

# OCEAN REEF PRESS

Vol. 11, No. 12

A Unique Way of Life

January 19, 2024

## Feeling Blessed

For the past 11 years, Blessing of the Animals has been a meaningful tradition celebrating a very special part of the Ocean Reef Community. Ocean Reef loves its pets and this is no better evidenced than by the popularity of Blessing of the Animals where The Reef's beloved best friends receive a blessing of health and happiness by Rev. Bob Henley.

The history of this tradition dates back to the 2011 Pets, Portraits & Pina Coladas event, which eventually morphed in 2014 into the familiar Blessing event known today. At last Saturday's event, **Teresa Holmes** shared the story.

Chairing the Social Committee in 2013, Teresa attended the Pets, Portraits & Pina Coladas event in the Fishing Village, but felt it could be evolved even further. With the Chapel's help and the support of the Club, the Dog Park, and the Social Committee, the first Blessing was scheduled for January 18, 2014, which coincided with patron saint of animals, Saint Anthony Abbot, and his January Feast Day. This first event started with a ceremony at the Chapel, followed by a golf cart procession to the Fishing Village for a celebration. The following year, the "after party" was moved to the Chapel as well.

Chaplain in Residence Bob Henley has been involved since year two, offering blessings to all pets and their owners. He mentioned that on more than one occasion over the 11 years, he's seen Members moved to tears.

**Mary Brady**, who has attended the event with two dogs over the years, says it's a very special time. "It's great for all of us and our pets to see old and new friends. Some people whose pets have passed even come to enjoy the company



Kelly and Paxton St. Clair with Poppy



Nanette Watjen with Miles



Rebecca Hadfield with Seve & Trooper



Liz Coleman with Honey



Joyce Esernia with Xena



Thomas McManmon and Bob Henley with Kenny. More photos on page 33.

of other animals and owners. It's amazing how Rev. Henley remembers everyone's names, dogs and their humans alike, and how profoundly beautiful each unique blessing he bestows is."

Seventy-five dogs were blessed

at this year's event. For many, these pets are part of the family and this event honors and celebrates the important role they play in our lives. As Teresa shared, "The journey of life is sweeter when traveled with a pet."

### INSIDE THIS ISSUE

Terry Baxter talks "Cat Food," **page 8.**

How does the Club remain picture perfect every day? Susan Bohan has the answer on **page 27.**

Tennis Pro-Am Champions are crowned, **page 35.**

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# OR "See"



A fellow Member was so taken by this sight of Debra McKenney watching the sunrise with her grandsons at The Point, that she snapped this photograph and shared it with Debra who said, "I just thought it was so special and depicts some of our shared magical memories."

What have you discovered on your walk, biking or on a daily golf cart ride that you never noticed before?  
Email [orp@oceanreef.com](mailto:orp@oceanreef.com) and share your discoveries.



## CONTACT US

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## DEADLINES

**Advertising** Friday at 5 p.m.  
**Editorial** Monday before issue at Noon

## OCEAN REEF PRESS EDITORIAL ADVISORY BOARD

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Susan Bohan, Mary Brady,  
Jim Leenhouts, Annie Miles



## GENERAL INFORMATION

### E-mail Updates

To receive the Friday email containing links to The Ocean Reef Press and This Week at The Reef via e-mail, send your e-mail address to [communications@oceanreef.com](mailto:communications@oceanreef.com).

## INFORMATION

- ◆ Published each Friday Nov – Apr.
- ◆ Summer issues: May 10, May 31, June 28, July 26, Aug. 23, Sept. 27, Oct. 18
- ◆ The editorial content of this newspaper is prepared and edited by the Ocean Reef Press Staff. The sale of advertising and printing of this newspaper is performed by Ocean Reef Club. Ocean Reef Club does not guarantee the accuracy, completeness, or usefulness of any facts or opinions published herein. Ocean Reef Club is not responsible for any content errors contained in any advertising materials published herein.

## NEWS & HAPPENINGS

### Vine to Table Dinner

**Featuring HALL Wines and Chef Roly Cruz-Taura**

Tuesday, January 23 • 6:30 p.m.

This special dinner series will pair exquisite wines from HALL Wines with expertly-crafted courses by Chef Roly Cruz-Taura. Reservations required: 305-367-5931

### New! Caribbean Nights at Palm Court

Saturday, January 20 • 6-9 p.m.

Indulge in a Caribbean culinary experience at Palm Court with a Caribbean-style menu showcasing a pork carving station, candied plantains, Bahamian shrimp salad, an enticing selection of desserts, and so much more. Reservations required: 305-367-5931

### Grand Seafood Buffet

Saturday, January 27 • 5:30-9:45 p.m.

Enjoy the elegant and traditional Grand Seafood Buffet at the Ocean Room. Reservations required: 305-367-5931 or [oceanreef.com/Dining](http://oceanreef.com/Dining)

### Ocean Room Asian Buffet

Saturday, February 3 • 5:30-9:45 p.m.

Join in the new tradition. The Ocean Room Asian Buffet has traditional seafood buffet stations like the seafood bar, raw bar and sushi station, along with fresh new options such as a dim sum and poke station and made-to-order Asian entrées. Reservations required: 305-367-5931 or [oceanreef.com/Dining](http://oceanreef.com/Dining)

## Gotta Question?

At Ocean Reef, is it appropriate for bikers to ride against traffic or with traffic?

The rules of the road for cyclists, as established by Florida Highway Safety and Motor Vehicles (FLHSMV), says that cyclists should ride in the same direction as traffic and stay as far to the right as possible, using bike lanes whenever available. This too goes for Ocean Reef, whether riding in the car lane or golf cart lane.

Bicyclists should also obey all traffic laws, including signs, signals and lane markings, when riding on the roadway.

Additional guidelines provided by FLHSMV apply to those driving a car or golf cart:

- Drivers must give bicyclists a minimum of three feet of clearance when driving



alongside or passing them.

- When turning, yield to any bicyclist in the car or cart lane and make your turn behind the cyclist.
- Avoid using high beam headlights when you see a bicyclist approaching.
- Before opening a car door, check for bicyclists who may be approaching from behind.

### EDITOR'S NOTE:

If you would like to submit a question, email the *Ocean Reef Press* at [orp@oceanreef.com](mailto:orp@oceanreef.com).



# The All Charities Countdown: Imagine the Possibilities!



by Sarah A. Cart

Final details for the **Feb. 2 and 3 All Charities Weekend (ACW)** and its Live and Silent auctions are rapidly coming into focus and **online bidding and "First Dibs" open a week from today.** It's time to gather your wits, and a team if so desired, to prepare strategies so that when that catalog arrives in your Jan. 26 *Ocean Reef Press*, you can begin transforming the possibilities you find there into reality.

Outline your strategy or gather your syndicate together, whether it's for travel, or a party, or cases

of wine, and get ready to help Ocean Reef to accomplish what it has repeatedly proven it does so well: **Bid early, often, and outrageously, all for a great cause.**

From gourmet gatherings, phenomenal golf rounds, fabulous fishing, spectacular cruises, and cultural opportunities here and abroad, to shopping sprees from the practical to the extravagant, artworks, wines, and jewelry, every Ocean Reef member can find a way to take part.

**If you'd prefer to keep it simple,** then simply *Support What Touches Your Heart*, one of this season's new categories. Or if you're seeking the nexus of exclusivity, luxury, and rarity, consider the offerings in the new *Imagine the Possibilities* category ... around the world by private jet; sitting among the nominees at the 2025 Oscars; a 10+-carat diamond ring; or five nights for 48 guests on a private island in the Caribbean.

**Imagine:** Multiple options to travel the world, for wine, for food, for golf. The Mediterranean. The

Indian Ocean. The South Pacific. So many of the offerings are more than meals or adventures to be had, wines consumed, or miles to be traveled – they're **opportunities to deepen friendships and strengthen our Ocean Reef community.**

**Rather bid singly or as a pair without leaving The Reef?** Then how about some private yoga, or monthly massages at the Spa, or having Chef Jared or Chef Philippe prepare a dinner for 10 in your home? Sign on for the Studio 54 in 2024 party when the A-list Celebrities from the Angelfish, Tarpon, Spadefish, and Dolphin neighborhood will take over Carysfort in November to kick off the All Charities season. Or plan to play golf or tennis or pickleball, invest in a bike or an inflatable paddleboard. Go birdwatching. See John Fogerty or Don Felder here at the Cultural Center, or Les Miz at the Adrienne Arsht Center.

**Why do we do this?** To enable the Ocean Reef Community Foundation's distribution of financial grants to assist thousands

of our neighbors in Key Largo, Homestead and Florida City plus local entities vital to Ocean Reef: The Medical Center, Cultural Center, Academy, Art League, ORCAT and Conservation Association. Thanks to everyone's generosity, over \$63 million has been distributed since 2008.

**For your calendar:** Next Friday morning, online bidding. Friday evening a week later, Feb. 2, Wine & Bourbon Tasting & Silent Auction Showcase. Saturday daytime, Burgers, Beers & Bidding, a NetJets display, and a Lazzara Yacht viewing. And Saturday night: Dinner, dancing and the Live Auction. And at 10:30 p.m., the close of online bidding.

Questions? Visit [oceanreefcommunityfoundation.org](https://oceanreefcommunityfoundation.org), or contact All Charities at 305-367-5996 or [AllCharities@OceanReef.com](mailto:AllCharities@OceanReef.com).

With All Charities at T minus two weeks, it's time to imagine the possibilities, prioritize, strategize, and when the moment arrives, ACT!



9 Perky Road

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# CULTURAL CENTER



AT OCEAN REEF



January 22 - 28, 2024

**Monday, January 22 • 6:00pm**

SOIRÉE AT KEY LARGO ANGLERS CLUB  
\$200 per person, includes cocktails, soirée and dinner

**Wednesday, January 24 • 6:00pm**

SOIRÉE AT OCEAN REEF CHAPEL  
\$200 per person, includes cocktails, soirée and dinner

**Thursday, January 25 • 6:00pm**

SOIRÉE AT CARD SOUND GOLF CLUB  
\$200 per person, includes cocktails, soirée and dinner

**Friday, January 26 • 10:00am**

YOUTH CONCERT AT THE CULTURAL CENTER  
Complimentary

**Sunday, January 28 • 1:30pm**

GRAND FINALE MATINÉE AT THE CULTURAL CENTER  
Complimentary

*Vince Gill & Amy Grant*



OUTDOOR CONCERT

**Saturday, January 27 – 8:00PM**

\$350 Donor • \$395 Non-Donor

One of the most popular artists in modern country music, Vince Gill is famous for his top-notch songwriting, world-class guitar playing and warm, soaring tenor, all wrapped up in a quick and easy wit. Amy Grant's career spans more than 40 years and stretches from her roots in gospel into becoming an iconic pop star, songwriter, television personality and philanthropist.



**REQUEST TICKETS:**

Scan the QR code to order your tickets and/or visit our website at [ORCulturalCenter.org](http://ORCulturalCenter.org) for complete details.

*Your tickets are not confirmed until you receive a confirmation email from the Cultural Center.*

**For Tickets/Dinner Reservations, email:  
[Tickets@OceanReef.com](mailto:Tickets@OceanReef.com)**

## CULTURAL CENTER

# “Making Motown Proud! A Must-See Show!”

– Smokey Robinson

Human Nature is proudly presented by the “King of Motown,” Smokey Robinson. The pop stars’ reimagining of the Motown Sound has seen them performing as Headliners on the Las Vegas Strip for the past 13 years at The Imperial Palace, The Venetian Casino and Resort and now the South Point Hotel and Casino.

Human Nature is one of Australia’s greatest musical success stories and exports. The pop vocal group, featuring brothers, Andrew and Michael Tierney, together with high school best mate, Toby Allen, has sold more than 2.5 million albums, earned 27 platinum record awards, charted 18 top 40 hits and 5 top 10 hits

worldwide. They have performed sell-out shows around the globe since they signed with Sony Music Australia over two decades ago.

With impeccable, soulful harmonies, slick dance moves, and pop star looks, Human Nature throwback to the classic groups and bring to life the iconic songs of Motown. Not just stopping there, they also have the room jumping with hits from the groups and artists that inspired Motown, while also touching on their own original chart-topping songs as Australia’s biggest-selling boyband.

Songs including “Get Ready”, “Tracks of My Tears”, “My Girl”, “Uptight”, “Reach Out (I’ll Be There)”, “Higher and Higher” and “Stop! In the Name of Love” have audiences engaged, amazed, and interacting as they re-live these classic anthems, as well as get to know this legitimate group of stars in their own right.

Experience Human Nature live on stage at the Cultural Center this **Saturday, January 20** at 8 p.m. To request tickets, email [tickets@oceanreef.com](mailto:tickets@oceanreef.com).



Human Nature

## Library Corner

By Susan Bohan

The Cultural Center Library is now open 4 days a week – Monday through Thursday 10am to 2pm – so no more excuses to miss the latest fiction or non-fiction books. If you have a particular author you like or are looking for a book over a few years old, volunteers can help you find the perfect one. If what you want is currently checked out you can be placed on a wait list to be called as soon as it is returned. No Library card is needed. We just need a phone and Member number.



ORCA NEWS

# Faces of Safety: Getting to Know Ariel Artime



Ariel Artime

Get to know Ariel Artime, Vice President and Director of ORCA Public Safety and Operations! His extensive background in law enforcement as Division Chief of the Miami-Dade Police Department, and his in-depth understanding of our community gained through nearly two years as ORCA Director of Operations brings unparalleled expertise to our community.

Ariel's journey in law enforcement began in 1994 when he joined the Miami-Dade Police Department. There, his dedication and leadership were evident as he ascended to the position of Division Chief, managing

North and South operations, overseeing 900 personnel, and balancing a substantial budget of \$108M for each division. He also served as the Division Chief of the Personnel Management Bureau. Prior to retiring from Miami-Dade Police Department and joining ORCA in 2021, Mr. Artime was assigned to the Criminal Investigations Division, where he oversaw the Homicide, Robbery, Special Victims, and Organized Crimes Bureaus.

Ariel's remarkable credentials extend beyond his role as Division Chief. He was granted FBI Top Security Clearance and boasts several special appointments, including the role of Deputy Event Commander for Super Bowl 54. (He had previously headed the NFC Team security detail for Super Bowl 44.) Ariel was also appointed as Adjunct Professor at Florida International University (FIU), where he shared his expertise with students in undergraduate-level courses on Global Terrorism and Criminal Justice.

At ORCA, Ariel oversees Public Safety and manages such key community projects as landscaping, parks, walkways, roadway lighting, and the removal of invasive species. Born in Cuba, Ariel arrived in Miami at the age of six during the 1980 Mariel Boatlift. He is

the second of three brothers. He and his immediate family have dedicated their lives to service, with wife Maribel also a police officer and daughter Cassandra a nurse.

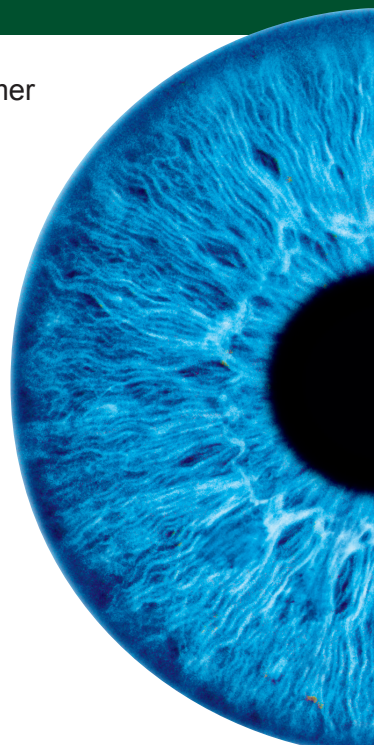
With the hustle of his first career as a law enforcement professional now behind him, Ariel views his new assignment as Vice President and Director of ORCA Public Safety and Operations as an evolution to redefine and chase his passion for service and helping others, as an opportunity to serve the Ocean Reef community, and to set in place a new canvas for growth. Ariel Artime's years of experience in public safety offers Ocean Reef members a unique and unparalleled experience in customer service, and his contributions will continuously improve the quality of life for all who live, play, and work at Ocean Reef.

## Bascom Palmer Now at Ocean Reef®

For 22 years, the Bascom Palmer Eye Institute has been ranked the #1 eye hospital in the United States by *U.S. News & World Report*. We are honored to be #1, but it's our patients who really come out on top.

Specialists in general eye care, glaucoma, and corneal conditions are now available for complete examinations and imaging at The Medical Center at Ocean Reef.

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36 West Snapper Point Drive | Water Front

6 BD, 6F/4H BA | \$35,000,000 | 2521

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Russell Post | 305.451.8199 | [russell@oceanreefclubsir.com](mailto:russell@oceanreefclubsir.com)



38 Sunset Cay Road | Water Front

3 BD, 4F/2H BA | \$29,975,000 | 2608

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3 Exuma Road | Canal Front

4+ BD, 3F/2H BA | \$14,750,000 | 2611

Barbara Sibley | 305.394.0061 | [barbara@oceanreefclubsir.com](mailto:barbara@oceanreefclubsir.com)



44 Cardinal Lane | New Construction

5 BD, 5.5 BA | \$13,900,000 | 2615

Jay Rourke | 786.493.8105 | [jay@oceanreefclubsir.com](mailto:jay@oceanreefclubsir.com)  
Megan Lyons | 786.201.5265 | [megan@oceanreefclubsir.com](mailto:megan@oceanreefclubsir.com)



24 Tamarind Lane | Lake Front

5 BD, 6.5 BA | \$6,900,000 | 2495

Jay Rourke | 786.493.8105 | [jay@oceanreefclubsir.com](mailto:jay@oceanreefclubsir.com)  
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302 Carysfort Road | Villa Cay

5 BD, 4 BA | \$5,995,000 | 2593

Mary Lee | 917.603.3252 | [marylee@oceanreefclubsir.com](mailto:marylee@oceanreefclubsir.com)



12 Ocean Reef Drive | Central Location

3 BD, 2 BA | \$5,649,000 | 2478

Helena Morton | 305.522.2196 | [helena@oceanreefclubsir.com](mailto:helena@oceanreefclubsir.com)



5 Ocean Reef Drive | Central Location

3 BD, 3 BA | \$5,490,000 | 2609

Helena Morton | 305.522.2196 | [helena@oceanreefclubsir.com](mailto:helena@oceanreefclubsir.com)





1 Osprey Lane | Ocean Front

4 BD, 5.5 BA | \$25,900,000 | 2256

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com  
Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



16 Sunrise Cay Drive | Ocean Front

5 BD, 6.5BA | \$19,875,000 | 2540

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com  
Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



42 Island Drive | Canal Front

4 BD, 4.5 BA | \$18,750,000 | 2499

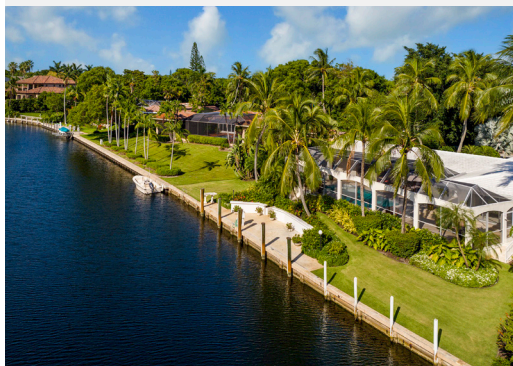
Barbara Sibley | 305.394.0061 | barbara@oceanreefclubsir.com



3 Ocean Reef Drive | New Construction

7 BD, 7F/3H BA | \$11,950,000 | 2580

Helena Morton | 305.522.2196 | helena@oceanreefclubsir.com



11 Grayvik Drive | Canal Front

3 BD, 3 BA | \$11,450,000 | 2552

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com  
Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



**NEW LISTING**

12 Caloosa Road | Lake/Golf

5 BD, 6F/2H BA | \$7,995,000 | 2637

Rick Haney | 305.394.4645 | rick@oceanreefclubsir.com  
Denise Haney | 305.394.6838 | denise@oceanreefclubsir.com



437 South Harbor Drive | Golf and Lake

4 BD, 4 BA | \$5,900,000 | 2607

Barbara Sibley | 305.394.0061 | barbara@oceanreefclubsir.com



**NEWLY PRICED**

8 Halfway Road | Golf Course

3 BD, 2BA | \$5,795,000 | 2595

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com  
Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



426 South Harbor Drive | Lake Front

3 BD, 3.5 BA | \$5,790,000 | 2619

Cassy Everhart | 305.522.2332 | cassy@oceanreefclubsir.com  
Morgan Smith | 305.321.1143 | morgan@oceanreefclubsir.com



31 Angelfish Cay Drive | Ocean Front  
Vacant Homesite | \$14,975,000 | 2487

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com | Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



24 Cardinal Lane | Water Front  
25,828 Sq. Ft. Lot | \$8,500,000 | 2570

Mary Lee | 917.603.3252 | marylee@oceanreefclubsir.com



# And You Thought it Was Hard to Count Calories



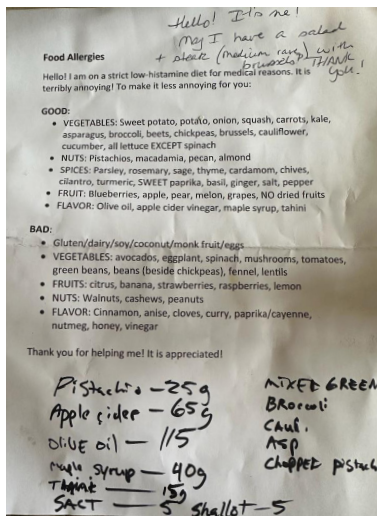
by Terry Baxter

When you are a new diner at one of our restaurants, the first question you always get is, "Do you have any food allergies?" Why does the Club do that? Do allergies really matter? The answer is short and loud: YES. Food allergies are more common than you probably realize. And reactions can range from mild discomfort and pain, to life-threatening immune system responses.



Cat and Radar. Radar looking a little ruffled from a swim. Cat looking to be in the pink of good health.

You may know about lactose intolerance or reactions to gluten. The government identifies eight foods as major food allergens: milk, eggs, fish, Crustacean shellfish, tree nuts, peanuts, wheat, and soybeans. Good grief! I have a beautiful friend, **Catherine (Cat) Castellanos**. If I were young and handsome, I would invite her to dinner and propose



Cat's food allergy cheat sheet with notes from Chef Ian.

marriage. Alas, I am neither young nor handsome, and sadly, Cat endures the most devastating food allergies that render dinners decidedly unromantic. "My problems began more than three years ago when I contracted Lyme disease and the Epstein-Barr virus. This created a cascade of food allergies. I can't drink alcohol, so the fun begins with sparkling water," Cat says. "It is usually pointless to study the menu because it's impossible to know all the ingredients that are used." She enjoys dinner with family and friends for the company but rarely enjoys any food. "I bring my paper that lists my food allergies. I end up getting a piece of lettuce and some fruit, or a little kid's lunch box. Ingredients instead of a meal. It's depressing at Ocean Reef when everyone else is enjoying a fantastic dinner."

Then came Christmas at CH Prime. "It was my first time at CH Prime. Christmas dinner with my family, how wonderful. I sent my little paper to the kitchen and Chef Ian came out to meet my family." "How can we make this special for you?" Ian asked. Cat opened her purse and pulled out a flash-frozen steak. She smiled at Ian's surprise. Cat is also histamine intolerant. Flash-freezing meat or fish limits the development of histamines. Ian took it all in stride. He cooked Cat's steak with a bespoke salad. "It was a real meal," Cat enthused. "A perfect steak and a great salad with pistachio maple dressing, filled with things I could eat." Ian came back out and took the time to describe his creation. "He wrote down everything he had used so I could try it at home. It's the best dinner I have had in three years," Cat said. "It made the holidays for the Castellanos family."

It is rare to have such a complicated allergic response. Medical diagnosis to find out which foods might cause you to have an allergic reaction and strictly avoiding those foods are important ways to prevent serious adverse health effects. And, if you plan to propose to Cat, start by making good friends with Chef Ian.

## MEN'S KNOCKOUT POKER *Tournament*

**MONDAY, JANUARY 22**  
6:30pm • Card & Games Room

6:30PM • REGISTRATION  
6:45PM • PLAY BEGINS

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# The Ocean Reef Anchor

By Jim Leenhouts

*Originally published March 29, 2019*

Ocean Reef's best-known intersection is where the two, busiest avenues, Ocean Reef Drive and Anchor Drive, cross – often described as the “four corners”. In any other community, it would be where “Main” and “State” meet. At one corner, essentially hidden by lush tropical plants, is a three-story multi-use building that does house a major national bank that is still hard to find even if you are in its parking lot at the corner. Two other corners sport golf greens and the last corner is simply a pretty green field often occupied by farmers.

The four, ordinary “stop” signs get all the attention as this is where the locals play “chicken,” an automobile versus golf cart game that one loses when the surrounding corners are admired for more than a millisecond. Unviewed, but lucky for golf cart safety, amongst the greenery on one corner, as if an afterthought to hide the golf green behind it, is the “four corners” only real, community monument, The Ocean Reef Anchor, deserving attention but which also stands unidentified.

Even this beautiful example of “Admiralty Anchors” forged centuries ago in England should suffice alone as a monument. That The Anchor served faithfully aboard the HMS WINCHESTER, a 60 cannon English sailing battleship protecting English interests in the Bahamas and Carolinas from growing Spanish influence in Florida and Louisiana. The Anchor probably failed 320 years ago to save the already grounded Winchester on Carysfort Reef in a storm. As a punishment,



Ray Leenhouts measuring the Anchor to determine its present weight.

The Anchor spent three centuries completely buried near the present Carysfort Lighthouse while the wreck continued to disintegrate and move in subsequent winds and waves to its final resting point, lifeless, rotting and scattering her cannons as she moved some mile and a half to the southwest.

A warning light was needed on this most dangerous reef in the Keys based on the number of groundings. In subsequent construction of a light, Carysfort Reef was found to be a coral “egg shell” over loose sand. This unstable condition was discovered by Lt. George Meade who later became Lincoln's General of the Army of the Potomac on an earlier assignment in charge of building the present Carysfort Lighthouse and discovering that large circular discs were needed to keep the eight “screwed in” legs of the original design from sinking into the lower sand. Congress donated an additional \$20,000 to finish Meade's light in 1852.

It is reasonable that The Anchor we momentarily view as we dash across the four

corners did not really fail the Winchester but rather sank below the shell, ripping it up

and almost disappeared some fourteen feet below sea level. Measurements of the anchor by Ray Leenhouts and his father determined the anchor weighed, as seen, 5,123 pounds – not including 150 pounds of rust lost and 300 pounds of the wood and iron of the missing “stock” that attached to the square top of the anchor at right angles to cause the anchor flukes to “dig in” and crack through the thin coral shell.

Had the Winchester been just one mile north of her grounding, The Anchor would have held, she would have been saved and discovered Ocean Reef, set up her cannons and we might have to have British visas to visit ourselves, there would be a roundabout featuring the Anchor and “Brexit” to worry about.



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# An Interesting Announcement, An Old Story, & A Great Hope



by Rev. Dr. Bob Henley

For many years, as we all know, one of the major news magazines has announced their choice for the 'person of the year.' It would be interesting to discover the matrix of values that informs their selection. This year's pick was Taylor Swift!

But did you know that Merriam-Webster, the well-known dictionary company, annually announces their pick for the 'word of the year?'

Neither did I until I came across an article today.

Matthew Cantor, writing in "The Guardian: last month reports, "The moment we've all breathlessly waited for is finally here – the announcement of the word of the year!"

I was expecting the writer to report that an arcane group of philologists working in the bowels of the British Museum had chosen some esoteric word no one has ever heard of or could have any reason to care about. Wrong on my part!

Instead, he reports that the decision makers at Merriam-Webster based their choice on a word that had "seen a big jump" in online searches this year. The searches were related to "AI, celebrity culture, identity, and social media."

Open the envelope please! Their word choice – "authentic."

The word was chosen because they believe it "sits at the intersection of what's been on our collective minds." They

suggest these increased clicks are indicative of "our biggest fears."

Significant trends have created an environment of disease and fear they say. "Large language models like ChatGPT and image generators like Dall-E have left us uncertain about what's genuine, from student essays to the pope's fashion choices." Both "online mis- and disinformation, along with armies of bots, have us operating under a different set of facts."

Those issues are factors influencing the environment in which we live. These trends are also influencing how we live our lives in this environment.

Merriam-Webster points out that "authenticity itself has become a performance. In other words, we're getting very good at pretending to be real."

While the technology shaping our world may be new, pretending to be real has been a challenge confronting us ever since Adam and Eve sewed fig leaves in the garden.

This need to be real reminds me of Margery Williams' wonderful children's novel, "The Velveteen Rabbit." It was published just over a century ago, in 1922. The message of the book is worth considering, and not just for children, given the concern the folks at Merriam-Webster have identified.

The story, as you will recall, is about a stuffed rabbit, sewn from velveteen, who was given to a small boy as a Christmas present. Like many of us and our children, the boy was more intrigued by and interested in other presents that were more high-tech and entertaining.

To comfort Rabbit's rejection, his friend Skin Horse, owned by the boy's uncle, tells Rabbit how toys become real. He says, "Real isn't how you are made... It's a thing that happens to you. When a child loves you for a long, long time, not just to play with, but really loves you, then you become real."

Rabbit seems skeptical that he could ever be loved in such

a way that he would become real. Yet in time, through the love of the boy, it happens – he becomes real.

Our world is becoming less certain and increasingly threatening. Not even the gates we live behind can protect us from the intrusion of these significant trends Cantor identifies. Most of us are incapable of effecting a change in those trends.

Yet we can effect change in the one part of the world over which we have influence – ourselves, and how we respond.

One of many benefits of living at Ocean Reef, behind the gates, is the experience of living in a safe place, affording the opportunity of being part of a supportive community.

Many of the external barriers and challenges faced finding community in a major metropolitan area are not factors within the life of the club.

Yet proximity cannot guarantee close relationships, even in a supportive community like Ocean Reef. Perhaps the greatest barrier and challenge we face is within ourselves. The fear of becoming real can be just as daunting as any external threat we face.

Only great love can overcome the fear. Knowing, believing that the God who created you loves you unconditionally is the experience of love that can begin to make you real. Like Rabbit and Skin Horse, you'll need to find friends who know the journey well and can encourage you along the way.

In time, as you learn to trust God's love, you find yourself becoming what you thought you might never actually be – what God made you to be. An authentic individual – a real person!

I wonder what the word will be next year? I wonder, what will the world be like? One thing can be sure, and that is what we can become – more loved and more real! Something to consider.



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# Visiting Priests to Lead Catholic Mass

Please welcome Father Brian Sullivan and Father Jim Greenfield to the Chapel & Fellowship Center. Together, they will officiate at the Catholic masses on **Saturday, January 27** at 4 p.m. and **Sunday, January 28** at 12 p.m. Additionally, Father Brian will say mass in the Chapel at 7 a.m. on **Thursday, January 25** and **Friday, January 26**, and Fr. Jim will provide us with a two-evening retreat at the Chapel on **Monday, January 29** from 5:30 to 6:30 p.m. and on **Tuesday, January 30** from 5 to 6 p.m.

**Father Brian Sullivan**  
Father Brian is Pastor of the



Fr. Brian Sullivan

Church of Christ the King in New Vernon, NJ. Father comes to us at the invitation of several of his parishioners who live here at Ocean Reef: **Jim and Clare Meenan, Susan and Norm Scott, and Patti O'Connor.** He played a critical role in increased outreach by his Parish to its local community through Operation Bling Foundation and spearheaded increased



Fr. Jim Greenfield

participation by young people in worship services.

He has offered to say mass for us in the Chapel at 7:00 AM on Thursday January 25 and Friday January 26.

**Father Jim Greenfield**

Father Jim is President of DeSales University and an Oblate of St Francis DeSales; he is a graduate of the University. Father Jim comes

to us at the invitation of **Kathy and John Weiland.**

Father Jim earned a masters in theology in 1990 from the DeSales School of Theology and in 1992 a masters in counseling psychology from George Washington University. Following this he was awarded a PhD in human development also at George Washington in 1998. He has been a teacher all his life, first at Catholic University of America, at Washington Theological Union, and at GWU, where he also served as campus minister.

Father Jim's most recent ministry prior to serving as President of DeSales University was as provincial for his religious order which gave him the opportunity to meet Pope Francis and engage with the pope in a lengthy discussion along with five other priests and brothers.

**WORSHIP ON WEDNESDAY  
EPISCOPAL SERVICE**

All are invited for this community service each Wednesday at 9 a.m. in the Chapel Sanctuary. This **Wednesday, January 24**, Reverend Robert Deshaies will return to lead us.



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3 BD, 3 BA | \$5,395,000 | 2640

James Morrison | 305.393.3407 | james@oceanreefclubsir.com



Pumpkin Cay 47B | Canal Front

4 BD, 3 BA | \$6,250,000 | 2628

Cassy Everhart | 305.522.2332 | cassy@oceanreefclubsir.com  
Morgan Smith | 305.321.1143 | morgan@oceanreefclubsir.com



NEW LISTING

Harbour House 22 | 45' Dockage

3 BD, 4 BA | \$5,995,000 | 2639

Jay Rourke | 786.493.8105 | jay@oceanreefclubsir.com  
Megan Lyons | 786.201.5265 | megan@oceanreefclubsir.com



500 Coral Lane | Maintenance-Free

4 BD, 4.5 BA | \$4,995,000 | 2558

Mary Lee | 917.603.3252 | marylee@oceanreefclubsir.com



Pumpkin Cay 14B | Canal Front

2 BD, 3 BA | \$3,295,000 | 2604

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com  
Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



Residence Club A-107

2 BD, 2.5 BA | \$3,200,000 | 2553

Mary Brady | 201.303.2052 | marybrady@oceanreefclubsir.com



Pumpkin Cay 12B | Canal Front

2 BD, 3 BA | \$3,200,000 | 2561

Mary Brady | 201.303.2052 | marybrady@oceanreefclubsir.com





26 Channel Cay Road | Canal Front

4 BD, 3.5 BA | \$13,500,000 | 2533

Rick Romeo | 304.667.7896 | rickromeo@oceanreefclubsir.com



15 Harbor Island Drive | Canal Front

5 BD, 5.5 BA | \$11,800,000 | 2594

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com  
Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



175 South Harbor Dr. | Lake Front

4 BD, 5.5 BA | \$7,995,000 | 2599

Jay Rourke | 786.493.8105 | jay@oceanreefclubsir.com  
Megan Lyons | 786.201.5265 | megan@oceanreefclubsir.com



32 Bay Ridge Road | Central Location

3 BD, 3 BA | \$5,125,000 | 2498

Marcy Aultman | 305.522.0582 | marcy@oceanreefclubsir.com



Harbour Green 11 | Canal Front

4 BD, 3 BA | \$7,500,000 | 2506

Patti Furneaux | 305.321.3156 | patti@oceanreefclubsir.com



Harbour Green 45 | Canal Front

4 BD, 3 BA | \$6,850,000 | 2635

Cassy Everhart | 305.522.2332 | cassy@oceanreefclubsir.com  
Morgan Smith | 305.321.1143 | morgan@oceanreefclubsir.com



FC Landings 9A | 31' Dockage

2 BD, 2 BA | \$4,150,000 | 2621

Jay Rourke  
786.493.8105 | jay@oceanreefclubsir.com

Megan Lyons  
786.201.5265 | megan@oceanreefclubsir.com



Cay Harbor 8C | Canal Front

2 BD, 2 BA | \$3,895,000 | 2624

Parris Everhart  
305.522.2738 | parris@oceanreefclubsir.com



Angelfish Cay 25A | Canal Front

2 BD, 2 BA | \$3,500,000 | 2547

Helena Morton  
305.522.2196 | helena@oceanreefclubsir.com



Angelfish Cay 29B | 36' Dock

2 BD, 2 BA | \$3,425,000 | 2622

Marcy Aultman  
305.522.0582 | marcy@oceanreefclubsir.com



Angelfish Cay 38B | Canal Front

1 BD, 1 BA | \$2,350,000 | 2579

Parris Everhart  
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Angelfish Cay 72B | Canal Front

1 BD, 1 BA | \$2,200,000 | 2636

Mary Brady  
201.303.2052 | marybrady@oceanreefclubsir.com



Angelfish Cay 75B | Canal Front

1 BD, 1 BA | \$2,150,000 | 2632

Karyn Thiele  
305.394.4185 | karyn@oceanreefclubsir.com



Angelfish Cay 38A | Canal Front

1 BD, 1 BA | \$2,100,000 | 2598

Helena Morton  
305.522.2196 | helena@oceanreefclubsir.com



# We Mourn the Loss

## Janis Broton 1955-2023

By Robert Broton



Neighbors and friends, please join the Broton family to say goodbye to Jan, Saturday 27 January 2024 at the ORC Tennis and Games Center upper floor. We will begin at 2 PM followed by a eulogy at 2:30PM. Raise a glass in a farewell toast with her favorite Prosecco and some light bites.

Jan and I were married in

1974. She worked with high profile clientele at her parents exclusive women's fashion boutique in Winnetka, IL, traveling to NYC on 7th avenue fashion buying trips five times a year until our first child, Veronica, was

born in 1983. Jan was a loving and dedicated mother who quickly transitioned to full time mother of three welcoming our son Robert (1987) and daughter Melissa (1990).

Jan and I started visiting ORC in 1981 when her parents, Alice and Jordan Gumbiner, purchased a vacation home. The Gumbiners retired from their high fashion women's clothing store and moved to ORC full time in 1993.

Jan and I moved full time to ORC in 2010 where she transitioned again to fierce tennis and canasta competitor. With her

outgoing personality and infectious laugh, her circle of friends was ever growing. She played two to three hours of tennis daily, then headed to the card room for three more hours of strategic games.

Jan was also active in the Yacht Club, US Coast Guard Auxiliary, Bonefish Bonnies, film club, and Art League.

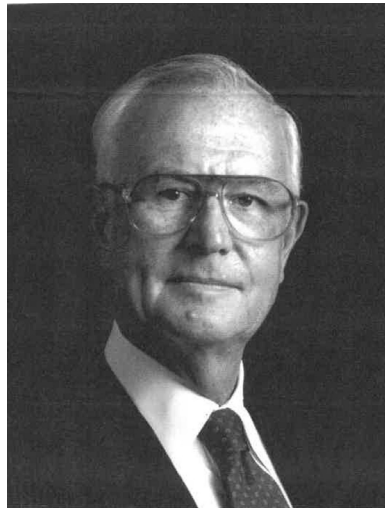
In perfect health, she died unexpectedly in our home Christmas Day. She will be missed and never forgotten.

Jan will forever be a bright spot in all of our lives. In her honor, please wear bright colors to the celebration of her life gathering.

*Member since 2012.*

# We Mourn the Loss

## Harold J Hudson Jr



Harold J Hudson Jr died on January 6, 2024 at his home at Ocean Reef Club. He was 99 years of age.

Born in Kansas City, Missouri on March 10, 1924 he attended the University of Missouri receiving degrees in Business Administration and Law. He later attended Harvard Business School graduating from the Advanced Management Program. He was married to Patricia Louise Orr who preceded him in death

in 2005 after 55 years of marriage.

Harold was the Chairman and CEO of General Reinsurance Corporation for thirteen years. After

retirement, he continued on that company's Board of Directors and joined the Board of Directors of US Trust Company, Lehman Corporation and General Signal Company. He had also been a director of the Insurance Information Institute, the Collage of Insurance and a director and past chairman of the Reinsurance Association of America. During those years he resided in Greenwich, Connecticut where he was a member of Greenwich Country Club and Indian Harbor Yacht Club. In Florida, he belonged to Ocean Reef Club, the Key Largo Angler's Club and Card Sound Golf Club.

For many years, Harold kept a home in Kansas City where he was a member of the River Club. He also maintained a home in North Carolina where he belonged to the Linville Ridge Golf Club. His principal hobbies were yachting and golf. He made numerous trips on his boat between Greenwich Connecticut and Key Largo and often said his happiest days were cruising the Bahama Islands.

Harold is survived by his brother Thomas Hudson of Saint Louis, Missouri and by his long-term companion Francesca Johnson.

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**Chapel Fellowship Hall**

Enjoy crafts, refreshments, and other fun stuff:  
 Featuring Singalong with **Ray Smith** on the keyboard.

RSVP to 708-476-6350

## CHAPEL & FELLOWSHIP NEWS

### FRIDAY, JAN. 19

**AA Meeting**  
 7:30 a.m., Chapel Board Room  
 Call 305-390-4983 for additional  
 AA Meetings

**Shabbat Service**  
 6 p.m., Chapel Sanctuary, Rabbi  
 Micah Greenstein

### SATURDAY, JAN. 20

**Catholic Mass**  
 4 p.m., Chapel Sanctuary

### SUNDAY, JAN. 21

**Traditional Worship Service**  
 9 a.m., Chapel Sanctuary, Dr.  
 Bryan Burton

**Kids Matter (4yrs-8yrs)**  
 9 a.m., Children's Room

**Journey Together**  
 10:30 a.m., Chapel Sanctuary with  
 Chaplain Bob Henley

**Kids Matter (9yrs & up)**  
 10:30 a.m., Children's Room

**Catholic Mass**  
 12 p.m., Chapel Sanctuary, Fr.  
 Hilley

### MONDAY, JAN. 22

**Al-Anon Meeting**  
 9 a.m., Chapel Fellowship Hall

**Rosary Prayer Group**  
 4:30 p.m., Chapel Living Room

**AA Meeting**  
 7:30 p.m., Chapel Board Room  
 Call 305-390-4983 for additional  
 AA Meetings

### TUESDAY, JAN. 23

**Catholic Bible Study**  
 9 a.m., Chapel Living Room

**Senior Cafe**  
 10:30 a.m., Chapel Fellowship Hall

**Potluck Gathering**  
 6 p.m., Chapel Fellowship Hall

### WEDNESDAY, JAN. 24

**Intercessory Prayer**  
 8 a.m., Chapel Board Room

**Episcopal Service**  
 9 a.m., Chapel Sanctuary, Robert  
 Deshaies

**Chapel Women Connect**  
 10:30 a.m. & 4pm, Chapel  
 Fellowship Hall

### THURSDAY, JAN. 25

**Catholic Mass**  
 7 a.m., Chapel Sanctuary

**Ocean Reef Men's Fellowship**  
 8 a.m., Chapel Fellowship Hall

# COMMUNITY-WIDE EVENT • SUNDAY, JANUARY 28 • 5PM

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Ambassador Oren is a contributor to CNN, CBS, The Wall Street Journal, The New York Times and The Atlantic.



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20 South Island Drive | Anglers Club

3 BD, 3 BA | \$7,600,000 | 2556

Helena Morton | 305.522.2196 | [helena@oceanreefclubsir.com](mailto:helena@oceanreefclubsir.com)



PC Garden Home 74 | Canal Front

3 BD, 3.5 BA | \$7,500,000 | 2502

Helena Morton | 305.522.2196 | [helena@oceanreefclubsir.com](mailto:helena@oceanreefclubsir.com)



### Marina Slips for Sale

HS-11 | Floating Dock

70' x 21' 6" Dockage | \$4,200,000 | 2620  
Mary Lee | 917.603.3252 | [marylee@oceanreefclubsir.com](mailto:marylee@oceanreefclubsir.com)

DS-3 | **NEW LISTING**

90' x 21' 8" Floating Dock | \$3,900,000 | 2633

ES-21 | Floating Dock

70' x 21' 8" Floating Dock | \$3,050,000 | 2422

AS-27/28 | Gatehouse Dock

72' Dockage | \$2,250,000 | 2596  
Cassy Everhart | 305.522.2332 | [cassy@oceanreefclubsir.com](mailto:cassy@oceanreefclubsir.com)  
Morgan Smith | 305.321.1143 | [morgan@oceanreefclubsir.com](mailto:morgan@oceanreefclubsir.com)

DS-11 | Floating Dock

90' Dockage | \$3,395,000 | 2438  
Eric Woodward | 305.394.4461 | [eric@oceanreefclubsir.com](mailto:eric@oceanreefclubsir.com)

DS-7 | Prime Location

90' Floating Dock | \$3,299,000 | 2571  
Marlina Lerma | 305.801.2699 | [marlina@oceanreefclubsir.com](mailto:marlina@oceanreefclubsir.com)

AS-11 | Gatehouse Dock

55' Dockage | \$1,550,000 | 2613  
Karyn Thiele | 305.394.4185 | [karyn@oceanreefclubsir.com](mailto:karyn@oceanreefclubsir.com)



Marina Village 2B | Canal Front

3 BD, 3 BA | \$6,999,000 | 2578

Karyn Thiele | 305.394.4185 | [karyn@oceanreefclubsir.com](mailto:karyn@oceanreefclubsir.com)



Pumpkin Cay 43A | Canal Front

3 BD, 3 BA | \$6,275,000 | 2524

Molly Taylor  
508.524.4633 | [molly@oceanreefclubsir.com](mailto:molly@oceanreefclubsir.com)  
Russell Post  
305.451.8199 | [russell@oceanreefclubsir.com](mailto:russell@oceanreefclubsir.com)



Pumpkin Cay 7B | Canal Front

3 BD, 3 BA | \$4,950,000 | 2513

Karyn Thiele  
305.394.4185 | [karyn@oceanreefclubsir.com](mailto:karyn@oceanreefclubsir.com)  
Susan Bryan  
305.522.7700 | [susan@oceanreefclubsir.com](mailto:susan@oceanreefclubsir.com)



**NEW LISTING**

Angelfish Cay 21A | Canal Front

2 BD, 2 BA | \$3,275,000 | 2641

Mary Brady  
201.303.2052 | [marybrady@oceanreefclubsir.com](mailto:marybrady@oceanreefclubsir.com)



Angelfish Cay 14B | Canal Front

1 BD, 1 BA | \$2,800,000 | 2534

Rick Romeo  
304.667.7896 | [rickromeo@oceanreefclubsir.com](mailto:rickromeo@oceanreefclubsir.com)



# Attention all Senior Café & ForgetMeNots Participants!

By Cynthia Weglarz, ForgetMeNots Co-chair

Our New Year's resolution, to get more exercise, was given a boost when the Director of Fitness and Wellness, Luis Bracamonte, spoke to the Ocean Reef ForgetMeNots, a caregiver support group, on January 9th in the Medical Center. Luis spoke to the group about the importance of resistance training, aerobic exercise, and flexibility. The brain rewards us for this effort by the release of endorphins which give us joy. And the place to find that joy is the Member Fitness Center, which is for everyone.

Luis offers Silver Fit Plus,



Instructor Hector Franco guides Silver Fit Plus every Friday at 2 p.m. at the Member Fitness Center.

a complimentary chair-based class where members are invited to bring a friend or caregiver, every **Friday at 2 p.m.** in the Fiesta Room.

Instructor Hector Franco guided the participants at the inaugural session this past

Friday in movements to music that help strengthen bodies and improve balance. From all the smiles generated at the class, we can see that it was not only a healthy experience but a fun one too.

See you on Fridays at 2 p.m.

## CALLING ALL KAPPAS!

All Kappa Kappa Gamma sisters are encouraged to meet for coffee and a chat on the Town Hall terrace on **Monday, January 22** at 10 a.m.



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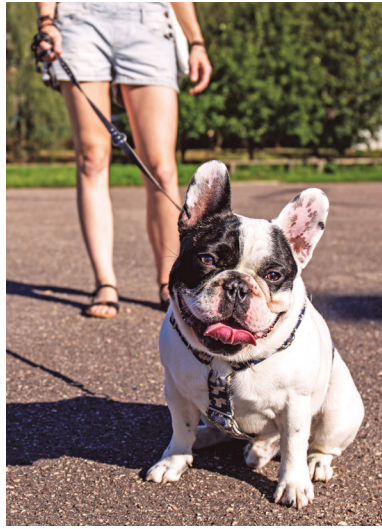


NEWS FROM THE MEDICAL CENTER

# Up Your Walking Game

All of January is "Walk Your Dog Month" - yes, it's actually a thing. A fun little fact: The largest dog walk "The Great North Dog Walk" was organized in the U.K. in 1990 and in 2018 held the World Record distinction of 33,149 dog walking participants. So if your New Year's resolution (hopefully) includes more walking, why not take your best furry friend along too?

The acronym "FIT" helps to remember the important components of a good walking program. It stands for frequency, intensity and time. For people unaccustomed to regular physical activity,



it's important to start slowly and work your way up to achieving your walking goals. You can also add shorter more frequent walks during the day. Go at whatever pace you can manage without difficulty. The American Heart Association states,

"There's good data to suggest the most protective walking speed is above 3 mph, which corresponds to more than three times the energy spent at rest". However, you should start at whatever pace is comfortable for you. It's fun to track your challenges with a fitness watch where you can work against yourself.

Walking is a game changer for physical and mental health, and staying active on those grey, chilly winter days can help keep the blues away. If your walking route starts to feel boring, change your path and make it more interesting. You and your furry friend can make the Ocean Reef Dog Park a walking destination and you can do a bit of socializing there too. Be sure to follow guidelines for safety

and watch for golf carts and cars, especially if you are wearing headphones.

Keeping active is key to good health and your furry friend will benefit too.

Visit us on the web at [www.mcor.org](http://www.mcor.org).

Mark your calendars for **Tuesday, January 30th** "A Night Out with the Medical Center- Ladies & Men's Night" with Neurosurgeon, Robert Wicks, M.D. of Baptist Health Miami Neuroscience Institute.

Your support of the All Charities Weekend strengthens entities, like the Medical Center, that enhance Ocean Reef Club's Unique Way of Life and enables the Ocean Reef Community Foundation to provide for thousands in Key Largo, Homestead and Florida City. Call 305-367-5996 to learn more.

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Please bring your identification and insurance cards to each visiting specialist appointment. They bill separately from the Medical Center. To schedule with a visiting dermatologist, please call their office directly. For all other specialists, please call 305-367-6702.

**Audiology****Natalie Crespi**

Jan. 24, 31, Feb. 7, 14, 21

**Daisy Elwick**

Jan. 22, 23, 29, 30

**Cardiology****Julio Barcena**

Jan. 19, Feb 9, March 8

**Howard Bush**

Feb 15, March 14

**Colorectal Surgery****Dan Ruiz**

Feb. 19, March 18

**Dermatology****Alexandra Price**

Jan. 19, Feb. 16

**Alysa Herman****(305) 444-4979**Feb. 1, 15,  
March 7, 21**Debra Price****(305) 670-1111**

Jan. 19, Feb. 2

**Jill Waibel****(305) 279-6060**

Feb. 12, March 11, April 5

**Stephanie Nicolau****(305) 740-6181**

Jan. 24

**Dr. Varee Poochareon****(305) 740-6181**

Jan. 24, 31

**Endocrinology****Heberto Valdes**

Feb. 2, March 1, April 5

**Gastroenterology****Sandra Rodriguez**

Feb. 13, March 6

**Gynecology****Jason James**

Feb. 8, March 14, April 11

**Jila Senemar**

Jan. 24, Feb. 13, March 12

**Holistic Medicine****David Coppola****(305) 451-1819**

Jan. 23, 25, 30 Feb. 1

**I.V. Therapy****Keila Paulino & Scott****Williams (305) 907-7550**

Jan. 22, 29

**Nephrology****Anthony Farias**

Feb. 5, March 18, April 22

**Neurology****Victor Faradji**

Feb. 1, March 7, April 4

**Neuro Spine****Nancy Epstein**

Feb. 14, March 20

**Raul Vasquez****Castellanos**

Feb. 13, March 12, April 9,

May 14

**Ophthalmology****Bascom Palmer****786-530-2289**

Jan. 25, Feb. 6, 7, 27, 29

**Zach Segal**

Feb. 20, March 19, April 16

**Optometry****Lauren Nicholas**Feb. 2, March 1, April 5,  
May 3**Susanna Tamkins**

Jan. 19, Feb. 16, March 15

**Orthopedic Sport****Medicine****Michael Swartzon**

Feb. 2, March 8

**Orthopedic Surgery****Joseph Fernandez**

Jan. 19, Feb. 16

**Derek Papp**Jan. 25, Feb. 8, 22, March  
14, 28**James Voglino**

Jan. 9, March 8

**Orthopedic Hand Surgery****Roberto Miki**

Feb. 23, March 22

**Pediatrics****Rosa Fernandez**Tele-Med **954-385-6277****(Option 1)****Plastic Surgery****Ramiro Perez**

Feb. 5, March 4

**Podiatry****Brigitte Smith**

Jan. 24, Feb. 14, 28

**Polly Reeves**

Feb. 15

**Sophia Masri**

Jan. 19, Feb 23, March 22,

**Psychology****Joseph Mora**

Feb. 19, March 11

**Pulmonary & Sleep****Disorders****Raul Valor**

Feb. 16

**Spine Care & Pain****Management****Ronald Tolchin**

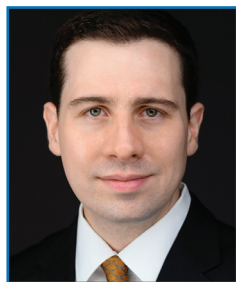
Jan. 23, Feb. 6, 20

**Urology****Dani Papir 786-530-2289**

Tele-Health

**Lunan Ji**

Feb. 7, April 3

*“Vascular Malformations of the Brain: Advances in Management”**A Night Out with the Medical Center - Ladies & Men's Night**Tuesday, January 30, 2024**Pelican Room at Carysfort Hall**5:00 p.m. Lecture**6:00 to 7:00 p.m. Cocktails and Hors d'oeuvres*

Please join us in welcoming Neurosurgeon, Robert Thomas Wicks, M.D., who will discuss vascular malformations of the brain. Dr. Wicks is the Director of the Neurosurgical Anatomy Laboratory at Baptist Health Miami Neuroscience Institute. He specializes in neurological surgery, skull base surgery and interventional neuroradiology. Dr. Wicks completed a research year in the Hunterian Neurosurgical Laboratory of Johns Hopkins. During that time his research focused on the local delivery of new chemotherapies for brain tumors and the development of a handheld imaging device for the detailed imaging of brain blood vessels during aneurysm surgery. Dr. Wicks states, “I specialize in cerebral vascular neurosurgery and that is an area of neurosurgery that often times is faced with dealing with some of the most critical problems that include stroke or dealing with brain aneurysm. Within neurosurgery I think the future holds that we may be able to use a patient’s own cells or their immune system to prevent stroke, prevent rupture of brain aneurysm and then also offer better treatment with improved recovery.”

*To RSVP call 305-367-6777 or [jenniferr@mc.org](mailto:jenniferr@mc.org) • All Welcome!*





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# Bird Enthusiast Brewer Entertains & Enlightens Garden Group



by Annie Miles

A number of fascinating birds are found in the Florida Keys and many were introduced to the Garden Group at their January meeting when they welcomed ORC's resident bird aficionado, **Harold Brewer**. His presentation, "Common and A Few Uncommon Birds of Ocean Reef," delighted members with informative commentary and incomparable photos to match. As an added bonus, Brewer was joined by his long-time friend and fellow bird expert Ken Janes, author of "Florida Birds: A Birdwatcher Discovers the Sunshine State." Janes, a retired general surgeon, is Brewer's mentor and they have traveled the world together pursuing their interest in the over 10,000 species of birds.

Brewer suggested that birding is a wonderful hobby for seniors and only really requires curiosity, decent binoculars, and in his case, a phenomenal camera lens. He explained that he has always enjoyed being outdoors and likes the hunting aspect of birding using binoculars and a camera instead of a gun. He does some focused birding two or three times a week and is a regular contributor to eBird. It is a site launched by Cornell University 20+ years ago and it makes an immeasurable wealth of knowledge available to scientists and amateurs in this field. He noted that those interested just need to learn the basics and then can enhance their hobby by keeping a record or journal



One of the most colorful of all birds, this painted bunting finds a safe haven from predators on a chain link fence.



The Anhinga, or "snake bird", because it submerges completely in water except for its long neck, majestically spreads its wings to dry them.



The ruby-throated hummingbird is the most familiar in Florida and east of the Rocky Mountains.



Trinidad is home to the unique Tufted Coquette hummingbird.



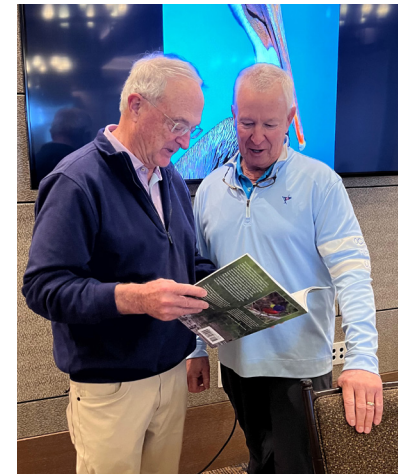
Baby horned owls nestled in a tree.

of what they are seeing, hearing, and observing. Harold and his wife **Mona** enjoy taking birding trips to seek out specific species and added that the travel is fun because birds live in such great places!

The Garden Group had an opportunity to ask questions and learn more about some of the Keys birds, many of which are spotted around Ocean Reef. Pelicans, ibis, osprey, herons and egrets are joined by anhinga, hawks, owls and turkey vultures. Less commonly seen is the painted bunting, captured by Brewer here at ORC. If you notice the many trees around The Reef with multiple rows of small holes, they have been visited by the yellow-bellied sapsucker, one of the four common species of woodpecker in Florida. An amazing photo that Brewer captured of a mother Kildeer and her chicks is now on display in the hotel lobby.

Janes closed the presentation with amazing photos and information about his latest passion in birding, the hummingbird. Weighing only 2-6 grams with a heart rate of 1200 beats per minute, they can fly forwards, backward, upside down, sideways and hover. With

tiny legs they can't walk or hop so they are in the air almost all the time. They present a particular challenge for experts like Janes to photograph, with wings that beat 80 times per second in a figure-eight pattern. Interestingly, hummingbirds are only found in the Western Hemisphere and only about two dozen species visit the US and Canada. The ruby-throated hummingbird is the only variety commonly found in the eastern US as most species are found in South America. The brilliant color seen in hummingbirds is primarily a reflection of light hitting the bird's iridescent feathers which have a particularly unique structure.



Experts in the birding community and friends of 40 years, Ken Janes and Harold Brewer compare notes before their presentation.



Garden Group President Pam Ferger welcomes Harold Brewer and his friend Ken Janes who presented a program for the group's January meeting.



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OUT & ABOUT



The Rule Family has been a regular at Ocean Reef's Reindeer Run for many years, but this year's race was a true family affair. Erica Rule said, "Usually, my daughter Sabrina and I run the 5K races. We love them. This year my husband Lance, my son Mason, and his girlfriend also joined as walkers. Even our dog Daisy made it for her first race! This year we also had extended Rule family members, and my niece Amanda and her husband Jon even joined with their 10-month-old daughter Ella! We all have so many memories (and tee shirts to prove it) from these gatherings. We love the challenge of getting up early on vacation together, and enjoying that post-race pride of accomplishment and camaraderie. Not to mention the post-race Reef Treats visit!"

**Pictured left** is Sabrina, Mason, Daisy, Lance and Erica Rule prior to the race.

**Pictured right** is Laurie Rule, Amanda Werthen, and baby Ella Werthen.

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MEMBER NEWS



Tim and Christy Sheehan celebrate their 40th Anniversary at a bash in 121's Beacon House. Submitted by Terry Baxter.

## Proposed for Membership

The following individuals are being considered for Ocean Reef Club membership. Direct communication concerning these nominations to Executive Director of Membership, Islande Dillon, at 305-367-5921 or [idillon@oceanreef.com](mailto:idillon@oceanreef.com).

### Equity Membership

**Carla & Steven Pyles** are social waitlisted members applying for Equity membership. Mr. and Mrs. Pyles are co-purchasing Dock F-23 and the equity from Gavin McGeehan. Mr. and Mrs. Pyles are residents of Brentwood, Tennessee. Their sponsors are Michael Walden, Robert Falk, Skylar Bates and Joe Urbanati on

behalf of the Board of Directors.

**Tammy & Doug Pyles** are new members applying for Non-Charter dues only membership. Mr. and Mrs. Pyles are co-purchasing Dock F-23 from Gavin McGeehan. Mr. and Mrs. Pyles are residents of Columbia, Kentucky. Their sponsors are Larry Johnston, Tim Dagit, John harper and Cynthia Egan on behalf of the Board of Directors.

### Senior Legacy Membership

**Tierney Martine** is a new member applying for Sr. Legacy membership. Ms. Martine is a resident of Erie, Pennsylvania. Her sponsors are Chip Hillyer, Courtney Chalmers, Marilyn Clark and Cynthia Egan on behalf of the Board of Directors.

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# The ORC Early Bird



by Felicia M. Koretsky

A unique group of birds leave their Reef nests before the crack of dawn. They hunt for morning caffeine and ocean air to power their wings. Chirping before the sun wakes up, this subspecies of the American Snow Bird is known as The ORC Early Bird.

Feathered in a bright cotton pink blouse with matching pink and blue leggings, **Anne "Cookie" Wilson**, 83, is one such early riser. When she was in college, she used to set her alarm for 3 a.m. to study because she felt the early hours were the time her brain works best. Not much has changed. She is up no later than 4:30 a.m. daily. Armed with a flashlight and an audiobook on her iPhone, seven days a week, she takes a five-to-six-mile walk around The Reef.

"Everything is so calm in the morning. It's really spiritual," says Wilson, who is in bed by 9 p.m. and avoids napping. She says she also books the first appointments of the day and runs all her



Cookie Wilson

errands early because that's when she feels the most energized.

"It's my ritual and I love it," said Wilson, who grew up the youngest of four siblings, with a sister who always slept until noon.

Morning bird **Colin Caldwell**, 44, said since he was a kid, he always followed what his father, Charlie, did. That meant getting up early.

"I love everything about the mornings. It's my time," he said during a 5:45 a.m. interview at The Inn. "I like to get in my golf cart and drive. I love the wildlife you see. I take out my dogs, check my emails, get in my workout. "

**The Early Bird Catches the Urn**  
Flying solo or in flocks, The ORC Early Bird land pre-dawn at Town Hall or The Inn awaiting the arrival of the first coffee urns. Once their white-paper Burgee cups are filled, some form circles and exchange tales of flights to



Colin Caldwell

faraway places. Most of the time though, they just talk turkey.

From scientists to philosophers, the benefits of being an early bird are well documented.

Accessing more daylight boosts mood, improves sleep, increases focus and alertness. By exercising early, these birds are more likely to stick to their routines, stay in a good mood all day, and are less likely to

overeat. These happy-go-luckies are also referred to as songbirds or hummingbirds as they cheerfully fly high on morning endorphins.

Bird watchers can find the Early Bird's distant cousins, the snooze-button loving ORC Night Owls, thriving after dark at Watering Holes around The Reef. To keep the family peace, the full flock typically use lunch and cocktail hours as the best time to schedule reunions.

The Early Birds are most proud to be the subject of dozens of famous sayings that have lasted the test of time.

Nineteenth-century economist Richard Whately said, **"Lose an hour in the morning, and you will be all day hunting for it."**

Modern day motivational speaker Hal Elrod said, "Wake up early every day so that while others are still dreaming, you can make your dreams come true."

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# The Wonder of African Art & Building Communities



by Deborah Goodwin Geller

One of the ongoing benefits of our Ocean Reef Art League are the special Events and Shows presented for our members' enjoyment. Everyone is welcome to come and view the art installations and presentations. There are also opportunities to purchase unique pieces or add to your



Ed Pascoe

collections. At the recent Ardmore South African Ceramics and Textiles show it was obvious that there were members who came early and specifically to get a 'first chance' at these unique pieces. As I tried to walk around to view the different displays I saw

many members asking about specific pieces and within 20 minutes of the show 10 pieces were sold! I later found out how popular this event is every year and how some of our members have very significant collections.

Let me tell you a bit about this group of artists and Pascoe Gallery who provides the pieces. Pascoe Gallery offers a cross-section of high-design ceramic art from around the world, but most of the curated product comes from Africa or are inspired by African themes. Talented artists throw or hand-sculpt each creation and then meticulously hand-paint them to dramatic effect. Larger pieces can take months to finish.

Most significantly by supporting these artists

Pascoe Gallery has been able to provide such an increase in their income that many of the artists have been able to move from literal mud huts to permanent houses.

Every purchase is a meaningful act of support for an artist who strives to create a better life through his or her craft. As I was told, "It's not just about acquiring a beautiful object. Remember the profound words of Margaret Mead: 'Never doubt that a small group of thoughtful committed individuals can change the world. In fact it's the only thing that ever has.'"

When you buy one of these pieces you actively contribute to uplifting the lives of these artists, their families and communities.



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# Housekeeping – the Club’s Backbone

By Susan Bohan

I am always curious about the people who really make a difference at our Club. The “Back of the House” or as Management calls them, the “Heart of the House” group of Associates who work crazy hours so that the Ocean Room is ready for breakfast at 7am, the Inn rooms are properly prepared for your friends and extended family, or the Beach is void of any signs of mischief or a party from the night before. These are only a few of



Jessie Toledo, Assistant Director of Housekeeping, and Paula Morales, Assistant Housekeeping Manager.

the tasks Housekeeping handles every day.

To discover more I sought out Jessie Toledo, Assistant Director of Housekeeping, and Paula Morales, Assistant Housekeeping Manager, to get a more complete picture of how our beautiful Club remains that way on a daily basis.



The Housekeeping Team

**Here are some interesting statistics and facts:**

- Housekeeping currently has 79 full-time Associates and 19 seasonal
- 11 Associates have been here over 20 years; most recent retiree Celia was tenured 43!
- The Housekeeping Team is staffed from 7am - 1am every day and each day has four shifts: 7am – 3:30pm; 8am – 5:30pm; 3pm – 11:30pm; 5pm – 1am
- Responsible for 16 restaurants
- Clean every trashcan and restroom around property
- Remove all trash and debris from beach area
- Clean all 185 Inn rooms and 83

**Vacation Rental units**

- Clean the common spaces of seven Club buildings, and recently added the Cultural Center and, shortly, the Plaza Building
- 80% of full-time Associates come from Haiti through word-of-mouth referrals and church groups
- 90% of our Seasonal Associates are returners from previous seasons

When we were finishing our conversation, I asked Jessie and Paula why they felt they had such a warm and loyal group. Both replied it was because of the Members! Something we can all be proud of!



**Celebrating Housekeeping Week**

Each year, the Club’s dedicated Housekeeping Team is celebrated during Housekeeping Week - a time to recognize the efforts of those who play a vital role in ensuring that our Members enjoy a first-class experience everywhere they go on The Reef.

This year, the festivities kick off on January 29 with a series of events planned by Housekeeping’s management team. The week-long celebration includes games and activities like Taste of The Reef Day, where team members have the opportunity to savor culinary delights from Club restaurants, a pop-up farmer’s market, lunch at Town Hall Waterside, Grill Out Day and more. Each day offers opportunities for letting loose and having fun, while also fostering camaraderie and strengthening the bonds that make them an essential part of the Ocean Reef Associate family.

**A Heartfelt Thank You**

Housekeeping Week is more than just a series of events; it is a time to recognize and honor the individuals who work tirelessly behind the scenes to ensure a seamless and enjoyable experience for everyone at the Club – Members, guests and Associates alike. The annual celebration not only acknowledges their hard work but also strengthens the sense of community within the Team itself, fostering a culture of appreciation and commitment that extends well beyond this special week.

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# Farmer's Market Favorites



by Susan Bohan



Shantell Lugo (far right) selling microgreens.

What do microgreens and empty jars have in common? Both can be found at the Farmer's Market from two women who have committed to creating "green eco-friendly" companies that use ethically sourced products that are low waste and natural.

Shantell Lugo of **Sea Moss**, utilizes this rich seaweed brought to the surface by divers from Trinidad and Tobago. After cleansing it six times by a special process where it is massaged with turmeric, key lime and ginger, she utilizes it in beauty products as well as the basis for delicious smoothies. The different microgreens are in many of the smoothies or you can purchase them separately for delicious additions to salads. According to Shantell, the benefits help rebuild cells, soothe digestive issues as well as boost energy and contains anti-

inflammatory properties just to name a few.

Renee Gilbert began **FL Keys Refillery** a few years ago when she realized there were no options in the Keys to purchase zero-waste products. According to Renee, all cleaning and beauty products are plant based, free of parabens, sulfates and anything synthetic. Nothing artificial or toxic is sold. She sells her products in plastic-free containers or invites you to bring your own and she fills them so you only pay for the contents.

Both these women have interesting paths to how they came about to create their businesses and we wish them much success at the Farmer's Market. Stop by and find out more about their journeys yourself.

Visit the Farmer's Market every Monday and Thursday from 11 a.m. to 4 p.m. at the Field at Four Corners.



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# Ala Von Auersperg Spa Trunk Show: Elegantly Casual



“Spa Notes” by Jillian Barron, The Spa Director

Ala von Auersperg, artist and designer, is bringing her designer collections of apparel to ORC Spa once again! We are so excited to host the Ala Von Auersperg trunk show on **Wednesday, Jan 24th**, and **Thursday, Jan 25th** from 9 a.m. to 4 p.m. Ala prints designs that originate from her own paintings and drawings onto luxurious and travel-friendly fabrics that look elegant and flattering, but feel comfortable and flexible. How perfect is that? It is important to Ala that women feel beautiful and empowered, and she believes when you look great, you feel great, and as we saw at our Spa trunk show last season, you certainly do while wearing her designs.

### All About Ala

Ala is a designer, philanthropist, mother, grandmother, and founder



Ala Orchids

of Ala von Auersperg, the clothing and accessories brand celebrating women of all ages and sizes with effortlessly elegant silhouettes. A longtime painter with a penchant for travel and a deep love of nature, Ala launched the eponymous label in 2017 with the goal of dressing women in styles that exude confidence and comfort. Founded in 2015 by Ala Isham, the Ala von Auersperg collection celebrates the joy in life with casual elegance, through unabashedly feminine silhouettes and vibrant proprietary prints. The Ava collection complements and enhances a woman’s body and spirit, making women look and feel confident and beautiful everywhere, at any age.

The collection is designed to be layered and to move beautifully, accentuating a woman’s figure or merely hinting at it. From signature separates to figure-flattering dresses, the Ava collection empowers women to move through life—from suitcase to soiree—with ease and

confidence.

As a child, Ala visited Parisian couture houses with her mother, Sunny Crawford von Bülow, and grandmother, Annie Laurie Aitken, an experience that trained her eye to appreciate beautiful craftsmanship and the way custom clothes flawlessly fit. This, paired with her mother’s and grandmothers inherent style, inspired Ala’s vision to create a collection of elegant, effortless pieces to wear no matter the occasion.

From painted canvas to printed clothing, Ala has beautiful apparel with print detail that includes:

- Floral - Inspired by the colorful blooms of Ala’s gardens and vibrant floral arrangements, these feminine prints are a modern take on a feminine classic.
- Nautical - Ocean-inspired prints that evoke a warm weather sensibility.
- Foliage - Nature-inspired prints conjure an elegant,

earthy sensibility.

- Plumage - Elegant, feather-like prints connote an ethereal feel to statement-making looks.
- Exotics - A luxe assortment of Animalia prints bring a vibrant air to classic styles. One artist’s take on what makes life pleasurable, colorful, and fun.

### Upcoming Spa Events:

- Sat., Jan. 20 Aura Headpieces Spa trunk show
- Sun., Jan. 21 Aura Headpieces Spa trunk show
- Mon., Jan. 22 – Isabella Adams Spa Trunk Show
- Tues., Jan. 23 – Isabella Adams Spa Trunk Show
- Wed., Jan. 24 – Ala Von Auersperg Spa Trunk Show
- Thurs., Jan. 25 – Ala Von Auersperg Spa Trunk Show
- Fri., Jan. 26 – Moda Baronessa Spa Trunk Show
- Mon., Jan. 29 – Studio Verandah

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## WEEKLY HIGHLIGHTS

## 19 FRIDAY

**Tai Chi Class**

7:30-8am • Member Fitness Center

**Sailfish Classic Fishing****Tournament**  
8:30am Lines In • 4pm Lines Out**Ultimate Ladies Golf School**

8:30am-12pm • Driving Range

**Everglades Alligator Farm Tour**

8:45am • Meet at Nature Center

**Keys Children's Foundation Be An Angel Luncheon**

11:30am • Ocean Reef Town Hall

**Ultimate Ladies Golf School**

1-4:30pm • Driving Range

**Quickstart Tennis Clinic**

1:30pm • Tennis &amp; Games Center

**Silver Fit Plus Class**

2pm • Member Fitness Center

**Come Sail Away (Bullseye****Sailing)**  
2pm • Card Sound Sailing Club**Stretch and Mobility Class**

3pm • Member Fitness Center

**New Member Reception: Night at the Museum**

5:30-6:30pm • Cultural Center Museum

**Sailfish Classic Beach Buffet**

6:30-9pm • Main Beach

**Live DJ at The Burgee Bar**

9pm • Burgee Bar

## 20 SATURDAY

**ORC Run Club**

7am • Member Fitness Center

**Sailfish Classic Fishing****Tournament**  
8:30am Lines In • 4pm Lines Out**Gentle Yoga & Cycle Class**

10am • Member Fitness Center

**Reformer Pilates Class**

10am • Member Fitness Center

**Gameio Tennis Clinic**

10 &amp; 11am • Tennis &amp; Games Center

**Real Estate Open House Tour**

2-5pm • The Reef

**Reef Club Kids Open**

6-10pm • RCK Clubhouse

**New! Caribbean Nights Buffet**

6:30pm • Palm Court

**Sailfish Classic Cocktail****Reception**  
6:30pm • Carysfort Hall**Live Performance: Human Nature**

8pm • Cultural Center

**Live DJ at The Burgee Bar**

9pm • Burgee Bar

## 21 SUNDAY

**Cardio Pickleball Clinic**

8 &amp; 9am • Tennis &amp; Games Center

**Member-Professional Golf****Tournament**  
8-10am • Dolphin Course**Reformer Pilates & Vinyasa Yoga Class**

9am • Member Fitness Center

**Reef Club Kids Open**

9am-1pm • RCK Clubhouse

**Beginners Sailing Clinic**

9:30am • Meet at the Pool Desk

**Aqua Cardio Class**

11am • Member Fitness Pool

**Junior Tennis Clinic**

11am • Tennis &amp; Games Center

**Catholic Mass**

12pm • Chapel Sanctuary

## 22 MONDAY

**Tai Chi Class**

7:30-8am • Member Fitness Center

**Cardio Pickleball Clinic**

8am • Tennis &amp; Games Center

**MGA Weekly Event**

8-10am • Hammock Course

**Member-Professional Golf****Tournament**  
8-10am • Dolphin Course**Keys Crown Jewel: Chef Roly****Cruz-Taura**  
9:30am • Carysfort Kitchen**Farmer's Market Open**

11am-4pm • Field at Four Corners

**Croquet Women, Wickets, & Wine**

3:30-5pm • Croquet Lawn

**Men's Night Tennis League**

5:30-7:30pm • Tennis &amp; Games Center

**Chamber Music Festival: Soirée**

6pm • Anglers Club

**Men's Knockout Poker Tournament**

6:30pm • Card &amp; Games Room

## 23 TUESDAY

**Cardio Pickleball Clinic**

8am • Tennis &amp; Games Center

**LGA Ringer**

8:30am Shotgun • Hammock Course

**Cardio Tennis Clinic**

9am • Tennis &amp; Games Center

**Senior Cafe**

10:30am • Chapel Fellowship Hall

**Golf Fitness Class**

2pm • Member Fitness Center

**Croquet Mixer Open Play**

2-5pm • Croquet Lawn

**Intro to Pickleball Clinic**

2:30-3:30pm • Tennis &amp; Games Center

**Potluck Gathering**

6pm • Chapel Fellowship Hall

**Vine to Table: Seasonal Sense**

6:30pm • Carysfort Cooking School

## 24 WEDNESDAY

**Tai Chi Class**

7:30-8am • Member Fitness Center

**Sweat Class & Reformer Pilates Class**

8am • Member Fitness Center

**"A" Flight Level Cardio Tennis**

8am • Tennis &amp; Games Center

**Ladies' Pickleball League**

8am • Tennis &amp; Games Center

**Stamina Fitness Challenge**

9am-12pm • Member Fitness Center

**Mat Pilates Class**

9:30-10am • Member Fitness Center

**Racquet Club Open Play**

10am-12pm • Croquet Lawn

**Gameio Tennis Clinic**

10 &amp; 11am • Tennis &amp; Games Center

**Balance Like a Pro Class**

4pm • Member Fitness Center

**Gameio Tennis Clinic**

4:30pm • Tennis &amp; Games Center

## 25 THURSDAY

**ORC Swim Club**

7 &amp; 8am • Member Fitness Pool

**Chutes & Ladders Class**

7am • Member Fitness Center

**Cardio Pickleball Clinic**

8am • Tennis &amp; Games Center

**Ocean Reef Men's Fellowship**

8am • Fellowship Hall

**Men's Pickleball League**

8am • Tennis &amp; Games Center

**9 Hole LGA Weekly Event**

9am Shotgun • Hammock Course

**Farmer's Market Open**

11am-4pm • Field at Four Corners

**Ultimate Ladies Golf School**

1-4:30pm • Driving Range

**Golf Fitness Class**

2pm • Member Fitness Center

**Croquet Mixer Open Play**

2-5pm • Croquet Lawn

**Raw Bar Lobster Bake**

5-9pm • Raw Bar

**Port O'Call Wine Tasting: Accendo****Wines with Greg Araujo**  
5-7pm • Port O'Call**Burgee Bar Karaoke**

9pm-12am • Burgee Bar

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**"Napoleon" (R)**

Friday, January 19

• 4:30 &amp; 7:30pm

Sunday, January 21

• 4:30 &amp; 7:30pm

Wednesday, Jan. 24

• 7:30pm

**Runtime:** 2hr

38mins

**Premise:** An epic that details the checkered rise and fall of French Emperor Napoleon Bonaparte and his relentless journey to power through the prism of his addictive, volatile relationship with his wife, Josephine.

**"Past Lives" (PG13)**

Friday, January 26

• 4:30 &amp; 7:30pm

Sunday, January 28

• 4:30 &amp; 7:30pm

Wednesday, Jan. 31

• 7:30pm

**Runtime:** 1hr

45mins

**Premise:** Nora and Hae Sung, two deeply connected childhood friends, are wrested apart after Nora's family emigrates from South Korea. Twenty years later, they are reunited for one fateful week as they confront notions of love.

**Live Performance: Vance Gill & Amy****Grant Outdoors**

Sat. Jan. 27 - 8:00PM

Tickets: Donor \$350 – Non Donor \$390

Vince Gill is one of the most popular artists in modern country music, Amy Grant's career stretches in gospel into becoming an iconic pop star.

**Chamber Music Festival:****Soirée at Anglers Club**

Mon.. Jan. 22 - 6:00PM

\$200 per person, includes cocktails &amp; dinner

**Soirée at The Chapel**

Wed.. Jan. 24 - 6:00PM

\$200 per person, includes cocktails &amp; dinner

**Soirée at Card Sound Club**

Thurs.. Jan. 25 - 6:00PM

\$200 per person, includes cocktails &amp; dinner

**Grand Finale Matinée**

Sun.. Jan. 28 - 1:30PM

Complimentary.

**Cultural Center Museum**

Daily 9am-4pm • Open During Movies

**Library Hours**

Monday &amp; Thursday • 10am-12pm

For full list of events pick up a copy of This Week at the Reef!



## CLUB SHOPPING

### Joan the Shopper

**SPA...** Over time the Spa Boutique at the Member Fitness Center has become a place where many of us are doing some serious shopping.... It goes without saying that every kind of high-end beauty product is available here – the manager is especially proud of the *Valmont* line.... You can also find sleepwear at The Spa that is so nice you will hate to turn off the lights and go to bed. There are slinky silk robes in muted abstract and flower designs (\$165); pajama sets decorated with champagne bottles (\$105); and my favorite short kimono, a real eye-catcher (it is decorated with cartoonish painted eyes - \$245) .... There are also bags (big and small). Be sure to catch the assortment of vintage designer bags (some previously owned) in the display case on the left of the Fitness Center entrance.... The hats (a stylish means of sun prevention) are the best I've seen anywhere.... The nearly constant stream of Trunk Shows on The Spa's mezzanine floor offer additional shopping opportunities for members looking for unusual dresses, exotic tops and pants or jewelry (some pricey, others just fun to wear) .... On Saturday (1/20) and Sunday (1/21), The Spa will be hosting a trunk show for **Aura Headpieces**. These beautiful hair decorations are the personal vision of Caroline Chammas, who gives them a Middle Eastern touch. One of her creations, nestled in your hair, might be perfect for the All Charities gala on February 3....

by Joan Birsh



Hair piece from **Aura Headpieces** (trunk show at the Spa on Sat. 1/20 & Sun. 1/21)



Titania cotton kaftan. **Ala Von Auersperg** (trunk show at the Spa Wed. 1/24 & Thurs. 1/25)

**Other trunk shows at The Spa this week:** *Mon./Tues. Isabella Adams (handbags); Wed./Thurs. Ala von Auersperg (see pictured sample); Fri. Moda Baronessa (the ever popular).*

### OCEAN REEF STORE HOURS

**Member Fitness Center**

Monday – Friday 6am-7pm.  
Saturday & Sunday 7am-5pm.  
305-367-5820.

**Ocean Reef Gift Shop**

Daily 7am-7pm.  
305-367-2611, ext. 7139.

**The Burgee Shop**

Daily 9am-5pm.  
305-367-2611, ext. 5515.

**Tennis Pro Shop**

Daily 8am-5:30pm  
305-367-6583.

**Port O'Call Wine & Spirits**

In the Fishing Village.  
Monday – Thursday & Sunday  
11am-8pm  
Friday & Saturday 11am-9pm  
305-367-5999.

**The Spa at Ocean Reef**

Tuesday – Saturday 8:30am-  
5:30pm. Sunday 9:30am-4:30pm.  
305-367-6506.

**Golf Shop**

Daily 7:30am-5:30pm.  
305-367-5912.

## WINING & DINING

### MONDAY, JANUARY 22 – SUNDAY, JANUARY 28

**Palm Court**

Lunch Daily 11:30am-3:30pm

**Beach Bar & Grill**

Beverages Daily 11am-8pm  
Food Mon.-Thurs. 11:30am-4pm • Fri.-Sun 11:30am-5pm

**Everton's Rum Bar**

Beverages Thurs.-Sun. 3-8pm

**Islander & Sushi Bar\***

Mon.-Thurs. & Sun. 5:30-9pm • Fri. & Sat. 5:30-10pm  
Equity Member Only Night Thursday

**The Ocean Room**

Breakfast Mon.-Fri. 7-11am  
Buffet Sat. 7-11am & Sun. 7-12pm  
Dinner Tues.-Thurs. 5:30-9pm • Fri. & Sat. 5:30-10pm  
Dinner Buffet Saturday • Equity Member Only Night Tuesday

**Gianni Ristorante\***

Dinner Mon.-Thurs. & Sun. 5:30-9pm  
Fri. & Sat. 5:30-10pm  
Equity Member Only Night Monday

**Raw Bar**

Lunch Daily 11am-4pm  
Dinner Daily 4-9pm (Lobster Bake on Thursday)

**Port O' Call Wine & Spirits**

Mon.-Thurs. & Sun. 11am-8pm  
Fri. & Sat. 11am-9pm

**Reef Treats**

Mon.-Thurs. & Sun. 7am-9pm  
Fri. & Sat. 7am-10pm

**Reef Hut**

Lunch Mon.-Sat. 11am-4pm  
Dinner Mon.-Fri. 5-8pm

**Reef Eats**

Breakfast Mon-Sat 7am-11am, Sun 7am-12pm  
Dinner Mon.-Thurs. & Sun. 4-10pm • Fri. & Sat. 4-11pm  
305- 367-5898

**Fitness Café**

Mon.-Fri. 7am-5pm • Sat. & Sun. 7am-3pm

**The Point (Members Only)**

Coffee Sat. & Sun. 7-10am  
Cocktails Fri. & Sun. 5-8pm, Sat. 6-8pm

**Burgee Bar**

Dinner Daily 5-10pm  
Cocktails Mon.-Thurs. & Sun. 5-11pm  
Fri. & Sat. 5pm-1am  
Lunch Sun. 12-5pm

**Reef Lounge**

Small Plates Daily 5-10pm  
Cocktails Mon.-Thurs. & Sun. 5-11pm  
Fri. & Sat. 5pm-12am

**CH Prime (Members Only)\***

Dinner Wed., Thurs., & Sun. 5:30-9pm • Fri. & Sat. 5:30-10pm  
Equity Member Only Night Wednesday

**CH Lounge (Members Only)**

Open Wed., Thurs., & Sun. 5-9pm • Fri. & Sat. 5-10pm

**Toski's**

Snack Bar Mon.-Sun. 9am-4pm

**Town Hall Waterside**

Open • Fri. & Sat. 5-10pm • Thurs. & Sun. 5-9pm

**Grill Room (Members Only)**

Lunch Mon.-Fri. 11am-4pm • Brunch Sat. & Sun. 9am-4pm  
Dinner Daily 4-9pm

**Rum Runner**

Open Daily 9am-4pm

Visit [oceanreef.com/Dining](http://oceanreef.com/Dining) for menus and weekly specials.

For dining reservations, call 305-367-5931.

\*Reservations required.



# Baubles, Bubbles and Jewels Event

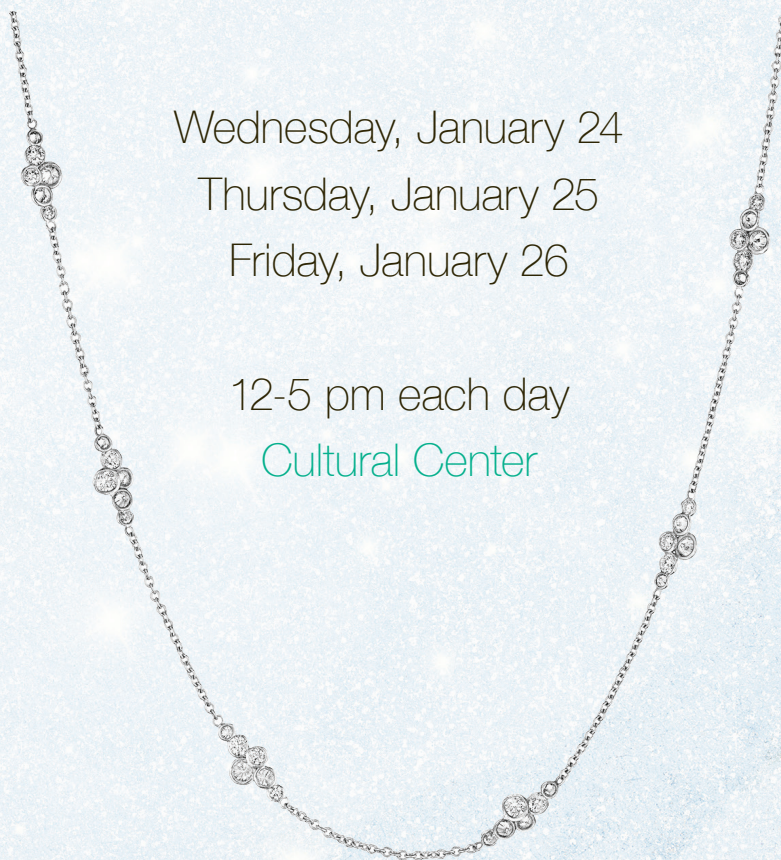
Wednesday, January 24

Thursday, January 25

Friday, January 26

12-5 pm each day

Cultural Center



## Raffle

Each guest will receive a **free raffle ticket** for a chance to win an original Lester Lampert platinum diamond Pirouette necklace, set with 36 ideal cut round diamonds weighing .85 cts, **valued at \$4,800**.

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Kam Krousos with Bailey, Rocket, and Kahlua



Ellie Murphy, Nancy Trodden, Carolyn Sheehan with Zoey



Leticia and Ignacio Borbolla with Piper and Tio



Ivy Handy with Wolfie



Leo Galitz



Pattie Heutel with Stogie

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**Paul Jepson and Bard Powell**

Senior Financial Planners, First Horizon Bank

**January 25, 2024 • 4:30 – 6:00 p.m.**

Everglades Patio – Carysfort Conference Center

We are also offering complimentary private personal and/or business planning consultations on Friday, January 26, 2024. Space is limited, so please call 305-367-3040 today to reserve your spot.



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# SPORTS

INSIDE THIS ISSUE

## 33rd Annual Tennis Pro-Am



“Center Court”  
by Justin Romero,  
Director of Racquet Sports

The Tennis Pro-Am in its 33rd year did not disappoint. This special tournament gives Members a chance to play with and see the Pros showcase their talent in a competitive format. This year, 17 Members were paired up with 17 Pros from ORC and surrounding Clubs. Many Pros look forward to this event year after year mainly because of the welcoming personalities and generosity of our Membership. The format included 4 flights with 4-5 teams in each flight. After flight play the top two teams move on to the winners bracket Quarterfinals. The bottom two teams move on to the Consolation Quarterfinals. After bracket play came to an end two teams remained in the winner’s bracket finals and two teams remained in the consolation bracket final. In the main draw finals **Tricia Holbrook** and her Pro Will Blumberg defeated **David Jackson** and his Pro Armando Ferreira 6-3. In the consolation finals **Ben Willner** and Anglers Club Pro Sam Serrano defeated **Mark Bamford** and ORC Pro Chiara Rebecchi.

Thank you to all participants and spectators and of course THANK YOU for your generosity and support. The next Pro-Am tournament will be on **April 20th** and we call it, “Bring-A-Pro”. You can bring in your own Pro to play



2024 Tennis Pro-Am.



Armando Ferreira and David Jackson with champions Tricia Holbrook and Will Blumberg.



Consolation champions Sam Serrano and Ben Willner.

with. With Roger Federer and Serena Williams’ retirement, we could have some quality competition, however, if you do need help finding a Pro to play with we can help with that.

### 51st Annual Tennis Member-Guest: January 26th-28th

The Member-Guest Tennis Tournament at ORC means many things, but I believe the most important include:

**Camaraderie** – bringing your tennis friend from out of town to show them your Club and the many things to do at ORC that make it a Unique Way of Life.

**Spirit of the Member-Guest Tournament** – The buzz around The Reef and at the Tennis & Games Center when this tournament is being played is an energy much like fishing and getting a bite

from a big Sailfish. Meet new players, make new memories, and compete for the grand prize of being ORC Member-Guest Champion.

**A Lot of Tennis!** – We have plenty of tennis options before, during, and after the tournament itself. If you come to play tennis, look no further than the 51st Annual Tennis Member-Guest.

### Schedule of Events:

#### Friday, Jan. 26

- 8am – “A Flight” Cardio
- 9am – Cardio
- 10am – Gameio
- 11am – Gameio
- 1:30pm-3pm – Registration
- 2pm – Mixed Doubles Flight Play
- 4:30pm – Play With Your Partner Gameio
- 6pm – Cocktail Reception at Palm Court, Dinner at Leisure

#### Saturday, Jan. 27

- 8:30am – Coffee
- 9am – Men’s & Ladies’ Doubles Flight Play
- 12pm – Luncheon
- 2pm – Mixed Doubles Finals
- 2:30pm – NIF Round Robin\*\*

#### Sunday, Jan. 28

- 8am – NIF Round Robin\*\*
- 8am – Cardio Tennis
- 8:30am – Coffee
- 9am – Cardio Tennis
- 9am – Men’s & Ladies’ Doubles Finals
- 10am – Gameio
- Strawberries & Champagne Awards Presentation
- Following Finals

\*\*For those not playing the finals, sign up with Justin Romero. For details, please call 305-367-6583 or register online at [oceanreef.com/mgt](http://oceanreef.com/mgt).



TENNIS TIP OF THE WEEK

# Channeling Your Inner Rafa Nadal - The Art of Tenacity



"Tennis Tip" by Chiara Rebecchi, Tennis & Pickleball Concierge

Embrace the spirit of Rafa Nadal by infusing tenacity into your tennis game. Nadal's relentless determination and never-say-die attitude are legendary, and you can integrate

these qualities to elevate your performance. Start with an unyielding focus on every point, mirroring Nadal's

intensity. Develop a resilient mindset that thrives under pressure, turning challenges into opportunities. Like Rafa, don't shy away from physically demanding rallies – let each point be a testament to your endurance.

Take a page from Nadal's book on court positioning; anticipate your opponent's moves and respond with unwavering agility. Incorporate his signature topspin forehand into your arsenal, turning defense into a powerful offensive play. Incorporating elements of Rafa Nadal's game style isn't just about mimicking; it's about embodying the relentless spirit that defines him. Infuse your game with tenacity, and watch as you conquer challenges with the same determination that makes Nadal a tennis icon.

# Tennis

## Player of the Week

Andrew Levy

**When did you start playing tennis and why?**

I started playing tennis around 2010. It was a great way to get exercise while doing something I really enjoy.

**What's your favorite thing about playing tennis?**

My favorite thing about playing tennis is that it really helps clear my head no matter what is going on off the courts.

**What do you like to do when you are not on the courts?**

Off the courts I enjoy spending quality time with my family, riding horses and fishing.



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 Runner-up: Armando Ferreira and David Jackson  
 Consolation champions: Sam Serrano and Ben Wilner

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1. Cathy Ryon
2. Molly Lanzon
3. Laney Hinkebein

**MEN'S TENNIS NIGHT LEAGUE**

1. Randy Furshman
2. Tom McKenzie
3. Richard Weinstein

**MEN'S NIGHT LEAGUE PICKLEBALL**

1. Todd Doolan
2. Stephen David
3. Dave Attridge

**Introducing  
 New Golf  
 Instructor  
 Kelan  
 McDonagh**



Kelan McDonagh

Kelan was born and raised in Athlone, Co. Roscommon, Ireland. He moved to the United States in 2019 following the completion of his PGA qualifications. Kelan had a very successful amateur career in Ireland and studied Economics at NUI Maynooth while on the Paddy Harrington Golf Scholarship Program from 2007-2011.

Early on in Kelan's Professional career, he worked as an assistant to Hall of Fame Golf Instructor, Mike Adams at Fiddlers Elbow Country Club in New Jersey from 2019 to 2021. He is currently

working as the Director of Instruction at Metedeconk National Golf Club in New Jersey. In 2023, Kelan was listed by Golf Digest as one of the Best Teachers in the State for New Jersey.

Kelan joined the golf teaching staff on January 17th and will be here for the remainder of the season.

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**44 CARD SOUND ROAD** c/s #2625

**7 Bedrooms / 8.5 Baths / \$10,987,000**  
A 3/4 acre lot on Card Sound Road, one of the most desirable streets. Designed for a large/extended family. Elevator and wheelchair accessible. **Juan Ventura**



**OPEN HOUSE • REDUCED**

**59 ANGELFISH CAY UNIT B** c/s #2626

**2 Bedrooms / 2 Baths / \$3,500,000**  
Open floor plan overlooks the pool and canal. 36' Dock. Condo complex features an infinity pool w/two entertainment areas. **Jay Guarch / Olga Grant**



**OPEN HOUSE**

**345 S. HARBOR DR.** c/s #2630

**3 Bedrooms / 3.5 Baths / \$5,755,000**  
3 BR / 3.5 BA. Hammock Course home w/gourmet kitchen, new pool deck, Large parking garage & driveway & Elevator Access. **Julie Dey**



**OPEN HOUSE**

**20 CALOOSA COURT** c/s #2574

**3 Bedrooms / 3 Baths / \$6,999,000**  
Lakefront Smart Home. Most rooms w/lake views & coastal decor add to the charm. Chef's kitchen. Expansive outdoor space. 4,800sf under Air. Owner Financing available!

**Bob Ecuier**



**OPEN HOUSE • REDUCED**

**1B LANDINGS OF FISHERMAN'S COVE** c/s #2583

**3 Bedrooms / 3 Baths / \$5,675,000**  
Top floor, corner unit offering a bonus bunk room for kids & oversized screened-in porch perfect for enjoying water views of Fisherman's Cove. Assigned 31' floating dockage.

**Olga Grant**



**OPEN HOUSE**

**19 SOUTH ROAD** c/s #2582

**4 Bedrooms / 4.5 Baths / \$16,750,000**  
Ranch home, w/floor to ceiling windows & water views. Indoor/outdoor living. Large workflow kitchen & open floor plan. All en-suite w/walk-in closets. Updated 81' concrete seawall/dock. Garage for multiple cars & carts. **Andy Hofmann**



**OPEN HOUSE**

**FISHERMAN'S COVE 27B** c/s #2530

**2 Bedrooms / 2 Baths / \$3,925,000**  
Includes 31' Private floating dock, impact glass and so much more. Must See to appreciate. **Linda Jaikins**



**103 ANCHOR DRIVE** c/s #2567

**3 Bedrooms / 3.5 Baths / \$12,950,000**  
Over 22,000sf home site in the heart of the Club. Completely renovated! Approx. 3,000sf under air & 40' floating dock. **Andy Hofmann**



**OPEN HOUSE**

**PUMPKIN CAY 5A** c/s #2554

**3 Bedrooms / 3 Baths / \$4,800,000**  
One level living. Screened-in 300sf patio for al fresco dining & enjoying canal views. 33' Unassigned dockage. **Burgess Warren**



**ANGLER'S CLUB**

**5 S. MARINA DRIVE** c/s #2569

**2 Bedrooms / 2 Baths / \$6,250,000**  
Pvt. street w/townhomes on one side. M/BR w/water views, 2 car, 2 cart large garage & workshop. Bay Views from almost every room + 50' Dock.

**Nelson Gordy**

**535 CORAL LN. c/s #2287** \$5,900,000  
Pre-Construction 5 BDS/5.5 BA **Olga Grant**



**OPEN HOUSE • NEW LISTING**

**14 CINNAMON BARK** c/s #2638

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**15 OSPREY LN. c/s #2464** • \$6,995,000  
31,000sf canal front lot on Sunrise Cay. **Bob Ecuier**

**FS-11 70' Marina Dock** c/s #2614 • \$2,150,000  
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**FS-25 70' Marina Dock** c/s #2330 • \$2,355,000  
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# Strategic & Skilled Golf Croquet on the Lawn

By William Hinkebein, ORC Croquet Chair

## Three Wicket Tournament

On Friday, January 12, the first of two Three Wicket Tournaments was held. Coach Justin Romero came to the croquet lawn to get things organized and rolling. All participants' names were written down and pulled from a hat thus creating five two-person teams. Teams being formed via this blind draw creates excitement and allows play for partners who may have never played together.

By 1:15pm, the double elimination tournament began. Just as the name implies, being a three wicket event, a team wins by just gaining two wickets. Thus, winning that very first wicket is a huge advantage.

As the games unfolded, one team won all their games, thus they reached the championship finals. This was the team of **Laney Hinkebein** and **Frank Schneider**. Coming in second in round robin play was **Ben Cart** and **Bill Hinkebein**. Thus these teams played in the Final.

The tournament came down to one final wicket. This was a hard-fought wicket. After several clearing shots, it was finally settled by a nice 8-foot score. Congrats to winners Ben and Bill. The next Three Wicket Tournament will be



10 players participated in the first Three Wicket Tournament of the year.

held on **February 18**.

## UPCOMING PLAY & EVENTS:

### Friday, January 26, 9am until finished: The Judy Ladies Singles Tournament

Last year this event was won by **Gordana Schneider**. Sign up by end of day **Tuesday, January 24** at the Tennis & Games Center, 305-367-6583.

### Open Play is every Tuesday, Thursday, Friday & Sunday, from 2-5pm:

Feel free to just show up and play. Sometimes there are just a few players, other times it's a full lawn.

Games are in order of the "next four persons in line". This is self regulated so be sure to follow the rule of who is next to play by coordinating with all who are waiting. This is a great way to learn from your fellow club members.

### Golf Croquet League Play

Singles, not doubles. Sign up by emailing [jromero@oceanreef.com](mailto:jromero@oceanreef.com) or calling Tennis & Game Center to sign up for singles league play. The Leagues will play every week but you do not need to attend every week. You can chose to play



Three Wicket Runners Up Laney Hinkebein and Frank Schneider and Champions Bill Hinkebein and Ben Cart.

in A or B or both. A should be the advanced group, B is intermediate or beginners.

## League Play

**A Flight Tuesdays 9am-12pm**

**B Flight Thursdays 9am-12pm**

## Women, Wine & Wickets

3:30-5pm on the following

Mondays: 1/22, 2/5, 2/19, 3/4, 3/18 and 4/1.

Ladies just show up and play... and enjoy a glass or two of vino on ORC. No sign-up necessary.

## Lessons by Coach Paul Fecteau

On Saturdays, Coach Paul will

teach how to play and basic rules in each session. Coach Paul is a multiple club champion at Hillsboro Club and a USCA Certified Referee. Sign up through the Tennis & Games Center 305-367-6583.

## Lessons by ORC Staff

Coach Justin Romero and staff are having Learn & Play Beginners Clinic on Mondays 2:30-3:30pm and for Intermediate players Wednesdays 2:30-3:30pm. Contact the ORC Tennis & Games Center to make arrangements at 305-367-6583.

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# WHAT IS TINNITUS?

Tinnitus, commonly known as "ringing in the ears," is the perception of hearing a sound in your head or ears when no external noise is present. **Over 50 million Americans experience tinnitus on a daily basis.** It's important to understand the signs, causes, and what your treatment options are.

## SIGNS OF TINNITUS

Symptoms of tinnitus include hearing:

**BUZZING | HUMMING | RINGING**  
**WHISTLING | WHOOSHING**



## CAUSES OF TINNITUS

Tinnitus can be caused by many factors, including:



Dr. Daisy Elwick  
AuD



Natalie Crespi  
MA, F-AAA



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## GOLF SCOREBOARD

### 9-Hole LGA Better Ball of Partners

Thursday, January 11

Front Nine:

- First Place: Darla Finley and Connie Riley
- Second Place: Katy Miller and Karen Gregorich
- Third Place: Gina Kaplan and Kristine Gregorich
- Longest Drive #5: Kristi Davidson
- Closest to the Hole: Kristi Davidson

Back Nine:

- First Place: Carol Cameron and Martina Hamilton
- Second Place: Terry Ferrarone and Kathy Davis
- Third Place: Gordana Schneider and Susie Hassett
- Longest Drive #5: Mary Heffner
- Closest to the Hole: Carol Schafer-Yates

### LGA Member-Member Tournament

Friday, January 12

- Overall Champions: Carol Andrews and Maggie Parker
- Flight One Champions: Hillary Smith and Heather Post
- Flight Two Champions: Gretchen Riley and Gayle Tallardy
- Flight Three Champions: Carol Andrews and Maggie Parker
- Flight Four Champions: Lori Young and Melanie Hynden
- Flight Five Champions: Staci Berry and Cindy Baird
- Flight Six Champions: Laura Reed and Britta Garcia
- Flight Seven Champions: Margaret Shoumlin and Vicki Carr
- Flight Eight Champions: Didi Streit and Lynne Demmerly
- Final Four: Cindy Baird, Staci Berry, Maggie Parker and Carol Andrews

### LGA Ringer Round One

Tuesday, January 16th

- First Place: Parris Bozeman
- Second Place: Katherine Weiland
- Third Place (tie): Sally Newman, Lynne Demmerly, Britta Garcia
- Closest to the Hole #4: Angie Berman
- Closest to the Hole #17: Eva Rubinstein

### MGA Vs. CSGC Interclub

Tuesday, January 16th

- Final Results:
- Champion: Card Sound Golf Club (70.5)
- Ocean Reef Club (55.5)



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# 2024 LGA Member-Member Golf Tournament



"From the Gold Tees" by Michael Leone, Director of Golf

The final round of the 2024 LGA Member-Member was successful! Our marquee Member-Member began earlier this week with 46 teams all with one common goal, to be Member-Member Champions. This event is sought after by all and it is only fitting that we had such a large field. To win this Championship, a team must have their "A" game for an entire week. Eight teams did just that coming out on top of their flight following the 5th match of the week. After all of the results were in, it was time for these eight teams to tee it up in our Alternate Shot Shootout. Only one team could come out on top.

Our flight winners teed it up on the challenging 10th hole of the Dolphin Course to begin the shootout. All eight teams showed no sign of nerves, as each of them stepped up and striped the first tee shot down the middle. Teams aimed to play safely avoiding the water, but the team of **Carol Andrews** and **Maggie Parker** still managed to card a net birdie on the first hole of the shootout. Three other teams were able to record a net par and move on to the second shootout hole, the demanding par five on hole 17.

After stellar shots up the 17th hole, including escapes from the bunkers and a fantastic approach from Carol Andrews, all four teams were on the putting surface. **Staci Berry** lined up a 15-footer,



LGA Member-Member Champions Maggie Parker and Carol Andrews

knowing she needed to hole it. After a great team read, she came in clutch knocking it in for a net birdie and a spot in the final hole of the shootout for the second year in a row. On a similar line, Maggie Parker lined up a putt and was able to pour it in as well, carding a natural birdie and securing their spot in the final hole with a Member-Member title on the line.

Our final four were set. Staci Berry and **Cindy Baird** faced off against Maggie Parker and Carol Andrews for the Championship. After two solid tee shots on the demanding 18th hole, both teams were faced with the challenge of getting up and down to a tucked left pin. Maggie Parker set the bar high with an incredible pitch shot to a difficult hole location, setting up her partner for the win. Staci Berry narrowly missed a 15-foot putt to card a 4, leaving Carol Andrews two putts to win. This was no task for her as she nestled it down next to the hole, allowing her partner, Maggie Parker to tap it in for the win!

Congratulations to our 2024 LGA Member-Member Champions, Carol Andrews and Maggie Parker! Cheers to everyone who participated in Member-Member and congratulations to all of our flight winners!

## 9-Hole LGA Better Ball of Partners

Thursday, January 11

Thankfully the weather cooperated for the 9-Hole LGA on Thursday and we had



LGA Member-Member Flight Winners

our largest field of the season! 72, 9-Hole LGA members played on the Hammock Course in a Better Ball of Partners format.

Almost half the teams participating turned in an under-par round. The magic number needed to win this event was 30, as our winning teams on each side were both able to turn in this impressive score. Congratulations to the team of **Darla Finley** and **Connie Riley** for winning the front nine competition, and the team of **Carol Cameron** and **Martina Hamilton** for winning the back nine competition.

## LGA Ringer Round One

Tuesday, January 16

What a spectacular event we had for the first round of our Ringer Tournament. 75 LGA members teed it up looking to post the lowest score possible, the good news is, if the participants did not have their "A" game today, they get another try at it! There were several scores posted that will leave little stress next week, but there is always room to improve. Please see page 40 to view the results.

**Next Week:** Next Tuesday, **January 23rd**, will be the second round of the Ringer Tournament.

Please note: this event is open to all LGA Members, even if you did not participate in round one.

Round two of the Ringer Tournament will be an 8:30 a.m. shotgun start on the Hammock Course. Pairings will be created based on round one scores.

You may sign up for next week via Foretees or calling the Golf Shop at 305-367-5912.

## MGA vs. CSCG Interclub

Tuesday, January 16

I want to start by thanking everyone who participated in this year's Ocean Reef vs. Card Sound Interclub. As a professional staff, this is one of the most enjoyable events of the year for us to run. It's incredible to be able to get together 80 members and work together with Card Sound's staff to compete in this Friendly Rivalry dating back to 1978. It is a tradition that we look forward to continuing in years to come!

With that being said, the 2024 Ocean Reef vs. Card Sound Interclub is now settled. Warm temperatures and calm breezes set the stage for round 2 of our competition on Tuesday. The score to start our second-round matches was Team Ocean Reef (28) and Card Sound (35). Team Ocean Reef was eager to get out on their home turf to snatch back some lost points from the day before. Although there were some blue points going up on the board, Team Card Sound brought their "A" game again, taking another 35 1/2 points to outscore Ocean Reef (35.5) to (27.5). This was more than enough points to retain the cup. Our 2024 ORC vs. CSCG Interclub champions are Team Card Sound Golf Club!

**Final Results:** Ocean Reef Club 55 1/2 and Card Sound Golf Club 70 1/2



SWING TIP OF THE WEEK

# Short Game Secrets

By Kalen McDonagh, Teaching Professional

As golfers, we strive for lower scores. Do you struggle with controlling your golf ball around the green? Unsure how to set it up correctly? Understanding the importance of contact - good solid contact will give us repeatable ball flights/feels that can help lower our scores.

### What dictates where we make contact with the ground?

Believe it or not, where you position your head at set up will help dictate the low point of your golf swing and control the contact much easier. We struggle with the short game due to inconsistent contact -

fat shots, thin shots, etc. All issues were mainly caused by poor setup and head position.

Next time you are at the short game area or faced with a short game shot on the course, follow these simple steps for more success:

- Ball position center
- Head in line with the ball
- Narrow open stance (left foot dropped back for RH player)
- Swing the club along your shoulder line (do not swing towards the target)

In conclusion, mastering the secrets of the short game is pivotal for any golfer aiming to shave strokes off their scorecard. The key lies not only in the technique of your swing but in the often-overlooked details of setup and head position. Achieving good, solid contact is the cornerstone for consistent ball flights and improved scores.



Kelan McDonagh demonstrating solid contact.

## 2 HOUR WEDGES AND PUTTING CLINIC WITH TOP 100 TEACHER SARAH STONE & STEF SHAW

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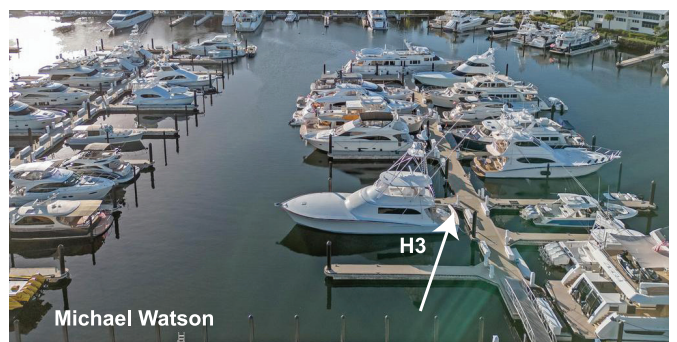
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# Introducing ORC Walk Club and Everesting



**"Fitness Focus"**  
by Luis Bracamonte,  
Director of Fitness & Wellness

In our effort to create fitness programs and activities for every member, we are introducing two new programs: ORC Walk Club and Everesting.

The ORC Walking Club is a complementary group walk led by ORC Fitness Specialist Izabella Rose. To join, meet at the Member Fitness Center lobby every Wednesday at 7 a.m. Izabella also leads the ORC Run Club, which meets every Saturday at 7 a.m. at the Outdoor Gym in the Member Fitness Center parking lot. All levels are welcome for both activities.

Everesting is a group strength and conditioning class that focuses on fitness for hiking. The class is open to all levels and meets every Saturday at 8 a.m. in the Main Room of the Member Fitness Center. If you are trying to get in shape for any hike this year, this class is for you.

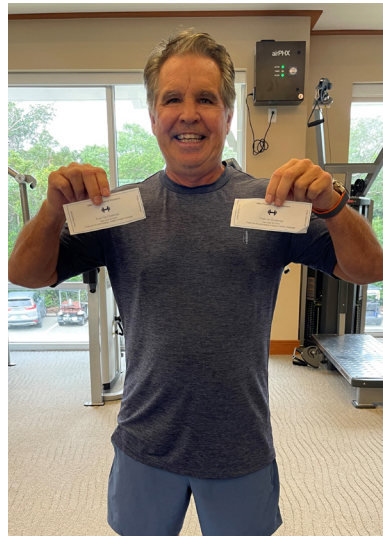
Everesting with Luis Bracamonte starts on Saturday, January 20th, at 8 a.m.

ORC Walk Club with Izabella Rose starts on Wednesday, January 24th at 7 a.m.

## Benefits of Walking by Izabella Rose

Walking is one of the best forms of exercise someone can do. Many don't know this, but the benefits of walking just 30 minutes daily are endless. Here are a few ways that walking can be beneficial to different parts of the body:

**Brain:** Walking increases blood flow to the brain, which



Ray Herman breaks the club push-up record with 112 reps. The record was formerly held by George Blaha and Darrel Helms with 105 push ups.

improves energy levels. It also decreases stress hormones and releases endorphins, which improve mood and reduce the risk of anxiety, depression, dementia, and Alzheimer's.

**Blood:** Walking can help reduce insulin resistance, keeping blood sugar levels balanced. It is a great way to regulate blood pressure and cholesterol.

**Bones:** Like other weight-bearing activities, walking can help maintain bone health by increasing bone density.

**Digestion:** Walking can help move food through your digestive system, reducing bloating and digestion issues.

**Heart:** Increasing your heart rate improves blood flow and helps your heart pump more blood efficiently; this reduces the risk of Cardiovascular Diseases.

**Joints:** Movement increases the circulation of synovial fluid around the joints, providing essential lubrication and nutrients to the cartilage (the tissues that act as cushions between bones). This can often help ease arthritis pain and stiffness.

Join us for Walk Club on Wednesdays at 7 a.m. beginning January 24th. We will meet in the Member Fitness Center Lobby before going on a group walk. All fitness levels are welcome. Help us create a walking community at The Ocean



Burning calories and having fun in our Strength Cycle class with Casey Culp.

Reef Club.

## Balance Like a Pro Class with Hannah Whistler

**Wednesday, Feb. 14th at 4 p.m.**

Complimentary Workshop Research shows that balance exercises, stretches, and balance training for seniors can significantly reduce the risk of falls. This 1-hour balance-focused workout will challenge you and provide new knowledge of exercises you can do today to improve your balance.

## Push Up Challenge Results: Men

### Total • Points

1. Ray Herman 118 • 40 (Club Record with 112 Push-Ups)
2. Bob Schwartz 90 • 16
3. Eric Contreras 86 • 14
4. Mark Burish 58 • 12
5. Louis Metzman 56 • 10
6. Charlie Schilderink 45 • 8
7. Steve Levin 43 • 6
8. Austin Gabriel 40 • 4
9. Will Dowd 30 • 2
10. Ethan Willner 30 • 1

## Ladies

### Total • Points

1. Cynthia Doolan 65 • 20
2. Kathleen Metzmen 42 • 16
3. Heidi Hubbard 33 • 14
4. Talia Willner 30 • 12

\*Total points include handicaps.

## Top 10 Club Fitness Championship After 3

### Challenges:

### Men Points:

1. Pat Shields - 54

2. Ray Herman, Mark Foreman, and Robert Schwartz - 40 (tie)
3. Mark Burish - 28
4. Louis Metzman - 23
5. Jason Beans and Ed Benford - 16
6. Brian Krouskos and Eric Contreras - 14
7. Rick Kocherna and Connor Shields - 12
8. Peter Laishek, George Musto, and Paul Benario - 10
9. Chris Beyer and Charlie Schilderink - 8
10. Steve Kevin, Mark Ruston, Steven Kocherna, Randy Furshman, and David Roundtree - 6

## Ladies Points:

1. Savannah Gossweiler and Liz 2. Angeloni - 40
3. Sindee Furshman - 28
4. Kathleen Metzman - 26
5. Cynthia Doolan - 20
6. Meg Shields - 16
7. Penny Dinsmore, Nicole Kroukos, Angelina Matherne, Kelly Siwek, and Heidi Hubbard - 14
8. Talia Wilner and Suzanne Kramer - 12
9. Lindsay Shields and Kristen Zug - 10
10. Stephanie Foreman, Cathy Langham, and Jamie Benario 8 Dawn Ruston - 6

## 2024 Challenge Schedule:

- Stamina Challenge on 1/24
- Pull-Up Challenge on 2/7
- Swim Endurance Challenge on 2/15
- Wall Sit Challenge on 2/28
- Plank Challenge on 3/20



## STAMINA CHALLENGE

**Wednesday, January 24th  
9 a.m. to 12 p.m.**

The 4th ORC Club Championship Challenge consists of a 1-minute row on the C2 Rower Machine. Complimentary smoothies for beating the challenge and prizes for the winners.

Since we are hosting this challenge for the first time, it is an opportunity to become a club record holder.

For inquiries on all programs, including personal training, Pilates, and yoga services, or questions about challenges and special events contact us at 305-367-5820

## Golf Power Clinic



by Ryan Lawless,  
Golf Fitness Specialist

**Friday, January 26th at 5 p.m.**

Who wants to hit the ball further? Nowadays, we have state-of-the-art equipment and instruction to support our golf journey... but what are we doing in the gym that can transfer to our performance on the course? Strokes gained off the tee have become a primary metric for professional and amateur golfers alike. In fact, the top players in the

game today show that the old saying "Drive for show, putt for dough." is not as accurate as some may think. Take a look at the longest drivers on tour and then take a look at the most accurate. In between them, you will see a difference of tens of millions of dollars in earnings. Now, even though we may not be playing at that level or pedigree, we can all agree that hitting a wedge into a green is a lot easier than a 7-iron. I have worked with several fit, healthy individuals who have struggled to add swing speed and distance to their golf game because they stick to traditional strength exercises. Think of your body as the "engine" of the swing. Your engine needs horsepower and resilience to move fast and consistently. To understand how to train

this essential component of our golf game we first need to understand what it is and how we can implement it into your fitness programs. This clinic focuses on building and optimizing your physical capability to produce power in the golf swing. The golf swing is an explosive compound movement that requires lateral, vertical, chop, and rotational power. Learn how to do exercises that support your speed development, implement them into your exercise program, and start swinging harder by attending this clinic with Titleist Performance Institute Power Level 3 certified specialist Ryan Lawless.

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# Bonefish Bonnies Travel to Guatemala



by Mary Bloom, Bonefish Bonnies

Ten Bonnies (**Carolyn Allen, Angela Basciano, Kristina Ersek, Anne Hinkebein, Lynne Jackson, Tina Jones, DeeDee Lisenby, Joyce Neely, Laura Wilson, Jodi Zifferer**) and their fearless leader, Bonnies' past president **Mona Brewer** who put the trip together, hopped on a flight from Miami to Guatemala City last week.

They were off to catch sailfish on fly at Casa Vieja located on Guatemala's



Early morning at the marina

Pacific west coast which is considered to be the #1 billfishing destination in the world. The average size of the Pacific sailfish there is between 80 and 120 pounds.

Casa Vieja has been a leader in billfish conservation efforts having used circle hooks and practicing total release for more than a decade. In fact, Guatemala's national policy makes it illegal to possess a sailfish.

The ten Bonnies, a few of whom had never caught a

sailfish before, fishing three full days, had 378 raises, 305 bites and 183 releases, 44 of them on fly. Add to that total, a tuna and numerous mahi that made for delicious lunches and dinners.

The Guatemala anglers will have the chance to share their fish tales with their fellow Bonnies at the Bonefish Bonnies 25th Anniversary Celebration at the Carysfort Ballroom on **Monday, Jan. 22nd.**



Jodi Zifferer and Kristina Ersek taking a break from sailfish



Joyce Neely and her birthday sailfish

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# Looking Ahead for the Rod & Gun



by Christine Patton, Rod & Gun Club

There is much of interest to the Rod and Gun Club, and to sportsmen at The Reef, in the coming months.

### “Pick any 3 Days” Tournament

January and February are the first of two rounds of the “Pick any 3 Days” tournament. This is a minimum fuss, no fee, no social event fishing contest. You decide which three days you will count — wait till the last minute and get the perfect weather, best conditions and your favorite

colleagues. Simply send an email the night before/or morning of the day you are going out to [Fishing@RodandGun.org](mailto:Fishing@RodandGun.org). There is a Flats category and an Offshore category, and a point scale for fish in each. At the end of the day, simply report your results, again, by email. What could be easier? For details, see the tournament rules at [RodandGun.org](http://RodandGun.org).

### Shoreline Clean-up

February starts off with a **February 5** Shoreline Clean-up, in cooperation with the Bonefish Bonnies. Meet at Buccaneer Island and pick up supplies provided by ORC — garbage bags, gloves, etc. — and help to reduce the endless supply of debris that washes up on our shores.

### Dinner & Presentation

The month concludes **February 23** with a dinner event attended by some guest fishing guides, preceded by a video presentation by the BTT at the Cultural Center.

### Rod & Gun Field Trip

Also coming up in February is a Rod and Gun field trip to shoot sporting clays at the Markham Park Shooting Academy ([markhampark.com/markham-park-shooting-range/](http://markhampark.com/markham-park-shooting-range/)) on **February 23**. Looking for twenty guns to go up to Broward County for an afternoon outing.

### Card Sound Range

All throughout January and February, the Range is open and active. Mondays have been for handguns and Tuesdays, Thursdays and Saturdays are for shotguns, but this schedule is subject to change — check the website ([RodandGun.org](http://RodandGun.org)) events calendar.

## RECENT CATCH



Rob Gothier and the Bar South team caught the first Blue Marlin of the season this past week. Pictured: Zack Howell, Rudy Espinosa, Michelle Espinosa, Rob Gothier and Raul Gonzalez.

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# Racing at its Best with Winds on the Edge



by Currie Wooten, CSSC Commodore

Well it was 8 a.m. last Saturday morning and everyone was awaiting the call, sailors and crew and race committee and attendant boats and nooners and hot dog cookers and friends and families and CSSC members, who support all the activities, were waiting for the Principal Race Officer (PRO), **Jim Beatty**, to decide to race or not. The winds had been forecasted high at the beginning of the week, so expectations were low, but as the forecast lightened, there was a groundswell to sail. Meanwhile, the poor race committee already felt the pressure to race, as we have been canceled for most of the season so far.

Luckily, the PRO said it was a go and everyone raced to their boats and headed out to the sound, where now we were met with our element. Waves were about 1 ft and winds were a steady 18kt out of SW, but beginning to pick up. Nine boats ventured out, but no spinnakers were to be flown with these winds. Life jackets were required and a second attendant boat was called at the last minute. The noise on the water was high with sails ruffling, water splashing and wind blowing. The 1st race started and was so quick with the wind, everyone had a hard time getting ready for the second race. One boat was getting to the starting line a whole minute behind and asked "Did the race start already?". This



Clarke Moody (left) presenting the capsizing award.



Beluga capsizing.



First-place winners James Maida (second from left) and Gary Sayia (right) with PRO Jay Beatty and Commodore Currie Wooten (left).

was Dead Eye, with **Peter Askew** and his twin daughters and they came from behind and amazingly finished 3rd in that race.

Now the winds were higher with gusts of 21-23kt. We were about to start the third race when **Chuck Cook** and **Ken Morse** on *Green Hornet* called in to say they were heading into the harbor. Their tiller was picked up by their main sheet and snapped, luckily missing Chuck's hand. The boats were all heeling so much it looked like they were going to tip. A rogue gust caught **Chris Streit** and **Suzanne McManmon** on *Beluga* as their main sheet and jib were locked in about 75 yards from the starting line as they were heading for the windward mark and they went over, but they were quickly retrieved by our Attendant Boat Chairman, **Morgan Whiteley**, with his crew of **Gordana Schneider** and **Bonnie** and **Steve Schoedinger** on his boat,

*Marlin*. Then at the 2nd leg of the windward mark, we were behind **Bill** and **Sally Reynolds** on *Kim* as they came about and missed getting to the high side in time so water poured in the low side, so they had to recover and bail out their boat. We did ask if they were okay, before we passed them and kept racing. Then at the finish line, **Frank Schneider** and **Jim McCann** on *Target* were at the finish line and had had water sneaking in the whole race and broached as they crossed. Jim said he found a new skill on the Bullseye as a master bailer!

With all that activity, that was our final race of the day and everyone arrived early to Baker Harbor. Some were wet from their boats taking on water and others wet from the waves and the spray. **Liz Foster** and her niece, **Courtney Guyette**, and our Hot Dog cooker, **Vanna Cheng**, were just getting set up, so beverages and snacks

were had by all, while waiting for their favorite, Hot Dogs with all the fixings and with special chow chow made by **Patty Lucas**. The Race committee had tabulated the results. Third place for the day was **Jim Lampman** and **Jim Foster** on *Reefer*, second place was **Sim** and **Currie Wooten** on *Bluebird*, and first place was **Gary Sayia** and **James Maida** on *Taurus*. There was also an award for Peter Askew and his daughters for their special 3rd place win in the 2nd race, and to Chris Streit and Suzanne McManmon from a fellow capsizer from 4 years ago. Last but not least a prize for Morgan Whiteley and his crew as their rescuers. It was an exciting day on the water!

## Coming Up Next

This **Saturday, Jan 20th**, the New York Yacht Club will be joining us on the water. Those sailors that are racing and loaning their boats as well as race committee members and attendant boat crew will be joining NYYC for lunch that day at Baker Harbor. So keep your fingers crossed for the forecast to be favorable.

We will continue with our Connor Series races on **Sat., Jan 27th**, and will have a Bullseye Sailing Clinic on **Tuesday, Jan 30th through Thursday, Feb 1st**. Please contact Gary Sayia (201-919-7432) if you would like to join the clinic or our club. More pictures and information can be found on our website at [cardsoundsailingclub.com](http://cardsoundsailingclub.com).



# Beautiful Racing Conditions on the Pond



by Windsor D. Coffin, CSMYC Commodore

The sailors of the Card Sound Model Yacht Club arrived at "the Pond" last Sunday morning to the welcome sight (and feeling) of 8-12 knot easterly breezes which were vastly different from the previous Sunday's light and variable winds. Like the previous Sunday, there were a few showers around. Fortunately, this time they stayed away.

Given that last Sunday was



The author's EC12 on January 14's gray morning. Photo credit: Windsor Coffin.

a holiday weekend, we did not have quite as many sailors taking part. But having fewer sailors gave a chance for those of us who did sail some time between races for repairs and adjustments. With all that, we were still able to run six races...one more than our usual five. More racing, more fun! With those six races run and the worst of those scores for each sailor excluded, it was **Al Mast** taking the overall win for the day. Al managed to do so after an emergency jib sail

change following Race #1. In second place for the day was, yours truly, **Windsor Coffin**. I had my own issues as I am still "dialing in" a new set of sails on a new rig, but the conditions were too much for the decidedly lighter air sails I was using. I will keep working on those adjustments when the conditions are better for that particular sail material. Rounding out the top three, with a third-place finish for the day, was **Al Hill**, who had great starts all morning.

Thanks, as always, go to **Lynne Mast** who was our sole Race Committee member last Sunday.

Looking forward to this Sunday, the forecasts at the time of submission of this article are looking a little dicey. 22-23 knots out of the northeast are a bit beyond our safe sailing range. However, there is plenty of time for the forecast to change. We will just have to keep our fingers crossed.

The Card Sound Model Yacht Club races every Sunday (except Easter Sunday) until the end of April at "the Pond." Our first race start is at 10 a.m. and, of course, our sailing is dependent on favorable weather. If you would like more information about our model yachting club and our EC12 model yachts, please come by "the Pond" to see us or contact me, Windsor Coffin, at [csmyc12@gmail.com](mailto:csmyc12@gmail.com).



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# US Coast Guard Auxiliary Ocean Reef Flotilla Priority Memo

To: VESSEL EXAMINERS:

**Bob Broton** [rmbdiver@gmail.com](mailto:rmbdiver@gmail.com)

**Peter Liashek** [pljr51@gmail.com](mailto:pljr51@gmail.com)

**Matt Pilon** [mpilon1@icloud.com](mailto:mpilon1@icloud.com)

**Barney Steele** [bstele1944@gmail.com](mailto:bstele1944@gmail.com)



From: **Randy Woods** [rwoods@teamrat.com](mailto:rwoods@teamrat.com)

Flotilla Staff Officer - Vessel Examiners

Date: 19 January 2024

Subject: 2024 Vessel Safety Check Decals

2024 decals are now available. Contact boat owners and operators to schedule safety equipment checks soon. Please remind everyone that:

- Last year's Safety Checks EXPIRED on December 31st. New courtesy inspections are now due.
  - Safety checks are available for boats up to 65 feet, tenders and paddle craft.
  - Safety checks are free.
  - We are ORC members and will come to their boat at their convenience.
  - We can be contacted at the emails noted above.
  - We can deliver a sample checklist in advance.
  - Checks can take as little as 30 minutes.
  - We want your boat to pass.
  - A written report will be presented along with the new decal certifying that their boat meets all federal and state safety equipment requirements at the time of inspection.
- Safety inspections save lives.

## UPCOMING EVENTS AT THE CARD & GAMES ROOM

### Men's Knockout Poker Tournament

Monday, January 22nd • Card & Games Room

Complimentary snacks.

6:30 p.m. • Registration

6:45 p.m. • Play Begins

### Ladies' Card Night: Texas Hold 'Em

Tuesday, January 30th • Card & Games Room

Players of all levels welcome. \$40 per person

Complimentary snacks & hors d'oeuvres

6:15 p.m. • Cocktails and Poker 101

6:30 p.m. • Table Assignment

6:45 p.m. • Play Begins

9:45 p.m. • Awards

### Learn Bridge in a Day with Patty Tucker

Wednesday, January 31st • Card & Games Room

Whether you're a beginner or returning to bridge, this is the perfect place to start. Come with a friend or make new ones! See why Bridge is the world's most popular card game. \$115 per person.

8:30 a.m. • Registration

9:00 a.m. • Seminar Begins

11:30 a.m. • Lunch

12:30 p.m. • Seminar Returns

To register for any of the above events, please contact Gregg Van Dyke at [gvandyke@oceanreef.com](mailto:gvandyke@oceanreef.com) or 305-367-6609, or sign up in the Card & Games Room.



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# Exciting Card & Game Room Activities



by Gregg Van Dyke, Director of Card & Games

Greetings to all card and game enthusiasts! In the world of gaming, the Card & Games Room has been buzzing with activity, offering a diverse range of events and lessons for players of all levels. Let's take a closer look at recent highlights and upcoming attractions.

## Annual Bridge Seminar by Jerry Helms

Jerry Helms led an engaging annual Bridge Seminar this year, demonstrating strategies

for developing and playing various hands. The event drew a crowd of 36 people who left thoroughly satisfied with the insightful session.

## Men's Poker Night Knockout Tournament (KO)

Mark your calendars for Monday, January 22nd, as the Men's Poker Night presents an exciting Knockout Tournament at 6:45 p.m. To secure your spot, simply call Gregg at 305-367-6609.

## Ladies Poker Night

Ladies, gear up for an unforgettable poker night scheduled for Tuesday, January 30th, starting at 6:30 p.m. Be sure to reserve your seat for this fantastic event.

## Sunday Funday for Beginning Bridge

Calling all beginners! Join the Sunday Funday for Beginning Bridge on January 21st at 2:00

p.m. It's a perfect opportunity to enhance your bridge skills and enjoy a friendly game.

## Canasta Pick Up Games

Get ready for Canasta Pick Up Games on Mondays, Wednesdays, and Fridays between 12:00 p.m. and 1:00 p.m. Whether you're a seasoned player or looking to learn, this is a fantastic way to socialize and enjoy the game.

## Mah Jongg Extravaganza

Indulge in Mah Jongg pickup games every Tuesday and Thursday from 1:00 p.m. to 4:00 p.m. Beginners and intermediates alike can benefit from lessons provided by a skilled teacher. To arrange lessons, contact Gregg at 305-367-6609.

## Beginners Canasta Lessons

If you're new to Canasta or wish to brush up on your skills, Beginners Canasta Lessons are available on

Thursday, January 25th, at 12:30 p.m. Don't miss this chance to learn and connect with fellow players.

## Live Duplicate Bridge Games

Participate in Live Duplicate Bridge Games every Monday, Wednesday, and Friday starting at 1:00 p.m. For those needing instructions, Gregg is just a call away at 305-367-6609.

## Backgammon Lessons

Starting December 8th at 10:30 a.m., Backgammon lessons are available on Fridays by appointment. Call 305-367-6609 to confirm your attendance and borrow backgammon games for home practice.

## Open Doors, Open Games

The Card & Game Room welcomes you seven days a week from 9:00 a.m. to 5:00 p.m. Drop by for endless entertainment and a chance to meet fellow enthusiasts.

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BRIDGE TIP OF THE WEEK

# Learning Bridge: Developing Your Card Sense

By Gregg Van Dyke, Director of Card & Games

## Read and Deal

Bridge books will teach you how to play card combinations and give you other basic knowledge you need to develop card sense. Reading and practicing don't have to be separate activities, though. Keep a deck of cards with your bridge book and use it to translate the book's diagrammed hands into "real" bridge hands. Deal out the cards to match the example in the book and play it out on a tabletop next to the open book. Replay it as many times as you like

until you understand the principle or the technique. This exercise is especially beneficial if you're studying suit combinations or reading a book on declarer play.

## Practice Daily

To add continuity to the learning process and keep your brain stimulated, try to spend at least a few minutes with some bridge-related activity every day. Here are some good practice and study activities that are fun, but not time-consuming:

- Keep a deck of cards handy -- on your desk at work, or on your coffee table or nightstand at home -- and when you have a few minutes (or the boss isn't looking), deal out a practice hand.
- Read the bridge column in the newspaper. Keep in mind that most columnists write for intermediate-level players, so don't be discouraged if some of the bidding and explanations don't make sense. Just use what you know and do your own analysis.

Look at the hand diagram and decide what you would bid with each hand, what opening lead you would make, how you would declare or defend the contract, etc.

- Keep your class notes and bridge book accessible. Read a chapter, or even a few pages, during your coffee break, between TV shows, before you go to sleep.
- Bookmark some bridge websites and visit your favorites to see what's new.
- Play a hand or two on your computer. Download the free Learn to Play Bridge programs from ACBL review the lessons and practice hands.
- If your local TV stations are running one of the new bridge programs, tape the weekly show and watch all or part of it whenever it's convenient.

## The Play's The Thing.

Experience itself is the best teacher of card sense, so the more time you spend actually playing bridge, the faster you'll develop

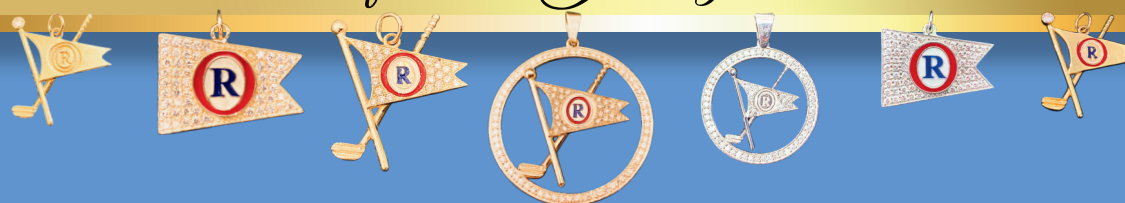
your abilities. You'll pick up more skills every time you play, especially if you can get some more experienced players to join your game.

Try to keep playing regularly after you've finished your lessons. One option you should consider is a duplicate bridge. Feel free to ask questions after you play or watch a hand; the more experienced players at Ocean Reef will be flattered if you ask for their advice. Although you probably won't win (or even avoid coming in last) the first few times you play, it's a great learning experience.

Try these suggestions to see which works best for you, and use your imagination to identify other learning and practice opportunities. Developing your card sense will take time, but if you're committed enough to put some effort into it, it will come. And with every small step you make, you'll probably find that you enjoy playing bridge even more than before.



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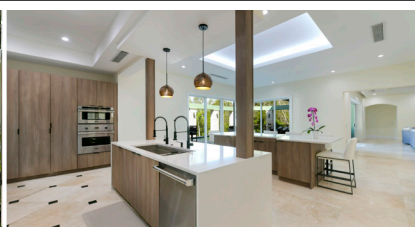
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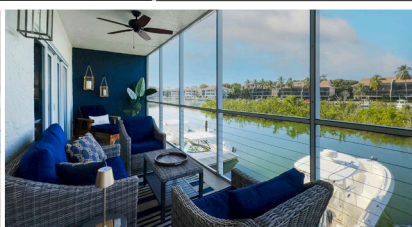


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OPEN HOUSE | SAT. JAN 20<sup>TH</sup> | 2-5



24 TAMARIND LANE  
 5 BD/6.5 BA | \$6,900,000 | 2495



FC LANDINGS 9A  
 2 BD/2 BA | \$4,150,000 | 2612

OPEN HOUSE | SAT. JAN 20<sup>TH</sup> | 2-5



44 CARDINAL LANE  
 5 BD/5.5 BA | \$13,900,000 | 2615

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New to Market.  
All new fully remodeled interior.  
Designer furnishings including RH.  
New private pool & outdoor kitchenette.  
Chef kitchen/wet bar.  
(2 dish washers and 2 icemakers)  
4 BD/3.5 BA : 2 kings, 1 queen, 2 twin  
and queen pull-out  
50' Foot Dock  
  
Call or Text: 919-449-8870

## 14.5 FT ZODIAC RIB FOR SALE

Like new.  
60 hp Honda engine.  
Trailer, cover, and Bimini included.  
Can be seen at Ocean Reef.  
  
Call: 310-803-0714

## LAKE VIEW CORNER CONDO

Availability late April 2024 forward.  
2 bedrooms, 2 renovated full baths  
Screened in porch lake view to  
Dolphin 9th and 18th greens.  
Convenient to Golf Clubhouse and  
Fairway Lakes pool.  
No pets please.

For more information, photos and  
availability, contact Maria:  
[48AFairwaylakes@gmail.com](mailto:48AFairwaylakes@gmail.com) or  
781-258-7249

## SUNRISE CAY HOME WITH 60' DOCK

Luxury Sunrise Cay home.  
Large open entertaining area, 4 BR 4.5 BA  
plus fitness, gaming, and office facilities.  
Rare opportunity.

For more information:  
Photos: [5Southpelican.com](http://5Southpelican.com)  
Email: [orcflorida1@gmail.com](mailto:orcflorida1@gmail.com)

## A COTTAGE ON CALOOSA

SeaGrace was renovated in 2023.  
3 Bedroom 2 Bathroom.  
2 king beds and 2 full beds plus a  
pull-out couch.  
Large pool and playroom.  
Great outdoor living spaces.  
Peaceful sunsets overlooking  
lagoon and golf course.  
Long and short term rentals available.

Text: 843.437.2999  
<http://www.seagraceor.com>

## PUMPKIN CAY 55 A

Oceanfront 3 Bedrooms/ 3 Bathrooms  
Plus Bunkroom  
Assigned Dockage  
2 Kings, 1 Queen, 1 Twin Bed  
Dual Bunk beds  
Washer/Dryer  
Patio, 5 Flat Screen TV's  
Golf Cart Included

For Details Please Email:  
[gwroclaw@optonline.net](mailto:gwroclaw@optonline.net)

## 35 HARBOUR GREEN

4 Bedroom (2 King Beds)/ 3 Bath  
Recently renovated  
Pool & 50 Foot Dock

For photos and rental rates:  
<https://www.35harbourgreen.com/>  
Email: [Kfitz@me.com](mailto:Kfitz@me.com)

## HARBOR ISLAND – 5 BEDROOM HOME

Home sleeps 12 people.  
3 BR with Ensuite king beds.  
1 BR with queen bed. 1 BR with  
double queen bunk. 4.5 Baths.  
Vaulted ceilings & large open kitchen.  
Bonus loft. Heated pool & hot tub.  
Canal front with ocean access.  
Outdoor kitchen with gas grill.  
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For more information visit:  
[20harborislanddrive.com](http://20harborislanddrive.com)



# MEMBER-TO-MEMBER OFFERINGS

## 11 CINNAMON BARK

Modern Coastal Style Family Home  
 4 BR- 5BA + den with pullout sofa  
 Steps to Member Fitness Center  
 Beautiful pool/spa/outdoor entertaining

Visit Web site: [www.11Cinnamonbark.com](http://www.11Cinnamonbark.com)  
 Email: [greta@gbloomllc.com](mailto:greta@gbloomllc.com)

## FIVE PRIME LOCATIONS

203 Andros Road  
 3 1/2-Bed, 4-Bath  
[203andros@gmail.com](mailto:203andros@gmail.com)

206 Andros Road  
 2 1/2-Bed, 2-Bath  
[206andros@gmail.com](mailto:206andros@gmail.com)

305 Carysfort Road  
 3 1/2-Bed, 3-Bath  
[305carysfort@gmail.com](mailto:305carysfort@gmail.com)

309 Carysfort Road  
 2-Bed, 2-Bath  
[309carysfort@gmail.com](mailto:309carysfort@gmail.com)

8 Exuma Road  
 2 1/2-Bed, 2-Bath  
[8exuma@gmail.com](mailto:8exuma@gmail.com)

## ANGELFISH CAY 21B

Beautifully updated Angelfish waterfront upstairs condo.  
 Great water views, centrally located across from Racquet Club  
 Nautical themed light, bright, and airy!

Weekly / Monthly Rentals Available

(Sorry, No Pets)

Call or Text 772-260-1999  
[tinafenniman@me.com](mailto:tinafenniman@me.com)  
 For pricing and availability

## FAIRWAY LAKES 7B CONDO FOR RENT

Short or long term rental.  
 2BR/2BA Completely Furnished  
 2nd floor with elevator  
 Recent modern renovation.  
 Convenient to Clubhouse & Pool.

For more information contact Jon  
 Phone: 802-777-3038  
 Email: [Jon.Guyette@crossagency.com](mailto:Jon.Guyette@crossagency.com)

## VILLA COLONY RENTAL

4 EXUMA  
 Pristine "Key West" styled home with 4 bedrooms, 4.5 baths. Home features gazebo with fireplace & pool/hot tub overlooking park. Enjoy this truly remarkable home Just steps from the beach & Inn.

[4exumaorc.com](http://4exumaorc.com)  
[sullivanmjr@yahoo.com](mailto:sullivanmjr@yahoo.com)

## 45 CINNAMON BARK LANE

Spacious home with sophisticated décor  
 6 Bedrooms 7 1/2 Baths  
 Large open kitchen and family room  
 Located on Hammock Golf Course  
 Walking distance to the Member Fitness Center & Spa  
 Screened patio with pool, spa and outdoor living area  
 Two master bedroom suites  
 Each bedroom has private ensuite bath

[www.45CBL.com](http://www.45CBL.com)  
[kellystclairkc@gmail.com](mailto:kellystclairkc@gmail.com)

## 11 PERKY ROAD

One level home central location.  
 3BR 3.5BA  
 Beautiful screened pool & patio area with waterfall spa.  
 Outdoor kitchen and grill.  
 Pet friendly.  
 Minimum 4 night stay.

Call or Text :  
 203-253-1899  
 Email: [lizangelone@aol.com](mailto:lizangelone@aol.com)  
 For pictures: [www.perkyorc.com](http://www.perkyorc.com)

## 73A PUMPKIN CAY FOR RENT

2/2 Oceanfront condo  
 Ground floor overlooking pool  
 33' dock included  
 Screened patio washer/dryer in unit  
 King bed in master BR  
 Guest BR 2 queen beds  
 Wifi & 3 flat-screen TVs

Inquiries:  
[PumpkinCay73A@gmail.com](mailto:PumpkinCay73A@gmail.com)

## PUMPKIN CAY 71 A

First floor unit  
 3 BR 3.5 BA  
 Luxury oceanfront unit  
 Spacious porch  
 Wrap around ocean view  
 High-end appliances  
 Adjacent pool  
 33 foot boat dock  
 Long-term rentals available

For availability:  
 Call: 973-865-3306  
 Email: [crilli33@gmail.com](mailto:crilli33@gmail.com)



# MEMBER-TO-MEMBER OFFERINGS

## RESIDENCE CLUB A-104 RENTAL

3 BR/3 BA luxury condo  
1st floor with Dolphin Golf  
Course view  
Brand new & beautifully decorated  
Includes access to gym, spa, pool,  
restaurants & media room  
Reserved garage parking for 1 car &  
1 golf cart

For inquires, contact:  
Email [gnt7@yahoo.com](mailto:gnt7@yahoo.com)  
Call or text 513-607-3535

## 73B PUMPKIN CAY FOR RENT

Charming 2 bedroom/2 bath  
oceanfront condo.  
Exquisite view overlooking pool.  
Includes high-end appliances,  
washer & dryer in unit, & wifi.  
Master king-size bed.  
Guest two queen-size beds  
33' assigned dock.  
Please no pets.

Call or email for  
availability & pictures:  
937-477-4256 or [jpilati@me.com](mailto:jpilati@me.com)

## HAMMOCK COURSE HOME

Spacious 6 Bedroom home.  
6 ½ bath plus ½ Cabana bath.  
Brand new construction  
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[relaxatthereef.org](http://relaxatthereef.org)

Michelle 937-287-6085

## VILLA CAY / 10 EXUMA

Rare 6 Bedroom 6-1/2 Bathroom Home  
Wonderful Open Indoor/Outdoor Space  
For Families.

Large Deck with Heated Pool and  
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[www.10exuma.com](http://www.10exuma.com)  
Or contact Christine at 713-805-8530  
[chrismcohen4@gmail.com](mailto:chrismcohen4@gmail.com)

## TWO VILLA CAY LOCATIONS FOR RENT

Beautifully appointed homes  
26 Channel Cay  
4 Bedrooms/3 ½ Bathrooms with Pool  
[26ChannelCay@gmail.com](mailto:26ChannelCay@gmail.com)

403 Carysfort Road  
3 Bedrooms/3 Bathrooms  
[403Carysfort@gmail.com](mailto:403Carysfort@gmail.com)

Please email for photos, availability,  
pricing.

## 207 ANDROS / VILLA CAY

Newly Renovated 3/3 Beach Cottage  
Steps to Buccaneer Island  
Ocean Breezes from 3 Outdoor Patios  
BBQ, Hammock, and  
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Custom hot tub with lights and waterfall  
[andrewkatlin@gmail.com](mailto:andrewkatlin@gmail.com)

954-593-0973

Photos: [www.207andros.com](http://www.207andros.com)

## LAKESIDE LANE-35A

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[joeystotsky@gmail.com](mailto:joeystotsky@gmail.com)

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2 Master Suites, 14ft Ceilings,  
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Tim Slawson, PA-AIA Architect.....	305-453-9956

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Persaud Law Group.....	305-367-3300
Reef Title.....	305-367-9323

### AUTOMOTIVE

Williamson Automotive.....	305-670-7100
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Albren Yacht Services and Sign Shop.....	305-367-2924

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Florida Keys Children's Shelter, Inc.....	305-852-4246
Habitat for Humanity of the Upper Keys.....	305-453-0050
Marine Lab Education Center.....	305-451-1139
Mote Marine Laboratory.....	941-266-9317
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Wesley House Family Services.....	305-809-5000

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The Residence Club.....	305-509-7755

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Elite Metal Works & Fence, Inc.....	305-209-2959
Florida Solar Partners.....	786-556-1001
Geordis Construction.....	786-528-2202
Juneau Construction Company, LLC.....	305-438-7666
Keys Green Builders Inc.....	305-280-2604
Noly Builders, Inc.....	305-367-0034
The Go 2 Guy.....	305-964-7244
Titan Construction & Development Inc.....	305-522-0261
Tri-Tech Construction Inc.....	305-374-4955
Turk Builders.....	305-367-3044
Upper Keys Marine Construction.....	305-853-2644
WGI, Inc.....	561-839-1747

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Ocean Reef Press Advertising.....	305-367-5806

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Monroe County Education Foundation.....	305-293-1546
Ocean Studies Charter School.....	305-852-7700
The Academy.....	305-367-2409

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First State Bank of the Florida Keys.....	305-809-5510
No Fee Processing.....	305-403-9519
Northern Trust.....	305-789-1431
Sentry Business Solutions.....	800-518-6798

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Oceanside Senior Care.....	305-930-0194
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The Keys to Nutrition.....	305-330-1933
Vela's Exceptional Care and Services.....	786-679-8641
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Reef Window Treatments.....	305-453-6490
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Robert Wade & Associates.....	305-371-2832

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Beach House Gardens.....	305-453-9377
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Island Tree Service.....	305-367-2458
Waltz Lawn & Landscaping.....	305-245-1599

### LUXURY AVIATION CHARTER

Fly Exclusive.....	833-871-0455
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### LUXURY TRANSPORTATION

Ocean Drive Limousines & Transportation.....	305-374-5466
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### MARINE

Bellingham Marine.....	904-380-5519
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Tri County Yacht Service.....	305-367-4343

### MOVING, STORAGE & DELIVERY

Atlantic Project Solutions.....	786-610-0195
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The Owner Rental Group.....	305-367-2036

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### TRAVEL

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ServPro.....	305-269-8900

### WATER TREATMENT SYSTEMS

The Water Wizard.....	305-235-3508
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# OPEN HOUSE TOUR

Saturday, January 20<sup>TH</sup> • 2 – 5pm



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15 Harbor Island Drive | 5BD/5.5BA | \$11,800,000 | 2594  
175 South Harbor Drive | 4BD/5.5BA | \$7,995,000 | 2599  
Harbour Green 11 | 4BD/3BA | \$7,500,000 | 2506  
29 Baker Road | 4BD/5BA | \$6,995,000 | 2332  
Harbour Green 45 | 4BD/3BA | \$6,850,000 | 2635  
Pumpkin Cay 47B | 4BD/3BA | \$6,250,000 | 2628  
Harbour House 22 | 3BD/4BA | \$5,995,000 | 2639  
36 Bay Ridge Road | 3BD/3BA | \$5,850,000 | 2601  
23 Tamarind Lane | 3BD/3BA | \$5,395,000 | 2640  
32 Bay Ridge Road | 3BD/3BA | \$5,125,000 | 2498  
500 Coral Lane | 4BD/4.5BA | \$4,995,000 | 2558  
FC Landings 9A | 2BD/2BA | \$4,150,000 | 2621  
Cay Harbor 8C | 2BD/2BA | \$3,895,000 | 2624  
Angelfish Cay 25A | 2BD/2BA | \$3,500,000 | 2547  
Angelfish Cay 29B | 2BD/2BA | \$3,425,000 | 2622  
Pumpkin Cay 14B | 2BD/3BA | \$3,295,000 | 2604  
Residence Club A-107 | 2BD/2.5BA | \$3,200,000 | 2553  
Pumpkin Cay 12B | 2BD/3BA | \$3,200,000 | 2561  
Angelfish Cay 38B | 1BD/1BA | \$2,350,000 | 2579  
Angelfish Cay 72B | 1BD/1BA | \$2,200,000 | 2636  
Angelfish Cay 75B | 1BD/1BA | \$2,150,000 | 2632  
Angelfish Cay 38A | 1BD/1BA | \$2,100,000 | 2598

19 South Road | 4BD/4.5BA | \$16,750,000 | 2582  
14 Cinnamon Bark Lane | 6BD/7.5BA | \$9,375,000 | 2638  
20 Caloosa Court | 3BD/3BA | \$6,999,000 | 2574  
345 S. Harbor Drive | 3BD/3.5BA | \$5,755,000 | 2630  
FC Landings 1B | 3BD/3BA | \$5,675,000 | 2583  
Pumpkin Cay 5A | 3BD/3BA | \$4,800,000 | 2554  
Fisherman's Cove 27B | 2BD/2BA | \$3,925,000 | 2530  
Angelfish Cay 59B | 2BD/2BA | \$3,500,000 | 2626



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Fairway Lakes 24A | 2BD/2BA | \$3,150,000 | 2605



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