. Monday – Thursday & Sunday 11am-8pm Friday & Saturday 11am-9pm 305-367-5999.

## The Spa at Ocean Reef

Tuesday – Saturday 8:30am-5:30pm. Sunday 9:30am-4:30pm. 305-367-6506.

# **Golf Shop**

Daily 7:30am-5:30pm. 305-367-5912.

# WINING & DINING

# **MONDAY, JANUARY 15 – SUNDAY, JANUARY 21**

#### **Palm Court**

Lunch Daily 11:30am-3:30pm

#### **Beach Bar & Grill**

Beverages Daily 11am-8pm Food Mon.-Thurs. 11:30am-4pm • Fri.-Sun 11:30am-5pm

#### **Everton's Rum Bar**

Beverages Thurs.-Sun. 3-8pm

#### Islander & Sushi Bar\*

Mon.-Thurs. & Sun. 5:30-9pm ● Fri. & Sat. 5:30-10pm Equity Member Only Night Thursday

#### The Ocean Room

Breakfast Mon.-Fri. 7-11am
Buffet Sat. 7-11am & Sun. 7-12pm
Dinner Tues.-Thurs. 5:30-9pm • Fri. & Sat. 5:30-10pm
Equity Member Only Night Tuesday

#### Gianni Ristorante\*

Dinner Mon.-Thurs. & Sun. 5:30-9pm Fri. & Sat. 5:30-10pm Equity Member Only Night Monday

#### Raw Bar

Lunch Daily 11am-4pm Dinner Daily 4-9pm (Lobster Bake on Thursday)

#### Port O' Call Wine & Spirits

Mon.-Thurs. & Sun. 11am-8pm • Fri. & Sat. 11am-9pm

# **Reef Treats**

Mon.-Thurs. & Sun. 7am-9pm • Fri. & Sat. 7am-10pm

#### Reef Hut

Lunch Mon.-Sat. 11am-4pm Dinner Mon.-Fri. 5-8pm

#### Reef Fats

Breakfast Mon-Sat 7am-11am, Sun 7am-12pm Dinner Mon.-Thurs. & Sun. 4-10pm • Fri. & Sat. 4-11pm 305-367-5898

# Fitness Café

Mon.-Fri. 7am-5pm • Sat. & Sun. 7am-3pm

# The Point (Members Only)

Coffee Sat. & Sun. 7-10am Cocktails Fri.- Sun. 5-8pm

#### Burgee Bar

Dinner Daily 5-10pm Cocktails Mon.-Thurs. 5pm-12am Fri. & Sat. 5pm-1am, Sun. 12pm-12am Lunch Sun. 12-5pm

#### Reef Lounge

Small Plates Daily 5-10pm Cocktails Mon.-Thurs. & Sun. 5-11pm Fri. & Sat. 5pm-12am

#### CH Prime (Members Only)\*

Dinner Wed., Thurs. & Sun. 5:30-9pm • Fri. & Sat. 5:30-10pm Equity Member Only Night Wednesday

#### CH Lounge (Members Only)

Open Wed., Thurs. & Sun. 5-9pm • Fri. & Sat. 5-10pm

#### Toeki'e

Snack Bar Mon.-Sun. 9am-4pm

# **Town Hall Waterside**

Open Thurs. & Sun. 5-9pm • Fri. & Sat. 5-10pm

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3 Bedrooms / 3 Baths / \$6,999,000 Lakefront Smart Home. Most rooms w/lake views & coastal decor add to the charm. Chef's kitchen. Expansive outdoor space. 4,800sf under Air. This is the home you deserve! Bob Ecuyer



2 Bedrooms / 2 Baths / \$3,950,000 Includes 31' Private floating dock, impact glass and so much more. Must See to appreciate. Linda Jaikins



**2** Bedrooms / **2** Baths / \$6,250,000 Pvt. street w/townhomes on one side. M/BR w/water views, 2 car, 2 cart large garage & workshop. Bay Views from almost every room + 50' Dock. **Nelson Gordy** 

**535 CORAL LN. cls #2287** \$5,900,000 Pre-Construction 5 BDS/5.5 BA **Olga Grant** 



2 Bedrooms / 2 Baths /\$3,995,000
Open floor plan overlooks the pool and canal. 36' Dock. Condo complex features an infinity pool w/two entertainment areas.

Jay Guarch/Olga Grant



3 Bedrooms / 3 Baths / \$5,989,000
Top floor, corner unit offering a bonus bunk room for kids & oversized screened-in porch perfect for enjoying water views of Fisherman's Cove. Assigned 31' floating dockage.

Olga Grant



3 Bedrooms / 3.5 Baths /\$12,950,000 Over 22,000sf home site in the heart of the Club. Completely renovated! Approx. 3,000sf under air & 40' floating dock. Andy Hofmann



3 Bedrooms / 3 Baths / \$6,685,000 Remodeled w/modern conveniences, high ceilings & unique water views. Plus elevator access. Andy Hofmann

**15 OSPREY LN. cls #2464 •** \$6,995,000 3 BDS/2 BA Priva 31,000sf canal front lot on Sunrise Cay. **Bob Ecuyer** Wendy Brainard



**3 Bedrooms / 3.5 Baths / \$5,755,000** 3 BR / 3.5 BA. Hammock Course home w/gourmet kitchen, new pool deck, Large parking garage & driveway & Elevator Access. **Julie Dey** 



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# REINDEER RUN 5K FUN RUN RESULTS

# **FEMALE RUNNERS**

8 & Under

1st Place: Annie Singer

Ages 9-12

1st Place: Elise Meyers

Ages 13-19

1st Place: Reagan Moore (1st

Place Overall Female)

Ages 20-29

1st Place: Finlay Ciane

Ages 30-39

1st Place: Caki Watkins

Ages 40-49

1st Place: Kate Myrer

Ages 50-59

1st Place: Bonnie Zeigler

Ages 60-69

1st Place: Tricia Holbrook

Ages 70+

1st Place: Barbara Olcott

**MALE RUNNERS** 

8 & Under

1st Place: Jack Singer

Ages 9-12

1st Place: Robert Barco

Ages 13-19

1st Place: Martin Barco IV (1st

Place Overall)

Ages 20-29

1st Place: Avery Zeigler

Ages 30-39

1st Place: Wes Palmer

Ages 40-49

1st Place: Brett Marcus



Martin Barco IV, First Place Overall Male and new course record breaker



Howard Colhoun, Charlie Oliver, Kelly and Daniel Colhoun



First Place Overall Female, Reagan Moore.

Ages 50-59

1st Place: Jason Heim

Ages 60-69

1st Place: James Drinkwater

Ages 70+

1st Place: David Moffett

**FEMALE WALKERS** 

1st Place: Kelly Wagner

**MALE WALKERS** 

1st Place: Gavin Vaughn

**WHEELED** 

1st Place: Cruz Isa



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# On the Beautiful Lawn

by William Hinkebein, Ocean Reef Club Croquet Chair

It's been an active January so far on the beautiful lawn. We have had many people playing Golf Croquet despite the cooler windy weather and light rain. As a matter of fact, when there was inclement weather and thus no tennis or pickleball, we've had many new croquet players participate.

We have had many KLAC players coming to play on the ORC courts. KLAC has a large and active croquet group....and quite skilled in the game. We are also having a group from Racquet Club playing. All are welcome and don't be intimidated as the current knowledgeable players in attendance are always happy to teach how to roll the ball and the basic strategy.

#### **Under 40 Croquet & Cocktails**

Wednesday, January 3 was the



Under 40 Cocktails & Croquet participants Coach Justin Romero, Christopher Rahe, Current D'Ignazio, Meghan Palmer, Wesley Palmer, and (back row) Alex Kelley and Gavin Snook.

Under 40 Croquet & Cocktails event. Again, despite not the best weather, many players came out. This group played remarkably well despite some as beginners. Long-time player **Terry D'Ignazio's** daughter **Current** was spectacular clearing long shots and scoring from long distances.

All had a great outing. All veteran players best sharpen their croquet skills as a new generation of players is up and coming.

Women Wickets & Wine (WWW).

Monday, January 8 was the first session of the Women Wickets & Wine (WWW). Despite not the best weather, at least 12 players came out. Good play ensued, the vino flowed, and all had a wonderful time.

The next scheduled WWW is **Monday**, **January 22**, 3:30-5 p.m., however, it has been noticed that the ladies are showing up every Monday!

#### **Upcoming Events**

Today Friday, January 12 is the first of two 3-Wicket Tournaments. For this fun event, two-person teams will be drawn on-site randomly to play. This begins at 1 p.m. and will last through double-elimination play until a champion team is crowned. No need to sign up...just be there by 1:15 p.m. for the team draw.

Friday, January 26 is the ladies-only singles tournament called **The Judy**. The Judy has been a staple for several years. This event draws many players of all skill levels for the fun, camaraderie and challenge of the game. Sign up by calling the



Amanda Asman, Simona Thomson, and Christine Holland at Women, Wickets & Wine

Tennis & Games Center at 305-367-6583.

#### **League Play**

A Flight Tuesdays 9-12pm B Flight Thursdays 9-12pm Come play in either league.

**Open Play** is every Tuesday, Thursday, Friday and Sunday, from 2-5pm.

#### **Lessons by Coach Paul Fecteau**

On Saturdays, Coach Paul will teach how to play and basic rules in each session. Coach Paul is a multiple club champion at Hillsboro Club and a USCA Certified Referee. Sign up through the Tennis & Games Center.

# **Lessons by ORC Staff**

Coach Justin Romero and staff are having Learn & Play Beginners Clinic on Mondays 2:30-3:30 p.m. and for Intermediate players Wednesdays 2:30-3:30 p.m. Contact the ORC Tennis & Games Center to make arrangements at 305-367-6583.





# Croquet, Pickleball, & Tennis at The Reef



'Center Court" by Justin Romero, Director of Racquet Sports

Croquet, Pickleball, and Tennis are what we do and who we are at the Tennis & Games Center. This past weekend we highlighted events in all three Sports. In Croquet, Paul Fecteau has made a comeback as our Touring Croquet Pro. For Pickleball, our 7th Annual Pickleball Pro-Am and Pro-Pro took place. Meanwhile, in Tennis, the DUKE University Women's Tennis Team made a splendid return for a second year, delivering a show in exhibitions clinics.

# 7th Annual Pickleball Pro-Am and Pro-Pro

The competition was hot at our Annual Pickleball Event. Thank you to those who participated and supported. On Friday, the event kicked off with a Cocktail Party where players of the event got to mix and mingle with the Pros and even ask a few questions. On Saturday, play started with Group 1 where the Member got to play with each and every Pro against other pairings. The players played for 15 minutes and when time was called they had to report their score. After 8 rounds and all scores reported Ryan VanNest took home the gold medal and Gardiner Bridge took home silver. In the Group Two session was the same format and Ron Roscia eked it out to claim gold while Buck Schottland took silver by just a point.

On Sunday was the Pros' chance to showcase their talents while battling each other. They played 4 total matches. One Ladies Doubles, one Men's Doubles, and two Mixed Doubles. Jorja Johnson and Anna Bright defeated Callie Smith and Hurricane Tyra



Duke's 15-ranked Women's Tennis Team at the Tennis & Games Center.

Black. In Men's JW Johnson and Jay Devilliers defeated James Ignatowich and Zach Grabovic in 3 games. In Mixed Doubles both matches were too impressive to watch as James Ignatowich and Anna Bright defeated Zach Grabovic and Hurricane Tyra Black while JW Johnson and Jorja Johnson defeated Jay Devilliers and Callie Smith in 3. Thank you to our Members for making this event special for our guest Pros and showing an incredible amount of support.

#### **DUKE**

The Tennis & Games Center hosted the 15th-ranked Duke University Women's Tennis Team last week to kick off their spring

Their nine players, three coaches, and two support staff members traveled to The Reef to train in the sunshine and humidity in preparation for their opening home match versus SMU this Saturday. Members of all ages flocked to the Tennis & Games Center to watch the players battle it out amongst each other as they perfected their singles and doubles play for their upcoming nonconference match. It was quite exciting to watch the Duke women hit, to say the least! Members were floored to watch the Duke women play, but they were even more excited to get in on the action! On Friday, January 5th, eighteen members took part in a round-robin event that paired them with nine of the Duke players and two of their assistant coaches. On Saturday, January 6th, six of the top-ranked players in the country put on a show for all those in attendance. Two sets of doubles were played and man,

does it make sense as to why they are always top competitors for the National Championships. Overall, the events were hugely successful for all those involved! We wish the team the best of luck this season and look forward to continuing our relationship with the Duke University Women's Tennis Program!

# 33rd Annual Ocean Reef Tennis Pro-Am

Support your favorite Pro in this annual event. The Pro-Am was started as a way to honor the Tennis Professionals on The



James Ignatowich and Mike Rich from the Pickleball Pro-Am.

Reef while providing the top playing Members an opportunity to showcase their tennis talents as well. Over the years this has served as the Tennis Staff's "Bag Room Open" – giving Members a chance to support their favorite Pro! Winners are honored by having their names added to the beautiful sculptured tennis trophy. The event kicks off this Sunday at 10:30 a.m. with the auctioning of the Teams. Play to follow. We look forward to seeing you all there!



# ORC and Duke Tennis, A Love Match

By Holly Houser, Ocean Reef Press

For a second year, the Duke University Women's Tennis Team made Ocean Reef their temporary home for a weekend. For the Duke players, it was a fun way to engage in team bonding, while also training for their first match of the season (January 13!).

For Ocean Reef Members, this was a unique opportunity to watch and play alongside Division One athletes. The Tennis & Games Center planned a host of weekend programming for Members and the Duke players to enjoy, from watching team practices and matches to playing together in a Member-Duke Round Robin clinic.

**Richard Krantz** was the first Member to sign up for the clinics. "It was amazing," he





Members partnered with and against players from Duke's D1 Women's Tennis Team in a Round Robin event during their visit to Ocean Reef last weekend.

said. "There aren't many places where you can get in the golf cart, go to the Tennis Center, and have mere mortals play with and against D1 college athletes."

For **Spike Yoh**, the team is close to his heart. As a Duke graduate himself, former Board Chair, and having 12 children and grandchildren as graduates, there's no question he's remained a "loyal Dukie." So when Head Coach Jamie Ashworth was looking for somewhere to take his team

during the week between New Year's and the onset of the tennis season, Spike knew Ocean Reef would be "a perfect fit."

"I knew the women and our Members would blend well together," he said. "The team is an amazing group of very talented, gracious young women. Our Members enjoyed their visit last year and I knew they would enjoy this year's just as much."

And enjoy they did. ORC Head Tennis Professional Hannah Fleckenstein said even more Members participated in the activities this year.

During the team's stay, they were also able to take advantage of what Ocean Reef has to offer. They played Glow in the Dark Golf, experienced a Cooking School class, and even visited the Everglades Alligator Farm and Robert is Here in the Redlands.

They were also treated to a lunch by **Alice** and **Trig Horton** who hosted the seven team members, their three

coaches, the trainer and the Head Coach's family at their home. With their northern home in Durham, North Carolina, the Hortons consider Duke to be their home tennis team.

"It was a treat to get to know these young women who came from such diverse areas as Michigan, Moscow, Prague, and Tel Aviv," said Alice. "I hope the team will be back next year. For them, visiting ORC is so special, and for the Club's tennis enthusiasts, it is fun to watch the 15th-ranked team in the nation practice!"

As for Ocean Reef's Tennis Team, Director of Racquet Sports Justin Romero said, "We were excited to have Duke back for another year. Most of us on the professional staff were collegiate athletes ourselves, so it even brings back some fond memories. Plus, we always jump at the chance to provide unique programming to our already brimming schedule for our Members to enjoy."



Chris Carroll chris@ayssales.com

mobile: 954.303.5604

# TENNIS RESULTS

# Men's Tennis Night League Monday, January 8

First Place: CP Rahe Second Place: Victor Benoit Third Place: Thomas Williamson

# Pickleball Pro-Am and Pro-Pro January 6 & 7

Group 1 First Place: Ryan VanNest Group 1 Second Place: Gardiner Bridge Group 2 First Place: Ron Roscia Group 2 Second Place: Buck Schottland

#### PICKLEBALL PRO-AM



2024 Pickleball Pro-Am Group 1 participants



Ryan Van Nest and JW Johnson



Jay Devilliers and Anne Marie Peretz



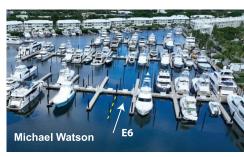
David Schmelzer and Anna Bright



Holly Schmelzer, Jorja Johnson, Hurricane Tyra Black, Bart Shuldman, Gardiner Bridge, Zach Grabovic



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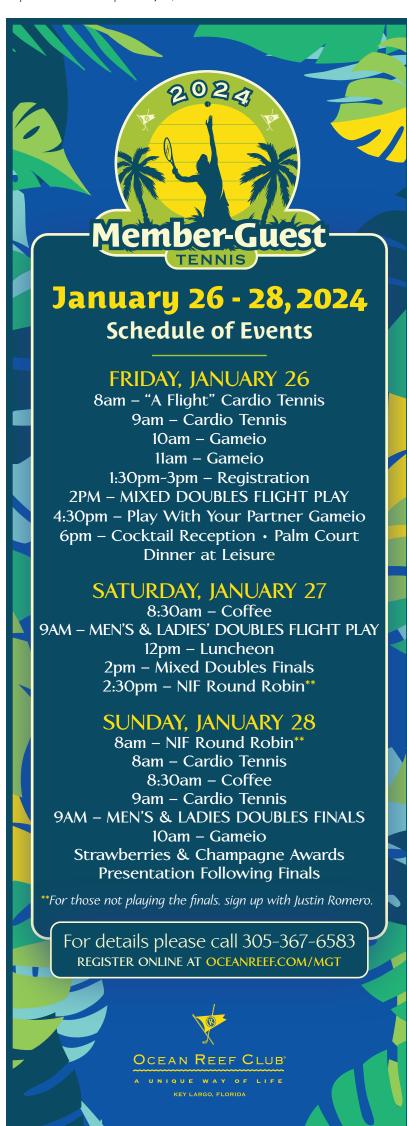
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#### PICKLEBALL TIP OF THE WEEK

## Play More **Pickleball**



"Pickleball Tip" by Zach Grabovic, Pickleball Professional

My tip of the week for you is to play more Pickleball! It doesn't matter what level you play at or what level you play with, get out there, get active, and get on the court. If you don't have anyone to play with come play with one of our amazing pros.

The reason I say play more pickleball is because more often than not one of our biggest downfalls is that we don't have enough experience on the court. The more time we spend on the court the more comfortable we are going to be, even if we aren't playing at our particular level. Playing

with players who have less experience or are at a weaker level is a great opportunity to work on some new and specific skills. Moreover, engaging with individuals at a more advanced skill level offers the opportunity to identify potential mistakes in your approach, recognize shots that may not be effective in higher levels, and observe their playing style—including positioning, movement, shot choices, and placement—to integrate these strategies into your own game.

No matter who you are and what level you play at you can always do yourself the service of getting in more time on court. So grab your paddle and your shoes and get out on the court as quickly as you can! Lastly, when you do get yourself out on a court remember to just have fun. If you're working on something new or just playing some rec games have fun and you'll see yourself improve at a faster rate.

## **Tennis**

Player of the Week

#### Nazim Zilkha

Who's your favorite tennis player? Bjorn Borg

#### What's your favorite thing about playing tennis at ORC?

The enthusiasm and competitiveness of the pros at the club keep things fun!

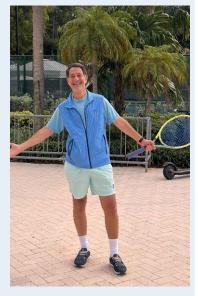
#### What's kept you motivated to keep improving?

Playing with my daughter who played on the tennis team at Bucknell keeps me motivated!

And of course, hitting with my wife is always fun!

#### What are some tennis goals you have for the upcoming season?

Goals for the upcoming season are to keep moving my feet - it's all about moving those feet!



## **Epic Fitness** Goals



'Fitness Focus" by Luis Bracamonte. Director of Fitness & Wellness

Goals give us direction and motivation. A good plan involves having a goal calendar with several goals that can be measured in a specific time frame. Your goal calendar should comprise several small goals, a few large ones, and at least one epic goal for the year. To illustrate what I mean, I am going to share my 2024 fitness goal calendar:

#### **Small Goals:**

- Lift heavier weights than last year in every major exercise.
- Do more bodyweight repetitions in push-ups and pull-ups than last year.
- Hold my breath for over one minute on an ice plunge.
- Do yoga at least once a week to counter all my strength and conditioning training.
- Improve on body composition ranges. This means my worst is not as high, and my best is lower. I also pay attention to waist circumference and weight as reference points. The key to success for this goal is nutrition.
- To become a better golfer,



ORC Run Club every Saturday at 7am, Complimentary and open to all running levels. Meet at the Outdoor Gym.

tennis, and pickleball player. For me, this is primarily a gratifying summer endeavor.

#### Large Goals:

- Run my second marathon. I signed up for the upcoming Miami Marathon at the end of this month.
- Run a personal best 5k time.
- Swim a 10k (official swim marathon distance) race in April.

#### **Epic Goals:**

- Swim the longest distance I have ever swam. I signed up for the 12.5-mile Swim Around Key West event on June 8th to do this.
- Finish a 29029 mountain climbing event in under 22 hours. The event involves climbing 29029 feet of elevation in 36 hours or less. I have finished three events in the last three years but always needed to sleep in between. The goal for my fourth event, which will take place in Mount Tremblant in September, is to

do the event in less than one day without needing to sleep.

When creating your fitness goal calendar, be as specific as you can be and set time frames. Signing up for events helps us stay consistent. Your goals are personal and should inspire you. Share your goals with supportive people who want to see you succeed. To live an epic life, set epic goals, and get after them with focus, determination, and a good action plan.



Bettina Schottland and Daisy Gonzalez with Pilates Instructor Masha.

Your team of personal trainers, Pilates Instructors, voga instructors, stretching specialists, golf fitness specialists, dance instructors, water exercise instructors, and swim coaches at the Member Fitness Center are ready to guide you and keep you on track to fulfill every goal. To learn more about our services and programs, contact us at 305-367-5820.

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## This Week at the Member Fitness Center

Sound Bath: My Sounds and Vibrations Elisabet Stadelman January13th at 11 a.m. Yoga Room

For centuries, sound and vibration therapies have been used to restore harmony and health to our bodies, promoting relaxation and reducing stress. The sound frequencies slow down brain waves to a deeply restorative state, activating the body's self-healing system. Research has shown that sound healing can treat a variety of mental and physical issues, such as addictions, stress, anxiety, depression, high blood pressure, chronic pain, and more. In this session, we will be focused on increasing mental clarity, focus, and creativity, boosting immunity and balance, improving our energy biofields, restoring regulatory



ORC Swim Club every Tuesday and Thursday from 7am to 9am. All levels welcome.

functions of the body "out of tune" or/and enhancing regulatory function to a body in tune. It has an immediate positive impact on the after-surgery processes like knee or hip replacement and postoperative pain, increasing circulation and reducing muscle/skeletal tension. Through the experience of listening to ourselves, we create a bridge between outside and inside and a beautiful field to explore, expand, and enrich. After this experience,

you will find it useful in different aspects of your life, this attentive hearing guiding you wisely and permanently. Namaste!

How to Develop a Meal Plan like a Fitness Professional Kristine Ingold Monday, January 15th at 2:00 p.m. Complimentary

Food is fuel, and it is required to live. Finding a balance through meal planning can help to improve and maintain weight control.

Join fitness trainer and certified Nutrition Coach Kristine Ingold as she explains how to develop the best meal plan for you.

#### Chakra Alignment with LifeBreath Breathing Technique Beth Bielat

#### Wednesday, January 17th at 4:00 p.m.

Join us on a wonderful journey through the energetic chakra system that will enhance your physical, mental, emotional, and spiritual well-being. I will guide you through a meditation that will feel relaxing yet energetic, un-stressed, connected, and aligned.

The chakras are areas in the body where you file all the experiences of your lifetime. The meditation explores your breathing, the function of your organs, and the different physical systems in your body. It is also connected to your energetic body where you hold emotions, mental clarity, and spiritual connection. It's educational, life-changing, and a feel-good experience.



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20-minute workout sessions wearing a suit that provides electric impulses that contract your muscles. A certified, experienced trainer guides the workouts and is open to all fitness levels.

#### **Sound Bath Meditations**

Besides the event on the 23rd, members can book one-on-one and private group sound bath sessions at any time. Sessions can take place at the Member Fitness Center or at home.

#### **Assisted Stretching Sessions**

Our experienced stretching specialists are licensed massage therapists who can help you reset and reduce muscle tightness and pain. Sessions take place on the main floor of the Member Fitness Center. Request to book 30 or 60-minute sessions.

#### **ORC Run Club:**

Meets every Saturday at 7 a.m. at the Outdoor Gym. Join us for a fun, social run. All levels are welcome.

#### **Stretch and Mobility Classes:**

Move better, feel better, and reduce your risk for injury by incorporating mobility and stretching exercises into your workout routine. We offer stretch and mobility classes Monday to Friday at 3 p.m.

#### **Golf Fitness Workouts:**

Book a session with Level 3 (highest possible) Titleist Performance Coach Ryan Lawless and tailor your workouts to gain distance and precision in your golf swing.

#### **Chutes and Ladders Class:**

A new class taught by Ryan Lawless to work on footwork and agility specific to tennis and pickleball. The class meets on Tuesday and Thursday at 7 a.m.

#### Yoga Wellness Sessions:

Immerse yourself into a yoga-inspired wellness lifestyle and philosophy with Kat Wheatley. Kat is an experienced yoga teacher with a Master's in Psychology from Wake Forest University and experience as a mental health counselor. Yoga Wellness sessions can be booked directly through Kat or at the Member Fitness Center.

#### **Teen Fit Workouts:**

This is a strength and conditioning program specifically for 11 to 15-year-olds. Coach Izabella Rose will host group sessions on Wednesday the 27th and Friday the 29th at 3 p.m. She is also available for one-on-one and private group sessions.

#### **Personal Training:**

Our experienced team of over 30 personal trainers, Pilates, yoga, and group instructors are available all week to cater to specific goals and needs. A personal coach takes your program to a higher level regardless of your experience. Learn more or book through the Member Fitness Center.

#### **Group Class Schedule:**

Our group class schedule is on par with the best commercial gyms in the country. Grab a copy of our schedule the next time you stop by the Member Fitness Center. If you have any questions, our team will be glad to answer and point you in the right direction.





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## Only at Ocean Reef!



by Christine Patton, Rod & Gun Club

Here's a story that doesn't happen here all the time...

It was this year's New Year's Eve, and 9-year-old Lawson McClure was waiting for the Buccaneer Island show to start at 8:30. It was plenty dark, but the fireworks weren't lighting up the sky just yet, so he did what any kid would do if he were at the water's edge — he threw a lure into the Atlantic, just to see what would bite.

Lawson is the grandson of **David** and **Lisa Johnson**, and he knows his way around a fishing rod. With Capt



Vivienne McClure, Jack Holler, Lawson McClure and Lucy Holler.

Tucker Ersek as his guide, he has spent time on a boat, and already caught a number of sports fish, including a swordfish. He loves to angle, and staying at the cottage in the "historic district" gives him all the opportunity he wants. But this night, with his companion 9-year-old Lucy Holler (great-granddaughter of Alan Goldstein), and 5-year-old on-lookers Vivienne McClure and Jack Holler, he was left to his own resources. He needed bait, and found a cooked shrimp

left over from the Raw Bar take-out. He put it on his hook and spun it out from the coral breakfront. He waited.

He didn't have to wait long before he was reeling



Lawson and his catch of the night. Photos by Miles Mazer

in a nice-sized tarpon! (See photo).

Who knew that tarpon liked Raw Bar shrimp?

#### IT'S BACK.. TWICE THIS YEAR!

Once again we will be sponsoring the "Pick 3 days" fishing tournaments. The First will be starting January 1 through February 29, 2024. The Second will be from March 1 through April 30. The 2 contests will be as follows:

Fish any 3 days of your choosing. We have 2 categories, FLATS and OFFSHORE. Simply send an email the day/night before or morning of the date you are going to Fishing@ RodandGun.org.

For the FLATS category, the species are Bonefish, Tarpon, Snook and Permit (however, Permit will be removed starting April 1 - per FWC spawning closure). 300 points for any caught on fly, and 100 points per fish on spinning rod. For the OFFSHORE category, the targets are sailfish, tuna, mahi, wahoo and king fish. For sailfish, it is 100 points on spinning tackle and 300 points on fly rod for those adventurous anglers. 25 points for all other offshore fish, with a maximum of 3 of each species. At the end of the day, simply email us your tally to Fishing@RodandGun.org.

The winner in each category will receive \$500, 2nd place.

The winner in each category will receive \$500, 2nd place \$250, and 3rd place \$100.

Hit the water!





## ORYC Celebrates with Fleet Review and Blessing of the Fleet

The skies were cloudy but the waters relatively calm when the Ocean Reef Yacht Club returned to Key Largo Anglers Club Monday, Jan. 8 after many-years' hiatus to celebrate its annual Fleet Review and Blessing of the Fleet.

In her welcoming remarks, Commodore Sarah Cart shared a little history as she noted, 'There are lots of memories of Ocean Reef Yacht Club here, and especially of three grande dames, Lee Nelson, Barbara Parker, and Lucy Otzen, whose physical presence is missed but whose grace and kind spirits linger ..." Thank you's for the day were extended to the Rev. Bob Henley for blessing each of the boats that processed by the Anglers Point, Fleet Capt. Tom McKenzie for organizing the Fleet participants, and KLAC's Dockmaster, Brian Mundey as well as all the KLAC staff for ensuring the safety and success of the day.

The review and blessing are two of the yacht club's annual "heritage events." The review begins with a marvelous, noisy, colorful, humorous collection of boats, each packed with marvelous, noisy, colorful Members, who this season focused their attention on Commodore Sarah Cart's "You Gotta Have Heart" theme. In addition to Mr. Henley, joining Commodore Cart for the review



The real drama of the Golden Bachelor wasn't on live TV, it was aboard Truant, here on the Reef. Up top, Past Commodore and Captain Henry Stout, Past Commodore Chris Streit, Roy Sutton, Paul DiMaura, Past Commodore and Bachelor Jim Leenhouts, George Combs, Gary Sayia, and Jim Loomis; below decks, Suzanne Stout, Maryann Combs, Barbara Sutton, Karen DiMaura, Jan Loomis, Didi Streit, Maggie Clark, and Suzanne Sayia.

from the Anglers Club breakwater were her Commendable, **Ben Cart**; Vice Commodore **Chip Hillyer**; and ORYC's noisiest member, Cannoneer **Michael Conley**, who honored each passing boat with a ceremonial bang; plus a throng of additional ORYC Members there to applaud each craft's appearance.

Crews honored for their interpretations of "You Gotta Have Heart" included those traveling aboard Henry and Suzanne Stout's Truant with their take on The Golden Bachelor (with Past Commodore **Iim Leenhouts** in the starring role); all the kings and queens of hearts, plus a jack and an ace, aboard Jim and Cathy Breuer's Let It Be; and, taking top honors, the team that sailed on Chuck and Pam Cook's Little Geezer dressed in hospital scrubs and posing as staff from the Medical Center at Ocean Reef.

As the yacht club's opening event for the 2024 calendar year, it proved to be fantastic fun with a touch of marvelous chaos and a lot of great food.



Leading with their hearts are the medical team aboard Chuck and Pam Cook's Little Geezer: Pat and Jim Engel, Kathy White, Bill Wonfor, Chuck and Pam Cook, Steven Schoedinger and Bonnie Rippingille-Schoedinger.



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They're all cards! Jack Salisbury, Michele Welch, Chuck Tennent, Linda Salisbury, Jim Breuer, Corinne Fuller, John Welch, Cathy Breuer, Corinne Tennent, and Had Fuller show that they all have heart.

#### RECENT CATCH

## REGISTRATION IS NOW OPEN. 2024 THE SAILFISH CLASSIC FISHING TOURNAMENT

January 18 – 20, 2024

#### Reel in a weekend of offshore Action!

The annual Sailfish Classic Tournament offers a chance to catch some offshore action during one of our best-ever sailfish seasons. With two days of competitive fishing and a host of social events, including a welcome reception and celebratory awards presentation. This tournament is sure to provide a record amount of fun.

Open to all Members. \$2750+ per team.

For details & registration visit oceanreef.com/sailfishclassic or call 305-367-5874.



Angler George Urbana-Grunow with Captain Bunky and their catch of the day.



## CSMYC Season Series Begins on the Pond



by Windsor D. Coffin, CSMYC Commodore

As the calendar turns from December to January, so do the stakes for the sailors of the Card Sound Model Yacht Club as practice racing gives way to the races that count toward our Season Series. But, for a time, it looked like we might not have raced last Sunday at all. Fortunately, the conditions improved just enough to allow us to get five races run.

Driving to the Pond last Sunday, I had serious doubts that we would race at all.



The fleet drifts toward the windward mark. Photo by Erin Coffin

It was one of those rare mornings that was as still as you can imagine, for the Florida Keys. Usually there is some sort of breeze, or at least a hint that one will be arriving soon. I am known for getting to the beach early to get boats set up as well as the course for the day but on this morning, I was in no rush to do either. As time passed and other sailors began arriving at the beach as well, the occasional hint that we would be able

to do some racing began to be evident in the form of gentle light and variable breezes. While this light air was not ideal (nor was the rain shower we experienced) we were not deterred from taking to the water. When racing was completed, it was Joe Robillard that mastered the challenging conditions and won the day's racing. In second place for the day was **Al Mast** in his first appearance on the Pond this season once again proving that he will vigorously defend his 2023 Season Series championship. Rounding out the top three was yours truly, Windsor Coffin. Thanks to my wife, Erin Coffin, who let me use her boat after I found that the transmitter for the boat I had used last Sunday decided it would not power up. Many thanks, as always, goes to our Race Committee of Lynne Mast and Alzbeta Robillard who were joined by Erin when

she lent me her boat.

Forecasts at the time of this writing are showing that light and variable conditions will not be an issue this coming Sunday. In fact, it might be quite the opposite with possible showers. Hopefully by the time you read this the forecast will have turned more favorable. We will find out on Sunday morning and hopefully we will see you on the shores of the Pond enjoying watching some racing action!

The Card Sound Model Yacht Club races every Sunday (except Easter Sunday) until the end of April at "the Pond." Our first race start is at 10 a.m. and, of course, our sailing is dependent on favorable weather. If you would like more information about our model yachting club and our EC12 model yachts, please come by "the Pond" to see us or contact me, Windsor Coffin, at csmyc12@gmail.com.



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## Another Non-Racing Saturday



by Bill Reynolds, Card Sound Sailing Club Commodore

I have writer's block. Writing about sail racing that did not occur would be fiction, whereas writing about a scheduled, real, recurring event would be a non-fiction account of a real event. A telling of true history.

Alas, Card Sound Sailing has suffered another non-event. Thus far our racing schedule reflects a dismal 1 for 5 for racing and a more disappointing 0 for 2 for our much-anticipated Hot Dog



Actual sailing.

Days. (Hope they refrigerate well).

Sailors are by nature a frugal, patient lot, well prepared and ready for everchanging challenges, but this is getting old.

We have a full fleet in the water, freshly prepared and rigged. Some with new paint, some new sails waiting to hoist and crack in the wind. (What a great, exciting, intoxicating sound new sails make). All have clean bottoms and excited crew.

Baker Harbor is in first=rate condition with a new Tiki Hut, complete with ceiling fans for the expected, yet-to-materialize hot days and Bluetooth music to enhance our already jovial spirit. Fresh paint on docks and picnic tables and racing awards waiting to be distributed.

Our race committee volunteers are ready and willing. Best of all our Nooner's Cart is stocked and ready.



Not sailing.

Mother Nature? Come on man! You're up. It's go time. These delays are making us feel like Carolina Panthers fans. We will persevere, chin up, look forward and prevail! Next Saturday is Lucky 13th and we have 12 racing Saturdays ahead of us.

If you would like to see a bunch of excited sailors, race committee and volunteers, come on over to Baker Harbor and join us in postrace celebration around noon on Saturday afternoon.



#### OR SEE







**LEFT:** This little crocodile has joined the two large ones frequently seen sunbathing on the fairway of the 16th Hole on the Hammock Course. Submitted by Annie Miles.

MIDDLE & RIGHT: Last month, this man was spotted diving in the ponds on the Hammock Course and Members, rightfully so, were quite intrigued. Well, the mystery is solved! Twice a year, he comes to The Reef to brave the main ponds on the Dolphin and Hammock Courses. Why? He collects the lost golf balls, paying the Club for the amount he takes away with him. Quite the dedicated golfer! Here, he's pictured in the pond on Hammock Hole 18. Photos by Allyson Caldwell.

## Join us for a trip to Nest Key on MarineLab's Family Day



We'll take a bird spotting boat ride and learn about marine invertebrates that live in the water surrounding Nest Key!

This free program is offered exclusively to Ocean Reef <sup>®</sup> members, associates, and guests!

#### Saturday January 13, 2024 1 - 5 PM

51 Shoreland Drive MM 103.2 Oceanside Key Largo

Space is limited - we request a \$10 refundable deposit to hold your spot on our boat.

Scan the code or email anne.denotter@marinelab.org for more info









## **Golf Roundup:** Highlights from the Past Week



From the Gold Tees" by Michael Leone, Director of Golf

#### 9-Hole LGA Lemon Squeeze

As promised, we had fantastic weather and playing conditions for last Thursday's round. The sunshine brought out the best of the 9-Hole LGA for the Lemon Squeeze tournament. The Lemon Squeeze format takes a lot of teamwork and a well-planned course management strategy. 15 yellow golf balls were given out to start the day, and 11 of them returned to the

scoring area.

All of the groups that returned the yellow golf ball to the scoring area received 5 strokes off their 1 Best Ball Net score, which led to a tight race at the top of the leaderboard. At the end of the round, there were two teams that recorded an outstanding score of 26, 9 under par. A scorecard playoff was used to determine our Lemon Squeeze champions. Congratulations to the team of Alice Horton, Roz Smith, Ann Liashek, and **Alison Ward** for winning the playoff and finishing in 1st place for the event!

#### **MGA** Weekly Event

The format for this MGA Monday was ABCD 1 Best Ball of the Foursome and we had a record-breaking attendance of 90 players! There was a tight race in both our Gross and Net competitions. In the Gross Competition, we had several teams shoot sub 70 rounds but one was able to separate themselves from the field. The team of Joe Joyner, Paul Archibald, Mark Kavanagh, and Hank Hanneken, fired a -4 round of 67 to win Gross, with the help of Paul Archibald's hole-in-one on #16! On the NET side of the competition, we had some more impressive scores and the team of Bill Miller, Billy Orgel, David Jackson, and Raymond Smith outplayed the rest of the field by posting a -13 round of 58 this morning.

Our closest to the hole contests were on Hole #9 & #18 today. Arthur Berry stuck it on #9 by putting it to (8' 4"). Phil French hit him to (1' 8") on the difficult #18.

#### No MGA Monday

Next Monday will be the ORC vs. CSGC interclub. Players who qualify to compete will take on Card Sound Golf Club in this two-day "Ryder Cup-style tournament. Team Card Sound currently holds the cup. Let's wish them all good luck to see if we can reclaim the trophy!

#### 9-Hole Men's League

We will have another 9-Hole Men's League event next Monday, January 15th on the Hammock Course. Tee Times are taking place at 10:30 a.m. and 10:40 a.m. If you are interested in playing with this league, please call the Golf Shop at 305-367-5912.

#### **LGA Member-Member Tournament**

We had our big LGA Member-Member Tournament throughout this week. Please keep an eye on next week's article to read about the results.



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#### **GOLF SCOREBOARD**

#### 9-Hole LGA Lemon Squeeze Thursday January 5

First Place: Alice Horton, Roz Smith, Ann Liashek, Alison Ward Second Place: Kathleen Metzman, Charlotte Drinkwater, Bebe Hofmann

Third Place: Karen Dimaura, Linda Salisbury, Susana Totura, Joanna Silverman Closest to the Hole #4: Alice Horton

Longest Drive #5: Kristine Voulgaris

#### MGA Weekly Event Monday, January 8

First Place Gross: Joe Joyner, Paul Archibald, Mark Kavanagh, Hank Hanneken

Second Place Gross: Michael Acheson, Jeff Dorsey, James McCann, Frank Tropea

First Place Net: Bill Miller, Billy Orgel, David Jackson,

Raymond Smith
Second Place Net: Scott Farmer, Bruce Berry, Pat Shouvlin,
Glen Gormley

Third Place Net: Arthur Berry, Gary Forsee, Ken Owens, Bill Sport

> Cloest to the Hole #9: Arthur Berry Cloest to the Hole # 18: Phil French





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#### SWING TIP OF THE WEEK

## Hammock Hole 10 Approach Shot

By Director of Instruction Stef Shaw and Kellie Stenzel

Every course has difficult holes that seem to create challenges and be intimidating. The 10th hole on the Hammock course is certainly one of those. It's about 180 yards to the water with then 70 yards of carry to get over. The right technique and plan will help you to be successful.

1. A solid setup: Having a great grip and posture is the key to consistent contact and straight ball flight. Your grip will control your club face and keep the ball from curving too much either way. A proper posture, which should be the same with every



club, is especially important to female golfers and should be specific to us. Every golfer should have a set-up routine that incorporates these in an order that works best for them.

2. Know your club distances including carry: Ideally you would know how far each of your clubs go as well as the approximate yardage they carry. Do not feel concerned if you

do not as this is very confusing and not intuitive. With your golf instructor, write down all of your clubs and chart your yardages to be your own best decision-maker. Knowing this would help you to best choose your club to carry the hazard on #10, rather than guessing.

3. Hit the ground and make a mess: Take a good practice swing as you prepare to carry the water on your approach, take a real practice swing that is full speed AND it hits the ground. Do not make the mistake of thinking you need to help lift the ball into the air but understand that you need to hit the ground to launch the ball into the air enough to carry the hazard. While this may seem counter-intuitive it is correct. Be willing to make a motion that may be different but yet correct and watch the ball easily carry the water and fly onto the green.

## ULTIMATE LADIES GOLF SCHOOL

January 18th & 19th

This is a fun and no pressure golf class to improve your full swing and short game, inluding putting. All skill levels are welcome.

## Half Day Options for either January 18th or 19th

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# Exciting News and Upcoming Events at the Card & Games Room



by Gregg Van Dyke, Director of Card & Games

## Special Guest Speaker: Jerry Helms

I'm thrilled to announce that Jerry Helms will be our featured speaker this year, joining us on **Monday, January 15th**. A seasoned speaker with previous visits to Ocean Reef and a wealth of nationwide seminar experience, Jerry promises an engaging session. Hurry

and secure your spot, as we're capping attendance at 40 with over 30 enthusiasts already on board.

#### **Men's Poker Night**

Mark your calendars for an evening of poker fun on **Monday, January 15th**, at 6:45 p.m. And for those who can't make it, the next Poker KO is set for January 22nd.

#### **Ladies Poker Night**

Ladies, don't miss out on the upcoming Poker Night scheduled for **Tuesday**, **January 30th**, starting at 6:30 p.m. Save the date and join us for an exciting event.

## Sunday Funday for Beginning Bridge

Calling all beginners! Our next Sunday Funday for Beginning Bridge is on **Sunday**, **January 21st** at 2 p.m.. It's a fantastic opportunity to learn and enjoy the game.

#### **Canasta Pick-Up Games**

Join us for Canasta Pick
Up Games every Monday,
Wednesday, and Friday
between 12 p.m. and 1 p.m. No
reservations are needed – just
show up, and we'll organize
games just like in the pre-Covid
days. If you're new or want to
sharpen your skills, lessons are
available on Thursdays at 12:30
p.m. It's a great way to make
new friends!

#### **Mah Jongg Pickup Games**

Enjoy Mah Jongg Pickup Games every Tuesday and Thursday from 1 p.m. to 4 p.m. We now have a Mah Jongg teacher offering lessons for beginners and intermediates. Call Gregg at 305-367-6609 to make arrangements.

#### **Beginners Canasta Lessons**

Beginners Canasta Lessons are available on Thursday, January 18th, at 12:30 p.m. Don't miss this opportunity to enhance your card game skills.

#### **Live Duplicate Bridge Games**

Participate in Live Duplicate Bridge Games every Monday, Wednesday, and Friday, starting at 1 p.m. If you need instructions or guidance, call Gregg at 305-367-6609.

#### **Backgammon Lessons**

Learn Backgammon with lessons available on Friday mornings, starting December 8th, at 10:30 a.m. (by appointment). Call 305-367-6609 to confirm your attendance. Backgammon games are available for checkout, allowing you to practice at home.

#### Open 7 Days a Week:

Remember, the Card & Game Room is open seven days a week from 9 a.m. to 5 p.m. for your entertainment. Check out the January Card & Game Room Schedule available at the Card Room.

Get ready for a month filled with cards, games, and good times!

# LIVE BAIT

GOGGLE EYES - PILCHARDS - THREADFIN

1 S L A N D B A I T C O M P A N Y 5 6 1 - 3 0 7 - 3 0 6 5

## **Upcoming Events at the Card & Games Room**

## BRIDGE SEMINAR WITH JERRY HELMS

Monday, January 15th • Card & Games Room

Join us for a one day Bridge Seminar with Jerry Helms!

8:30 a.m. • Arrival & Check-in

9:00 a.m. • Morning Session

11:30 a.m. • Lunch

12:30 p.m. • Afternoon Session

\$125 per person. Lunch included.

## MEN'S KNOCKOUT POKER TOURNAMENT

Monday, January 22nd • Card & Games Room

Complimentary snacks.

6:30p.m. • Registration

6:45 p.m. • Play Begins

## LADIES' CARD NIGHT: TEXAS HOLD 'EM

Tuesday, January 30th • Card & Games Room

Players of all levels welcome. \$40 per

person

Complimentary snacks & hors d'oeuvres



6:30 p.m. • Table Assignment

6:45 p.m. • Play Begins

9:45 p.m. • Awards

## LEARN BRIDGE IN A DAY WITH PATTY TUCKER

## Wednesday, January 31st • Card & Games Room

Whether you're a beginner or returning to bridge, this is the perfect place to start. Come with a friend or make new ones! See why Bridge is the world's most popular card game.\$115 per person.

8:30 a.m. • Registration

9:00 a.m. • Seminar Begins

11:30 a.m. • Lunch

12:30 p.m. • Seminar Returns

To register for any of the above events, please contact Gregg Van Dyke at <a href="mailto:gvandyke@oceanreef.com">gvandyke@oceanreef.com</a> or 305-367-6609, or sign up in the Card & Games Room.







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#### **BRIDGE TIP OF THE WEEK**

# Unraveling the Flannery Convention

By Gregg Van Dyke, Director of Card & Games

#### Origin of the Concept:

In the intricate world of bridge, where communication between partners is key, the Flannery Convention emerges as a strategic bid to convey specific information about a hand's distribution and strength. The convention finds its roots in the ingenious mind of Mr. William L. Flannery, who sought a solution for a particular unbalanced holding - a 5-card Heart suit paired with a 4-card Spade suit, featuring values between 11 and 15 high card points.

#### The Reverse Bid Dilemma:

Traditionally, the reverse bid had been the go-to method for communicating an unbalanced holding with a No Trump range of 16-18 points. However, this approach proved inadequate for Mr. Flannery's unique distributional challenge.

## Enter the Flannery Two Diamonds Bid:

To tackle this issue, Mr. Flannery introduced the Flannery Two Diamonds bid. This bid serves as a quick and accurate way for the opening partner to describe their hand, indicating a 4-5 distribution with values ranging between 11 and 15 high card points. This bid efficiently conveys vital information to the responder, allowing for a streamlined auction process.

## Understanding the Flannery Holding:

The conventional bid signifies a distribution of 4-5 in the major suits, representing about 70% of the distributional shape. The point range is fixed between 11 and 15 high card points, although some partnerships may extend the range to 16, with an additional requirement of the holding containing at least 2.5 defensive tricks.

#### **Example Flannery Holding:**

Consider the following hand, a textbook pattern for a Flannery Two Diamonds bid:

- **♠** AQ75
- ♥ AK943
- **•♦** 64
- ♣52

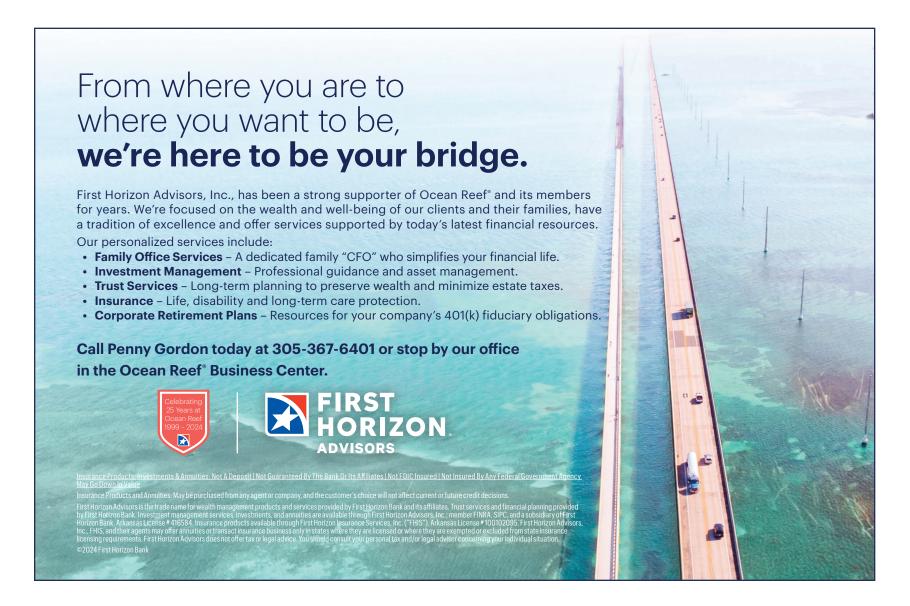
In this scenario, the bid efficiently communicates the distribution and approximate high card point range,

streamlining the bidding process for both partners.

#### Versatility in Bidding:

One notable feature of the Flannery Convention is its flexibility in terms of seating. The bid can be employed from any position at the table, provided that no player has made a bid in the ongoing auction. This flexibility adds an extra layer of strategic advantage to the Flannery Two Diamonds bid.

In conclusion, the Flannery Convention, with its origins in the creative mind of Mr. William L. Flannery, offers bridge players a powerful tool for conveying specific hand information efficiently. As with any convention, clear communication and mutual understanding between partners are essential for successful implementation on the bridge table.



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Walking distance to the

Member Fitness Center & Spa

Screened patio with pool, spa and outdoor living area

Two master bedroom suites

Each bedroom has private ensuite bath

www.45CBL.com

kellystclairkc@gmail.com

#### HARBOR ISLAND - 5 BEDROOM HOME

Home sleeps 12 people.

3 BR with Ensuite king beds.

1 BR with queen bed. 1 BR with double queen bunk. 4.5 Baths.

Vaulted ceilings & large open kitchen.

Bonus loft. Heated pool & hot tub.

Canal front with ocean access.

Outdoor kitchen with gas grill.

Walk to The Spa & Member Fitness Center!

Please call, text or email: 305-606-4410

Harborisland@jlhcpa.com
For more information visit: 20harborislanddrive.com

#### 207 Andros / VILLA CAY

Newly Renovated 3/3 Beach Cottage
Steps to Buccaneer Island
Ocean Breezes from 3 Outdoor Patios
BBQ, Hammock, and
Enclosed Outdoor Shower, WiFi, & 4
Flat Screen TV's
Pet Friendly!
Custom hot tub with lights and waterfall
andrewkatlin@gmail.com
954-593-0973

Photos: www.207andros.com

#### **ANGELFISH CAY 21B**

Beautifully updated Angelfish waterfront upstairs condo.
Great water views, centrally located across from Racquet Club
Nautical themed light, bright, and airy!

Weekly / Monthly Rentals Available

(Sorry, No Pets)

Call or Text 772-260-1999 tinafenniman@me.com
For pricing and availability

#### **NEWEST PREMIUM PROPERTY**

39 Harbour Green
4 BR/4.5 Bath
Pool and 50' Dockage
Fully renovated to the studs
Premium fixtures and furnishings
Availability in February and March

For Photos and Rental Rates: Email: <a href="mailto:orpmbusiness@gmail.com">orpmbusiness@gmail.com</a> Text or Call: 786-255-4281

#### 14.5 FT ZODIAC RIB FOR SALE

Like new.
60 hp Honda engine.
Trailer, cover, and Bimini included.
Can be seen at Ocean Reef.

Call: 310-803-0714

#### HARBOR ISLAND RENTAL

Beautiful 5 Bedroom / 5 Bath Home
With Bonus Loft
2 Master suites, sleeps 12
Newly renovated kitchen
Heated pool & hot tub
Cathedral ceilings throughout
New bamboo flooring
Walking distance to Member Fitness
Bicycles available
Pet friendly
Short or Long Term Rental Available

Call, Text or Email Randy at: 315-374-5956 or rhparadise@aol.com

#### LAKESIDE LANE-35A

3 Bedroom/3Bath
Completely Remodeled-Pristine
First Floor, Golf Course/Lake View
Screened in Porch
Convenient Location
Fairway Lakes pool
Full Wi-Fi/Cable
Available for Short Term & or
Weekly Rental

Call, Text or Email: 954-557-8108 joeystotsky@gmail.com

#### 73A PUMPKIN CAY FOR RENT

2/2 Oceanfront condo
Ground floor overlooking pool
33' dock included
Screened patio washer/dryer in unit
King bed in master BR
Guest BR 2 queen beds
Wifi & 3 flat-screen TVs

Inquiries: PumpkinCay73A@gmail.com

#### **RESIDENCE CLUB A-104 RENTAL**

3 BR/3 BA luxury condo
1st floor with Dolphin Golf
Course view
Brand new & beautifully decorated
Includes access to gym, spa, pool,
restaurants & media room
Reserved garage parking for 1 car &
1 golf cart

For inquires, contact:
Email gnt7@yahoo.com
Call or text 513-607-3535

#### **VILLA COLONY RENTAL**

4 EXUMA
Pristine "Key West" styled home with 4 bedrooms, 4.5 baths. Home features gazebo with fireplace & pool/hot tub overlooking park.
Enjoy this truly remarkable home Just steps from the beach & Inn.

4exumaorc.com sullivanmjr@yahoo.com

#### 35 HARBOUR GREEN

Available: January 25 through
February 7th 2024
4 Bedroom (2 King Beds)/ 3 Bath
Recently renovated
Pool & 50 Foot Dock

For photos and rental rates: <a href="https://www.35harbourgreen.com/">https://www.35harbourgreen.com/</a>
Email: <a href="mailto:Kfitz@me.com">Kfitz@me.com</a>

#### LAKE VIEW CORNER CONDO

Availability late April 2024 forward.

2 bedrooms, 2 renovated full baths
Screened in porch lake view to
Dolphin 9th and 18th greens.
Convenient to Golf Clubhouse and
Fairway Lakes pool.
No pets please.

For more information, photos and availability, contact Maria: 48AFairwaylakes@gmail.com or 781-258-7249

#### 1 HARBOUR GREEN REMODELED

New to Market.
All new fully remodeled interior.
Designer furnishings including RH.
New private pool & outdoor kitchenette.
Chef kitchen/wet bar.
(2 dish washers and 2 icemakers)
4 BD/3.5 BA : 2 kings, 1 queen, 2 twin and queen pull-out
50' Foot Dock

Call or Text: 919-449-8870

#### SUNRISE CAY HOME WITH 60' DOCK

Luxury Sunrise Cay home.

Large open entertaining area, 4 BR 4.5 BA plus fitness, gaming, and office facilities.

Rare opportunity.

For more information:
Photos: <u>5Southpelican.com</u>
Email: <u>orcflorida1@gmail.com</u>

#### **PUMPKIN CAY 55 A**

Oceanfront 3 Bedrooms/ 3 Bathrooms
Plus Bunkroom
Assigned Dockage
2 Kings, 1 Queen, 1 Twin Bed
Dual Bunk beds
Washer/Dryer
Patio, 5 Flat Screen TV's
Golf Cart Included

For Details Please Email: gwroclaw@optonline.net

#### 11 PERKY ROAD

One level home central location.

3BR 3.5BA

Beautiful screened pool & patio area with waterfall spa.

Outdoor kitchen and grill.

Pet friendly.

Minimum 4 night stay.

Call or Text:
203-253-1899
Email: lizangelone@aol.com
For pictures: www.perkyorc.com

#### TWO VILLA CAY LOCATIONS FOR RENT

Beautifully appointed homes
26 Channel Cay
4 Bedrooms/3 ½ Bathrooms with Pool
26 Channel Cay@gmail.com

403 Carysfort Road 3 Bedrooms/3 Bathrooms 403 Carysfort@gmail.com

Please email for photos, availability, pricing.

#### 11 CINNAMON BARK

Modern Coastal Style Family Home 4 BR- 5BA + den with pullout sofa Steps to Member Fitness Center Beautiful pool/spa/outdoor entertaining

Visit Web site: <a href="www.11Cinnamonbark.com">www.11Cinnamonbark.com</a>
Email: <a href="greta@gbloomllc.com">greta@gbloomllc.com</a>

#### A COTTAGE ON CALOOSA

SeaGrace was renovated in 2023.

3 Bedroom 2 Bathroom.

2 king beds and 2 full beds plus a pull-out couch.

Large pool and playroom.

Great outdoor living spaces.

Peaceful sunsets overlooking lagoon and golf course.

Long and short term rentals available.

Text: 843.437.2999 http://www.seagraceor.com

#### **FIVE PRIME LOCATIONS**

203 Andros Road 3 1/2-Bed, 4-Bath 203andros@gmail.com

206 Andros Road 2 1/2-Bed, 2-Bath 206andros@gmail.com

305 Carysfort Road 3 1/2-Bed, 3-Bath 305carysfort@gmail.com

309 Carysfort Road 2-Bed, 2-Bath 309carysfort@gmail.com

8 Exuma Road 2 1/2-Bed, 2-Bath 8exuma@gmail.com

#### CHOOSE CHAMBER SERVICE DIRECTORY























**ADVERTISE WITH US** 

Angela Andreola • 305-367-5806
<a href="mailto:aandreola@oceanreef.com">aandreola@oceanreef.com</a>





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JMcLaughlin		Monroe County Education Foundation	305-040-7220 x2554	Frank-Keys Landscaping	305-247-4477
The Dress Code	305-393-4445	Ocean Studies Charter School	305-852-7700	Island Tree Service	305-367-2458
Zoe's Empire	786-205-2699	The Academy	305-367-2409	Waltz Lawn & Landscaping	305-245-1599
ACCOUNTING		ELECTRICAL / HOME AUT		LUXURY AVIATION CHARTE	
Shannon H. Summersgill, CPA	305-850-8662	Al's WiFi & Electronics, LLC	305-257-9434	Fly Exclusive	833-871-0455
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	205 247 2074	Hixon + Everson Electric Inc	305-367-5033	Ocean Drive Limousines & Transportation	200 274 0444
GoingAire Rocket Cooling	305-307-2774	Innovative Technology Solutions	305-600-1411	•	
-	303-032-2700	Protech E2 Inc	305-453-0010	MARINE	
AQUARIUM	205 204 1577	FINANCIAL		Bellingham Marine	904-380-5519
World in a Glass Bottle	305-204-1500	First Horizon Bank	305-367-3040	Capt. Walter Streeter	205-509-3394
ARCHITECTS		First State Bank of the Florida Keys	305-809-5510	Tri County Yacht Service	
Cspace Architecture and Design	305-562-6957	No Fee Processing	305-403-9519	MOVING, STORAGE & DELIV	
K2M Design	305-289-7980	Northern Trust	305-789-1431	Atlantic Project Solutions	/86-610-0195
Robert Wade and Associates	305-371-2832	Sentry Business Solutions	800-518-6798	Castle Services Inc	305-979-2446
Tim Slawson, PA-AIA Architect		FLOORING		Pak Mail	
ATTORNEY/LEGAL SERVICES		Sun Flooring	305-331-5047	PAINTING & PAPERHANGING	
Dennis Ward	305-812-6072	FLOWERS AND EVENTS		Archer Painting	305-367-3762
Persaud Law Group	305-367-3300	Kitanim Flowers and Events	786-879-7341	Berry's Paint, Wallpaper & Flooring Inc	305-248-8822
Reef Title	305-367-9323	RF Orchids	305-367-5970	JLM Painting and Waterproofing Inc	205-242-9529
AUTOMOTIVE		FUNERAL HOME		Premiere Paperhanging & Painting LLC	205-204-2049
Williamson Automotive	305-670-7100	Allen-Beyer Funeral Home	305-451-1444	The Islander Painting CompanyTLC Interiors & Exteriors	305-803-5770
<b>BOAT SALES/ SERVICE/ACCE</b>	SSORIES	GARAGE DOOR			505-005-5220
MarineMax Ocean Reef		Good Guys Garage Door Solutions	305-562-0051	PEST CONTROL	205 247 1771
Albren Yacht Services and Sign Shop	305-367-2924	GOLF CARTS AND SCOOT		Shield Pest ControlMitchell Pest Services	054 577 0400
CHARITABLE/NON PROFIT		Reef Scooters			734-372-0000
ORGANIZATIONS				PLUMBING	205 275 2002
All Charities	305-367-5963	GROCERY	205 204 4005	Brothers Backflow Plumbing and Gas	305-267-3992
Community Arts and Culture	786-218-6854	Wynn's Market	305-204-4005	Coppertown PlumbingSeaway Plumbing Inc	305-440-2901
Coral Restoration Foundation	305-453-7030	<b>HEALTH &amp; WELLNESS</b>			303-307-3223
Florida Keys Children's Shelter, Inc	305-852-4246	Baptist Health South Florida	305-431-5659	POOL SERVICES	/
Habitat for Humanity of the Upper Keys	305-453-0050	Community Health of South Florlida, Inc	786-293-5504	Hooked On Pool Care LLC	786-907-1073
Marine Lab Education Center		Debbie Nursing Companion Essence of the Phoenix Medical Spa	305-479-9535	Reef Tropical Pools	
Mote Marine Laboratory	941-200-9317	Medical Center at Ocean Reef		PRINT, SHIPPING & SIGNAGE	
United Way of the Florida Keys Wesley House Family Services	205-733-1727	Medcare Infusion Services	786-801-6957	Albren Yacht Services & Sign Shop	305-367-2924
· ·	505-007-5000	Oceanside Senior Care	305-930-0194	Atlantic Project Solutions	/86-6100-195
COMMUNITY	205 277 2040	Pharmacy at the Reef	305-780-7136	The UPS Store	303-370-7444
Chapel & Fellowship CenterCultural Center at Ocean Reef	205-307-2049 205-247-4200	Pilates in Paradise	305-942-0808	PROPERTY MANAGEMENT	205 2/5 4110
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The Residence Club	305-509-7755	Wellspring 'Counseling	/86-5/3-/010	<b>REAL ESTATE AND VACATIO</b>	N RENTALS
COMPUTER, IT & TECH		HOME MAINTENANCE		Central Listing Service at Ocean Reef	305-304-2300
Advanced Computer Connections	305-367-3200	Beautiful Custom Carpet Cleaning	786-489-3252	Ocean Reef Club Sotheby's International Realty	305-367-2027
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PSAV	305-501-5536	Florida Keys Windows	305-451-9796	ORU Associates Inc. Plaza Building Leasing	205-276-7000
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Aluminum Specialist	305-245-3789	INSURANCE		Heights Roofing Inc	305-247-7663
Elite Metal Works & Fence, Inc	305-209-2959	BIA & Company	786_456_1400	Structural Roof Systems	954-484-9663
Florida Solar Partners	786-556-1001	Brown & Brown	305-246-7528	SALON & SPA	
Geordis Construction	786-528-2202	Keen, Battle, Mead & Company Insurance	305-367-2777	0oh La La	305 367 3460
Juneau Construction Company, LLC	305-438-7666	Marsh McLennan Agency Private Client Service	es305-367-9353		303-307-2400
Keys Green Builders Inc	205-200-2004	INTERIOR DESIGN & FURNIS		SURVEYORS	205 4/2 0012
Noly Builders, Inc The Go 2 Guy	305-307-005 <del>4</del>	Cetta Superfice		Longitude Surveyors LLC	305-463-0912
Titan Construction & Development Inc	305-527-0261	EPDesignGroup, Inc	305-735-4589	TRAVEL	
Tri-Tech Construction Inc	305-374-4955	European Design Interiors	305-367-4455	Fantastic Endeavors, Inc	305-453-9208
Turk Builders		Island Interiors at Ocean Reef	305-367-2450	<b>VETERINARY &amp; PET CARE</b>	
Upper Keys Marine Construction	305-853-2644	Janet Wood Interior Designer	305-395-0241	Dolphins Plus Marine Mammal Responder	305-453-4321
WĠI, Inc	561-839-1747	IDR Design	305-395-0241	ORĊAT	305-367-4701
CREATIVE SERVICES, MARKETING &		Royal Furniture	305-451-5700	WATER, FIRE, MOLD RESTOR	ATION
ADVERTISING		Robert Wade & Associates305-371-2832		Safeway Restoration305-256-9555	
Maritza Thibos Photography	305-588-3654	LANDSCAPE & MAINTEN		WATER TREATMENT SYSTEM	
Ocean Reef Press Advertising	305-367-5806	Beach House Gardens	305-453-9377	The Water Wizard	
EDUCATION		Bright View	305-258-8011	THE THEET THE MINISTER STATE OF THE STATE OF	505 255-5500
Carpe Diem Academy	305-971-1230	Gardenscapes and Services	505-242-4444		



## 426 South Harbor Drive | Lake Front

3 Bedrooms, 3.5 Baths | \$5,790,000 | 2619

Cassy Everhart | 305.522.2332 | cassy@oceanreefclubsir.com Morgan Smith | 305.321.1143 | morgan@oceanreefclubsir.com

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## Ocean Reef Club

Sotheby's



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