



# OCEAN REEF PRESS

Vol. II, No. 16

A Unique Way of Life

February 16, 2024

## An Unbelievable OR "See"

The Ocean Reef Press regularly celebrates "only at Ocean Reef" moments. This week, we instead are in awe over a rare, "Wow, at Ocean Reef?!" moment.

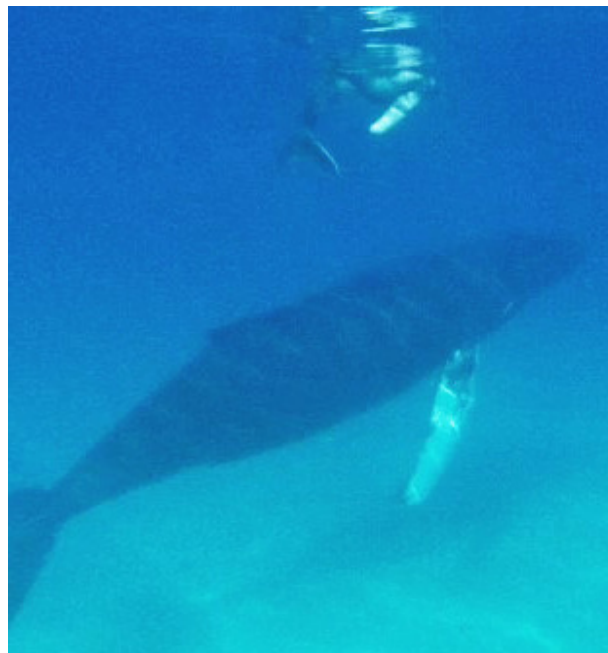
Last Saturday, **Gardiner Bridge** and his family finished a day of snorkeling at Carysfort Reef. Thinking the beautiful waters of the reef were to be the most exciting part of their day, they headed for home when they happened upon the greatest surprise of all. They spotted three whales – two adults and one calf – traveling in the 30 to 40 feet of water.

**Shay Bridge** managed to capture a few photos (see right), even snapping some from below the surface. On the same day, John Doud, Captain at The Dive Shop at The Reef, also happened upon these whales, capturing video footage of them in 30 feet of water. A screenshot from these videos are seen right.

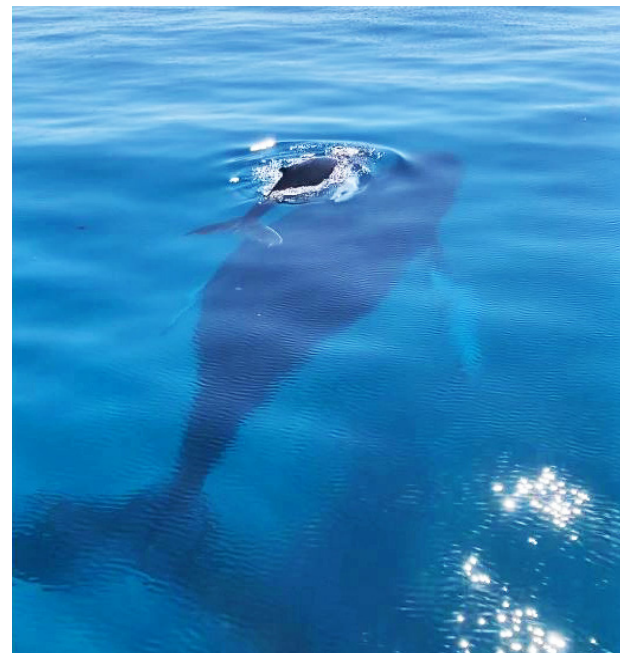
These OR "Sees" were so astounding, they made their way to the front page. On page 3, our "nature correspondent" **Nancy Zakon** covers the scoop on humpback whales and why we were lucky to see these creatures so near our home.



One of two adult whales and the calf, taken by Shay Bridge after a day of snorkeling at Carysfort Reef.



An underwater view of the whales, taken by Shay Bridge.



John Doud, from The Dive Shop, captured this shot.

### INSIDE THIS ISSUE

Dog days just got even better, **page 5.**

New Ocean Reef bourbons are here. Read about them on **page 8.**

Mike Smith shares an incredible story, **page 18.**

Associate greatness is highlighted, **pages 24 & 25.**

Let's all learn to "Return 'em right", **pages 45 and 47.**

### AROUND THE REEF

**Art & Fashion Walk**  
**Saturday, February 17**  
**11 a.m. – 2 p.m. • Fishing Village**

Sip champagne and enjoy local artists, live music, r.f. Orchids flower demonstrations at noon and 2 p.m., and the Fashion Show beginning at 1 p.m. Plus, special store giveaways.  
Details: 305-367-6586

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# OR "See"



Love is in the sky! Diane Keimig snapped this photo on Valentine's Day, calling it an incredible Valentine's Day-red sunset on Card Sound. Gorgeous.

What have you discovered on your walk, biking or on a daily golf cart ride that you never noticed before?  
Email [orp@oceanreef.com](mailto:orp@oceanreef.com) and share your discoveries.



## CONTACT US

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## DEADLINES

**Advertising** Friday at 5 p.m.  
**Editorial** Monday before issue at Noon

## OCEAN REEF PRESS EDITORIAL ADVISORY BOARD

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## GENERAL INFORMATION

**E-mail Updates**  
To receive the Friday email containing links to The Ocean Reef Press and This Week at The Reef via e-mail, send your e-mail address to [communications@oceanreef.com](mailto:communications@oceanreef.com).

## INFORMATION

- ◆ Published each Friday Nov – Apr.
- ◆ Summer issues: May 10, May 31, June 28, July 26, Aug. 23, Sept. 27, Oct. 18
- ◆ The editorial content of this newspaper is prepared and edited by the Ocean Reef Press Staff. The sale of advertising and printing of this newspaper is performed by Ocean Reef Club. Ocean Reef Club does not guarantee the accuracy, completeness, or usefulness of any facts or opinions published herein. Ocean Reef Club is not responsible for any content errors contained in any advertising materials published herein.

## NEWS & HAPPENINGS

### NEW! Island Poke Bowls

Celebrate President's Day Weekend this Saturday and Sunday with an all new make-your-own poke bowl station on Buccaneer Island. Have your choice of tuna, salmon and vegetarian over sushi rice with a host of veggies and other toppings to choose from! The Island Poke station will be open **Saturday, February 17** and **Sunday, February 18** from 11:30am to 3pm on Buccaneer Island.

### Calling All Thetas

Please join us for a gathering at the Reef Lounge on **Wednesday, February 28th** at 5:30 p.m. For details, please call **Sally Martin** at 734-646-4774.

### Kappa Gathering

Calling all Kappas! Meet us at Port O' Call on **Thursday, February 29** at 5 p.m. For details, contact **Nancy Dillman** at [ncstonegate@yahoo.com](mailto:ncstonegate@yahoo.com), 502-599-3180 or **Katy Miller** at [katybmiller@me.com](mailto:katybmiller@me.com), 914-602-6628.

## Gotta Question?

"I am visiting Ocean Reef next week and I would love to introduce my kids to the water in a safe environment. Is there anyone currently giving swimming lessons at The Reef?"



Yes! The Member Fitness Center has three instructors offering private swimming lessons for children: Genie Matherne, Sue Marchetti, and Kristine Ingold.

To arrange private lessons, please contact the Member Fitness Center at 305-367-5820 where you can schedule sessions with any of these trainers. Lessons can be arranged at the Member Fitness Pool or our instructors are available to travel to Members' pools.

For adults, the Member Fitness Center has an Ocean Reef Swim Club which convenes every Tuesday and Thursday from 7 to 9 a.m. with 5-time Olympic medalist, Jon Olsen. All skill levels are welcome to join the Swim Club and learn from the best!

Additionally, join American Red Cross Certified Lifeguard and water safety instructor, Kristine Ingold, for her "Benefits of Water Safety for Children & Adults" class again on **Monday, April 8** at 2 p.m. In this class she explains the importance of water safety for children and adults.

For more questions, please call our Member Fitness Center at 305-367-5820. If you would like to see a full list of Member Fitness Center activities for the month of February, visit us at [oceanreef.com/fitnessschedule](http://oceanreef.com/fitnessschedule) to view the schedule.

### EDITOR'S NOTE:

If you would like to submit a question, email the *Ocean Reef Press* at [orp@oceanreef.com](mailto:orp@oceanreef.com).

# From Quarterbacks to Humpbacks!

By Nancy Zakon, Member since 1997

Cruising around the reef with family, **Shay Bridge**, 17, daughter of **Courtney** and **Gardiner Bridge**, was lucky (and quick) enough to photograph two adult humpback whales and newborn calf about a mile from Carysfort Lighthouse. The sighting so close to shore is incredibly rare. The adults most likely were a mom and a male escort, not necessarily the father. These humpbacks are part of the January to March migration from Greenland and Labrador, 2000-4000 miles to the Caribbean. (Yes, humpbacks are the ones with the huge, side (pectoral) fins - the whales you see leaping and



Photo by Shay Bridge.

twisting out of the water on TV ads.) With her huge, side fin this mom was helping her calf come up to the surface for air every few minutes. The calf will swim near her tail for feeding – mom produces 120 gallons of rich milk a day! Whoa!

Remembering whales are mammals, what you may not know is their species began 50 million years ago, after the dinosaurs became extinct. Their antecedent is related to

the horse and cow, ungulates. Its land ancestor returned to the sea: its nose became a blow hole, its hooves and hindlegs disappeared, its forelegs became long fins, and its backbone grew a tail. Viola! Isn't Mother Nature amazing?!

Humpbacks are related to porpoises and dolphins (dolphin, the mammal – think Flipper- not the mahi). And like porpoises, you see humpbacks leaping, playing as well. Why do they leap and spin, breaching with huge flops? Hypotheses vary widely: to look for food, to signal two groups merging, to warn others of danger, to attract mates... and on and on. Your guess.

### Whale-Watching Tips:

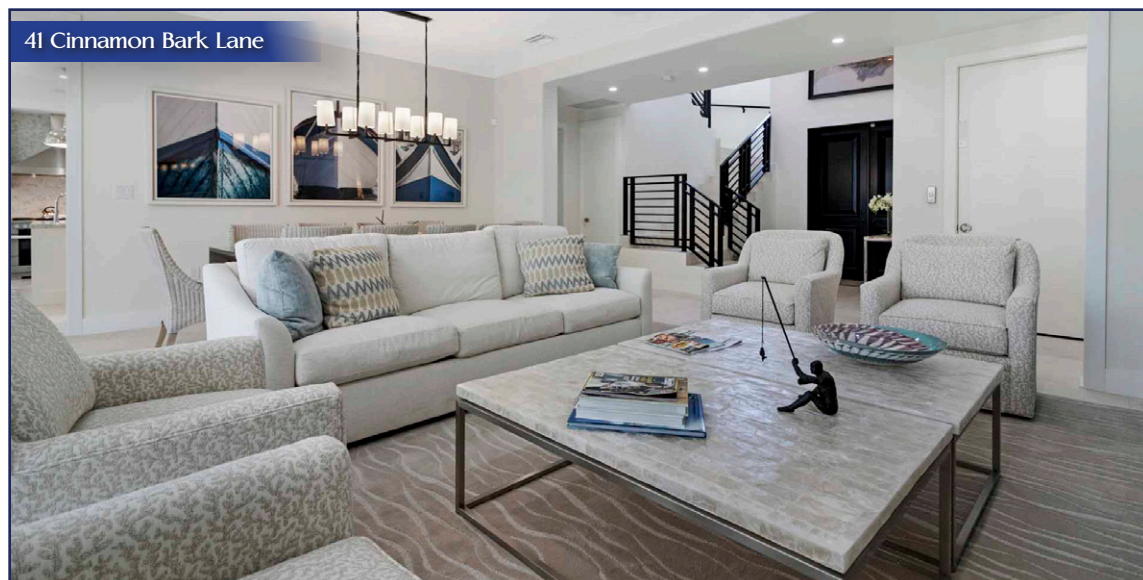
While it may be tempting to get closer, keep your boat at least 100 yards away, watch for only 30 minutes, and no leapfrogging. Knowing they blow and breathe about every

15 minutes, leaves time for a quick snack in between. Early mornings with calmer water are better for viewing than afternoons. Along with their acrobatics, you may also see a cloud of bubbles appearing. Nope, it's not from their flukes, but the exhalation from their blow hole. It's one of the ways they trap food. They exhale a cloud of bubbles to confuse bait fish which become easy prey. As a large, yummy buffet attracts a crowd, a large school of bait fish will attract up to 30 whales which coordinate to form large clouds of bubbles before scooping confused fishes into their maws.

The killing of humpbacks during the 17-19th centuries for oil, meat, and baleen was banned in 1985.

Seeing whales so close to our home is awesome and rare!

Thanks to **Denise Bermant** for her knowledge of humpbacks.



41 Cinnamon Bark Lane

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To add your home to our vacation rental portfolio, please contact Vacation Rentals [vacationrentals@oceanreef.com](mailto:vacationrentals@oceanreef.com).

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90' x 21' 8" Dock | \$3,900,000 | 2633

ES-21 | Floating Dock  
70' x 21' 8" Dock | \$3,050,000 | 2422

AS-27/28 | Gatehouse Dock  
72' Dockage | \$2,250,000 | 2596  
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DS-11 | Floating Dock  
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Eric Woodward | 305.394.4461 | eric@oceanreefclubsir.com

DS-7 | Floating Dock  
90' Dockage | \$3,274,000 | 2571

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AS-11 | Gatehouse Dock  
55' Dockage | \$1,550,000 | 2613

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## Hear the Buzz!



by Jody Steele

Bees are essential to our food supply and in recent years huge efforts have been made to restore their stability. However, we are not fond of having bees too close to us, especially when we are sitting down for a lovely lunch. Unfortunately, a few days ago, some hungry bees discovered some sweets on Buccaneer Island and there the tale begins.

### Lunch for the Bees

The bee story from Eduardo Perez, Director of Engineering at Ocean Reef Club, really does have a happy ending. Recently, Associates at Palm Court and the Beach Bar reported an unusual invasion of bees. Not eager to cause a problem, the bees were happily savoring some syrupy ingredient leaking from two different beverage machines. As Eduardo explained, "Although the area has a lot of nectar available in the surrounding landscape, the delicious and easy to drink syrup was attracting the bees". Evidently, it made for

a delectable lunch—for the bees, not for Members and Associates though! The areas were temporarily closed.

### To the Rescue

Luckily, Eduardo knew exactly what to do as he is quite experienced with the process of bee control. First of all, he identified the insects as honey bees out for a free lunch. Then he contacted "Tabas Working Ladies" in nearby Homestead. They are one of a few local businesses that specialize in removing bees responsibly. Later that day, the beekeeper arrived with special equipment to take care of the bees. First, the technician carefully removed the "queen bee" and then utilizing a friendly bee vacuum, he collected the other bees safely. No bee or human was harmed.

### The Happy Ending

All of the bees were then taken by the trained beekeeper on a journey to a farm about 25 miles away to create their own hives. In their new homes, the bees will travel to other farms in South Florida to pollinate flowers, fruits, vegetables and more. Some will even produce honey. So instead of "farm to table", in this case it is "The Reef to the farm". So everyone was a winner, the beverage machines were fixed and all was calm on Buccaneer once again.

## Club Committees Seek New Members

Committees are the best way to take an active role in shaping your Club. It is one of the great traditions at Ocean Reef Club and perhaps one of the most important. Now is your opportunity to raise your hand and be part of a committee—all

of which do vital and engaging work that help to shape the various functions of the Club.

Consider whether you have prior professional experience or simply a deep interest that would make joining a particular committee rewarding for you and your Club.

There are 13 committees that have seats available for the 2024-2025 season. Most require a minimum time commitment with some only meeting as few as two or three times during a winter season. Turn to page 42 for the full listing.

ORCA NEWS

# Renovations at Ocean Reef Dog Park Offer a Paw-some Experience

More than 900 tails are wagging at Ocean Reef after the completion of renovations and improvements to our Dog Park.

Funded by the generosity of Members that provide tax-deductible contributions to the Friends of the Dog Park, Inc. and support from Ocean Reef Community Association (ORCA), the space has undergone a series of exciting upgrades that include a new fence, fresh landscaping and vibrant new signage, all to foster a fun and safe space for pets and owners alike.

"Recent upgrades in the gates and fencing at the Dog Park made entry easier and more secure. Improved signage is also helpful," said Equity Member and dog owner **Mike Jones**. "The overall experience continues to improve for dog owners and our pets."

More than 10 new colorful signs were installed in January, including golf cart parking signs, welcome signs at the respective gates to the small and large dog sections, and some reminders of basic etiquette. New fencing was added in 2023.

Also installed were donation boxes to support the Friends of the Dog Park, Inc., a not-for-profit 501(c)(3) organization.



Pups and their owners enjoying the recently-renovated Dog Park.



"With support from ORCA and Ocean Reef Club, we have been able to provide our Members with this fabulous dog park. Without their assistance, Members would bear the burden of covering maintenance and infrastructure costs," said **Sarina Kinney**, Friends of the Dog Park Board Chair. "The board is grateful for their invaluable maintenance of this wonderful space for Ocean Reef's extensive canine community."

With its spacious, open play areas, refreshed artificial turf, shaded trees, and amenities such as seating areas and ample golf cart parking, the park offers a welcoming environment for Ocean Reef Members to exercise and socialize with their beloved pets and neighbors.

To ensure a safe and enjoyable experience for everyone, we remind pet owners to adhere to some basic etiquette, including:

- **Leash Safety:** Always keep your furry friend on a leash when you leave the park or your private property. Even the friendliest pets can become excited or frightened, leading to potential incidents. A

leash ensures both the safety of your pet and the comfort of others and follows ORCA and Monroe County rules.

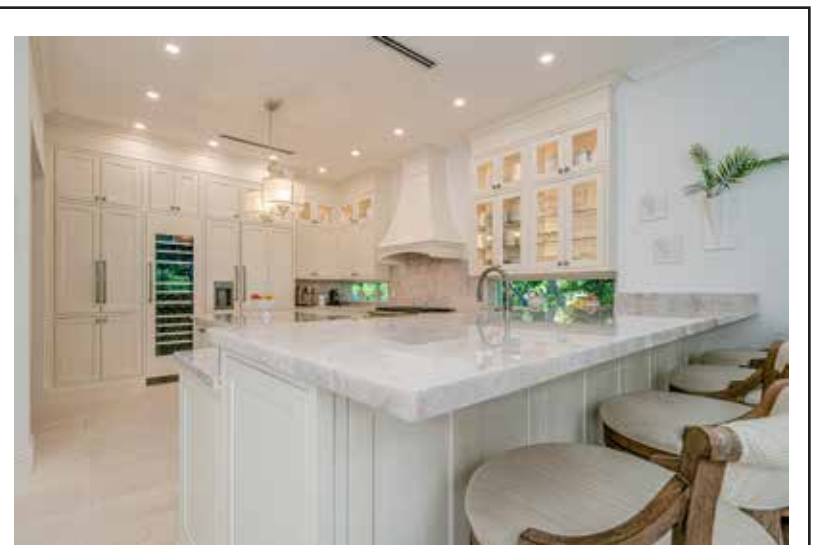
- **Respect Private Property:** Beyond the ORCA Dog Park's boundaries, be mindful of private property and public spaces. Always follow regulations regarding cleanup. This helps maintain positive relations with neighbors and ensures a positive image for the dog-owning community at Ocean Reef.

- **Hydration and**

**Cleanliness:** The park has water available for your dog's consumption; it is recommended that you bring your own bowls to keep your dog healthy and hydrated during playtime.

- Please encourage responsible pet ownership by cleaning up after your pet.
- Do not bring a dog with any signs of a respiratory infection to the Dog Park, including coughing, sniffing or sneezing.

The Ocean Reef Dog Park is open from 8 a.m. to sunset.



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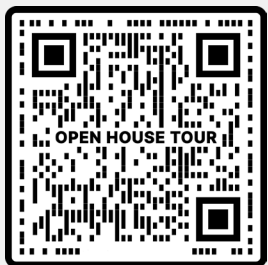
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# HOMES ON TOUR

Saturday,  
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Club

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7 Sail Point Lane | Canal Front

4 BD, 3 BA | \$14,000,000 | 2645

Mary Lee | 917.603.3252 | marylee@oceanreefclubsir.com



Marina Village 9B | Canal Front

3 BD, 3 BA | \$7,200,000 | 2658

Rick Haney | 305.394.4645 | rick@oceanreefclubsir.com  
Denise Haney | 305.394.6838 | denise@oceanreefclubsir.com



426 South Harbor Drive | Lake Front

3 BD, Bonus Room, 3.5 BA \$5,790,000 | 2619

Cassy Everhart | 305.522.2332 | cassy@oceanreefclubsir.com  
Morgan Smith | 305.321.1143 | morgan@oceanreefclubsir.com



**NEW LISTING**

4 Country Club Road | Golf Course

3 BD, 3 BA \$4,995,000 | 2656

Cassy Everhart | 305.522.2332 | cassy@oceanreefclubsir.com  
Morgan Smith | 305.321.1143 | morgan@oceanreefclubsir.com



**NEW LISTING**

12 Angelfish Cay Drive | Water Front

5 BD, 5.5 BA | \$13,975,000 | 2657

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com  
Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



Marina Village 2B | Canal Front

3 BD, 3 BA | \$6,999,000 | 2578

Karyn Thiele | 305.394.4185 | karyn@oceanreefclubsir.com



302 Carysfort Road | Villa Cay

5 BD, 4 BA | \$5,695,000 | 2593

Mary Lee | 917.603.3252 | marylee@oceanreefclubsir.com



Angelfish Cay 29B | 36' Dock

2 BD, 2 BA | \$3,250,000 | 2622

Marcy Aultman | 305.522.0582 | marcy@oceanreefclubsir.com



**NEWLY PRICED**

26 Channel Cay Road | Canal Front

4 BD, 3.5 BA | \$12,950,000 | 2533

Rick Romeo | 304.667.7896 | rickromeo@oceanreefclubsir.com



3 Ocean Reef Drive | New Construction

7 BD, 7F/3H BA | \$11,950,000 | 2580

Helena Morton | 305.522.2196 | helena@oceanreefclubsir.com



11 Grayvik Drive | Canal Front

3 BD, 3 BA | \$11,450,000 | 2552

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com  
Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



*Artist's Concept*

29 Baker Road | Water Front

4 BD, 4.5 BA | Nearly Complete | \$6,995,000 | 2332

Eric Woodward | 305.394.4461 | eric@oceanreefclubsir.com



24 Tamarind Lane | Lake Front

5 BD, 6.5 BA | \$6,695,000 | 2495

Jay Rourke | 786.493.8105 | jay@oceanreefclubsir.com  
Megan Lyons | 786.201.5265 | megan@oceanreefclubsir.com



437 South Harbor Drive | Golf /Lake

4 BD, 4 BA | \$5,900,000 | 2607

Barbara Sibley | 305.394.0061 | barbara@oceanreefclubsir.com



5 Ocean Reef Drive | Central Location

3 BD, 3 BA | \$5,490,000 | 2609

Helena Morton | 305.522.2196 | helena@oceanreefclubsir.com



23 Tamarind Lane | Lake Front

3 BD, 3 BA | \$5,395,000 | 2640

James Morrison | 305.393.3407 | james@oceanreefclubsir.com



**NEWLY PRICED**

32 Bay Ridge Road | Central Location

3 BD, 3 BA | \$4,995,000 | 2498

Marcy Aultman | 305.522.0582 | marcy@oceanreefclubsir.com



Residence Club A-107

2 BD, 2.5 BA | \$3,200,000 | 2553

Mary Brady | 201.303.2052 | marybrady@oceanreefclubsir.com



Cay Harbor 8E | Canal Front

2 BD, 2 BA | \$3,195,000 | 2647

Jay Rourke | 786.493.8105 | jay@oceanreefclubsir.com  
Megan Lyons | 786.201.5265 | megan@oceanreefclubsir.com



Angelfish Cay 72B | Canal Front

1 BD, 1 BA | \$2,200,000 | 2636

Mary Brady | 201.303.2052 | marybrady@oceanreefclubsir.com

# Summer Travels... Season Rewards...



by Sean Carroll, Director of Beverage

It's hard to believe that this past summer was our 8th trip to Louisville, Kentucky to source bourbon barrels for the Club. In all those years we have procured 33 barrels of bourbon. With each trip over the years we have learned so much and built strong relationships with the distilleries. We have always tried to have something to please every Member's palate. From single barrels to blended barrels, and from low proof to high proof, the



ORC Barrel Bois at the Maker's Mark Distillery. The bottles in the background are all of the Private Select bottles Wall of Fame.



Chris Patterson, Sean Carroll, and Erwin Pals at one of the Elijah Craig Rackhouse's.

choices have been endless. We recently received not one, but four Ocean Reef Club barrel selections. With that none of the new ones replicate any of the previous ones. These new barrels were all selected by your very own Ocean Reef Club "Master Tasters" - Erwin Pals, Chris Patterson and yours truly.

### ORC Woodford Reserve Batch #8 Bourbon

If you have never been to the

Woodford Reserve distillery, I encourage you to make the trip. The art of making fine bourbon first took place on the site of the Woodford Reserve Distillery, a National Historic Landmark, in 1812. Their distillers, Chris Morris and Elizabeth McCall, have been integral in driving innovation and shaping the story of Woodford Reserve, sharing the belief that the keys to making the World's Finest Bourbon are not only time and patience, but science and art. Chris began his career in bourbon in 1976, while Elizabeth moved from her 9-year tenure in R&D to Assistant Master Distiller in 2018. For this year's barrel blending in October, we were able to spend time with Chris to develop our new blend. Our blending choices ranged from a 6 year/126.2 barrel, a 5 year/129.3 barrel and a 5 year/130.2 barrel. We went back and forth discussing the numerous variations until finally coming to an agreement on the perfect blend. After that it was in Chris' hands to match our blend and bottle it at the traditional 90.4 proof. It was exhausting work so we headed across the street to their new Woodford Reserve Welcome Center for a few handcrafted cocktails. We always plan ahead and had a driver for the day...

my previous life I worked for Jim Beam Brands, owners of Maker's Mark. Having visited the distillery numerous times, we were delighted to do our tasting in their brand-new tasting room overlooking one of their water reservoirs. This is the most unique blending process as we are able to choose from five different stave profiles (Baked American Pure, Seared French Cuvée, Maker's Mark 46, Roasted French Mendiante, Toasted French Spice) with ten in total. As mentioned we did not want to create something we previously had so after some back and forth we went with five Toasted French Spice, four Roasted French Mendiante and one Maker's Mark 46. Once the selection is made we went to the barrel filling room where we placed the ten stave profiles into a new charred oak barrel and filled it with cask strength Maker's Mark. The barrel rested until late December of 2023 before bottling at 111.6 proof.

### ORC Angel's Envy Batch #3 Bourbon

Talk about a bourbon that has grown leaps and bounds over the years - that is Angel's Envy. With over eight different bourbon/rye releases the choices are endless. Angel's Envy is now paving the path for the future of bourbon.

They continue to challenge the status quo, always searching for what's next and inspiring new possibilities in the world

### ORC Maker's Mark Batch #7 Bourbon

I have a special place in my heart for Maker's Mark. In



**120 Ocean Alexander 2017**



**116 Lazzara 2008**



**95 Pearl 2023**



**80 Hatteras 2014**



**62 Pearl 2024**



**42 Yellowfin 2023**







\*Multiple Yellowfin and Freeman Slots Available



Chris Carroll  
chris@ayssales.com  
mobile: 954.303.5604



# Summer Travels... Season Rewards...

Continued from | 8

of bourbon. Our choice for our barrel selection was their traditional Kentucky Straight Bourbon Whiskey finished in Port Wine barrels. The difference from our previous two barrels (Woodford/Maker's Mark) is that this is a Single Barrel, meaning no blending on our end. We do the blending in a hidden room not available to most anyone called Bar Ten. We chose between three different barrels and then they were cut with water to bring them to our desired 110 proof.

## ORC Old Forester Batch #3 Bourbon

This distillery is state of the art, a culmination of a nearly 150-year legacy that began in

1870. It is located on Louisville's Main Street – dubbed Whiskey Row – the hub of the Bourbon business in Kentucky. There was no blending of bourbons in this tasting, we just chose from three single barrels. The Single Barrels were chosen from the various Rackhouses where they age their bourbon. This was important because each of these barrels has a different taste due to how high or low they are stored in the Rackhouse and the fluctuation in temperature in Kentucky between winter and summer. The barrel we ended up choosing was from Rackhouse I and was on the fifth floor. It rested for close to five years and is bottled at 100 proof.

The 33 barrels we have sourced for the Club averages out to 7,920 bottles of Bourbon which is an astonishing number. With each barrel selected over the years we have held back an average of 24 bottles of each for future generations to enjoy (however we will never disclose

where they are stored). We are anxiously awaiting two more barrels to arrive which are our ORC Knob Creek Batch #4 Rye (predominately used in our Smoked Old Fashioned in the Reef Lounge) and our ORC Elijah Craig Batch #2 Bourbon. More on those in the future.

With the strong relationships we have built with our distillery friends through the years, one came up with a new name for us...the ORC Barrel Bois. As always, it is truly an honor to be a part of the Ocean Reef Club Food & Beverage team and we take great pride in providing these unique offerings to our Members. They will be available in all F&B locations today as well as Port O' Call. October 2024 cannot get here soon enough so we can see what new offerings are out there. Until then...enjoy!

"A banana is 105 calories...a shot of bourbon is 80 calories... choose wisely."

Cheers!



## Fun for Seniors

### FUN FOR SENIORS

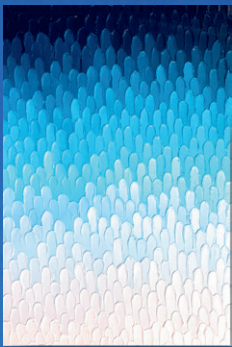
#### Singalong with Annie Lebeaux

Crafts and Snacks  
Chapel Fellowship Hall  
**Tuesday, February 20**  
**from 10:30 a.m. to 12 p.m.**

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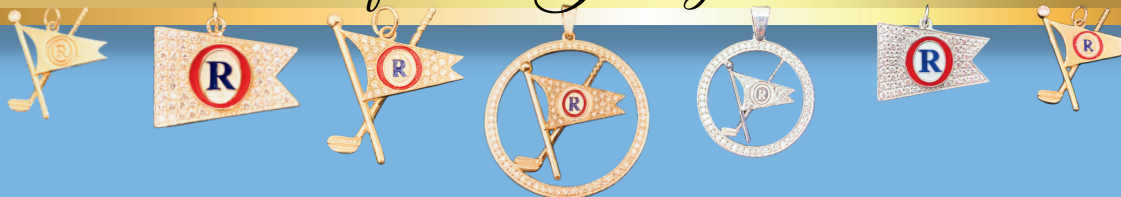
# ART WALK

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Karen Copen  
Ben Heller  
Andres Gurdian  
Gloria Velez  
Andrea Salillas

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Marina Village 7B | Marina View

3 BD, 3 BA | \$8,250,000 | 2592

Rob Desmond | 561.307.3065 | [rob@oceanreefclubsir.com](mailto:rob@oceanreefclubsir.com)



Harbour Green 11 | Canal Front

4 BD, 3 BA | \$7,500,000 | 2506

Patti Furneaux | 305.321.3156 | [patti@oceanreefclubsir.com](mailto:patti@oceanreefclubsir.com)



PC Garden Home 74 | Canal Front

3 BD, 3.5 BA | \$7,250,000 | 2502

Helena Morton | 305.522.2196 | [helena@oceanreefclubsir.com](mailto:helena@oceanreefclubsir.com)



Harbour Green 45 | Canal Front

4 BD, 3 BA | \$6,850,000 | 2635

Cassy Everhart | 305.522.2332 | [cassy@oceanreefclubsir.com](mailto:cassy@oceanreefclubsir.com)  
Morgan Smith | 305.321.1143 | [morgan@oceanreefclubsir.com](mailto:morgan@oceanreefclubsir.com)



Pumpkin Cay 43A | Canal Front

3 BD, 3 BA | \$6,275,000 | 2524

Molly Taylor | 508.524.4633 | [molly@oceanreefclubsir.com](mailto:molly@oceanreefclubsir.com)  
Russell Post | 305.451.8199 | [russell@oceanreefclubsir.com](mailto:russell@oceanreefclubsir.com)



Pumpkin Cay 47B | Canal Front

4 BD, 3 BA | \$6,250,000 | 2628

Cassy Everhart | 305.522.2332 | [cassy@oceanreefclubsir.com](mailto:cassy@oceanreefclubsir.com)  
Morgan Smith | 305.321.1143 | [morgan@oceanreefclubsir.com](mailto:morgan@oceanreefclubsir.com)



Pumpkin Cay 7B | Canal Front

3 BD, 3 BA | \$4,950,000 | 2513

Karyn Thiele | 305.394.4185 | [karyn@oceanreefclubsir.com](mailto:karyn@oceanreefclubsir.com)  
Susan Bryan | 305.522.7700 | [susan@oceanreefclubsir.com](mailto:susan@oceanreefclubsir.com)



FC Landings 9A | 31' Dockage

2 BD, 2 BA | \$4,150,000 | 2621

Jay Rourke | 786.493.8105 | [jay@oceanreefclubsir.com](mailto:jay@oceanreefclubsir.com)  
Megan Lyons | 786.201.5265 | [megan@oceanreefclubsir.com](mailto:megan@oceanreefclubsir.com)



93 East Lake Road | Anglers Club

2 BD, 2 BA | \$3,950,000 | 2648

Bill Dickinson | 305.304.8311 | [bdickinson@oceanreefclubsir.com](mailto:bdickinson@oceanreefclubsir.com)  
Barbara Sibley | 305.394.0061 | [barbara@oceanreefclubsir.com](mailto:barbara@oceanreefclubsir.com)



Angelfish Cay 25A | Canal Front

2 BD, 2 BA | \$3,500,000 | 2547

Helena Morton 305.522.2196 | helena@oceanreefclubsir.com



Angelfish Cay 19A | Canal Front

2 BD, 2.5 BA | \$3,375,000 | 2660

Karyn Thiele | 305.394.4185 | karyn@oceanreefclubsir.com  
Kelsey Thiele | 305.393.3484 | kelsey@oceanreefclubsir.com



Angelfish Cay 21A | Canal Front

2 BD, 2 BA | \$3,275,000 | 2641

Mary Brady | 201.303.2052 | marybrady@oceanreefclubsir.com



Pumpkin Cay 14B | Canal Front

2 BD, 3 BA | \$2,995,000 | 2604

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com  
Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



Fairway Lakes 36A | Golf Views

2 BD, 2 BA | \$2,975,000 | 2642

Eric Woodward | 305.394.4461 | eric@oceanreefclubsir.com



Pumpkin Cay 12B | Canal Front

2 BD, 3 BA | \$2,900,000 | 2561

Mary Brady | 201.303.2052 | marybrady@oceanreefclubsir.com



Angelfish Cay 14B | Canal Front

1 BD, 1 BA | \$2,800,000 | 2534

Rick Romeo | 304.667.7896 | rickromeo@oceanreefclubsir.com



Residence Club B-211 | Large Patio

1 BD, 2 BA | \$2,800,000 | 2643

Molly Taylor | 508.524.4633 | molly@oceanreefclubsir.com  
Russell Post | 305.451.8199 | russell@oceanreefclubsir.com



Angelfish Cay 38B | Canal Front

1 BD, 1 BA | \$2,350,000 | 2579

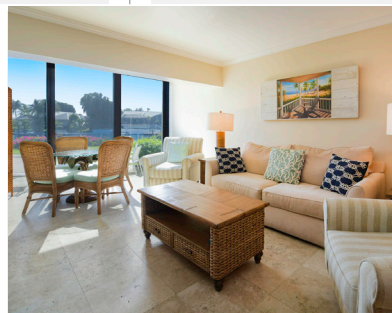
Parris Everhart | 305.522.2738 | parris@oceanreefclubsir.com



Angelfish Cay 11B | Canal Front

1 BD, 1 BA | \$2,185,000 | 2644

Molly Taylor  
508.524.4633 | molly@oceanreefclubsir.com  
Russell Post  
305.451.8199 | russell@oceanreefclubsir.com



Angelfish 38A | Canal Front

1 BD, 1 BA | \$2,100,000 | 2598

Helena Morton  
305.522.2196 | helena@oceanreefclubsir.com



31 Angelfish Cay Dr. | Ocean Front

Vacant Homesite | \$14,975,000 | 2487

Molly Taylor  
508.524.4633 | molly@oceanreefclubsir.com  
Russell Post  
305.451.8199 | russell@oceanreefclubsir.com



24 Cardinal Lane | Water Front

25,828 Sq. Ft. Lot | \$8,200,000 | 2570

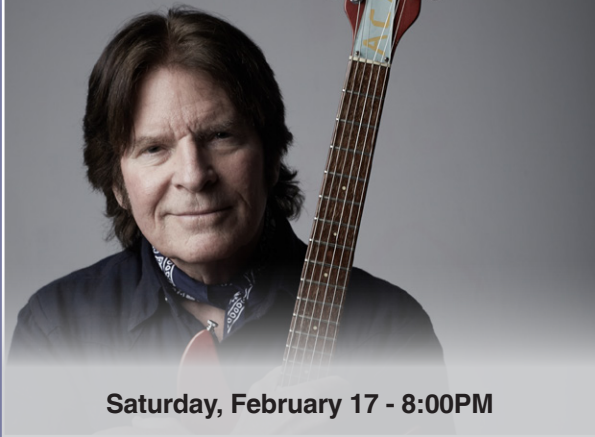
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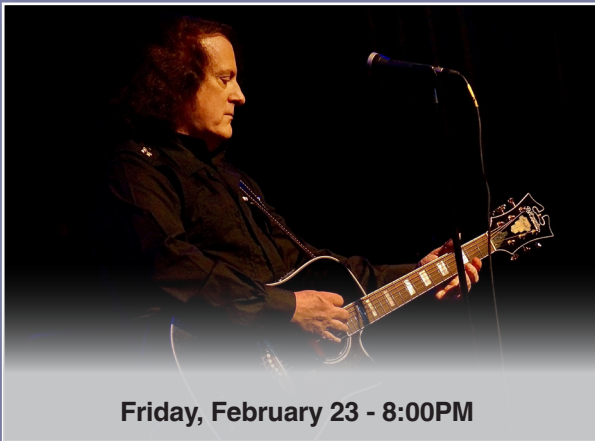


**Saturday, February 17 - 8:00PM**

\$350 Donor • \$395 Non-Donor

Among Fogerty's many hit songs, both as a solo artist and as leader of CCR, highlights include *Centerfield*, *Proud Mary*, *Susie Q*, *Fortunate Son*, *Born on the Bayou*, *Bad Moon Rising*, and *Have You Ever Seen the Rain*, among many others.

**TOMMY JAMES  
AND THE SHONDELLS**



**Friday, February 23 - 8:00PM**

\$200 Donor • \$225 Non-Donor

In May of 1966 *Hanky Panky* was the number one record in Pittsburgh and Tommy James was a sensation. *Crystal Blue Persuasion*, *Crimson & Clover*, *Mony Mony*, *I Think We're Alone Now*, *Draggin' The Line*, *Sweet Cherry Wine*, *Three Times in Love* and *Mirage* are just a few of the many hits.



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Liz Cheney

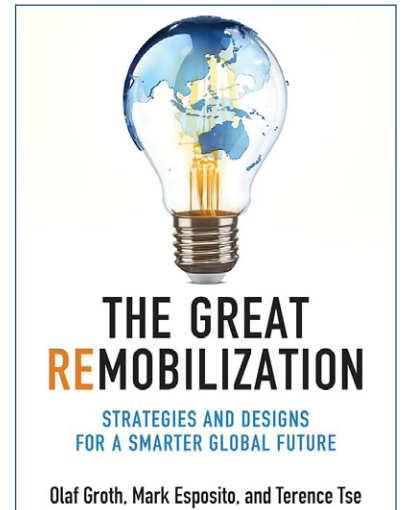
is the Republican party headed next? Hear Cheney tell the stories of how she arrived at her personal convictions, her remarkable career in Congress, and the road that lies ahead.

Don't miss this incredible opportunity to attend Liz Cheney's complimentary **virtual** lecture on **Wednesday, February 21** at 5 p.m. at the Cultural Center.

#### **Unlocking the Future: Join Dr. Olaf Groth's Lecture on the Cognitive Era of AI**

The Campus at the Cultural Center invites you for an eye-opening complimentary lecture by Dr. Olaf Groth, a distinguished Berkeley professor, global economy strategist, and tech visionary. Drawing from his extensive research involving over 200 senior leaders worldwide, Dr. Groth will unveil the latest trends in AI development. Through his groundbreaking work showcased in his books "Solomon's Code: Humanity in a World of Thinking Machines" and "The Great Remobilization: Strategies & Designs for a Smarter Global Future," he illuminates how AI intersects with other technological and economic forces, shaping a new societal paradigm—the Cognitive Era.

Discover how AI is revolutionizing our daily lives, seamlessly integrating cybernetic functions across digital, infrastructural, ecological, biological, and psychological



realms. Dr. Groth's insights will demonstrate how this transformative era empowers us to connect the dots, transforming perception into actionable intelligence through automated processes.

Don't miss this opportunity to gain invaluable insights into the future of AI and its profound impact on our society. Join us and be part of the conversation shaping our smarter global future on **Thursday, February 22** at 5 p.m. This lecture is complimentary and will be held at the Cultural Center.

# A Reminder of Reality



by Rev. Dr. Bob Henley

*"By the sweat of your brow you will eat your food until you return to the ground, since from it you were taken, for dust you are and to dust you will return." Genesis 3:19*

Perhaps you saw someone this past Wednesday with a dark smudge on their forehead and wondered what it was. It was there because the person had invited a priest or pastor to put it there on a day known as Ash Wednesday.

If you looked carefully, you could see that the smudge is a small cross. This symbolic act is known as 'the imposition of ashes.' The symbol is a reminder of our mortality. It is enacted with the words from Genesis, reminding us that these bodies of ours are dust and will someday return to dust.

It is not morbid. Instead, it grounds us in life, by facing a reality that we go to great lengths to ignore or deny. It also grounds us in hope.

Most of us know someone who has received a psychological diagnosis known as bipolar. It is a mental health condition marked by behavior that swings between two extremes. It is not something a person chooses to be and thankfully, can be managed

therapeutically.

However, it appears we are living in a bipolar world of extremes politically, economically, and in how we value human worth and dignity. On the one hand, we seem to be living in a culture of death.

This past October 7th, we witnessed acts of evil perpetrated by demented members of the extremist Islamist group Hamas. The group's stated intent is to destroy every Jew living between the 'river and the sea.' Those who march under that banner mistakenly think it is a cry for justice. It is instead, a call for annihilation.

The war in Ukraine, once top of mind, has now become the topic of a funding debate in the halls of Congress. I have no idea what the right answer is. But the blue and yellow ribbon is a continuing reminder that dictators the world over are willing to sacrifice the lives of others to achieve their self-centered ambitions of power and domination.

The streets of our cities and the halls of our schools too often are running red with the blood of the victims of violence. Life is cheap and death is meted out with callous indifference.

Women's reproductive rights are at the center of political debate as we approach another presidential election. Whatever your position on abortion may be, those who promote the right to abort a healthy child at full term for any reason are promoting a culture of death and injustice for the rights of the unborn.

On the other hand, we are at the same time, a culture

obsessed with the denial of death. We are whistling past the graveyard, pretending it's not there.

Don't get me wrong. I'm grateful for all the medical advances that promote a longer, healthy life. However, we spend a fortune on treatments and services that mask the inevitable reality of aging and the ultimate demise of our physical bodies. It is a form of denial.

All this is a reminder that the world as it is, is not the world as it should be. The reality of aging, suffering, violence, and death is a reminder that we are not as we should be. Something has gone terribly wrong and needs to be set right.

The smudge of Ash Wednesday matters because it first connects us to our deepest yearning – the yearning that death will not have the final word.

In the wisdom writings of the Hebrew Scriptures, you find the Book of Job. In the middle

of the book, amid the agony of Job's sufferings, you read these words:

"I know that my redeemer lives, and that in the end he will stand upon the earth.

And after my skin has been destroyed, yet in my flesh I will see God; I myself will see him with my own eyes – I, and not another. How my heart yearns within me."

The smudge of Ash Wednesday also matters because it connects us to genuine hope – the hope of life beyond death.

The symbol that the imposition of ashes marks on our forehead is the symbol of the cross – a reminder of an actual historical event. That event was God's act of redemption for us and all creation through the death and the resurrection of Jesus.

What if those smudges are not a symbol of religion, but rather, a profound symbol of reality? Something to think about.



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## WORSHIP ON WEDNESDAY EPISCOPAL SERVICE

All are invited for this community service each Wednesday at 9 a.m. in the Chapel Sanctuary. This **Wednesday, February 21**, Reverend **George Ronkowitz** will return to lead the service.

# Revel in what's next.

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1 Osprey Lane | Ocean Front

4 BD, 5.5 BA | \$25,900,000 | 2256

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Russell Post | 305.451.8199 | [russell@oceanreefclubsir.com](mailto:russell@oceanreefclubsir.com)



**NEW LISTING**

12 Sunrise Cay Drive | Ocean Front

5 BD, 5 BA | \$23,000,000 | 2659

Bill Dickinson | 305.304.8311 | [bdickinson@oceanreefclubsir.com](mailto:bdickinson@oceanreefclubsir.com)



16 Sunrise Cay Drive | Ocean Front

5 BD, 6.5BA | \$19,875,000 | 2540

Molly Taylor | 508.524.4633 | [molly@oceanreefclubsir.com](mailto:molly@oceanreefclubsir.com)  
Russell Post | 305.451.8199 | [russell@oceanreefclubsir.com](mailto:russell@oceanreefclubsir.com)



42 Island Drive | Canal Front

4 BD, 4.5 BA | \$18,750,000 | 2499

Barbara Sibley | 305.394.0061 | [barbara@oceanreefclubsir.com](mailto:barbara@oceanreefclubsir.com)



**NEW LISTING**

32 East Snapper Point Dr. | Canal Front

4 BD, 3 BA | \$16,900,000 | 2652

Molly Taylor | 508.524.4633 | [molly@oceanreefclubsir.com](mailto:molly@oceanreefclubsir.com)  
Russell Post | 305.451.8199 | [russell@oceanreefclubsir.com](mailto:russell@oceanreefclubsir.com)



3 Exuma Road | Canal Front

4+ BD, 3F/2H BA | \$14,750,000 | 2611

Barbara Sibley | 305.394.0061 | [barbara@oceanreefclubsir.com](mailto:barbara@oceanreefclubsir.com)



*Artist's Concept*

44 Cardinal Lane | New Construction

5 BD, 5.5 BA | \$13,900,000 | 2615

Jay Rourke | 786.493.8105 | [jay@oceanreefclubsir.com](mailto:jay@oceanreefclubsir.com)  
Megan Lyons | 786.201.5265 | [megan@oceanreefclubsir.com](mailto:megan@oceanreefclubsir.com)



**NEW LISTING**

32 Channel Cay Road | Canal Front

3 BD, 3 BA | \$12,950,000 | 2654

Mary Lee | 917.603.3252 | [marylee@oceanreefclubsir.com](mailto:marylee@oceanreefclubsir.com)



15 Harbor Island Drive | Canal Front

5 BD, 5.5 BA | \$11,800,000 | 2594

Molly Taylor | 508.524.4633 | [molly@oceanreefclubsir.com](mailto:molly@oceanreefclubsir.com)  
Russell Post | 305.451.8199 | [russell@oceanreefclubsir.com](mailto:russell@oceanreefclubsir.com)



36 Bay Ridge Road | Central Location

3 BD, 3 BA | \$5,850,000 | 2601

Mary Lee | 917.603.3252 | [marylee@oceanreefclubsir.com](mailto:marylee@oceanreefclubsir.com)

**CHAPEL & FELLOWSHIP NEWS**

**Ocean Reef Chaplain**  
**Rev. Dr. Robert Henley**  
 305-367-2049 • [orcchapel.org](http://orcchapel.org)

**FRIDAY, FEB. 16**

**AA Meeting**  
 7:30 a.m., Chapel Board Room  
*For additional AA Meetings: 305-390-4983*

**Shabbat Service**  
 6 p.m., Chapel Sanctuary, with Rabbi Anne Feibelman

**SATURDAY, FEB. 17**

**Catholic Mass**  
 4 p.m., Chapel Sanctuary, Archbishop Wenski

**SUNDAY, FEB. 18**

**Traditional Worship Service**  
 9 a.m., Chapel Sanctuary, Rev. Graham McMillan

**Kids Matter (4yrs-8yrs)**  
 9 a.m., Chapel Children's Room

**Journey Together**  
 10:30 a.m., Chapel Sanctuary, Chaplain Bob Henley

**Kids Matter (9yrs - up)**  
 10:30 a.m., Chapel Children's Room

**Catholic Mass**  
 12 p.m., Chapel Sanctuary, Fr. Hilley

**MONDAY, FEB. 19**

**Al-Anon Meeting**  
 9 a.m., Chapel Fellowship Hall

**Rosary Prayer Group**  
 4 p.m., Chapel Sanctuary

**AA Meeting**  
 7:30 p.m., Chapel Board Room  
*For additional AA Meetings: 305-390-4983*

**TUESDAY, FEB. 20**

**Catholic Bible Study**  
 9 a.m., Chapel Living Room

**Senior Cafe**  
 10:30 a.m., Chapel Fellowship Hall

**Potluck Gathering**  
 6 p.m., Chapel Fellowship Hall

**WEDNESDAY, FEB. 21**

**Intercessory Prayer**  
 8 a.m., Chapel Board Room

**Episcopal Service**  
 9 a.m., Chapel Sanctuary, Rev. George Ronkowitz

**Chapel Women Connect**  
 10:30 a.m. & 4pm, Chapel Fellowship Hall

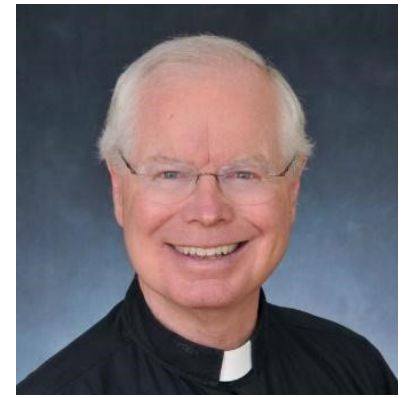
**THURSDAY, FEB. 22**

**Ocean Reef Men's Fellowship**  
 8 a.m., Chapel Fellowship Hall

**Visiting Priests to Lead Catholic Masses**

**Father Kevin Gillespie**  
 Rev. C. Kevin Gillespie, S.J., guest of the **Moreland** family, has been pastor of Holy Trinity Church, Georgetown, since 2015. Previously, he was President of St. Joseph's University, Philadelphia, Associate Provost of Loyola University Chicago, and Associate Professor of Pastoral Care and Counseling at Loyola University Maryland. Fr. Gillespie earned an M.Div. and S.T.M. from the Jesuit School of Theology at Berkeley (1987), and a Ph.D. in pastoral psychology from Boston University (1998). He entered the Society of Jesus in 1975 and was ordained a priest on June 14, 1986. His professional focus has been on the integration of psychology and religion. Fr. Gillespie will lead the mass on **Saturday, February 24** at 4 p.m. and **Sunday, February 25** at 12 p.m.

**Father Rocky Hoffman**  
 Rev. Francis J. Hoffman "Fr. Rocky", guest of **Karin** and **Dean Teglia**, serves as CEO (since 2010) and Chairman of the Board of Relevant Radio. Fr. Hoffman has been



Father Kevin Gillespie



Father Rocky Hoffman

a member of Opus Dei for over 40 years. Ordained as a priest in 1992, he holds a doctorate in Canon Law from the Pontifical University of the Holy Cross, Rome, an M.B.A. from the University of Notre Dame, and a B.A. from Northwestern University in History. Previously, he served as Chaplain of Northridge Preparatory School, a college prep school for boys grades 6-12. During the summers of 1994-2009, he worked with the rural poor in the mountain regions of central Mexico. Fr Hoffman will lead the mass on **Tuesday, February 27** at 7 a.m.

**WELCOME VISITING ARCHBISHOP THOMAS WENSKI**

**CATHOLIC MASS**  
**Saturday, February 17 • 4 p.m.**  
**Chapel & Fellowship Center**

This Saturday, the Chapel & Fellowship Center welcomes Archbishop Thomas Wenski of the Archdiocese of Miami, to celebrate the Catholic Mass at 4 p.m. Please join us in welcoming him to our community.

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**SHABBAT SERVICES**

**FRIDAY, FEBRUARY 16 & 23**  
 Cornerstone Room - 6:00 pm

Join us as we welcome Shabbat as a community with a brief service.

*All events at the Ocean Reef Chapel*

# NEW LISTINGS!



## 3 BED / 3 BATH – \$12,950,000

Location, location, location! This canal front corner lot property in the heart of Ocean Reef, on a quiet street is a rare opportunity for the next owner. The dockage is along a new 120' seawall in a protected setting, with a new boat lift. Three bedrooms, three baths with a den/office, and a wonderful outdoor pool with plenty of room for entertaining. Long views down the canal. MLS #2654

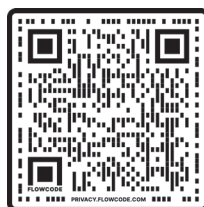


## 4 BED / 3 BATH – \$14,000,000

Lovely custom home at Ocean Reef situated on 133 feet of waterfront on a new seawall with new boat lift! Must be seen to be truly appreciated. 2305 sq. ft. under air offering four bedrooms, three baths, Over 1,000 sq. ft. of extensive screened-in and undercover patio area which lives like indoors. Great for entertaining with large pool and spa overlooking the water. Tropical and private in every way on a quiet cul de sac. Garage and storage room for all your toys and necessities. MLS #2645



**MARY LEE**  
917.603.3252  
marylee@oceanreefclubsir.com  
www.MaryLeeOceanReef.com



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**NEW PRICE**

*24 Cardinal Lane*

25,828 SQ. SW FACING LOT - BUILDING PLANS AVAILABLE MLS # 2570 **\$8,200,000**

*36 Bay Ridge Road*

3 BED / 3 BATH MLS #2601 **\$5,850,000**

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SUNDAY • 2-5 PM**

*302 Carysfort Road*

5 BED / 4 BATH VILLA CAY MLS #2593 **\$5,695,000**

**SOLD!**

*500 Coral Lane*

4 BED / 4 BATH / 1 HALF BATH MLS #2558 **\$4,995,000**

**201 OCEAN REEF DRIVE HS-11**

70x21.6 BEAM DIRECTLY BEHIND T-HEAD MLS #2620 **\$4,200,000**

**31 OCEAN REEF DRIVE DS-F36**

80+YACHT AND 30.5 BEAM MLS # 2646 **\$4,500,000**

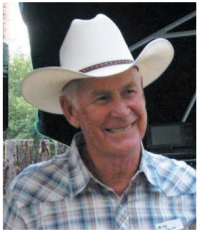
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# The Incredible Story of Mara Cakans



by Mike Smith

At a very young age (4 years old), Mara Cakans learned to water ski. Water skiing was a family tradition; her parents were two of the original Min-Aqua Bats performers in Minocqua, Wisconsin. The Min-Aqua Bats Water Show is the world's oldest continually running amateur water ski show. Mara would be the pivot performer in the show during the summers. She would retain her love for all outside sports as she grew up, particularly running, which kept her fit.

Five years ago, Mara, now married (Willie) with two daughters, Marlie and Macy, noticed a pain in her right leg while running. It was an intermittent pain, but one day, Mara, a twenty-year nurse practitioner, working at our Medical Center, decided to take an MRI to check it out. The result was that she had a tumor on top of her left femur above the knee and was later diagnosed as osteosarcoma, a rare cancer typically found in children and young adults. After four months of painful chemotherapy, the tumor had not shrunk, so she underwent an eight-hour surgery during which the knee was replaced and a rod was inserted up her femur. Tests indicated success, and after therapy, Mara resumed regular physical activity, which included a lot of biking.

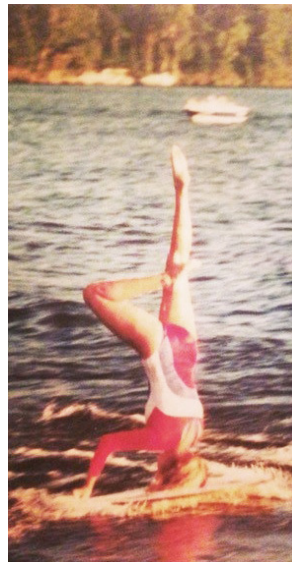
Later, in 2022, Mara noticed a bulge above her left knee, not a good omen. Scans indicated that her cancer had returned, so they determined the best facility for treatment was Sloan-Kettering in New York City. Surgeons there told her options were either a high amputation or a rarely done rotationplasty. Rotationplasty is a

complicated procedure in which the doctors remove the diseased part of the leg from above the knee to above the ankle. The ankle and foot are then attached to the femur in reverse so that the ankle becomes the patient's new knee.

Mara weighed her options. The amputation would mean a complete prosthesis with an artificial foot with no knee. The rotationplasty, while much more complicated and risky, offered the chance of having a knee joint with the rest of her leg being a prosthesis, which meant she could do many of the things she used to do. Together with her husband Willie, the girls, and Dr. Rene Fernandez, they decided on the more complicated procedure.

On November 1, 2022, Mara underwent the major surgery. It took a vascular surgeon, two special surgeons, and a plastic surgeon 16 hours, during which 12 units of blood were required. When she finally awoke from the anesthetic, and with her family, friends, and surgeons all watching, they asked her to move her toes. With her re-attached foot now backward, she had to concentrate on exactly what she wanted her brain to tell her toes what to do. But she did! Each toe worked! Imagine the hundreds of nerves and blood vessels that had to be precisely reconnected to make that possible. A miracle indeed. Now, Mara had to get a prosthesis and learn to walk again. She would spend ten days in the hospital and six weeks of therapy, after which she flew home and then endured eight hours of therapy three times per week for four weeks.

The Hanger Company, the largest prosthetic maker in the world, agreed to make Mara the leg she needed to walk. In April of 2023, she had to make six trips to New York City, each time fine-tuning adjustments were made by specialists to ensure her new leg fit properly. Then she was sent to the Mayo Clinic, to rotationplasty experts for fitting and adaptation. This process took several months, but



Growing up performing as a water skier, Mara will have the chance to join her former Min-Aqua Bats team for one more performance with a special prosthesis complete with a water ski on its end.



Mara's support crew – Rene and Amy Fernandez and husband Willie Cakans.

Mara could go back and forth from Mayo to their cabin in Minocqua.

Unfortunately, near the end of August, her leg fractured and Mara was back on the operating table. This time, a rod was inserted into her femur from her knee to her hip. The procedure took six hours, and after some rehab, she finally came back to Ocean Reef and tried to find some normalcy.

During this tribulation, Mara had decided to be a victor instead of a victim and found strength and courage from her faith, family, and friends. She recalls waking up in her hospital bed during one of her most difficult times to find Rene Fernandez sleeping on the floor next to her bed. Amy Fernandez stayed with her in New York for six weeks while undergoing physical therapy. An Ocean Reef member gave her their apartment in New York, saving her from going to a hotel and she was able to fly back to Ocean Reef in a private jet provided by an Ocean Reef member.

A dedicated account was established as part of the Medical Center Foundation earmarked for Mara to ease the burden of traveling back and forth and housing. Scores of Ocean Reefers contributed, amassing funds well into the six figures. The Racquet Club did the same to help Willie and the family.



Mara Cakans and Amy Fernandez at this year's All Charities Gala, February 3, 2024.

The Ocean Reef community demonstrated its philanthropic nature to solve problems quickly and efficiently.

Today, Mara is back at work in her office at the Medical Center. She is helping people again, which has always been her goal in life. The Hanger Company has asked her to speak to others with similar circumstances. They will make a special prosthesis that can substitute for her artificial foot. It has a water ski on its end, enabling Mara to join the Min-Aqua Bats one more time, a testament to a truly inspirational young woman.

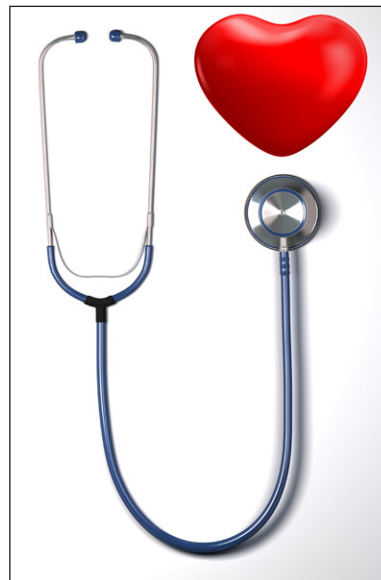
To watch a short video on rotationplasty, visit <https://www.youtube.com/watch?v=zuMH3uOLhA>.

NEWS FROM THE MEDICAL CENTER

# February is American Heart Month

2024 marks the American Heart Association's 100th anniversary - a century of research in helping to save lives from heart disease.

Before the American Heart Association existed, people with heart disease were thought to be doomed to complete bed rest — or destined to imminent death. But a handful of pioneering physicians and social workers believed it didn't have to be that way. They conducted studies to learn more about heart disease, America's No. 1 killer. Then, on June 10, 1924, they met in Chicago to form the American Heart Association — believing that



scientific research could lead the way to better treatment, prevention and ultimately a cure. The early American Heart Association enlisted help from hundreds, then thousands, of physicians and scientists. (1)

## Heart Attack vs. Cardiac Arrest

People often use the terms interchangeably, but they are different. Put simply, cardiac arrest occurs when the electrical system of the heart malfunctions and stops beating unexpectedly. This is an electrical problem. A heart attack occurs when blood flow is blocked to the heart. This is a circulation problem. Early intervention and regular checkups can help to keep your heart healthy and help to avoid either of these incidents from happening.

Gender can often play a part in heart attack symptoms. According to the American Heart Association women are more likely, than men, to have silent heart attacks. Silent heart attacks do not show obvious symptoms and can include:

- Pain in the back, neck, jaw, or throat

- Indigestion
- Heartburn
- Nausea or vomiting
- Extreme fatigue or shortness of breath

The Medical Center has an excellent visiting specialist program that includes cardiologists Julio Barcinas, M.D. and Jorge Cuello, M.D. of Baptist Health/Miami Cardiac and Vascular Institute and Howard Bush, M.D. of Cleveland Clinic, Weston, FL.

Visit us on the web at [mcor.org](http://mcor.org).  
Source: American Heart Association

Your support of the All Charities Weekend strengthens entities, like the Medical Center, that enhance Ocean Reef Club's Unique Way of Life and enables the Ocean Reef Community Foundation to provide for thousands in Key Largo, Homestead and Florida City. Call 305-367-5996 to learn more.

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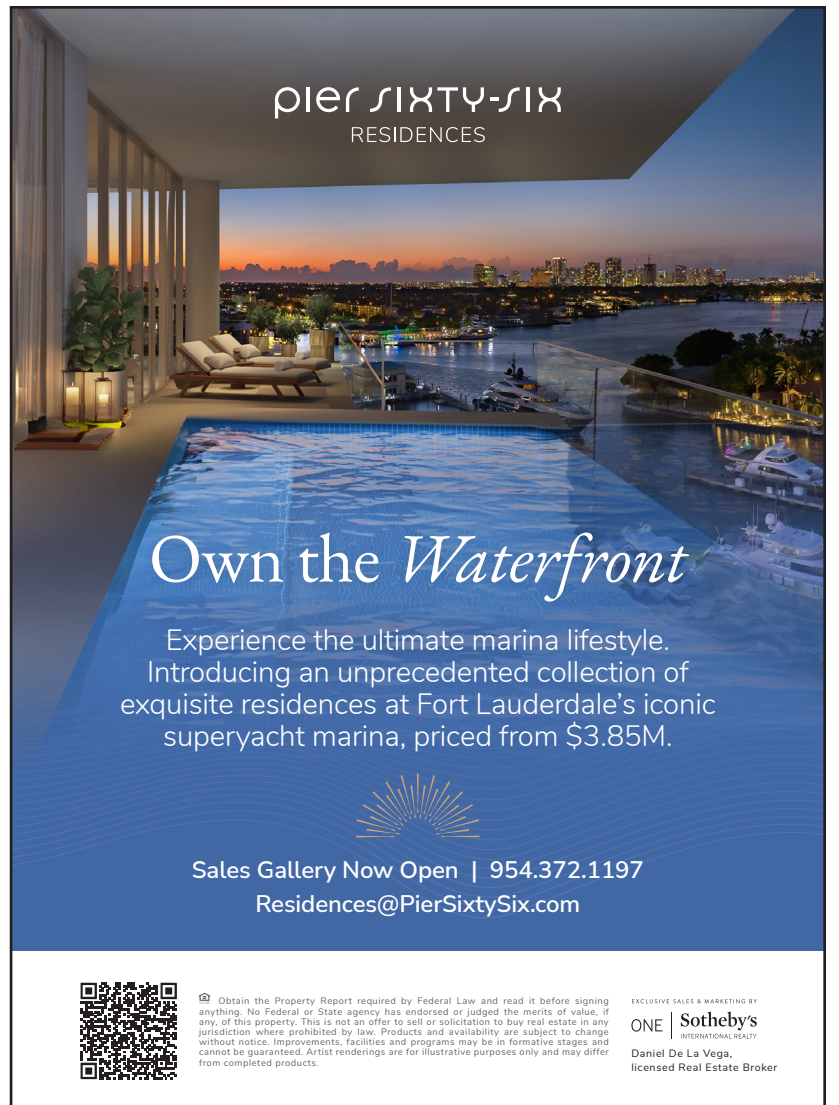
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### Audiology

**Natalie Crespi**

Feb. 20, 21, 28

**Daisy Elwick**

Feb. 26, 27

March 4, 5, 11, 12

### Cardiology

**Julio Barcena**

March 8, April 12, May 10

**Howard Bush**

March 14, April 18, May 16

### Colorectal Surgery

**Dan Ruiz**

Feb. 19, March 18, April 15

### Dermatology

**Alexandra Price**

Feb. 16, March 15, April

19, May 17

**Alysa Herman**

(305) 444-4979

March 7, 21, April 4, 18

May 2, 16

**Debra Price**

(305) 670-1111

Feb. 16, March 1, 15, April

5, 19, May 3, 17

**Jill Waibel**

(305) 279-6060

April 5

**Varee Pochareon**

(305) 740-6181 x1

Feb. 21, 28, March 6, 13, 20

### Endocrinology

**Heberto Valdes**

March 1, April 5

### ENT

**Pablo Arango**

March 1, April 1, May 1,

June 3

### Gastroenterology

**Sandra Rodriguez**

March 6, April 11, May

14, June 18

### Gynecology

**Jason James**

March 14, April 11, May 9

**Jila Senemar**

March 12, April 14, May 7

### Holistic Medicine

**David Coppola**

(305) 451-1819

Feb. 20, 22, 27, 29

### I.V. Therapy

**Scott Williams**

(305) 907-7550

Feb. 19, 26, March 4, 11,

18, 25

### Nephrology

**Anthony Farias**

March 18, April 22

### Neurology

**Victor Faradji**

March 7, April 4

### Neuro Spine

**Raul Vasquez**

**Castellanos**

March 12, April 9, May 14

### Ophthalmology

**Bascom Palmer**

786-530-2289

Feb. 27, 29, April 5, 6

**Zach Segal**

Feb. 20, March 19, April 16

### Optometry

**Lauren Nicholas**

March 1, April 5, May 3

**Susanna Tamkins**

Feb. 16, March 15, April 19

### Orthopedic Sport Medicine

**Michael Swartzon**

March 8

### Orthopedic Surgery

**Joseph Fernandez**

March 15, April 19

**Derek Papp**

Feb. 29, March 14, 28

**James Voglino**

March 8

### Orthopedic Hand Surgery

**Roberto Miki**

Feb. 23, March 22

### Pediatrics

**Rosa Fernandez**

Tele-Med 954-385-6277

(Option 1)

### Plastic Surgery

**Ramiro Perez**

March 4, April 8, May 13

### Podiatry

**Brigette Smith**

Feb. 28, March 13, 27

**Polly Reeves**

March 14, April 11, May 9

**Sophia Masri**

Feb 23, March 22,

### Psychology

**Joseph Mora**

Feb. 19, March 11

### Pulmonary & Sleep Disorders

**Raul Valor**

March 15, April 12

### Spine Care & Pain Management

**Ronald Tolchin**

Feb. 20, March 5, 19, April

2, 6

### Urology

**Lunan Ji**

April 3, May 1



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# Boutique D' Reef is Almost Here

Save the dates,  
March 5 -7

Save the date for the 34th Annual Boutique D' Reef, March 5th, 6th and 7th at Town Hall, supporting The Medical Center at Ocean Reef, which enhances all of our lives by providing exceptional on-site healthcare, vigorous community education and comprehensive clinical medicine.

This extraordinary event brings together a carefully curated selection of 35 amazing vendors, including seven new additions. Organized by a dedicated committee, the Boutique D' Reef has become a beloved tradition, raising funds to benefit The Medical Center Foundation. Over the years, this event has grown exponentially, from its humble beginnings raising \$4,000 for the Medical Center to now contributing over a quarter of \$1 million annually.

### Supporting Our Medical Center:

The Medical Center at Ocean Reef plays a vital role in our community, providing essential services and benefits that enhance the lives of residents and guests alike. Without the Medical



It takes the support of the community and dedication of our volunteers.

Center, many of us would not have chosen to make this beautiful place our home. The Boutique D' Reef serves as an opportunity for us to come together as a community and show our support for this invaluable institution.

### Unveiling the Boutique D' Reef:

This Boutique D' Reef is a testament to the incredible collaboration and dedication within the Ocean Reef community. Our fabulous volunteers and vendors, along with the entire community, come together during these three days to shop, socialize, and contribute towards a very worthwhile cause. This event not only offers a unique shopping experience but also serves as a platform for fostering connections and strengthening the bonds within our community.

### Discovering Something Special:

From fashion and jewelry to home decor and artisanal goods, there is something for everyone. The committee's



Thirty-five vendors, including seven new will be at this year's Boutique D' Reef.

meticulous curation ensures that each of the 35 vendors brings their unique flair and quality craftsmanship to the Boutique. Moreover, the addition of seven new vendors adds an exciting element of discovery.

### Making a Lasting Impact:

The 34th Annual Boutique D' Reef is not just a shopping extravaganza; it is a celebration of community, compassion, and collaboration. It is a testament

to the unwavering dedication of the Ocean Reef community and their commitment to supporting this vital institution that enhances our lives. Let us all come together on March 5th, 6th, and 7th at Town Hall to show our appreciation for the Medical Center at Ocean Reef and make this year's event an even greater success. Together, we can make a difference that will resonate for years to come.

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*Save the Dates*

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Mangrove Cay Club  
Marine Max | Ocean Reef  
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Mary and Mel Zwirn

# The Talent Among Us



by Terry Baxter

I always knew there were very good singers scattered among our membership, including our very own **Sarah Cart**, a member of the Ocean Reef Press Editorial Advisory Board. I have often heard Sarah and **Denise Bermant** harmonize to entertain the Bonefish Bonnies or Ocean Reef Yacht Club. Beautiful. What didn't occur to me was that we have a variety of incredible talent among our hundreds of Associates.

This was dramatically brought home to me at a recent cocktail party at the 121 Beacon House.

We had a lovely young woman performer, Alicia-Ann DuPlessis. With nothing more than a microphone and amp from catering, she opened with a soulful Adele song, "Make You Feel My Love." The chatter died away. Goosebumps prevailed. Then she electrified us with "Shallow,"

Lady Gaga's signature song from *A Star Is Born*. Absolutely riveting. Alicia-Ann was planning to only do six songs, but three hours later we were still drinking, dancing, and asking for more. Adding a singer had turned a cocktail reception into a happening. We finally finished with a raucous sing-along of "Sweet Caroline." Wow. Where did she come from?

It turns out Alicia-Ann is an Associate working at the Islander. Our neighbor (and fellow party planner) **Tim Sheehan**, had been served the night before by Alicia-Ann. Her nametag said South Africa. She had a delightful manner and accent, and, over the course of dinner, paused at the table to reveal her singing career in South Africa. Tim decided to hire her to entertain at our party. After her sensational appearance,



Alicia Ann in her Islander uniform, steps into a phone booth and presto change-o emerges as a star-is-born-diva.

Alicia-Ann obviously deserved an interview.

She told me, "I sang before I spoke. My whole life in South Africa was performing. After Province-wide auditions, I was selected for the touring Children's Choir that performed as far away as the UK." She began working in hospitality in Cape Town at the Stardust Theatric Dining with a variety of other performers. "It was the kind of place where your waiter would serve you one minute, and the next minute he would jump on a table to sing. I haven't tried that at the Islander," she giggled. When the South African edition of "The Voice" TV competition came to Cape Town, Alicia-Ann was one of hundreds to try out. Two were selected. She was one of them. She made it through several rounds, becoming a mini celebrity in Cape Town. Afterwards, she decided to follow her dream to come to America.

Alicia-Ann applied for an H2B (non-agriculture work visa). She was accepted at the Linville Country Club in Linville, North Carolina, working in catering and private parties. **Adelaide Skoglund**, a summer resident of Linville, noticed Alicia-Ann's sunny attitude and diligent work ethic. "I had a birthday party at my house," Adelaide remembers, "and a group of Ocean Reef friends all got to know Alicia-Ann. We agreed she was a treasure." The Linville job was seasonal, so Alicia-Ann needed a winter alternative. Adelaide said, "I knew she would be a perfect fit for Ocean Reef, so I recommended her." The three-year term of the visa will give Alicia-Ann two more seasons at



Julissa recording in the studio.



Lisa performing with Hal Roland in the Reef Lounge.

Linville and two more seasons at Ocean Reef. A win – win.

"I love the Islander," Alicia-Ann declares. "It's crazy. I love everyone I work with. The food is great. I love the style of service," which she calls "casual fine dining." "My Manager, Bradley, is the best." General Manager Bradley Petersen is sensitive to the Associates' need for personal growth. He helped facilitate Chef Eric Andreu's sushi service for Tiger Woods Champion's Dinner at the Masters Tournament. Bradley is flexible and considerate. "He helped me switch shifts so I could sing for 121 Marina," Alicia-Ann said.

There are surely many more hidden talents among the Associates. For example, Lisa Bondy, the Lead Bartender at the Reef Lounge, has a powerful voice. Hal Roland, the mad-cap master of the Reef Lounge Saturday Night dance fest, noticed Lisa dancing and singing along behind the bar and coaxed her to come to the microphone. Lisa's song was a sensation with a prolonged ovation. She has joined Hal on stage about a dozen times since. She sings Sunday night at the Titanic Bar in Miami, near UofM. And Julissa Romero, a bartender

at the Islander (you might be getting the idea that I spend too much time in the bars) – Julissa has scored 10 single releases on Spotify, the online music service, and has amassed an impressive following. She is also on Apple Music and YouTube. Julissa started doing pop covers, but now writes many of her own songs and songs for other singers. She is a busy young lady.

The Club's Catering Department is the go-to headquarters for private parties, supplying bars and bartenders, food and beverages, sound systems, table and chairs, you name it. Most importantly, if you want entertainment, they have a list of performers, from pianists, guitarists, small combos, singers, etc. Lexy Bueno, Catering Coordinator, has graciously agreed to add Associates with strong Member endorsements to their list. So, if you would like to contact Alicia-Ann to perform at your event, Catering at 305-367-5891 will be able to refer you. I am sure there are other Associates with surprising talents I didn't know about. Feel free to contact me for perhaps a follow-up story: [terrybxtr@gmail.com](mailto:terrybxtr@gmail.com).



# Fleckenstein Shines

On & Off the Court



by Annie Miles

Head Tennis Professional Hannah Fleckenstein serves up a powerful volley of enthusiasm for her sport coupled with an ebullient personality that clearly affirms her recent selection for the Club's Spirit of Ocean Reef Award. Instituted three years ago, this award recognizes outstanding Associates who make an impact through their service to Members, their passion for their job and their positive impact on other Associates and co-workers. VP of HR & Training Laura Ciampa describes award winners in this way: "They work hard to support other departments and to create lifelong memories for generations of our Members and their families. They are the individuals with whom other Associates want to work. Hannah works tirelessly to promote the love of racquet sports to Members and Associates alike and as such she is an incredible ambassador for Ocean Reef and a true partner to other departments."

### The Early Years

Born in Boca Raton, Florida, Hannah took her first lesson at age four. Her family then moved to Newburgh, New York, where her parents enrolled her in daily summer lessons with her brother at their local club. This is where her love for tennis began, largely due to the influence of the pros (Martin and Veronika) who ran the program. She describes them as amazing people and players, who provided the perfect balance of fun, hard work and structure, both on and off the court. She fondly recalls that in 3rd grade her mom made her a white uniform (much like her current



Head tennis professional Hannah Fleckenstein chats with fellow pros Nick Scheller and Alex Henderson as they anticipate the winners of the Member-Guest Mixed Doubles tournament.

one at ORC!) to wear for career day where she went as a tennis teaching pro. Ten seasons under their leadership plus a year as a summer assistant pro during college cemented them as her inspiration in tennis and in life. She gained invaluable experience in teaching, running tournaments, stringing rackets and most everything else required of a tennis professional.

### College & Beyond

Fleckenstein was a four-year member of the Colgate women tennis team, serving as team captain her senior year. Following her 2017 graduation with a Double Major in Psychology and Native American Studies, she was hired as an assistant coach for the Colgate men's and women's tennis programs. She was an interim coach at Lehigh University for the women's tennis team in 2020 and had planned to stay as the graduate assistant for the men's program and pursue a degree in environmental policy before Covid paused Lehigh athletics and put that plan out of bounds. Aware of Ocean Reef from a friendship with the **Karl** family, she jumped at a job posting that had only been up four hours and submitted her resume. After a phone interview with Jim Morton, she was headed to the Keys and ORC two weeks later as a seasonal assistant pro. She left to accept a head pro position at Sippican Tennis Club in Marion, Massachusetts, before returning to coaching at Middlebury College in Massachusetts where her women's team reached the NCAA final four. Hannah

returned to Ocean Reef for a full season in 2020-21 and then a three-month seasonal position over Christmas 2021 at ORC led to her accepting the position of Head Tennis Professional in the fall of 2022.

### At The Reef

"As professionals, we choose to be in the racquet sports industry because we love what we do. Hannah takes this a step further," says Director of Racquet Sports Justin Romero. "Her passion for teaching and making people feel good extends far beyond the court to behind the scenes with her coworkers and fellow Associates as well. Not only does she genuinely care about all Members and Associates at The Reef, but she has grown our Associate Tennis and Pickleball offerings, making the game accessible to Associates who otherwise would have never picked up a racquet. She is the epitome of the spirit of Ocean Reef."

Hannah praises the tutelage of her co-workers Justin Romero,



Hannah greets Members and staff with a winning smile and leadership style to match.

Alex Henderson, and Jim Morton as well as Mic O'Keeffe for boosting her confidence as head pro and inspiring her continued growth. The staff chemistry makes her work fun both on the court and in the office and motivates her to improve as an individual and to better support those around her. She credits their encouragement with enabling her to successfully manage staff and to work with all components of Tennis & Games so that things run efficiently, amicably and with room for fun!

She asserts she has never worked anywhere like Ocean Reef! "No place compares," explains Fleckenstein, "because every day when I go to work, I am surrounded by happy, passionate people who love what they do!" (Associates and Members alike!) She calls the Tennis & Games Center, "the fun center," and her goal is to perfect the art of making people happy. "I feel like I'm with my family when I'm at Ocean Reef. It truly feels like home."



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Dr. Roy graduated Summa Cum Laude from Colby-Sawyer College in New Hampshire and earned her Doctor of Osteopathic Medicine degree at the University of New England College of Osteopathic Medicine. She completed the Anti-Aging, Functional, & Regenerative Medicine Fellowship Program & participated in the Stem Cell Therapy Fellowship Program. Her practice is built on trust, integrity, & deep, honest relationships with her team and clients.

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# It's Only Weird Everywhere Else



by Felicia M. Koretsky

Seeing a 12-year-old driving themselves to school is normal to us Reefers. But to anyone else, anywhere else, It's totally weird.

Nobody thinks it's ironic that the grocery cashier's name is Honey, our favorite bartender's last name is Darling, the Vice President of Membership is named Islande, and that the editors of the local paper have rhyming names, Molly and Holly.

With streets named after fish and Bahamian islands, The Reef is part Truman Show and part cruise ship on land where we prefer our reading and drinking glasses tinted rosé. Here's some commonly-embraced things about The Reef that might make anyone beyond our gates scratch their heads:

**We Leave Things Unlocked:** We leave our cars unlocked with keys in the ignition and handbags on the seats. Leaving our homes unlocked is also our way of life. Crime is low because the punishment here is much worse than jailtime: Getting kicked out of The Reef.

**Kids Can Sign the Bill:** Restaurant servers outside the gates wouldn't dare allow a kid sign the bill. Here? Yep, normal.

**We Say Hello/Good Morning/Wave:** At The Reef, we are a friendly crowd, we say hello and *Good Morning* to people we don't know on a regular basis. But leave the gates and someone you don't know smiles and says hello, you might get a little creeped out. Even if its same person you said hello to in the gates.

**We Always Answer the Door:** When someone dressed up as the Easter Bunny knocks on our door holding a basket of goodies do we answer? Yes, of course.

Anywhere else we might dial 911.

**We Hire People to Tuck in Our Kids:** On Christmas Eve, we hire elves to tuck our kids into bed. Something like that would wind up in police report anywhere else.

**Walk-Ins Don't Wait Long:** At our Medical Center, someone could walk in without an appointment and may only wait a few minutes to be seen. You'd be hard pressed to find that kind of service anywhere else.

**Everyone Goes to the Same Chapel:** Members of four different religions worship under one roof at The Chapel and Fellowship Center.

**Even Our Landscapers' 401Ks are well fertilized:** Okay, so we've never actually done a deep dive into our contractors' accounts, but we suspect they're impressive.

**We Are Never Too Far from a Bar:** Whether we are attending a class on aviation or boating, watching cars line up for Vintage Weekend, lining up to see Santa on the Beach, we usually do it with a cocktail in hand. If the bar is too far, then we simply set one up.

**Blessing of The Animals:** Even our animals are blessed annually. And we are usually toasting the occasion with a cocktail.

**Most of Our Seniors Could Be in TV Commercials:** Our streets are filled with ultra fit and camera-ready seniors. If only the Hollywood casting agents could get past the Front Gate.

**Employees Get Married for Free:** Associates at The Reef who want exchange or renew their vows at The Chapel can do so without charge. (Subject to availability). We just love love.

**We Are Not Worried When We Haven't Seen Our Kids All Day:** Our safe bubble means we can go for hours on end without seeing our kids and not worry. Anywhere else not knowing where your kids are for hours would be considered bad parenting.

**Full-Service Gas:** You can still get full service at our gas station. For those under 50-that means, someone else will pump your gas and wipe your windshield for you. You can remain in your car and charge your Member number.

**We Never Know What Day it Is:** Every day is Funday on The Reef. There's live music by the pool and great fitness classes. In the evenings there's great restaurant, lively bars, events and parties all about. We usually don't need to know what day it is unless we are looking at a menu listing daily specials.

**People Still Read the Newspaper:** *The New York Times*, *The Wallstreet Journal*, *The Miami Herald*, *USA Today*, and of course the *Ocean Reef Press* get delivered.

**Meetings Are Often Catered:** Not many communities offer goodies to residents who show up to Advisory Council meetings.

**Golf Cart Trick or Treat:** Our kids drive their golf carts to select homes pre-supplied with great candy (and sometimes adult beverages for the parents) for Trick or Treating. No need to walk.

**Not All Mysteries Need Solving:** For years someone(s) with an artistic touch and a sense of humor has been leaving colorfully-painted faces on coconuts in trees, in front of our outlet stores, and scattered just about everywhere. No, they're not wanted by Public Safety because nobody feels like solving this mystery.

**We Don't Brag:** Many of us prefer to say we are in Key Largo rather than say Ocean Reef Club. We are a modest bunch and prefer keeping The Reef our secret.

**People Wait for Years to Get In (without many complaints):** *Where Do You See Yourself in 5 years?* There's a long list of people who happily answer "ORC!" Even the most impatient people don't mind waiting years for the promise to one day get off the Member waitlist.

**Multiple Role-Playing Characters:** Like in a Broadway play, many of our associates play more than just one character. The same person who serves you breakfast in The Ocean Room may make a costume change and serve you at night at The Islander or babysit your kids or house sit or walk your dog. We love our associates no matter their role.

**Bingo:** Nowhere else would you find some many young people excited about playing Bingo (and yes, our prizes are fab).

**We Can See the Stars:** Minimal lighting at night means less pollution and spectacular stars.

**No Fences Between Homes:** Robert Frost said *good fences make good neighbors*. At The Reef, our motto is *No Fences Make Better Neighbors*.

**No For Sale Signs:** To find a property for purchase, you need to check online or in the printed Ocean Reef Press. You won't see yard signs.



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# Dressed Up For the Valentine Ball



by Harold Brewer

The Northern Cardinal is one of the most familiar birds in North America. Often simply called "the redbird" it is at home in cities and towns, backyards, dense woods, swamps, most anywhere there are weeds, seeds, fruits and grains.

Cardinals have an extensive range from southern Canada throughout the east and central US and down into Mexico. Here at Ocean Reef we have an abundance of



Both of these Northern Cardinals were shot on the Hammock Course behind the 13th tee. The birds were feeding together so it can be assumed that they are a pair. Male is on the right and the female on the left. Photos by Harold Brewer.

resident Cardinals. Both the male and female are early risers and will begin singing their extensive variety of crystal clear songs at the first hint of light.

The bright red colors of the male Northern Cardinal coupled with the high frequency of sightings often cause birders to overlook other red birds such as

the Summer and Scarlet Tanagers. What cannot be overlooked however is the Cardinal's aggressive defense of its territory including loud singing and sometimes fighting with its own reflected image in a window. These disputes seldom result in much damage other than a tired bird with a sore beak.

During courtship the male will often feed the female and they will sign together. The female does most of the nest building and both supply material. Both parents provide food for the brood as they mature. Some pairs remain together for years.

Whenever you see or hear either a male or female Cardinal alone you can expect that the mate will not be far away. In the photos, taken near the 13th tee on the Hammock Course, is a pair of these beautiful and colorful birds ready for the Valentine's weekend.



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# The Flag & Burgee Man



by Mary Brady

Have you ever wondered about the flags you see flying atop the Club's Tower? Ever wonder where the American flags you see proudly displayed around The Reef come from?

Well, it took a little research, but I found the person who can provide some of the answers to those questions. I met **Chip Hillyer**, a long-time Equity Member and Vice Commodore of the Ocean Reef Yacht Club.

## History

Chip is a self-effacing and understated guy with no personal ego. He was raised in New Jersey. Leaving private high school at 17, Chip bought a gas station. Much to their chagrin, he moved from his parents' house to a small room close to work. An only child of parents who were introverted, well-educated and bordering on genius level, Chip bucked tradition and wanted nothing to do with college. Chip loved the gas station and did everything from oil changes to tires and tune-ups. He was a one-man show.

Soon thereafter he met his wife in a local restaurant, she was a great sailor who introduced him to the Jersey Shore along with boating and sailing. He took to it like a duck to water.

As time went on, Chip did go back to school and earned an Engineering Degree as well as a Manufacturing Degree. With two degrees in hand, his parents were delighted. Chip explains, "Dad asked, 'Are you going to be a corporate man or are you going to go be the entrepreneur you have always been?' I told him, 'I really want to get into the assembly machine business because I think I can make some real changes there.'" After



Chip Hillyer aboard his boat off Ocean Reef.

working as project engineer for various companies, his ambition and entrepreneurial spirit kicked in.

Chip recounts, "A few months later, I quit my job and started my own company. My wife was beside herself. She wanted a house, a country club, and that lifestyle. I asked her to please hold on and wait and trust me. That night I went up to the third floor of our duplex house and started designing index drives for assembly machines." Chip grew the business and explained, "We won the contract to build an assembly machine for Gillette. We embarked on assembling the Mach 3 razor blade cartridges for Gillette at an unbelievable volume and timeline." This would be the company's final job. Chip takes great pride in the fact that they sold the company to the employees in an ESOP (Employee Stock Ownership Plan).

During this time, he also raised his two successful sons by himself. It takes a village," he said, "and I have had many friends that helped me along this journey. I am incredibly proud of the young men I raised.

## Flags and Burgees

"My mind is always churning. At this time, I was a member of the Island Heights Yacht Club in New Jersey. I walked down to a little ship store, and I saw this sorry-looking burgee. Since I owned an Engineering Company I looked at the label and felt we could enhance the manufacturing of burgees and custom flags. We designed a laser cutter for nylon

so that the flags would no longer tangle. It was such a success that we started manufacturing burgees for yacht clubs, golf flags for golf courses, and custom flags for homeowners. When the Club was having trouble with their inventory and supplier, we were able to fulfill orders so that American flags and burgees flown around the Club could be quickly replaced when needed.

To this day, we manufacture a flag that carries a lifetime

guarantee! My friends always say, 'Whose lifetime?!'"

Today, Chip's flags still fly high around Ocean Reef Club – a source of pride for Chip who has been a Member for 13 years. The next time you're admiring the sunrise at The Point or enjoying lunch at the Raw Bar, take a closer look at the flag masts and know they were created with care and fondness for our Club. That's something we can all share!



After college, Chip manufactured rescue hoists for helicopters. Here he is over the North Pole testing the first hoist he designed for the Royal Swedish Air Force.





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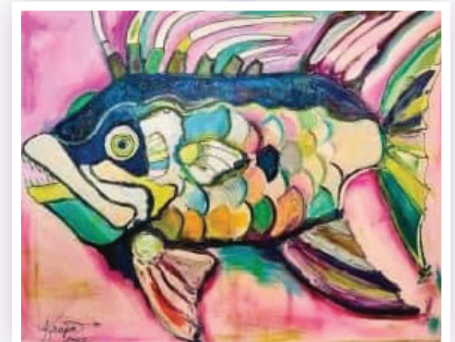
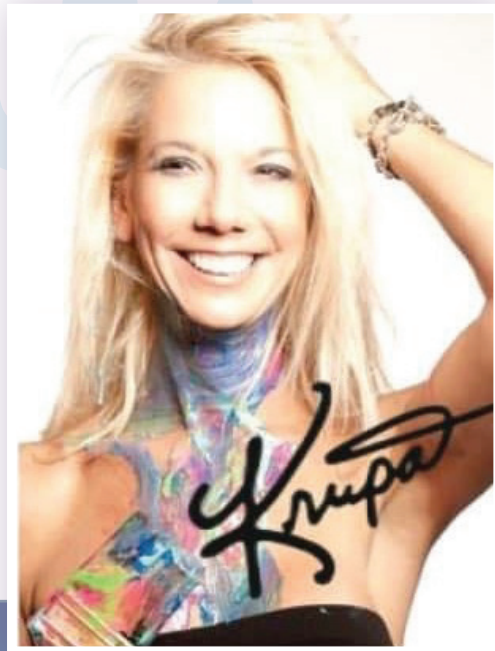
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# The Dive Shop's Commitment to the Environment

By Lisa Bailey Cassidy & Jesus Gudino, The Dive Shop co-owners

As dive operators and community members of the Club and the Florida Keys, we have the privilege of sharing our great experiences in this corner of the world with family and friends. Being able to pass along our knowledge and love for this underwater environment is the reason why the conservation of our reefs is at the forefront and center of all the activities at The Dive Shop at The Reef.

We invite Members to be part of this effort with us. Here are some of the past and continuing environmental efforts that you can take part in:

## Coral Restoration Efforts

Since the introduction of Coral Restoration Foundation (CRF) to the Club nearly a decade ago, and in collaboration with the Ocean Reef Conservation team, we developed a monthly event combining hands-on training and transplanting outings that resulted in the first of such corals at Carysfort. These efforts evolved into an unprecedented investment from the Club to create a coral nursery focusing on restoring Carysfort Reef. This commitment is still in place, and Carysfort is now an example of what great work can be done. It has been selected as one of NOAA's seven iconic reefs. We continue to work with CRF and have additionally partnered with Ken Nedimyer and Reef Renewal USA to help maintain the only pop-up nursery at Carysfort. Members and guests can enjoy tours of the nursery and have the opportunity to help. The Dive Shop at The Reef also donates Cool Coral Cat and crew to help annually with CoralPalooza.

**Goal: Clean Seas Florida Keys (NMSF & FKNMSF)**



Henry Hittle at the Aquarius - an undersea laboratory located in the Florida Keys National Marine Sanctuary. Photo by Stephen Frink.

We were lucky to be the first dive shop to receive the National Marine Sanctuary Foundation (NMSF) grant, conducting the first-ever marine debris cleanup in August 2018 under Goal: Clean Seas Florida Keys. The work was essential following Hurricane Irma and the release of 150,000 lobster traps which scattered, furthering the potential for further reef devastation. This program continues, and the shop has now removed thousands of pounds of debris as well as thousands of feet of lines and ropes from our local Turtle and Carysfort Reefs. Contact us to learn how can you participate in Goal: Clean Seas Florida Keys, available for both snorkelers and divers.

Our involvement in these efforts and collaboration with these organizations, other than the obvious goal, is to engage the Ocean Reef community and become their vessel to extend their interest and commitment straight into the water through active participation in restoration efforts.

## REEF Lionfish Removal

The Dive Shop at The Reef has maintained an ongoing relationship with Reef Environmental Education Foundation (REEF) - an organization dedicated to invasive species like lionfish research and fish surveys - and has invited them to collaborate at events in the Fishing Village and Ocean Reef summer camps. The Dive Shop has also been involved in the removal of

lionfish since the first sightings in the Keys, turning in the first specimens ever removed to REEF headquarters for data collection. Contact us to learn how you can participate in fish counts, available for both snorkelers and divers.

## Eco Mangrove & Canal Tours

If you are interested in learning more or even seeing the progress first-hand, we offer a special tour through the mangroves and waterways of Ocean Reef.



Carysfort Lighthouse and its surrounding reef is a primary focus of The Dive Shop and CRF's restoration efforts.

From the comfort of our vessel, you can enjoy one of the most important ecosystems in the Florida Keys while learning about the mangrove habitat and its importance in the environment.

"We only protect what we love, we only love what we understand, and we only understand what we are taught," Jacques-Yves Cousteau.

To schedule your next outing and adventure with The Dive Shop at The Reef, call 305-367-3051 or visit [thediveshoporc.com](http://thediveshoporc.com).

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OPEN SAT. 2/17 2-5PM



### MOORINGS 43A

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- Cart Room & Covered Pkg



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# Academy Coastal Cleanup Adventures



by Jerome Murphy, Head of School



Academy Coastal Cleanup February 2024

As part of The Academy's ongoing commitment to the environment, Grade 4-8 students participated last week in a spirited coastal cleanup hosted by the Ocean Reef Club Recreation Department. Our students collected 400 lbs. of trash and debris! Here are some of the students' reflections:

**Jack Villamizar, Grade 6:** "It was awesome. There was some cool wildlife. Jonathan and I found a 5 ft wide table. We got it out of the mangroves and tied it to our

kayaks with some rope we found on a nearby tree. It was about 80 lbs., so it took a long time to get it back to shore. Our reward was to jump in the warm pool and a Hershey's bar."

**Kai Howell, Grade 6:** "When we went on our coastal cleanup yesterday, I was planning on riding in the same kayak as Ms. Dailey, but everyone else took all the double kayaks. So the instructors made me go alone. While we were out, I didn't collect much trash in the beginning, so Mr. Rothman

offered to give me some of his. While trying to reach over to get the trash, I leaned over too far and fell in the water. I grabbed Mr. Rothman's boat in the process, pulling him in! Even though I could have very easily stood in the water, I was terrified for my life. I almost cried. When I got back in the kayak, Ms. Dailey gave me a blanket. It was very cozy. On my way to the island, I found a toilet seat. When I got to the island, I found animal bones. I will be putting those bones on my shelf tonight."

**Valerie Gabriel, Grade 8:** "Dylan and I were just minding our own business when a giant crab jumped onto our boat. I yelled, which scared him. So we fell. We were met by the disturbing and uncomfortable dark water. Soon after, I touched my face and was surprised I felt nothing. My glasses were gone! I looked through the water slamming the kicked-up ocean floor but couldn't see my glasses. Then Tanner from the Recreation Department dove in the water and found them. We also saw a croc."

**Siena Wright, Grade 6:** "The Coastal Cleanup was some much fun! I mostly collected rope and bottles. I am so happy that I got the chance to make the ocean a better place for animals."

**Josh Lyons, Grade 6:** "My partner and I went around the mangroves, and we spotted something. As we got closer, we realized it was a giant boat buoy. We tied it to the front of the kayak. It was one of the biggest pieces of trash."

**Dylan Johnson, Grade 6:** "We went to Buccaneer Island to do the Coastal Cleanup. First, we went on a kayak to the mangroves. After that we convinced Ms. Jen to go to an island. On the way there, we found a 60lb buoy. Most of the trash was on the island. We found two working flip flops. Finally, we all collected 400 lbs. of trash!"

**Natalie Blackburn, Grade 7:** "Felicia and I kayaked all the way to the mangroves. We got there first, of course. We played volleyball the night before, so our arms were already in pain. The clear water and bright sun made the trip much more enjoyable! After laying through the mangroves, we went to a little island we could walk on. Felicia and I climbed through the mangrove trees, then I fell in the mangroves! Thank goodness, I was fine, just shaken! After that we swam back to our kayak. Then we paddled back to the beach with Mr. Rothman. This trip was fun!"

**Felicia Wiegand, Grade 7:** "The Academy at Ocean Reef went to help clean the ocean. Natalie and I tried to find a lot of trash while another group found an entire table. We had a lot of fun."

**Reilly Johnson, Grade 7:** "The coastal cleanup was fun. Luke and I were partners. We got a giant piece of line and rope. We had a competition to see who could collect the most buoys. Then we went to the island. We found a wooden pallet and tried to bring it back, but the line broke."



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# Farmer's Market Favorites



by Susan Bohan

What are the three most common words spoken by kids on vacation? "What's for lunch?" or "I am bored," vie for first place in our house during spring vacation.

You may not know that the Farmer's Market at Four Corners solves both of these on Mondays and Thursdays from 11 a.m. to 4 p.m. You can eat there on the picnic tables or take goodies home (some are better warmed up) but whichever you choose, lunch can be picked out in under a minute in a fun outdoor place. The following are some samples:



Eleven salsas from Jerry's Here.

## SANDWICHES

### Le Petit Pain

- Ham and brie on baguettes
- Croque Monsieur
- Quiche

### Pasta Amore

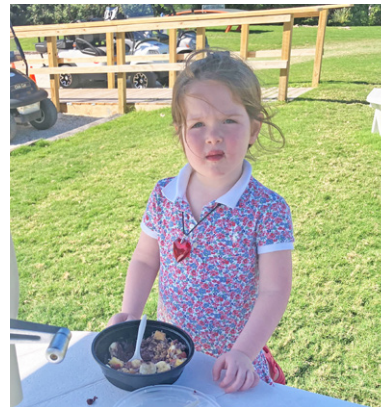
- Meatball sub on hoagie roll with San Marzano sauce, provolone and mozzarella cheeses

### Gemita's Kitchen

- Prosciutto on ciabatta bread with tomatoes, arugula, burrata or mozzarella cheese and homemade pesto

### Harvey's BBQ

- Pulled pork or pulled chicken on brioche bun



Ellie Hayes loves the açai bowls from Kool Treats.

- Thinly sliced brisket on brioche bun
  - Chicken wings
- ### Salsa y Sabor
- Empanadas in chicken or beef

## OTHER

### Jerry's Here Farm Fresh

- Freshly made guacamole with choice of 11 salsas on homemade chips

### Mediterranean Delight

- Lite bites include a combination of dips, olives, etc. right from the containers

### La Montagne Des Saveurs French Cheese

- Grab a baguette from Salsa y Savor and enjoy a large variety of cheeses

### Kool Treats

- Acai bowls with a wide selection of fixings

## DESSERTS

### Lomelo's

- Cheesecake or chocolate cheesecake in large or individual sizes

### Jerry's Here Farm Fresh

- Whole or cut up fruit

### Le Petit Pain

- Chocolate brownies
- Strawberry, pear, blueberry tarts
- Chocolate croissants
- And so much more

### Kool Treats

- Cups, cones or pints of sorbet or gelato in ever-changing variety

For that immediate gratification of an active child, the Farmer's Market is a fun and convenient way to spend the day. And most of all, everything is delicious!

*Visit the Farmer's Market every Monday and Thursday from 11 a.m. to 4 p.m. at the Field at Four Corners.*

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# Celebrate February at the Art League



by Deborah Goodwin Geller

We are celebrating Valentine's Day and the month of February at the Art League with a few special events – some past and some coming up!

This week, we enjoyed a special three-day class on Sailor's Valentines and a one-day Mother-Daughter class on the same with new Instructor Suzanne Marie Dietsch.

Sailor's Valentines were thought to be made by sailors aboard whale ships. The truth is these intricate shell pictures were a favorite souvenir of mariners, usually acquired in Barbados, a



Sailor's Valentines

frequent stop by the ships on their return home.

Today the range of design, color and texture using shells has far surpassed the simple designs of Valentine's from the early 1800s. Three-dimensional design arrangements of shell flowers, scrimshaw and other natural materials are just a few things that can be seen today. Some of our members have been taking this class for years and have a very impressive collection.

### COMING UP: Nantucket Baskets

The ever-popular Nantucket



Baskets three-day workshop is happening **Monday, February 19, Wednesday, February 21, and Friday, February 23.**

### Sculpting Made Easy

The Sculpting Made Easy class with Gregory Johnson is coming up **Tuesday to Saturday, February 20 to 24** and my husband has decided to try it out. **Alan** is planning to try his hand at this with hopes of making a sculpture of our beagle Dexter. Yes, I know many of you have seen us walking Dexter almost daily along South Harbour Dr. We have people who know

Dexter but don't know us. If the sculpture works out, I may post a picture in the weeks to come but no promises!

### Special Thank You to Sotheby's

Our two-day Plein Air Paint Out at Ocean Reef was a wonderful success as I stated last week but what I wanted to mention was the wonderful dinner and reception that Sotheby's hosted for our visiting artists. Sotheby's went the extra mile to make them feel welcome and show the famous Ocean Reef hospitality. This kind of extra effort helps to create and solidify relationships with these artists encouraging them to want to return next year.

If you have questions about signing up for any of the Art League's classes and workshops, call at 305-367-2359.

*Your support of the All Charities Weekend strengthens entities, like the Art League that enhance Ocean Reef Club's Unique Way of Life and enables the Ocean Reef Community Foundation to provide for thousands in Key Largo, Homestead and Florida City. Call 305-367-5996 to learn more.*

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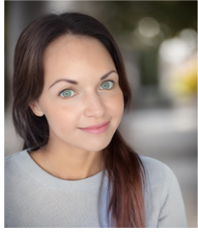
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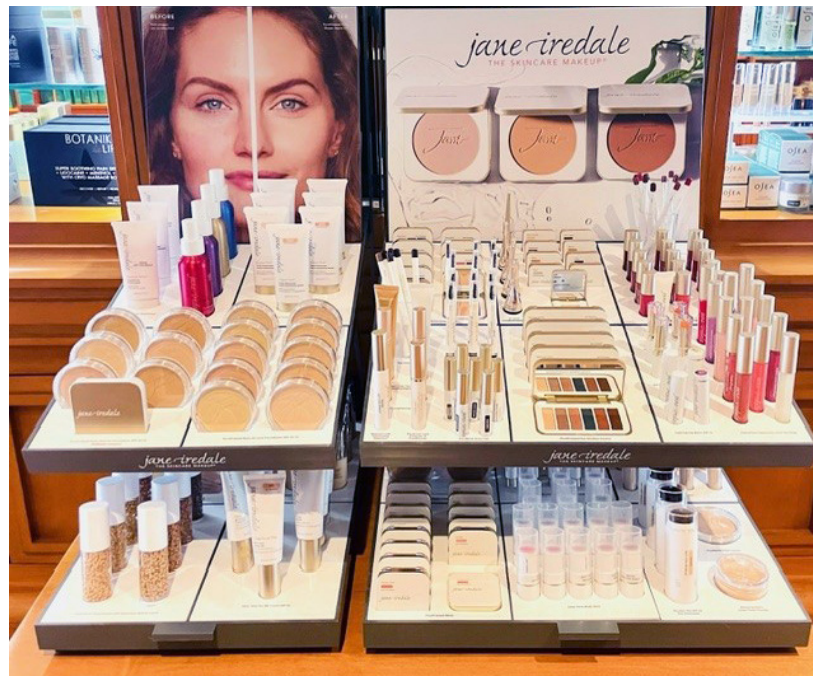


# Skincare Makeup by Jane Iredale



“Spa Notes”  
by Jillian  
Barron, The  
Spa Director

The Spa is so excited to bring back the full line of one of our favorite makeup lines, Jane Iredale. Jane Iredale has been a staple at The Spa, but we are now carrying the entire line of products once again and we couldn't be more thrilled! Jane Iredale is known as “The Skin Care Makeup”, which, as an aesthetician, has always been extremely important to me. I want clean makeup made up of ingredients that are not toxic or harmful to my skin,



Jane Iredale Makeup

and that I can feel good about wearing every day. If you can wear makeup that makes your skin look better and offers additional benefits for your skin, why would you want anything else?

More than 25 years ago, Jane Iredale envisioned

a makeup that was good for the skin – equal parts clean ingredients, skin-loving benefits, and no-fade performance. She knew that what you put on your skin can change you, and she decided to make a change for the better and did just that. She

created a line of beauty that can perform without harmful toxins, and strengthen skin with beneficial botanicals.

Jane Iredale products contain skin-boosting formulas that combine smart skincare science and powerful natural ingredients, so you can enjoy long-wear performance while strengthening and nourishing your skin.

Each of their products is free from fragrances and fillers that can cause irritation, and they complete robust testing to ensure their formulas are safe and effective for even the most sensitive skin.

Stop by The Spa to learn more about Jane Iredale products and check out our new beautiful display of testers. Better yet, schedule a makeup lesson with one of our talented makeup artists to try it for yourself! Call 305-367-6506 to schedule.



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## WEEKLY HIGHLIGHTS

### 16 FRIDAY

**Everglades Alligator Farm Tour**  
8:45am • Meet at Nature Center

**Caryna Nina Spa Trunk Show**  
9am-4pm • The Spa

**Gameio Tennis Clinic**  
10 & 11am • Tennis & Games Center

**FIT Camp**  
12pm • Member Fitness Center

**Silver Fit Plus Class**  
2pm • Member Fitness Center

**Come Sail Away (Bullseye Sailing)**  
2pm • Card Sound Sailing Club

**Golf Scavenger Hunt Activity**  
3:30pm • Meet at Business Center

**All Member Get-Together**  
4pm • Everglades Patio

**Reef Club Kids Open**  
6-10pm • RCK Clubhouse

**Asian Buffet**  
5:30-9:45pm • Ocean Room

**Teens Only! Beach Bonfire**  
8pm • Burgee Bar

### 17 SATURDAY

**ORC Run Club**  
7am • Member Fitness Center

**Everesting Class**  
8am • Member Fitness Center

**Ladies' and Men's Doubles Tennis Club Championship**  
8:30am • Tennis & Games Center

**Gentle Yoga & Cycle Class**  
10am • Member Fitness Center

**Dancing Through the Decades Class**  
10am • Member Fitness Center

**Gameio Tennis Clinic**  
10 & 11am • Tennis & Games Center

**Detox & Relax with Sound Bath**  
11am • Member Fitness Center

**Art & Fashion Walk**  
11am-2pm • The Fishing Village

**Rod & Gun Club Sporting Clays**  
10am-3pm • Card Sound Range

**Island Poke Station**  
11:30am-3pm • Buccaneer Island

**Family Fun at Waterside**  
5-8pm • Town Hall Waterside

**Live DJ at The Burgee Bar**  
9pm • Burgee Bar

### 18 SUNDAY

**Ladies' & Men's Doubles Tennis Club Championships**  
8:30am • Tennis & Games Center

**Reformer Pilates & Vinyasa Yoga Class**  
9am • Member Fitness Center

**Reef Club Kids Open**  
9am-1pm • RCK Clubhouse

**Beginners Sailing Clinic**  
9:30am • Meet at the Pool Desk

**Aqua Cardio Class**  
11am • Member Fitness Pool

**Junior Tennis Clinic**  
11am • Tennis & Games Center

**Island Poke Station**  
11:30am-3pm • Buccaneer Island

**Sunday Funday Beginner Bridge**  
2pm • Card & Game Room

**Hot Dogs & 3 Wicket Tournament**  
2-5pm • Croquet Lawn

**Family Fun at Waterside**  
5-8pm • Town Hall Waterside

**Family Night! Lawn Games**  
7pm • Buccaneer Island

**Cocktails**  
5-8pm • The Point (Members Only)

### 19 MONDAY

**Tai Chi Class**  
7:30-8am • Member Fitness Center

**Cardio Pickleball Clinic**  
8am • Tennis & Games Center

**MGA Weekly Event**  
9am Shotgun • Dolphin Course

**Cooking School Class: Modern Traditions**  
9:30am-12:30pm • Carysfort Kitchen

**Farmer's Market Open**  
11am-4pm • Field at Four Corners

**Duplicate Bridge Game**  
1pm • Card & Games Room

**Understanding Body Composition Class**  
2pm • Member Fitness Center

**Knockout Basketball Tournament**  
3:30pm • Basketball Courts

**Men's Night Tennis League**  
5:30-7pm • Tennis & Games Center

**Men's Poker Knockout Tournament**  
6:15pm • Card & Game Room

### 20 TUESDAY

**Pro Agility Class**  
7am • Member Fitness Center

**Cardio Pickleball Clinic**  
8am • Tennis & Games Center

**LGA Beat the Pro Event**  
8:30am Shotgun • Hammock Course

**Cardio Boxing Class**  
8:30am • MFC Outside Tent

**A Flight Croquet League**  
9am-12pm • Croquet Lawn

**Rod & Gun Club Sporting Clays**  
10am-3pm • Card Sound Range

**Senior Cafe**  
10:30am • Chapel Fellowship Hall

**Afternoon Tea**  
2-4pm • Sailfish Room

**Potluck Gathering**  
6pm • Chapel Fellowship Hall

**Vine to Table Dinner: Simply the Best**  
6:30pm • Carysfort Kitchen

### 21 WEDNESDAY

**Foam Roll and Core Class**  
7am • Member Fitness Center

**ORC Walking Club**  
7am • Member Fitness Center

**Tai Chi Class**  
7:30-8am • Member Fitness Center

**Sweat Class & Reformer Pilates Class**  
8am • Member Fitness Center

**"A" Flight Level Cardio Tennis**  
8am • Tennis & Games Center

**Ladies' Pickleball League**  
8am • Tennis & Games Center

**Intermediate Croquet Clinic**  
2:30pm • Croquet Lawn

**Reef Rec Room Open**  
3-10pm • RCK Clubhouse

**Port O' Call Trivia Night**  
5-7pm • Port O' Call

**ORCC Yappy Hour**  
4-6pm • Field at Four Corners

### 22 THURSDAY

**Pro Agility Class**  
7am • Member Fitness Center

**ORC Swim Club**  
7 & 8am • Member Fitness Pool

**Men's Pickleball League**  
8am • Tennis & Games Center

**Triple Golf Classic Tournament**  
8-10am • Dolphin & Hammock Course

**Rod & Gun Club Handgun Range**  
10am-2pm • Card Sound Range

**Rod & Gun Club Sporting Clays**  
10am-3pm • Card Sound Range

**Balance Like a Pro Class**  
2pm • Member Fitness Center

**Farmer's Market Open**  
11am-4pm • Field at Four Corners

**Importance of Stretching & Mobility**  
3pm • Member Fitness Center

**Hole In One Activity**  
3:30pm • Buccaneer Island

**Raw Bar Lobster Bake**  
5-9pm • Raw Bar

**Specialty Dinner: Hundred Acre Winery**  
6:30pm • Carysfort Kitchen

**Burgee Bar Karaoke**  
9pm-12am • Burgee Bar

## ON SCREEN & STAGE

General Admission \$12, Donors \$10  
Children (under 12) \$6  
Movie Hotline: 305-367-6306

### "Anyone But You" (R)

Friday, February 16 • 4:30 & 7:30pm  
Sunday, February 18 • 4:30 & 7:30pm  
Wednesday, February 21 • 7:30pm

**Runtime:** 1hr 43mins

**Premise:** After an amazing first date, Bea and Ben's fiery attraction turns ice-cold-until they find themselves unexpectedly reunited at a destination wedding in Australia. So they do what any two mature adults would do: pretend to be a couple.

### John Fogerty OUTDOORS

**Sat. Feb. 17 – 8pm**

As the leader of Creedence Clearwater Revival, Fogerty forged groundbreaking sound all his own. Among his many hit songs, highlights include Centerfield, Proud Mary, Susie Q, Fortunate Son, Born on the Bayou, Bad Moon Rising, and Have You Ever Seen the Rain, among others.

Tickets: Donor \$350 - Non-Donor \$395

### Richmond Forum Virtual Series: Liz Cheney on "Principles Over Politics" Wed. Feb. 21 – 5pm

Former U.S. Representative, attorney, and author Liz Cheney is at the fulcrum of our nation's political divide. She will join us to discuss policy, principled leadership, and the future of bipartisanship. Displaying courage, discipline, and integrity in the wake of a national crisis, Cheney's actions during her last term in Congress laid bare her commitment to country and democracy over politics—and they pose new questions about the future of the American two-party system.

### Speakers Series: "The Great Remobilization into the Cognitive Era of AI" by Olaf Groth

Thursday, Feb. 22 – 5:00PM  
Berkeley professor, Dr. Olaf Groth identifies latest trends in AI development and shows how they collide with other technological and economic forces to create a new operating logic for our societies. The emerging Cognitive Era of AI is injecting cybernetics functions into our daily lives that connect dots across digital, infrastructural, ecological, biological and psychological spheres to transform perception into sense-making and automated action. Complimentary.

**Cultural Center Museum**  
Daily 9am-4pm • Open During Movies  
**Library Hours**  
Monday-Thursday • 10am-2pm

## CLUB SHOPPING

### Joan the Shopper

**SANDPIPER....** Here's to the *Ladies Who Lunch*, that's a song from the B'way musical *Follies* and I can't get the refrain out of my head – maybe in anticipation of the annual Catwalk Fashion Show & Luncheon (on **Monday, Feb. 19**).... I've always perceived that fundraising event for ORCAT as encompassing two fashion shows. One is on the runway with professional models, showing off the highlights of the Neiman Marcus spring/summer line. The second (my favorite) is composed of the audience of mostly Ocean Reef ladies, who are "dressed to the nines" (whatever that means). **Which brings me to SANDPIPER....** This store, which has been at Ocean Reef for 63 years (originally in the Plaza Building, now on Barracuda Lane opposite the Airport) has always understood what comprises the "OR look." The "ladies who lunch" (and also play golf, tennis, bridge and frequent the Fitness and the Cultural Centers) want to be fashionable, but not Avant Garde; practical but not staid; exciting but not extreme. And that's what they find at Sandpiper.... Here are a few examples of what I believe would appeal to Ocean Reef shoppers – The dress shown is perfect for a Catwalk Luncheon



or a show at the Cultural Center. It is from *Halbob* (\$268). Another dress that caught my eye was navy blue with white circle designs, which the manufacturer *Gretchen Scott* describes as "Twist & Shout with Dips & Dots" (\$189) .... Prints in vivid colors are also prominent. There's a wonderful royal blue mock turtleneck top with leaping jaguars and lots of lush jungle greenery (\$99). A Cape Cod tunic has the best aquarium print I've ever seen (\$126). And there are wonderful eye-catching shawls (\$39) .... **LAST WORD....** to avoid being accused of being sexist, I'd like to point out that Sandpiper has some nice neckties, shirts, etc. for men and a great toy store for boys and girls.

by Joan Birsh

### OCEAN REEF STORE HOURS

#### Member Fitness Center

Monday 7am-7pm  
Tuesday – Friday 6am-7pm.  
Saturday & Sunday 7am-5pm.  
305-367-5820.

#### Ocean Reef Gift Shop

Daily 7am-7pm.  
305-367-2611, ext. 7139.

#### The Burgee Shop

Daily 9am-5pm.  
305-367-2611, ext. 5515.

#### Tennis Pro Shop

Daily 8am-5:30pm  
305-367-6583.

#### Port O'Call Wine & Spirits

In the Fishing Village.  
Monday – Thursday  
& Sunday 11am-8pm  
Friday & Saturday 11am-9pm  
305-367-5999.

#### The Spa at Ocean Reef

Monday – Saturday 8:30am-5:30pm. Sunday 9:30am-4:30pm.  
305-367-6506.

#### Golf Shop

Daily 7:30am-5:30pm.  
305-367-5912.

## WINING & DINING

### MONDAY, FEBRUARY 19 – SUNDAY, FEBRUARY 25

#### Palm Court

Lunch Daily 11:30am-3:30pm

#### Beach Bar & Grill

Beverages Daily 11am-8pm  
Food Mon.-Thurs. 11:30am-4pm • Fri.-Sun 11:30am-5pm

#### Everton's Rum Bar

Beverages Thurs.-Sun. 2-6pm

#### Islander & Sushi Bar\*

Mon.-Thurs. & Sun. 5:30-9pm • Fri. & Sat. 5:30-10pm  
Equity Member Only Night Thursday

#### The Ocean Room

Breakfast Mon.-Fri. 7-11am  
Buffet Sat. 7-11am, Sun. 7am-12pm  
Dinner Tues.-Thurs. 5:30-9pm • Fri. & Sat. 5:30-10pm  
Grand Seafood Buffet Saturday • Equity Member Only Night Tuesday

#### Gianni Ristorante\*

Dinner Mon.-Thurs. & Sun. 5:30-9pm  
Fri. & Sat. 5:30-10pm  
Equity Member Only Night Monday

#### Raw Bar

Lunch Daily 11am-4pm  
Dinner Daily 4-9pm (Lobster Bake on Thursday)

#### Port O' Call Wine & Spirits

Mon.-Thurs. & Sun. 11am-8pm  
Fri. & Sat. 11am-9pm

#### Reef Treats

Mon.-Thurs. & Sun. 7am-9pm  
Fri. & Sat. 7am-10pm

#### Reef Hut

Lunch Mon.-Sat. 11am-4pm  
Dinner Mon.-Fri. 5-8pm

#### Reef Eats

Breakfast Mon-Sat 7am-11am, Sun 7am-12pm  
Dinner Mon.-Thurs. & Sun. 4-10pm • Fri. & Sat. 4-11pm  
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# Wendy Brainard

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# Questers Tour Norton Museum of Art

By Carolyn Fovel & Amy Salisbury

In January, the Choose and Cherish chapter of Questers had a wonderful three-day visit to Palm Beach.

One of the highlights of the trip was a visit to the Norton Museum of Art in West Palm Beach. We chose to visit the Norton because of the two current temporary exhibits, Impressionist and Modern masterpieces from the Pearlman Collection (Princeton University) and the private photography collection of Judy Glickman Lauder. Both collections were outstanding.

The group also took advantage of visiting the Norton's permanent American, European, and Chinese collections. What a wonderful



Front row: Marilyn Clark-Karlovec, Laura Sanchez and Heather Campbell. Second row: Jeremy Fitzgerald, Cynthia Mitchell, Bessie Connelly, Amy Salisbury, Suzanne Sayia, Martha Kavanaugh, Carolyn Fovel, Michel Williams, Penny Cunningham, Marci Ingram, and Mariann Florio. Not pictured: Suzanne McManmon, Pat Baxter, and Barbara Hajim.

surprise we had. The Norton is a gem of a museum.

In delving into its history, we discovered it opened in 1941. R.H. Norton retired as President of the Acme Steel Company in Chicago and moved to Palm Beach in the late 1930's. He and his wife Charlotte decided to share their art and sculpture collection with the citizens

of the Palm Beaches. The museum building has morphed from a Neoclassical building to a stunning contemporary building. The Norton is now the largest art museum in Florida with 8,000+ objects.

Our group was very fortunate to have lunch with the director of the museum, Ghislain d'Humieres. Monsieur d'Humieres shared with us

some future exhibits coming to the Norton. They include the photography of Ellen Graham, ceramicist Rose B. Simpson, and 500 Years of Prints from the Jonathan "Jack" Frost Collection.

We encourage you to take the two-hour ride to enjoy this very special institution. Oh, and by the way, the restaurant is excellent!



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OFF THE REEF

# Ocean Reef Conservation Association Complimentary Presentation

Tuesday, March 5th at 4 p.m.  
The Cultural Center

Please join wildlife photographer and author Kirsten Hines and Audubon Florida's Director Julie Wraithmell for a captivating visual and narrative journey into Wild Florida: an Animal Odyssey. Intimate and artistic photographs complemented by essays and observations feature a variety of wildlife that thrive here, including Florida panthers, Roseate Spoonbills, loggerhead sea turtles, and more.

This thoughtful photography presentation offers a current perspective of Florida's wildlife and the environment they need to flourish. Learn about endemic species that occur only in Florida, and animals that originated elsewhere in the world but now call Florida home. The best nature photography does not just capture the imagination—they help both educate and inspire action.



Aiden (7) and Ella (9), children of Katie and Ben Scarbrough, celebrate 100 Days of School in Colorado!

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# BE A PART OF THE TRADITION

## Raise your hand for one of your CLUB COMMITTEES

Committee service is one of our great traditions at Ocean Reef Club and perhaps one of the most important. We are member-owned and member-driven which allows us to create, enjoy and evolve our Unique Way of Life.

### ADVISORY COUNCIL

Represents the various neighborhoods of Ocean Reef and brings issues, policies, concerns, accomplishments and recommendations to the table, as voiced to them by their peers. They also are brought up-to-date on the Club's and ORCA's affairs. Selection is based on area of residence.

Meetings per season: 2



### AIRPORT

Reports on the use of the ORC Airport, programs to enhance the member experience and the condition of the related equipment and facilities.

Meetings per season: 3

### AUDIT

Audit Committee should be an informed, vigilant and effective overseer of the financial reporting process and the Club's internal controls.

Meetings per season: 2

### CARD & GAMES

Consults and advises on matters concerning Club operations involving bridge, mah jongg, canasta, and other game activities.

Meetings per season: 4

### CROQUET

Advises the Board on matters concerning croquet activity at Ocean Reef Club.

Meetings per season: 4

### FINANCE

Assists management in preparing a five-year operating pro-forma and is responsible for maintaining capital budgeting process, establishing monitoring/control and reporting criteria to the Board.

Meetings per season: 4

### HOUSE & GROUNDS

Advises the Board on matters of style and taste concerning decorations, landscaping and alterations, and new project designs.

Meetings per season: 4



### MARINE ADVISORY

Advises Board on matters concerning marine activities, operational rules for Members and guests and environmental issues at Ocean Reef Club and surrounding areas.

Meetings per season: 3

### MARKETING

Defines the marketing and marketing communications "vision" for Ocean Reef Club and reviews and insures its application across all marketing objectives, strategies and creative platforms targeted towards prospective members.

Meetings per season: 3



### MEMBERSHIP

Reviews and recommends action to the Board with respect to Club membership and member conduct.

Meetings per season: 4

### PICKLEBALL COMMITTEE

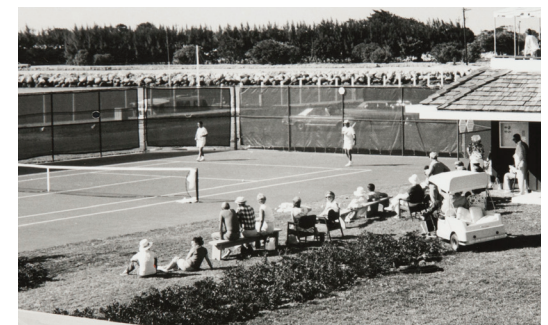
Advises on matters of rules, programming and events related to Pickleball activity at Ocean Reef Club.

Meetings per season: 4

### SOCIAL COMMITTEE

Advises and consults with Ocean Reef Member Events on existing and potential new events where no other committee is in place.

Meetings per season: 4



### TENNIS

Advises on matters of rules for Members and guests related to the operations of the Tennis Center.

Meetings per season: 4



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MEMBER NEWS



Bill Miller, Member since 2004, was recently named the 2024 Tewaarton Legend award winner, which is an annual recognition presented by the Tewaarton Foundation to honor outstanding lacrosse players who have made significant contributions to the sport prior to the establishment of the Tewaarton Awards in 2001. Recipients of the Tewaarton Legend Award exemplify excellence, sportsmanship, and leadership both on and off the field, embodying the spirit of the sport and its rich cultural heritage.

Bill Miller was a three-time first-team All-American NCAA lacrosse player at Hobart College. Following his years at Hobart, he played club lacrosse with Mount Washington, played on two Team USA World Championship squads in 1994 and 1998, and won the 1994, 1995 and 1998 NLL Champions Cup Champion with the Philadelphia Wings. Bill is pictured on the left during his lacrosse days and on the right, flanked by his daughter Lain and his wife Katy. Lain, Katy, and the couple's other two children, Maggie and Tommy, will join Bill at the end of May in Washington D.C. for the official awards ceremony.

Former winners of the Tewaarton Legend award also include Joe Cowan, Member since 2005, who received the recognition in 2013.



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 3 BD/2 BA **Wendy Brainard**

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# SPORTS

INSIDE THIS ISSUE

## Return 'Em Right Do Your Part in Helping Released Fish Survive



by Mary Bloom,  
Bonefish Bonnies

Reading the accompanying article from Bonnie **DeeDee Lisenby** on page 47 set off a search for more information about descenders. As anglers, we've been aware of the Keep 'Em Wet program, but are you familiar with Return 'Em Right? Check out [returnemright.org](http://returnemright.org) for an informative and very well-done four-minute video about returning them right.

The Florida Fish and Wildlife Conservation Commission (FWC) approved a rule last year that not only requires the possession of a descending device or venting tool that is rigged and ready for use onboard a vessel when fishing

for - including catch and release - reef fish in state waters, but also requires their use if a fish is exhibiting signs of pressure-related injuries known as barotrauma prior to release. The signs include the stomach protruding out of the mouth, bulging eyes, bloated belly, distended intestines and the inability to swim down independently.

If fishing in Gulf federal waters, anglers must have either a descending device or a venting tool that is rigged and ready for use. While in Atlantic federal waters, anglers are required to have a descending device that is readily available for use. Visit [MyFWC.com/ReefFishGear](http://MyFWC.com/ReefFishGear) for current reef fish gear requirements in Florida state waters. Another reminder for anyone who plans to fish for certain reef fish species (snappers, groupers, grunts, jacks, porgies, seabass, spadefish, hogfish, triggerfish, and tilefish) from a private recreational vessel (includes anglers over 65 years of age), Florida now requires that you sign up for the free State Reef Fish Angler designation and renew it annually. Sign up at

[GoOutdoorsFlorida.com](http://GoOutdoorsFlorida.com).

In a blog from the University of Florida, a descending tool is described as a weighted device with either a specialized hook or grip that is attached to the fish lip or gill cover to return a bloated fish to at least 50 feet of water. A venting tool is described as a hollow needle that is inserted into the air bladder at a 45-degree angle just behind the pectoral fins. Knives and ice picks are not legal venting tools and do more harm than good.

Nick Haddad, Communications Director for Return 'Em Right Sustainable Fisheries, wrote an excellent article, "Fact or Fiction: Dispelling Myths About Barotrauma, Venting & Descending" for the *Texas Saltwater Fishing Magazine*. Here's a brief summary:

**Myth 1:** Just pop the swim bladder sticking out of the mouth.

**Fact:** Don't. It's not a swim bladder. It's the stomach. Doing so harms the fish and doesn't successfully release the gases in the body cavity.

**Myth 2:** Descending devices spoon-feed sharks and dolphins.

**Fact:** A fish being descended acts nothing like a fish fighting for its life on the way up. Sharks are attracted to the vibrations and struggles of a fish fighting to survive and get off the hook. Data from an ongoing study has shown that incidents of predation were few as compared to letting a fish float off on the surface. A wounded, vented fish still has to swim past predators to the bottom to survive.

**Myth 3:** That fish is dead already.

**Fact:** No, it's not. A fish that looks fully blown up from barotrauma and that looks lifeless at the surface still has a great chance to survive, to grow, spawn and contribute to the future of the stock. Video releases, acoustic telemetry studies and mark-recapture studies have provided evidence that descending devices are successful in fish recompression.

Mr. Haddad offers this moral of the story. "Not every fish will survive release, but it's our responsibility to give each one their best shot!"

## BONEFISH BONNIES CAST & BLAST



Group picture of Bonefish Bonnies and instructors for shooting and casting



Kathy Weiland and Kristina Ersek, co-chairs of Cast & Blast



Mona Brewer instructing Joan Tchet for first try at fly casting

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## BONEFISH BONNIES

# A Fishin' Funatics Tournament Moment Aboard "Presentation"

By DeeDee Lisenby, Member since 2014

Out on the water, rod in hand, hook in the water, and then the "TUG." **Kym Read** says "FISH ON." The reeling begins and seems to last forever, but then up from the deep Kym brings a large and beautiful hogfish. Kym's adrenaline is rushing, the smile on her face broadens and the Team Presentation rejoicing begins, such a fine fish.

Quickly, the hook is

removed, and a photo snapped.

Being out of season, the hogfish is gently put back into the ocean.

But wait, Mr. Hogfish stays on the surface on his side, flapping his body, wiggling his tail and fins, but not swimming down nor away. The anglers are aghast, oh no, how was this to be, our faces fell, our stomachs sank, the hogfish was suffering decompression.

Captain Ricky and Mate Jud call out: "DESCENDER."

Jud grabbed the already rigged descender device and snapped it onto a rod. Ricky turned the boat around and maneuvered next to Mr. Hogfish. Jud grabbed the fish off the surface of the ocean and clipped the descender onto the corner of his mouth, Jud put the hogfish back in the ocean, released the descender down, down, down into the water. When Mr. Hogfish

reached recovery depth, he was able to swim off as the descender does not restrain the fish. We never saw Mr. Hogfish surface again and wished him well as he returned to the comfort of his home deep in the ocean.

Team Presentation sighed in relief and then rejoiced in a job well done by Captain and Mate. Where were we fishing? In 65 feet of water with a coral reef bottom.

Note: Florida Fish & Wildlife Conservation Commission requires a descending device to be rigged and ready to use when fishing for reef fish in the state waters of Florida (up to three miles out on the east coast and up to nine miles out on the west coast). Additionally, use is required when a fish is showing signs of barotrauma. Read more in **Mary Bloom's** article on page 45.

## AFTERNOON TEA WITH A TWIST

The tradition returns, with a twist! Join fellow Members for a spot of tea and get to know a Club Associate while they speak about their area of expertise.

**Tuesday, February 20 • 2-4pm**  
Sailfish Room with  
Luis Bracamonte

**Tuesday, March 19 • 2-4pm**  
Cooking School with  
Jill Barron

**Friday, April 19 • 2-4pm**  
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Philippe Reynaud

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# A Perfect Sailing Day



by Currie Wooten, CSSC Commodore

Last Saturday truly was a picture-perfect sailing day. The sky was bright and blue with wispy silvery clouds. The winds were easterly at 8kts with gusts up to 14 and 16kts. We had 13 boats racing and were able to get in four races and still make it back in time for our Hot Dog Day. **Jay Beatty** was PRO on **Henry Stout's** boat *Truant* and not only did he have a great team on board - **Tom Snyder**, **Shirley Shumway**, **Mary Heffner** and **Kim** and **Aimee Lockhart**, but he also had three auxiliary boats helping. **Morgan Whiteley**, auxiliary



Chris Streit and Chloe Beatty with sails perfectly trimmed.

chair, his trusty companion **Gordana Schneider**, **JD** and **Heather Dwight** and their friends were on **JD's** boat *Orion*, and **Al** and **Lynn Mast** were on their boat, *M T*.

### On the Starting Line

The start is always critical for winning a race, and seasoned sailor and crew **Windsor** and **Erin Coffin** found their way to winning race day by trying different tactics on the start. In race one of the day, they came



The Robillards (right) win Most Improved. Presented by Commodore Currie Wooten and RC Mary Heffner.



Race Committee boat - Henry Stout's Truant.

from the pin end on a port tack and were able to dodge all the other boats on starboard, coming in first. In race two, they claimed they tried the port tack in the middle of the start line and that didn't work as well. They figured out what did work for races three and four, coming in first and second respectively. Overall, they became our first-place winners of Magic Series Race #1! Another boat that figured out their starting strategy after the first race was **Dan Harding** and **Clarke Moody**. They came in third on race two and then snuck by almost everyone on the third race, coming in second and calling it a day. They decided to sail for home on such a great sailing day.

Our second-place winners for the day were **Gary Sayia** and **Nancy Lampman**. **Jim Lampman** and **Meg Sellig** were hot on their heels, coming in third place for the day. **Joe** and **Betka Robillard** are new to the fleet and had an impressive fourth overall win,

receiving the Most Improved award. If there had been a fifth race- who knows what would have happened. There was lots of great sailing by all of the boats!

Finally, we ended our races and found our way back to a bustling Hot Dog Day. **Liz Foster** and **Karen Glorvigen** did their magic with quite a spread, including **Anne Lampman's** chili to place on Vanna Cheng's hot dogs. There had to be over 50 people hanging out enjoying the afternoon.

This **Saturday, February 17**, we will have our Magic Series Race #2, followed by our Midseason luncheon at the Residence Club at 12 p.m. Members, make sure to send in your checks and let **Glenn Gormley**, [gigxx@aol.com](mailto:gigxx@aol.com), know you are coming.

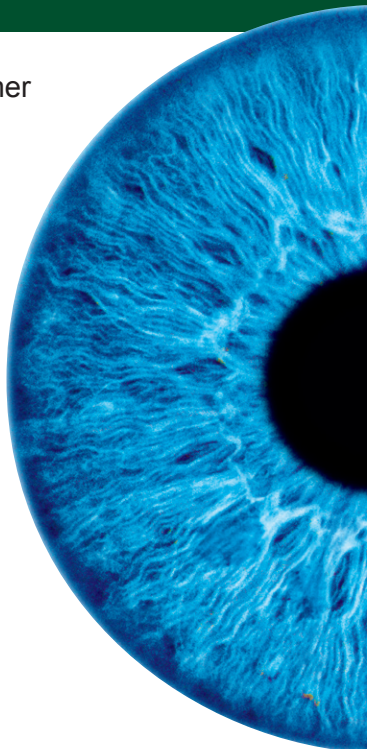
If interested in joining our fun club, please contact Gary Sayia at 201-919-7432 or join us most Saturdays at Baker Harbor.

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# Perfect Conditions on the Pond



by Windsor D. Coffin, CSMYC Commodore

After high winds the previous Sunday which kept us off the Pond, this past Sunday's conditions could not have been more perfect by the time the 10 a.m. start rolled around.

There was some question as to which of our sail rigs to use when we all gathered to set the course marks. It was still quite breezy between 8 and 9 a.m., but the forecast called for the winds to diminish around starting time, so we selected our primary sail rigs, the larger A rig.

For those of you who are



Last Sunday's fleet just after a race start. Photo Credit - Alzbetka Robillard.

unfamiliar with the East Coast 12 Meter model yacht that we sail, we have the option to use two different sail rigs, the A rig and the B rig. As I mentioned, the A rig is our primary rig which manages most of the conditions we experience on the Pond. The B rig is for heavier winds and has a shorter mast and smaller sails to better cope with windier conditions. Fortunately, the forecast was correct, and the A rig was the perfect choice this day.

With the winds coming from a southeasterly direction, we set our course marks and started sailing. We managed to get six races run in these perfect conditions and could have raced more as we finished with time to spare. In

what seems to be the pattern of late, **Joe Robillard, Al Mast**, and yours truly, **Windsor Coffin**, stayed together in nearly every race. Joe and Al traded race wins and third places throughout the course of the day's racing, while I seemed to have a lock on second-place finishes until I finally got a win in Race #6. When the day's scores were tallied up and the worst race finish was thrown out, it was Joe who won the day with eight points. Yours truly came in second place for the day with a score one point adrift of Joe's at nine points. Rounding out the top three was Al with a total of 11 points. Many thanks go to our Race Committee, **Lynne Mast** and **Alzbetka Robillard** with

help from our Treasurer/sailor **Erin Coffin**.

## A Look at This Sunday

Looking forward to this coming Sunday, the conditions look questionable at the time of this writing. The wind velocity and direction look to be all right, but the question will be the timing of a cold front that is scheduled to pass through sometime during the day. I feel like a broken record with the following response, but regarding the weather...we will just have to wait to see what the weather is on Sunday morning.

## Join Us

The Card Sound Model Yacht Club races every Sunday (except Easter Sunday) until the end of April at "the Pond." Our first race start is at 10 a.m. and our sailing is dependent on weather. If you would like more information about our model yachting club and our EC12 model yachts, please come by "the Pond" to see us or contact me, Windsor Coffin, at [csmyc12@gmail.com](mailto:csmyc12@gmail.com).

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# Reminders for all Rod & Gun Members



by Christine Patton, Rod & Gun Club

## Card Sound Range

The Card Sound Range is open for shotgun shooting on Tuesdays, Thursdays and Saturdays from 10 a.m. to 3 p.m. Handgun shooting is also available on Thursdays only. For information and directions, go to [rodandgun.org](http://rodandgun.org).

## Pick Three Days Fishing Tournaments

Remember the Pick Three Days Fishing Tournaments! The first tournament began Monday, January 1 and will run through

**Thursday, February 29.** The second tournament will run from March 1 through April 30, 2024.

### The two contests will be as follows:

Fish any three days of your choosing. Simply send an email to [Fishing@RodandGun.org](mailto:Fishing@RodandGun.org) the day before or morning of your fishing day(s). That's all you have to do to enter!

We have two categories, flats and offshore.

- **For the flats category**, the species are bonefish, tarpon, snook and permit (HOWEVER, Permit will be removed starting April 1 - per FWC spawning closure). 300 points are awarded for any caught on fly, and 100 points per fish on spinning rod.

- **For the offshore category**, the targets are sailfish, tuna, mahi, wahoo, kingfish, mutton snapper and swordfish. For sailfish, you receive 100 points on spinning tackle and 300 points on fly rod for those adventurous anglers. 200 points are awarded per swordfish and

## ROD & GUN CLUB & BONEFISH BONNIES

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#### Training Demonstration and Dinner Address

By Jude De'Niese, owner and head trainer at High Tide Retrievers in Ontario, Canada

#### Thursday, March 18

Demonstration 3 - 5p.m.  
Cocktails 6:30 p.m.  
Dinner 7:30 p.m.

Private consultations available before and after the event.  
Stay tuned for further details.



Jude De'Niese

25 points for all other offshore fish, with a maximum of 3 of each species.

At the end of the day, simply email your tally to [Fishing@RodandGun.org](mailto:Fishing@RodandGun.org).

The winner in each category will receive \$500, \$250 to second place, and \$100 to third

place!

Hit the water!

#### Want to Stay Connected?

If you are not receiving Rod & Gun emails and would like to, please reach out to [contactus@rodandgun.org](mailto:contactus@rodandgun.org) and we will add you to our list.

## OPEN HOUSE SATURDAY, FEBRUARY 17<sup>TH</sup> | 2-5PM



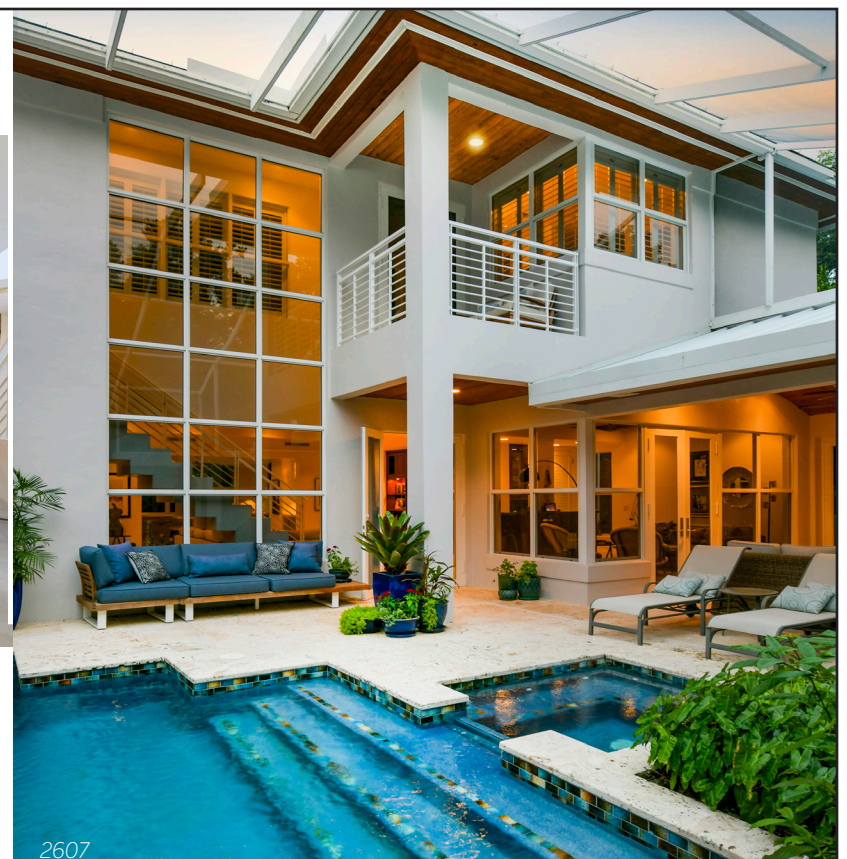
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# Conquering the Courts at the Pickleball Club Championship



“Center Court” by Justin Romero, Director of Racquet Sports

The Pickleball Club Championship is fairly new to Ocean Reef and only in its ninth year. In the weeks before the Pickleball Club Championship, The Reef becomes charged with energy and anticipation. Players start practicing more frequently and strategizing with their partners. The Club Championship is a chance for Members who have been playing for years to measure

their progress and see how they stack up against other experienced players. For those who are new to the game, it is an opportunity to challenge themselves and gain valuable experience. The Club Championship was held this past weekend and players arrived early to stretch and warm up. The matches were intense and competitive, but they were also characterized by good sportsmanship and respect for opponents. As the day went on, the excitement built, and the tension was palpable. The sound of paddles striking the ball, the calls of “out” and “let”, and the cheers and applause from the spectators created a unique energy that is hard to describe. Every point counts in this championship, and the players pushed themselves to their limits in order to win.

Congratulations to all finalists and champions! See page 53 for the results.



Men's A Flight winners Wally Hayward and Keith King.



Ladies A Flight winners Victoria Leontios and Nikki Smith.



Men's B Flight winners Peter Coleman and Andy Hofmann.



Ladies B Flight winners Susan Shuldman and Bonny Gothier.

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## Golf Croquet Club Championship

On Friday, February 9 we had our Golf Croquet Club Championship. For those Members who are dedicated to the sport, the highlight of the year is often the Club Championship. If you are a fan of the sport or want to learn how to play, consider taking the Beginner Croquet Clinic on **Mondays at 2:30 p.m.** or signing up for lessons with our Touring Pro Paul Fecteau every **Saturday from 8 a.m. to 3 p.m.**

## Ladies' and Men's Tennis Doubles Club Championship

This upcoming weekend we will host our Ladies' and Men's Tennis Doubles Club Championship. Play will start at 8:30 a.m. on Saturday. Participate and have the

chance of getting your name engraved on the champion's plaque in the Tennis & Games Center. If you do not wish to participate, please come out to watch and support your fellow Members.

Who will we crown Club Champion at this year's Doubles Club Championships?

In conclusion, the Club Championship is a vital part of the sporting landscape and offers an unparalleled level of excitement and drama. As we look back on the history of previous champions on the plaques in the Tennis and Games Center, it is apparent that these events will continue to inspire players and Members alike for generations to come. This is what the Club Championship is all about!

## TENNIS & PICKLEBALL RESULTS

### LADIES' & MEN'S PICKLEBALL DOUBLES CLUB CHAMPIONSHIP

#### Ladies A Flight:

Champions: Victoria Leontios and Necole Smith  
Runners Up: Laney Hinkebein and Anne Leake

#### Ladies B Flight:

Champions: Susan Shuldman and Bonny Gothier  
Runners Up: Rachel Cohen and Marilyn Clark

#### Men's A Flight:

Champions: Wally Hayward and Keith King  
Runners Up: Ron Roscia and Matt Stevens

#### Men's B Flight:

Champions: Andy Hofmann and Peter Coleman  
Runners Up: Brandon St. Germain and Clarke Futch

### MEN'S PICKLEBALL MORNING LEAGUE

**First Place:** Rick Kocerha  
**Second Place:** Don Bermant  
**Third Place:** Tom Ross

### MEN'S PICKLEBALL NIGHT LEAGUE

**First Place:** Brandon St. Germain  
**Second Place:** Jerry Henn  
**Third Place:** Dan Cohen

### LADIES' PICKLEBALL MORNING LEAGUE:

**First Place:** Liz Angelone  
**Second Place:** Lisa Towbin  
**Third Place:** Kam Krousos

### TENNIS MEN'S NIGHT LEAGUE

**First Place:** Andy Hofmann  
**Second Place:** Thomas Williamson and George Blaha (tied)

## Tennis Technique Essentials



"Tennis Tip" by Hannah Fleckenstein, Head Tennis Professional

Have you ever stopped to think about what each part of your body is doing during a shot on the tennis court? It can be hard because there is not much time to think when you are hitting.

When I break it down for someone in detail, I can talk about everything between your toes and your eyeballs. So instead of detailing every particular movement on the court, I boil it down to two things:

**1. Not having conflicting movement:** we always want our body and racket moving together, not against each other to accomplish optimal timing and

increase consistency. An example of conflicting movement is when a player moves forward in the court for the ball while simultaneously taking their racket back. To avoid this, split step when your opponent makes contact with the ball and immediately take your racket back once you read what shot you will be hitting next. Regardless of depth, you will be ready to move forward or backward for the ball, and your racket will be ready to swing forward.

**2. Timing:** Once you get your racket ready early, your timing will improve. You might even feel like you have too much time because you are ready so early. To improve and get comfortable with timing on the court, say to yourself "bounce, hit." Although it sounds simple, it really can do wonders for contact, consistency, and overall focus.

Next time you are on the court, focus on these two ideas and see what happens. For more tennis tips, call the Tennis Pro Shop at 305-367-6583 to book a lesson.



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NEW LISTING | OPEN HOUSE  
SAT. | FEB. 17TH | 2-5 PM

2608

## 12 Angelfish Cay Drive

Canal Front | Ocean View | 5 BD/5.5 BA | \$13,975,000

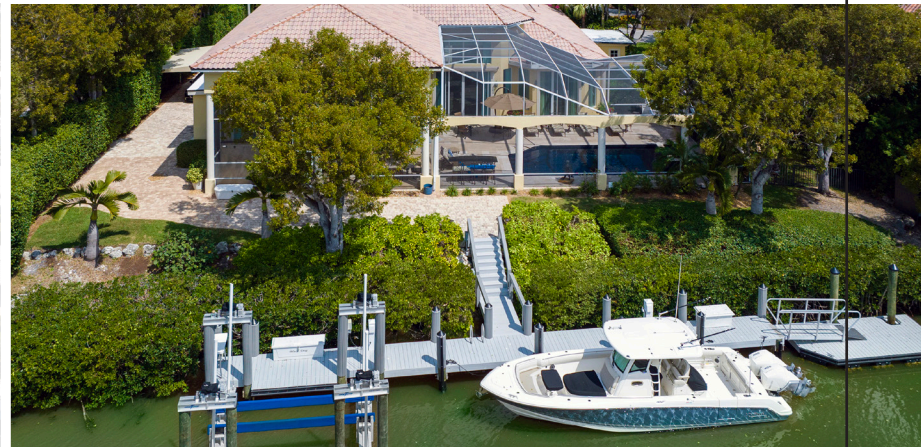
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Exclusive Listings



## 31 Angelfish Cay Drive

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## 15 Harbor Island Drive

Canal Front | 5 BD/5.5 BA | \$11,800,000 | 2594



OPEN HOUSE | SAT. | FEB 17<sup>TH</sup> | 2-5PM

## 11 Grayvik Drive

3 BD/3 BA | Canal Front | 136' Seawall  
\$11,450,000 | 2552



## Pumpkin Cay 43A

3 BD/3 BA | Canal Front  
\$6,275,000 | 2524



## Pumpkin Cay 14B

2 BD/3 BA | Canal Front  
\$2,995,000 | 2604



## Residence Club B-211

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## Angelfish Cay 11B

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AMERICAN MADE



# Golf Croquet Doubles Championships

by William Hinkebein, Croquet Chair

Friday, February 9 was the day of the 21st ORC Golf Croquet Doubles Championship. It was a beautiful day at Ocean Reef Club with a partly sunny blue sky and the lush green lawn. Ten teams came ready to play in this signature event. Teams consisted of former champions/veteran players with new doubles partnerships/newish players who were definitely worthy of playing this event. Five teams in each of two blocks competed in round robin play. The top team from each block played in a final Championship game.

The first game in each block showed the depth and quality of play at our Club. All the games were played quite well with players showing their skill in short and long-distance set ups, clearing, stop shots, jump shots, and shooting the wicket. Many wickets were fiercely completed with fine defense. Games ranged from 30 up to 55 minutes each. By mid-day, the final two teams emerged to play in the finals.

Team **Gordana** and **Frank Schneider** and team **Carol** and **Bob Blackburn** won their blocks and met in the final. All four of these finalists were playing very well on this day. Again, the strategy and skill were on great display. Ultimately, after the final hoop was made, it was congratulations to the 2024 Champions Gordana and Frank Schneider.

Congrats to the following teams who played well on this day winning two of their four round robin games: **Joan Flippin/Ben Cart**, **Kathi Whitaker/Karen Uebele** and **Laney Hinkebein/Craig Jones**.

Congrats to the following for many outstanding shots: **Jim Davidson**, **Rob Gothier** and **Molly Lanzon**.

**The Racquet Club Takes the Lawn**  
Wednesday, February 7 saw a



Croquet Doubles Champions, Team Gordana and Frank Schneider, and finalists, team Carol and Bob Blackburn.



Finalists Currie and Sim Wooten (second and third from left) with winners Jim and Karen Davidson (second and third from right), flanked by Bonny and Rob Gothier.

group from the Racquet Club have an outstanding event on the croquet lawn. Some 40 people came out to enjoy good food and drink and enjoy golf croquet. Champagne, oysters, and sandwiches...all while listening to light jazz on the portable speakers. There was even a professional to saber open the champagne.

All had a fantastic time and are looking forward to the next event. Thank you **Bonny** and **Rob Gothier** for organizing this event.

## Upcoming Events

### Hot Dog Day & Three Wicket Tournament

Our second and final 3-Wicket Tournament of the season will be held on **Sunday, February 18** from 2 p.m. until finished. This fun event is played with teams drawn on site from a hat. Sign up or just show up before 2 p.m. on February 18. A fun and "healthy" hot dog buffet with all the fixings will be on hand in the Tiki Hut for participants.

### Golf Croquet Lessons

Coach Paul Fecteau is continuing lessons on Saturdays. Paul is a championship-level player and a certified USCA Referee. Those taking lessons with Paul have all expressed positive comments and shown good results. Paul has a natural way to make a player understand how to hit the ball and the strategy to follow.

### Golf Croquet Singles Championship

The 2024 singles club championship will be held on **Friday, March 1** at 8:30 a.m. until finished. This is the real



The Racquet Club plays Golf Croquet.

test of how good is a player. There is no blaming your partner if you do not play well in this event.

Sign up for the aforementioned events by calling the Tennis & Games Center at 305-367-6583.

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Parris Everhart

# Ocean Reef Club Masters Tournament



“From the Gold Tees” by Michael Leone, Director of Golf

The history and tradition of the Masters Tournament is unlike any other. Winners of the Masters Tournament join one of the most elite lists in sports at Ocean Reef Club and on Wednesday, February 7, four more names were added to that list.

Masters Week began with the Champions Dinner in the Clubhouse where all participants enjoyed a menu chosen by our 2023 Champions. Traditions continued into the week with the commencement of the annual Par Three Contest. We are still searching for the first team to win the Par Three and the Masters Tournament!

Round One was moving day and the conditions were challenging as the winds were up amongst the tall pines of Augusta. As always, it was vital that teams avoided Rae’s Creek and were in a position to strike, heading into the back nine on Sunday. As we all know, anything can happen on the back nine at the Masters.

A chilly spring morning greeted participants for the final round. The teams that jumped out to an early lead had a target on their



Masters champions Tracy Pester and Rebekah Alfond

back as the field was chasing them down. As tradition has it, the final round was full of fireworks. Our leaders in the Net contest had a commanding lead heading into the final round. Holding a lead at the Masters is one of the most difficult tasks in sports; just ask Greg Norman, “The Shark”.

In the Gross Contest, the final group went head to head for the Green Jacket. It came down to one single shot for our 2023 Champions to be awarded 2024 Masters Champions honors. Something not done since 2002 (by Tiger), repeat at the Masters.

**2024 Ocean Reef Club Masters Champions**  
**Tracy Pester and Rebekah Alfond.**

**2024 Ocean Reef Club Masters Net Champions**  
**Yvonne Vinton and Nancy Day.**

The Board of Governors at the Ocean Reef Club thank you for your participation in the Ocean Reef Club Masters Tournament!



Masters Net Champions Yvonne Vinton and Nancy Day

### LGA Heart Tournament

Thank you for the fantastic participation in our annual Heart Tournament on Tuesday. The rainy start to the day did not deter our 96 players. They were out in full force to help raise money for the Defibrillator Program here at Ocean Reef Club. In conjunction with the 9 Hole LGA, both associations were able to raise a substantial amount of money for this program.

Aside from the generous donations of our members, participants looked to bring home the first-place prize. It was a tight race across the leaderboard, but only one team was able to post a “sub-60” round. Congratulations to the team of **Debbie Stewart, Barbara Pearson, Cathy Zumkehr and Brenda Sport** who posted a magical 59 and took home 1st place in this year’s Heart Tournament!

### 9-Hole LGA Heart Tournament

We had 38 Members of the 9-Hole LGA and Niners association participate in the 2024 Heart Tournament supporting the Ocean Reef Medical Center’s defibrillator program. Even with 38 players participating, the associations were able to raise over \$2,000 for the Medical Center! Congratulations to the team of **Gina Kaplan, Sharon Halpryn, Sharon Greenstein and Florie Perellis** for their 9 under par round, and for winning the 2024 Heart Tournament.



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## GOLF SCOREBOARD

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**Callaway Demo Day**  
Thursday, February 15

**Titleist Demo Day**  
Sunday, February 18

**Mike Adams Golf School**  
February 29 through  
March 1

If you have questions  
or you're interested in  
signing up, call the Golf  
Shop at 305-367-5912.

### OCEAN REEF CLUB MASTERS TOURNAMENT

**Masters Champions:** Tracey Pester and  
Rebekah Alford (146)

**Masters Net Champions:** Yvonne Vinton  
and Nancy Day (127)

**Golden Bear Flight:** Amy Joseph and  
Katie Rossborough (136)

**Tiger Flight:** Carol Andrews and  
Lizzie Jackson (133)

**The King Flight:** Cynthia Lee and  
Diane Hurley (144)

**The Slammer Flight:** Pam Africk and  
Dana Adler (135)

**Black Knight Flight:** Maryann Larkin and  
Liz Robertson (137)

**The Legend Flight:** Barbara Pearson and  
Christie Zoba (140)

**Gentle Ben Flight:** Diane Hill and  
Terry McDonald (140)

**Bonnie Bonny Flight:** Susan Reichardt and  
Susan DiSanto (144)

### LGA HEART TOURNAMENT

**First Place:** Debbie Stewart, Barbara Pearson,

Cathy Zumkehr, and Brenda Sport (59)  
**Second Place:** Elizabeth Pitts, Yvonne Vinton,  
Cherie Henn, and Mary Ellen Smith (60)  
**Third Place:** Cynthia Egan, Dudley Mason,  
Lynne Demmerly, and Cassandra Moffett (61)  
**Closest to the Hole #5:** Jay Bailey  
**Closest to the Hole #18:** Brenda Sport

### 9-HOLE LGA HEART TOURNAMENT

**First Place:** Gina Kaplan, Sharon Halpryn,  
Sharon Greenstein and Florie Perellis  
**Second Place:** Sabrina David, Marcia  
Aultman, Helen Burish and Ann Liashek  
**Third Place:** Esther Vazquez, Bettina  
Schottland, Daisy Gonzalez and Jennifer Leonard  
**Closest to the Hole #4:** Lisa Johnson  
**Closest to the Hole #6:** Sharon Greenstein

### 9-HOLE LGA RINGER ROUND ONE

**First Place:** Jennifer Leonard (30)  
**Second Place:** Helen Burish (33)  
**Third Place (tie):** Tania McCann and Heidi Hoyt  
**Closest to the Hole #2:** Elizabeth Greco  
**Closest to the Hole #4:** Carolyn Johnson

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# Benefits of High-Intensity Exercise on the Brain



“Fitness Focus” by Luis Bracamonte, Director of Fitness & Wellness

Exercise in all its forms is beneficial to brain health. High-intensity exercise, in particular, has been found to produce the best results by enhancing the production of brain-derived neurotrophic factor (BDNF). This protein promotes the growth of new brain cells and neuronal circuits.

High-intensity exercise above 80% of the maximal heart rate produces more BDNF than moderate exercise. This means that your HIIT workout isn't just making your muscles leaner and stronger; it also significantly impacts brain health. Strength training has also been found to increase BDNF concentrations as it increases blood flow to the muscles and the brain.

All forms of exercise, from steady-pace aerobic exercise to high-intensity anaerobic sessions and strength training, lead to increases in health span and the length of time a person is healthy. Exercise is also a great stress reliever and an activity from which we can achieve powerful flow states, which is when we achieve the full connection between our bodies and minds through the activity performed. During a flow state, time appears to slow down, our senses are heightened, and we enter a deep state of harmonious focus. Flow states are commonly described as being in the zone and are accessible to everyone. Exercise, particularly high-intensity exercise, is a gateway into flow states.

We exercise to strengthen our backs, legs, arms, and abdomen and enhance our hearts and



Power couple: Kathleen and Louis Metzman won the men's and ladies' Pull-Up/Inverted Row Challenge with impressive numbers and Club records.

brains. It is not a magic pill, but it is a magical habit.

It is never too late to start something essential. If you need assistance developing the best exercise program, our ORC Fitness Specialists will guide you and keep you going. For more information, contact the Member Fitness Center at 305-367-5820.

### **Pull-Up/Inverted Row Challenge Results:**

#### **Men (Total Reps, Points)**

- Louis Metzman: 216, 40 (Club Record 213)
- Bob Schwartz: 151, 16
- Eric Contreras: 135, 14
- Ray Herman: 126, 12
- Mark Burish: 94, 10
- Sean Cosentino: 43, 8
- Bill Butler: 29, 6

#### **Ladies (Total Reps, Points)**

- Kathleen Metzman: 208, 40 (Club Record 205)
- Chrissy Sugavanam: 108, 16
- Sindee Furshman: 106, 14
- Cynthia Doolan: 92, 12
- Sherri Boston: 61, 10
- Sarah Cart: 56, 8
- Loretta Mackay: 40, 6

\*Total points include handicap.

### **Top 10 Rankings after 5 Challenges:**

#### **Men Total Points:**

1. Louis Metzman, Ray Herman, and Bob Schwartz: 68
2. Pat Shields: 54
3. Mark Burish: 52



Dr. Erica Siegel delivering the first of two Aging Gracefully lectures at the Member Fitness Center.

4. Anton Schutz Jr. and Mark Foreman: 40
5. Eric Contreras: 28
6. Charlie Schilderink, David Rountree, Jason Beans and Ed Benford: 16
7. Brian Krouskos: 14
8. Rick Kocerha and Connor Shields: 12
9. Peter Liashek, George Musto and Paul Benario: 10
10. Chris Beyer and Sean Cosentino: 8

### **Ladies Total Points:**

1. Kathleen Metzman: 72
2. Sindee Furshman: 64
3. Cynthia Doolan: 48
4. Marilyn Clark, Savannah Gossweiler, Liz Angelone: 40
5. Sarah Cart: 20
6. Meg Shields: 16
7. Judy Wilson, Penny Dinsmore, Nicole Krouskos, Angelina Materna, Kelly Siwek, and Heidi Hubbard: 14
8. Talia Wilner and Suzanne Kramer: 12
9. Lindsay Shields, Sheri Boston, and Kristen Zug: 10
10. Stephanie Foreman, Cathy Langham, and Jamie Benario: 8

### **Remaining Challenges:**

- Wall Sit Challenge on **Wednesday, February 28**
- Plank Challenge on **Wednesday, March 20**

### **SPECIAL EVENTS:**

**Understanding Body Composition with Kristine Ingold**  
**Monday, February 19 at 2 p.m.**

Join fitness trainer and certified nutrition coach Kristine Ingold for this complimentary lecture as she explains how body composition is unique and valuable to achieving the body shape you desire.

### **Balance like a Pro with Hannah Whistler**

**Thursday, February 22 at 2 p.m.**  
Yoga Room at the Member Fitness Center

Are you looking to improve your balance? Research shows that balance exercises, stretches, and balance training for seniors can significantly reduce the risk of falls. Join fitness specialist and yoga instructor Hannah Whistler in this complimentary class for a 1-hour balance-focused workout where you will challenge yourself and gain new knowledge of exercises you can do today to improve your balance.

### **Complimentary Weekly Events at the Member Fitness Center:**

- **ORC Walk Club** every Wednesday at 7 a.m. Meet at the MFC lobby on the 3rd Floor
- **Silver Fit Plus** every Friday at 2 p.m. in the Fiesta Room
- **Table Tennis Open Play** every Friday at 3 p.m. in the Fiesta Room
- **ORC Run Club** every Saturday at 7 a.m. Meet at the Outdoor Gym.



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- Mark Burish



Sweat Class with Carlton (top) and Silver Fit Class with Hector are two very popular classes at the Member Fitness Center.

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# Card & Games Room Events and Happenings



by Gregg Van Dyke, Director of Card & Games

Get ready for some serious fun and games at the Card & Game Room! Here's what's coming up:

### Special Events

- Sunday Funday for Beginning Bridge: February 18 at 2 p.m.
- Mark your calendar for a Canasta Dinner on February 26 and a Bridge Dinner on March 11.
- Join us for the Ocean Reef Mah Jongg Club Championship on March 5 at 1 p.m.

### Regular Activities

- Canasta Pick-Up Games: Mondays, Wednesdays, and Fridays, from 12 p.m. to 1 p.m.
- Mah Jongg Pick-Up Games: Tuesdays and Thursdays from 12:30 pm to 4 pm.
- Beginner Canasta Lessons: February 15 at 12:30 p.m.
- Live Duplicate Bridge Games: Mondays, Wednesdays, and Fridays at 1 p.m.
- Backgammon Lessons: Fridays at 10:30 a.m. (by appointment).

### Join the Fun

Whether you're a seasoned player or just starting out, there's something for everyone at the Card & Games Room. Come on over, meet new people, and enjoy some friendly competition. See you there! The Card & Games Room is open seven days a week from 9 a.m. to 5 p.m.

## BRIDGE RESULTS

### North-South

**Wednesday, February 7, 2024**

- First Place:** Judie Berry and Denny Morgan
- Second Place:** Adelaide Jared and Jay Beatty
- Third Place:** Fred Bacher and Ed Kavanaugh
- Fourth Place:** Rosemary Jones and Joanne Wills

### East-West

**Wednesday, February 7, 2024**

- First Place:** Ann Petersen and Hollis Petersen
- Second Place:** Christine Patton and Rodman Patton
- Third Place:** Pamela Harding and Cynthia Comenos
- Fourth Place:** Kathy Bahl and Elizabeth Coleman

### North-South

**Friday, February 9, 2024**

- First Place:** Adelaide Jared and Jay Beatty
- Second Place:** Joanne Wills and Kay Meinhardt
- Third Place:** Cynthia Comenos and Philip Comenos

### East-West

**Friday, February 9, 2024**

- First Place:** Garret Sayia and William Ingram
- Second Place:** Pamela Harding and Kathie Markel
- Third Place:** Marianna Brink and Alice Kernaghan

### North-South

**Monday, February 12, 2024**

- First Place:** Pamela Harding and Adelaide Jared
- Second Place:** Monica Phillips and Paula Pendergast
- Third Place:** Judie Berry and Denny Morgan
- Fourth Place:** Rodman Patton and Ron Besse

### East-West

**Monday, February 12, 2024**

- First Place:** Rosalie Svete and Cynthia Mitchell
- Second Place:** Marianna Brink and Alice Kernaghan
- Third Place:** Carolyn Fovel and Kathy Bahl
- Fourth place:** Marlene Csendes and Suzanne Kitchings

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BRIDGE TIP OF THE WEEK

# Balancing After Both Opponents Have Bid

by Gregg Van Dyke, Director of Card & Games

When the opponents have stopped at a low-level contract, you will often want to make a balancing bid or takeout double to try to find a contract of your own. Fairly aggressive balancing bids are especially popular at matchpoint (pairs) play, where the rewards can be great. However, there is some risk in entering the auction after the opponents have exchanged information, so you should adopt a more conservative balancing style in IMP (team) games and Rubber Bridge.



Participants from the Jerry Helms Seminar. To participate in upcoming events, pick up a copy of the February schedule from the Card & Games Room.

To determine whether or not you should reopen the bidding in these situations, keep these general rules in mind:

**THE BEST TIME TO BALANCE IS WHEN:**

1. The opponents have stopped in a low-level suit part score (1 or 2) - especially if it's possible that you can find a 2-level contract of your

- own (they've stopped in 2C, 2D, or 2H or below).
2. The opponents have found a trump fit (they have bid and raised a suit).
3. The opponents have limited their high-card strength (they have willingly stopped in a part score).
4. You have length and high-card strength in the unbid suit(s).
5. You're not vulnerable.

The opponents will be less tempted to double because a set would only score +100 instead of +110 or +140.

**THE WORST SITUATIONS FOR BALANCING ARE WHEN:**

1. You are extremely weak (fewer than 7-8 pts.).
2. You have a strong holding in their suit or you suspect they have a better contract available.
3. The opponents haven't found a good trump fit (they've stopped in 1NT or had an auction that suggests a misfit). Typical non-fitting auctions are 1H-1NT; 1C-1S-1NT-P; 1C-1H-2C-2H; 1H-1S-2D-P.
4. Your honor cards are in the opponents' suits (especially the suit bid on your left).
5. You're vulnerable -- the opponents are more likely to double because a one-trick set (+200) will be greater than the value of their part score.

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[305carysfort@gmail.com](mailto:305carysfort@gmail.com)

309 Carysfort Road  
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**ADVERTISE WITH US**

Ocean Reef Chamber Members can  
Advertise in the Service Directory.

For Advertising Contact  
Angela Andreola • 305-367-5806  
[aandreola@oceanreef.com](mailto:aandreola@oceanreef.com)



**CS SPACE**  
ARCHITECTURE + DESIGN

(305) 433-2210  
[www.cspacearchitecture.com](http://www.cspacearchitecture.com)  
1 Barracuda Lane, Key Largo, FL, 33037  
AA 26002356



# OCEAN REEF

## CHAMBER OF COMMERCE

### ACCESSORIES AND APPAREL

JMcLaughlin.....	305-367-4352
The Dress Code.....	305-393-4445
Zoe's Empire.....	786-205-2699

### ACCOUNTING

Shannon H. Summersgill, CPA.....	305-850-8662
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### AIR CONDITIONING

GoingAire.....	305-367-2974
Rocket Cooling.....	305-852-2960

### AQUARIUM

World in a Glass Bottle.....	305-204-1566
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### ARCHITECTS

Cspace Architecture and Design.....	305-562-6957
K2M Design.....	305-289-7980
Robert Wade and Associates.....	305-371-2832
Tim Slawson, PA-AIA Architect.....	305-453-9956
Wietsma Lippolis Construction.....	312-519-1900

### ATTORNEY/LEGAL SERVICES

Dennis Ward.....	305-812-6072
Persaud Law Group.....	305-367-3300
Reef Title.....	305-367-9323

### AUTOMOTIVE

Williamson Automotive.....	305-670-7100
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### BOAT SALES/ SERVICE/ACCESSORIES

MarineMax Ocean Reef.....	305-367-3969
Albren Yacht Services and Sign Shop.....	305-367-2924

### CHARITABLE/NON PROFIT ORGANIZATIONS

All Charities.....	305-367-5963
Community Arts and Culture.....	786-218-6854
Coral Restoration Foundation.....	305-453-7030
Florida Keys Children's Shelter, Inc.....	305-852-4246
Habitat for Humanity of the Upper Keys.....	305-453-0050
Marine Lab Education Center.....	305-451-1139
Mote Marine Laboratory.....	941-266-9317
United Way of the Florida Keys.....	305-735-1929
Wesley House Family Services.....	305-809-5000

### COMMUNITY

Chapel & Fellowship Center.....	305-367-2049
Cultural Center at Ocean Reef.....	305-367-6300
Florida Keys Electric Cooperative.....	305-852-2431
Ocean Reef Club.....	305-367-2611
The Residence Club.....	305-509-7755

### COMPUTER, IT & TECH

Advanced Computer Connections.....	305-367-3200
Convergent Information Security Solutions, LLC.....	803-821-6000
PSAV.....	305-501-5536

### CONSTRUCTION

AAA Plastering & Drywall Inc.....	305-242-0777
Apoint Construction.....	786-263-3323
Aluminum Specialist.....	305-245-3789
Elite Metal Works & Fence, Inc.....	305-209-2959
Florida Solar Partners.....	786-556-1001
Geordis Construction.....	786-528-2202
Juneau Construction Company, LLC.....	305-438-7666
Keys Green Builders Inc.....	305-280-2604
Noly Builders, Inc.....	305-367-0034
The Go 2 Guy.....	305-964-7244
Titan Construction & Development Inc.....	305-522-0261
Tri-Tech Construction Inc.....	305-374-4955
Turk Builders.....	305-367-3044
Upper Keys Marine Construction.....	305-853-2644
Wietsma Lippolis Construction.....	312-519-1900
WGI, Inc.....	561-839-1747

### CREATIVE SERVICES, MARKETING & ADVERTISING

Maritza Thibos Photography.....	305-588-3654
Ocean Reef Press Advertising.....	305-367-5806

### EDUCATION

Carpe Diem Academy.....	305-971-1230
Early Learning Coalition.....	305-646-7220 x2554
Monroe County Education Foundation.....	305-293-1546
Ocean Studies Charter School.....	305-852-7700
The Academy.....	305-367-2409

### ELECTRICAL / HOME AUTOMATION

Al's WiFi & Electronics, LLC.....	305-257-9434
Audio Command Systems.....	305-215-1033
Hixon + Everson Electric Inc.....	305-367-5033
Innovative Technology Solutions.....	305-600-1411
Protech E2 Inc.....	305-453-0010

### FINANCIAL

First Horizon Bank.....	305-367-3040
First State Bank of the Florida Keys.....	305-809-5510
No Fee Processing.....	305-403-9519
Northern Trust.....	305-789-1431
Sentry Business Solutions.....	800-518-6798

### FLOORING

Sun Flooring.....	305-331-5047
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### FLOWERS AND EVENTS

Kitanim Flowers and Events.....	786-879-7341
RF Orchids.....	305-367-5970

### FUNERAL HOME

Allen-Beyer Funeral Home.....	305-451-1444
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### GARAGE DOOR

Good Guys Garage Door Solutions.....	305-562-0051
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### GOLF CARTS AND SCOOTERS

Reef Scooters.....	305-984-0467
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### GROCERY

Wynn's Market.....	305-204-4005
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### HEALTH & WELLNESS

Baptist Health South Florida.....	305-431-5659
Community Health of South Florida, Inc.....	786-293-5504
Debbie Nursing Companion.....	305-479-9535
Essence of the Phoenix Medical Spa.....	305-367-3364
Medical Center at Ocean Reef.....	305-367-2600
Medicare Infusion Services.....	786-801-6957
Oceanside Senior Care.....	305-930-0194
Pharmacy at the Reef.....	305-780-7136
Pilates in Paradise.....	305-942-0808
The Keys to Nutrition.....	305-330-1933
Vela's Exceptional Care and Services.....	786-679-8641
Wellspring Counseling.....	786-573-7010

### HOME MAINTENANCE

Beautiful Custom Carpet Cleaning.....	786-489-3252
Fire And Water Creations.....	305-684-5243
Florida Keys Windows.....	305-451-9796
Islamorada Elevator.....	305-852-1618
Reef Window Treatments.....	305-453-6490
South Florida Pressure Washing Services Inc.....	786-470-0344
Suburban Propane LP.....	305-296-2411

### INSURANCE

BIA & Company.....	786-456-1400
Brown & Brown.....	305-246-7528
Keen, Battle, Mead & Company Insurance.....	305-367-2777
Marsh McLennan Agency Private Client Services.....	305-367-9353

### INTERIOR DESIGN & FURNISHINGS

Cetta Superfice.....	305-904-5111
EPDesignGroup, Inc.....	305-367-3905
European Design Interiors.....	305-367-4455
Island Interiors at Ocean Reef.....	305-367-2450
Janet Wood Interior Designer.....	305-395-0241
JDR Design.....	305-395-0241
Royal Furniture.....	305-451-5700
Robert Wade & Associates.....	305-371-2832

### LANDSCAPE & MAINTENANCE

Beach House Gardens.....	305-453-9377
Bright View.....	305-258-8011

Gardenscapes and Services.....	305-242-4444
Frank-Keys Landscaping.....	786-266-2133
Heavenly Touch Lawn & Ornamental Care.....	305-242-4472
Island Tree Service.....	305-367-2458
Waltz Lawn & Landscaping.....	305-245-1599

### LUXURY AVIATION CHARTER

Fly Exclusive.....	833-871-0455
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### LUXURY TRANSPORTATION

Ocean Drive Limousines & Transportation.....	305-374-5466
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### MARINE

Bellingham Marine.....	904-380-5519
Capt. Walter Streeter.....	305-509-3394
Tri County Yacht Service.....	305-367-4343

### MOVING, STORAGE & DELIVERY

Atlantic Project Solutions.....	786-610-0195
Castle Services Inc.....	305-979-2446
Pak Mail.....	305-367-3096

### PAINTING & PAPERHANGING

Archer Painting.....	305-367-3762
Berry's Paint, Wallpaper & Flooring Inc.....	305-248-8822
JLM Painting and Waterproofing Inc.....	305-242-9529
Premiere Paperhanging & Painting LLC.....	305-504-3649
The Islander Painting Company.....	305-431-0143
TLC Interiors & Exteriors.....	305-803-5220

### PEST CONTROL

Shield Pest Control.....	305-247-1771
Mitchell Pest Services.....	954-572-8688

### PLUMBING

Brothers Backflow Plumbing and Gas.....	305-267-3992
Coppertown Plumbing.....	305-440-2901
Seaway Plumbing Inc.....	305-367-3225

### POOL SERVICES

Hooked On Pool Care LLC.....	786-907-1073
Reef Tropical Pools.....	305-367-2005

### PRINT, SHIPPING & SIGNAGE

Albren Yacht Services & Sign Shop.....	305-367-2924
Atlantic Project Solutions.....	786-6100-195
The UPS Store.....	305-396-7444

### PROPERTY MANAGEMENT

Onshore Services.....	305-367-4110
Marquis Association Management.....	305-367-9160

### REAL ESTATE AND VACATION RENTALS

Central Listing Service at Ocean Reef.....	305-304-2300
Ocean Reef Club Sotheby's International Realty.....	305-367-2027
Ocean Reef Club Vacation Rentals.....	508-207-0428
Ocean Reef Homes.....	305-570-9080
ORU Associates Inc. Plaza Building Leasing.....	305-367-9399
Swenson & Ecuyer Realty.....	305-367-3600
The Owner Rental Group.....	305-367-2036

### ROOFING

Heights Roofing Inc.....	305-247-7663
Structural Roof Systems.....	954-484-9663

### SALON & SPA

Ooh La La.....	305-367-2460
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### SURVEYORS

Longitude Surveyors LLC.....	305-463-0912
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### TRAVEL

Fantastic Endeavors, Inc.....	305-453-9208
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### VETERINARY & PET CARE

Dolphins Plus Marine Mammal Responder.....	305-453-4321
ORCAT.....	305-367-4701

### WATER, FIRE, MOLD RESTORATION

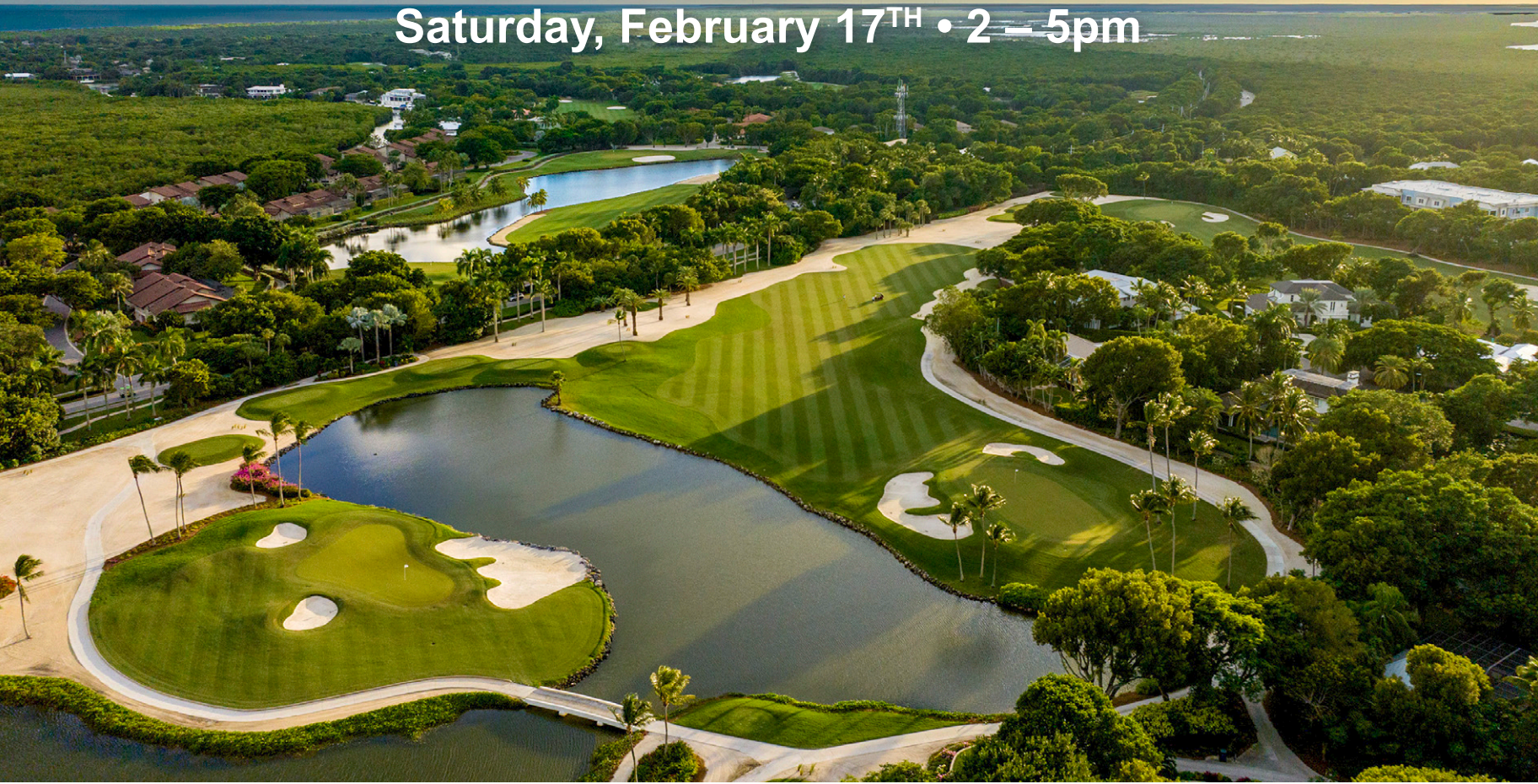
Safeway Restoration.....	305-256-9555
ServPro.....	305-269-8900

### WATER TREATMENT SYSTEMS

The Water Wizard.....	305-235-3508
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# OPEN HOUSE TOUR

Saturday, February 17<sup>TH</sup> • 2 – 5pm



Ocean Reef  
Club

**Sotheby's**  
INTERNATIONAL REALTY

OceanReefClubSIR.com • 305-367-2027

7 Sail Point Lane	4BD/3BA	\$14,000,000	2645
12 Angelfish Cay Drive	5BD/4.5BA	\$13,975,000	2657
26 Channel Cay Road	4BD/3.5BA	\$12,950,000	2533
3 Ocean Reef Drive	7BD/7FB/3HB	\$11,950,000	2580
11 Grayvik Drive	3BD/3BA	\$11,450,000	2552
Marina Village 9B	3BD/3BA	\$ 7,200,000	2658
Marina Village 2B	3BD/3BA	\$ 6,999,000	2578
29 Baker Road	4BD/4.5BA	\$ 6,995,000	2332
24 Tamarind Lane	5BD/6.5BA	\$ 6,695,000	2495
437 South Harbor Drive	4BD/4BA	\$ 5,900,000	2607
426 South Harbor Drive	3BD/3.5BA	\$ 5,790,000	2619
302 Carysfort Road	5BD/4BA	\$ 5,695,000	2593
5 Ocean Reef Drive	3BD/3BA	\$ 5,490,000	2609
23 Tamarind Lane	3BD/3BA	\$ 5,395,000	2640
32 Bay Ridge Road	3BD/3BA	\$ 4,995,000	2498
4 Country Club Road	3BD/3BA	\$ 4,995,000	2656
Angelfish Cay 29B	2BD/2BA	\$ 3,250,000	2622
Residence Club A-107	2BD/2.5BA	\$ 3,200,000	2553
Cay Harbor 8E	2 BD/2 BA	\$ 3,195,000	2647
Angelfish Cay 72B	1BD/1BA	\$ 2,200,000	2636



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14 Cinnamon Bark Lane	6BD/7.5BA	\$9,375,000	2683
20 Caloosa Court	3BD/3BA	\$6,999,000	2754
Pumpkin Cay 5A	3BD/3BA	\$4,800,000	2554
345 South Harbor Drive	3BD/3.5BA	\$5,755,000	2630



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Pumpkin Cay 37B	3BD/3BA	\$6,450,000	2651
FC Moorings 43A	3BD/3BA	\$5,850,000	2649
Fairway Lakes 24A	2BD/2BA	\$2,995,000	2605



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